

Wellington Park Calendar of Events-May 2024



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CALENDAR COLORS: Black: Assisted Living Activities Green: Fitness Class Red: Special Events Purple: Outings	CALENDAR KEY: 1F: First Floor Common Area 2F: Second Floor Common Area WP: Wellington Park CA: Creative Arts Studio FS: Fitness Studio IH: Inverness Hall BW CR: Bridgewater Room	SPRING Showels BRING MAY	9:00 AM Pool Aerobics (DP) 9:00 AM Stretching w/ Sydney (1F) 9:30 AM Bank Trip 10:00 AM Bible Study w/ Pastor Trey (2F) 1:30 PM Hand & Foot (WP Studio) 3:00 PM Planting Flowers (Wellington Park Patio) 6:00 PM Grab a friend & play Cornhole (IH)	9:00 AM Pool Volleyball (DP) 9:00 AM Stretching w/ Sydney (1F) 10:30 AM Mountain Brooke Baptist Church Choir (IH) 1:00 PM Mexican Train Dominoes (CA) 1:00 PM Gaye Norman's Memorial Service (IH) 2:30 PM Drum Fit (FS) 3:00 PM Painting w/ Darcy (WP Studio) 6:30 PM Lecture Series: "Lost Art: The Stories of Missing Masterpieces" (DT)	9:00 AM Water Arthritis (DP) 9:00 AM Stretching w/ Sydney (1F) 9:45 AM Outing: Coffee Concert *SIGN-UP* 10:00 AM Scrabble (WP Studio) 1:30 PM Candy Bingo w/ Sydney (2F) 2:00 PM Walgreens/Fresh Market Trip 2:30 PM Chair Exercise w/ Select Rehab (1F) 3:00 PM Matching Game (WP Studio)	10:00 AM Bible Study (CA) 1:30 PM Open Play Checkers (CA) 6:00 PM Kentucky Derby Watch Party *BYOB* (Bistro)
10:00 AM Protestant Church Service (IH) 10:30 AM Catholic Church Service (CA) 5:00 PM Sunday Series w/ Bob & Dorothy (IH)	9:00 AM Pool Aerobics (DP) 9:30AM Walmart Trip 9:00 AM Stretching w/ Sydney (1F) 10:00 AM Crosswords & Coffee (WP Studio) 12:30 PM Monday Matinee: "You've Got Mail" (IH) 1:00 PM Publix Trip 1:30 PM Rummikub (WP Studio) 2:30 PM Fun Fitness (FS) 3:00 PM Craft Corner—Creating Enve-	9:00 AM Pool Volleyball (DP) 9:00 AM Stretching w/ Sydney (1F) 10:00 AM Who's That Celebrity Guessing Game (WP Studio) 1:30 PM Prize Bingo w/ Sydney (2F) 2:30 PM Strength & Balance Class (FS) 3:30 PM Community Council (IH) 6:15 PM Outreach Project: No Sew Hats (CA)	9:00 AM Pool Aerobics (DP) 9:00 AM Stretching w/ Sydney (1F) 9:30 AM Bank Trip 10:00 AM Bible Study w/ Pastor Trey (2F) 1:30 PM Mexican Train Dominoes (WP Studio) 3:00 PM Taste of Mexico Cocktails (Bistro) 4:00 PM AL Mother's Day Dinner w/ Saxophonist Chuck King (AL Dining Room) 6:00 PM Grab a friend & play Cornhole (IH)	9:00 AM Pool Volleyball (DP) 9:00 AM Stretching w/ Sydney (1F) 10:00 AM Town Hall (1F) 1:00 PM Mexican Train Dominoes (CA) 2:00 PM Mother's Day Tea w/ Harpist Ashlyn Feldmann *SIGN-UP* (IH) 2:30 PM Drum Fit (FS) 6:30 PM Lecture Series: "Lost Art: The Stories of Missing Masterpieces" (DT)	9:00 AM Water Arthritis (DP) 9:00 AM Stretching w/ Sydney (1F) 10:00 AM Rook Card Game (WP Studio) 11:00 AM Lunch Outing: Don Pepe Mexican *SIGN-UP* 1:30 PM Candy Bingo w/ Sydney (2F) 2:00 PM Walgreens/Fresh Market Trip 2:30 PM Chair Exercise w/ Select Rehab (1F) 3:30 PM Al Mahan Performs (IH)	10:00 AM Bible Study (CA) 1:30 PM Open Play Checkers (CA) 6:30 PM Movie Night: "5,000 Blankets" (IH)
12 Mother's Day 10:00 AM Protestant Church Service (IH) 10:30 AM Catholic Church Service (CA) 2:00 PM Julia Ivey Sings & Plays Piano (IH) 5:00 PM Sunday Series w/ Bob & Dorothy (IH)	9:00 AM Pool Aerobics (DP) 9:30AM Walmart Trip 9:00 AM Stretching w/ Sydney (1F) 10:00 AM Crosswords & Coffee (WP Studio) 12:30 PM Monday Matinee: "The Tin Cup" (IH) 1:00 PM Publix Trip 1:30 PM Books to You w/ Pam Bainter (1F) 2:30 PM Fun Fitness (FS) 3:00 PM Checkers *Resident Led*(WP Studio) 6:30 PM Crecent Community Band Concert (IH)	9:00 AM Pool Volleyball (DP) 9:00 AM Stretching w/ Sydney (1F) 10:00 AM Prize Bingo w/ Sydney (2F) 2:00 PM Hoover Songbirds Performance (IH) 2:30 PM Strength & Balance Class (FS) 3:00 PM Hand in Paw (1F) 6:15 PM Outreach Project: No Sew Hats (CA)	9:00 AM Pool Aerobics (DP) 9:00 AM Stretching w/ Sydney (1F) 9:30 AM Bank Trip 10:00 AM Bible Study w/ Pastor Trey (2F) 1:30 PM Dollar Tree Trip 1:30 PM Hand & Foot (WP Studio) 3:00 PM Taste of Mexico Snacks/Candy (Bistro) 6:00 PM Grab a friend & play Cornhole (IH) Library/Arts Open House	9:00 AM Pool Volleyball (DP) 9:00 AM Stretching w/ Sydney (1F) 10:00 AM Readers Theater (WP Studio) 1:00 PM Scrabble (CA) 1:00 PM Manicures w/ Jamie (1F) 1:30 PM Catholic Mass (IH) 2:30 PM Drum Fit (FS) 3:30 PM Meditation w/ Marcus (DT) 6:30 PM Lecture Series: "Lost Art: The Stories of Missing Masterpieces" (DT)	9:00 AM Water Arthritis (DP) 9:00 AM Stretching w/ Sydney (1F) 9:45 AM Outing: Coffee Concert (IH) 10:00 AM Scrabble (WP Studio) 1:30 PM Painting w/ Darcy (WP Studsio) 2:00 PM Walgreens/Fresh Market Trip 2:30 PM Chair Exercise w/ Select Rehab (1F) 3:00 PM Candy Bingo w/ Sydney (2F) May Trivia (WP Studio) 3:30 PM Fellowship Friday w/ Christy (FS)	18 10:00 AM Bible Study (CA) 1:30 PM Open Play Checkers (CA) 6:30 PM Movie Night: "Dog Gone" (IH)



