


Wellington Park Calendar of Events - July 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>Key: BW: Bridgewater Card Room CA: Creative Arts Studio CH: Churchill's Billiards Room DP: Danberry Pool DT: Danberry Theater FS: Fitness Studio IH: Inverness Hall PDR: Private Dining WB: Winston's Bistro WP: Wellington Park</p>	<p>*Activities are subject to change. Please review your Weekly Runner for the most up-to-date list of activities.</p>	<p>Black: Common Area Activities Brown: Assisted Living Activities Green: Fitness Purple: Outings Red: Special Events</p>			<p>1</p> <p>10:15 am FS Chair Exercise Class 10:00 am WPS Hand and Foot 1:00 pm CA Quiddler Card Game 1:30 pm WP Rummikub 2:00 pm FS Weekend Wii 7:00 pm DTR Movie & Popcorn: Wild Oats</p>
<p>2</p> <p>10:00 am IH Protestant Church Service 10:30 am FS Catholic Communion Service 2:00 pm IH Movie Matinee 3:00 pm BW Bridge Group 3:00 pm WPS Rummikub</p>	<p>3</p> <p>8:30 am Hydro-cise DP 9:30-11:00 am Walmart 10:00 am PDR Bible Study 10:30 am DT Weekly Movie 1:00 pm FS Chair Exercise 1:00 pm BW Hand & Foot 1:30 pm DT Weekly Movie 1:30-3:00 pm Winn Dixie 1:45 pm FS Wii Bowling 2:00 pm ALFL Bridge Group 2:00 pm Nails (WP) 6:30 pm ALFL Bingo! 7:00 pm DTR Monday Music Series</p>	<p>4</p> <p>8:30 am DP Resident-led Pool Volleyball 10:15 am FS Chair Exercise Video 1:15 pm DP Resident-led Pool Exercise 2:00 pm Rummikub (WPS) 4:00 pm IH Patriotic Concert with Wayne & Margaret</p>	<p>5</p> <p>8:30 am DP Hydro-cise 9:30 am Bank Run 10:00 am AL Bible Study & Communion with Daphney (AL 2nd Floor) 1:00 pm FS Chair Exercise 1:45 pm FS Wii Bowling 2:00 pm ALFL Bridge Group 2:00 pm PDR Current Events Discussion Group 3:30 pm IH Community Council with Jaclyn</p>	<p>6</p> <p>9:30 am ALFL Chair Exercise 10:00 am Trivia with Lemeshia (ALFL) 1:15 pm DP Pool Exercise Program 2:00 pm Bingo (AL2FL)</p>	<p>7</p> <p>8:30 am DP Pool Volleyball 9:00 am Depart for Wind Creek Casino Wetumpka 9:00 am Chair Exercise & Word Game (AL2FL) 10:00 am WPS Hand & Foot 10:15 am Senior-cise FS 11:00 am-12:00 am Walgreens/Fresh Market 1:45 Wii Bowling FS 2:00 pm Resident Choice Games (WPS) 2:00 pm FS Chair Yoga 6:30 pm \$1 Bingo (IH)</p>	<p>8</p> <p>10:15 am FS Chair Exercise Class 10:00 am WPS Hand and Foot 1:00 pm CA Quiddler Card Game 1:30 pm WP Rummikub 2:00 pm FS Weekend Wii 7:00 pm DTR Movie & Popcorn: Monuments Men</p>
<p>9</p> <p>10:00 am IH Protestant Church Service 10:30 am FS Catholic Communion Service 2:00 pm IH Old Time Music Group 3:00 pm BW Bridge Group 3:00 pm WPS Rummikub</p>	<p>10</p> <p>8:30 am Hydro-cise DP 9:30-11:00 am Walmart 10:00 am PDR Bible Study 10:00 am Pet Therapy AL2FL 10:30 am DT Weekly Movie 1:00 pm FS Chair Exercise 1:00 pm BW Hand & Foot 1:30 pm DT Weekly Movie 1:30-3:00 pm Publix 1:45 pm FS Wii Bowling 2:00 pm ALFL Bridge Group 2:00 pm Nails (WP) 6:30 pm ALFL Bingo! 7:00 pm DTR Monday Music Series</p>	<p>11</p> <p>9:00 am ALFL Chair Exercise & Mind Exercises 10:00 am ALFL Nails 11:30 am Dine-In Pizza (PDR) 1:15 pm DP Pool Exercise Program 2:00 pm Family Feud with Daphney (ALFL) 3:00 pm Mexican Train Dominoes (WPS)</p>	<p>12</p> <p>8:30 am DP Hydro-cise 9:30 am Bank Run 10:00 am AL Bible Study with Daphney (AL 2nd Floor) 1:00 pm FS Chair Exercise 1:45 pm FS Wii Bowling 2:00 pm ALFL Bridge Group 2:00 pm PDR Current Events Discussion Group 3:00 pm IH Chair Volleyball</p>	<p>13</p> <p>9:00 am ALFL Chair Exercise & Mind Exercises 10:00 am Flower Arranging (WPS) 11:30 am IH Luncheon for Step On It Winning Team! 1:15 pm DP Pool Exercise Program 3:00 pm Herbert and Natasha perform (ALFL)</p>	<p>14</p> <p>8:30 am DP Pool Volleyball 9:00 am Chair Exercise & Word Game (AL2FL) 10:00 am WPS Hand & Foot 10:15 am Senior-cise FS 11:00 am-12:00 am Walgreens/Fresh Market 1:45 Wii Bowling FS 2:00 pm Resident Choice Games (WPS) 6:30 pm \$1 Bingo (IH)</p>	<p>15</p> <p>10:15 am FS Chair Exercise Class 10:00 am WPS Hand and Foot 1:00 pm CA Quiddler Card Game 1:30 pm WP Rummikub 2:00 pm FS Weekend Wii 7:00 pm DTR Movie & Popcorn: North by Northwest</p>

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<p>16</p> <p>10:00 am IH Protestant Church Service 10:30 am FS Catholic Communion Service 2:00 pm IH Movie Matinee 3:00 pm BW Bridge Group 3:00 pm WPS Rummikub</p>	<p>17</p> <p>8:30 am Hydro-cise DP 9:30-11:00 am Walmart 10:00 am PDR Bible Study 10:30 am DT Weekly Movie 1:00 pm FS Chair Exercise 1:00 pm BW Hand & Foot 1:30 pm DT Weekly Movie 1:30-3:00 pm Winn Dixie 1:45 pm FS Wii Bowling 2:00 pm ALFL Bridge Group 2:00 pm Nails (WP) 4:00 pm WB Happy Hour 6:30 pm ALFL Bingo!</p>	<p>18</p> <p>9:00 am ALFL Chair Exercise & Mind Exercises 10:00 am ALFL Nails 1:15 pm DP Pool Exercise Program 2:00 pm Depart for Steel City Pops 2:00 pm Rummikub (WPS) 3:00 pm Dining Committee Meeting (AL2FL)</p>	<p>19</p> <p>8:30 am DP Hydro-cise 9:30 am Bank Run 10:00 am AL Bible Study with Daphney (AL 2nd Floor) 1:00 pm FS Chair Exercise 1:45 pm FS Wii Bowling 2:00 pm ALFL Bridge Group 2:00 pm PDR Current Events Discussion Group</p>	<p>20</p> <p>9:00 am ALFL Chair Exercise & Mind Exercises 11:00 am Lunch Group Depart for Jim 'n Nicks 1:15 pm DP Pool Exercise Program 2:00 pm Bingo (ALFL) 2:30 pm BW Book Club Discussion Group</p>	<p>21</p> <p>8:30 am DP Pool Volleyball 9:00 am Chair Exercise & Word Game (AL2FL) 10:00 am WPS Hand & Foot 10:15 am Senior-cise FS 11:00 am-12:00 am Walgreens/Fresh Market 1:45 Wii Bowling FS 2:00 pm Resident Choice Games (WPS) 6:30 pm \$1 Bingo (IH)</p>	<p>22</p> <p>10:15 am FS Chair Exercise Class 10:00 am WPS Hand and Foot 1:00 pm CA Quiddler Card Game 1:30 pm WP Rummikub 2:00 pm FS Weekend Wii 7:00 pm DTR Movie & Popcorn: The Founder</p>
<p>23</p> <p>10:00 am IH Protestant Church Service 10:30 am FS Catholic Communion Service 2:00 pm IH Movie Matinee 3:00 pm BW Bridge Group 3:00 pm WPS Rummikub</p>	<p>24</p> <p>8:30 am Hydro-cise DP 9:30-11:00 am Walmart 10:00 am PDR Bible Study 10:30 am DT Weekly Movie 1:00 pm FS Chair Exercise 1:00 pm BW Hand & Foot 1:30 pm DT Weekly Movie 1:30-3:00 pm Publix 1:45 pm FS Wii Bowling 2:00 pm ALFL Bridge Group 2:00 pm Nails (WP) 6:30 pm ALFL Bingo! 7:00 pm DTR Monday Music Series</p>	<p>25</p> <p>9:00 am ALFL Chair Exercise & Mind Exercises 10:00 am ALFL Nails 1:15 pm DP Pool Exercise Program 2:00 pm Beach Party on the Garden Patio 4:30 pm Dinner Group Depart for Grille 29</p>	<p>26</p> <p>8:30 am DP Hydro-cise 9:30 am Bank Run 10:00 am AL Bible Study with Daphney (AL 2nd Floor) 11:30 am IH Lunch & Learn with Brookwood 1:00 pm FS Chair Exercise 1:45 pm FS Wii Bowling 2:00 pm ALFL Bridge Group 2:00 pm PDR Current Events Discussion Group 3:30 pm WB July Birthday Celebration</p>	<p>27</p> <p>9:30 am Donuts in the AL Lobby 10:00 am Bingo on the AL Floors 1:15 pm DP Pool Exercise Program 2:00 pm Mexican Train Dominoes 3:00 pm WB Name That Tune with George Winter</p>	<p>28</p> <p>8:30 am DP Pool Volleyball 9:00 am Chair Exercise & Word Game (AL2FL) 10:00 am WPS Hand & Foot 10:15 am Senior-cise FS 11:00 am-12:00 am Walgreens/Fresh Market 1:45 Wii Bowling FS 2:00 pm Resident Choice Games (WPS) 6:30 pm \$1 Bingo (IH)</p>	<p>29</p> <p>10:15 am FS Chair Exercise Class 10:00 am WPS Hand and Foot 1:00 pm CA Quiddler Card Game 1:30 pm WP Rummikub 2:00 pm FS Weekend Wii 7:00 pm DTR Movie & Popcorn: La La Land</p>
<p>30</p> <p>10:00 am IH Protestant Church Service 10:30 am FS Catholic Communion Service 2:00 pm IH Movie Matinee 3:00 pm BW Bridge Group 3:00 pm WPS Rummikub</p>	<p>31</p> <p>8:30 am Hydro-cise DP 9:30-11:00 am Walmart 10:00 am PDR Bible Study 10:30 am DT Weekly Movie 1:00 pm FS Chair Exercise 1:00 pm BW Hand & Foot 1:30 pm DT Weekly Movie 1:30-3:00 pm Winn Dixie 1:45 pm FS Wii Bowling 2:00 pm ALFL Bridge Group 3:00 pm Town Hall with Jeana (AL2FL) 6:30 pm ALFL Bingo!</p>		<p>Key: BW: Bridgewater Card Room CA: Creative Arts Studio CH: Churchill's Billiards Room DP: Danberry Pool DT: Danberry Theater FS: Fitness Studio IH: Inverness Hall PDR: Private Dining WB: Winston's Bistro WP: Wellington Park</p>	<p>*Activities are subject to change. Please review your Weekly Runner for the most up-to-date list of activities.</p>	<p>Black: Common Area Activities Brown: Assisted Living Activities Green: Fitness Purple: Outings Red: Special Events</p>	