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19 10:00 AM Protestant Church Service (IH) 10:30 AM Catholic Church Service (CA) 5:00 PM Sunday Series w/ Bob & Dorothy (IH)	9:00 AM Pool Aerobics (DP) 9:30 AM Walmart Trip 9:00 AM Stretching w/ Sydney (1F) 10:00 AM Crosswords & Coffee (WP Studio) 12:30 PM Monday Matinee: "October Sky" (IH) 1:00 PM Publix Trip 1:30 PM Rummikub (WP Studio) 2:30 PM Fun Fitness (FS) 3:00 PM Kathy O'Connor Piano Performance (IH)	9:00 AM Pool Volleyball (DP) 9:00 AM Stretching w/ Sydney (1F) 10:00 AM Painting w/ Darcy (WP Studio) 1:30 PM Prize Bingo w/ Sydney (2F) 2:00 PM Strawberry Shortcake & Cream Milkshakes (Bistro) 2:30 PM Strength & Balance Class (FS) 3:00 PM New Jersey Travel Video (WP Studio) 6:15 PM Outreach Project: No Sew Hats (CA)	9:00 AM Pool Aerobics (DP) 9:00 AM Stretching w/ Sydney (1F) 9:30 AM Bank Trip 9:30 AM Danberry Tours Outing: Botanical Gardens & Lunch *SIGN-UP* 10:00 AM Bible Study w/ Pastor Trey (2F) 1:30 PM Aldi Shopping Trip 1:30 PM Mexican Train Dominoes (WP Studio) 3:00 PM Ultimate Team Trivia (WP Studio) 6:00 PM Grab a friend & play Cornhole (IH)	9:00 AM Pool Volleyball (DP) 9:00 AM Stretching w/ Sydney (1F) 10:00 AM Scrabble (WP Studio) 1:00 PM Rummikub (CA) 2:00 PM Senior Fit Tests/Virtusense w/ Select Rehab *SIGN-UP* (IH) 2:30 PM Drum Fit (FS) 3:00 PM Candy Bingo w/ Sydney (2F) 6:30 PM Lecture Series: Vermeer Painter of Light (DT)	9:00 AM Water Arthritis (DP) 9:00 AM Stretching w/ Sydney (1F) 9:30 AM Outing: Wetumpka Casino *SIGN-UP* 10:00 AM Rook Card Game (WP Studio) 1:30 PM Rummikub *Resident Led* (WP Studio) 2:00 PM Walgreens/Fresh Market Trip 2:30 PM Chair Exercise w/ Select Rehab (1F) Taste of Mexico Lunch & Dinner	10:00 AM Bible Study (CA) 1:30 PM Open Play Checkers (CA) 2:00 PM Blake Webber Performs (IH) 6:30 PM Movie Night: "Greyhound" (IH)
26 10:00 AM Protestant Church Service (IH) 10:30 AM Catholic Church Service (CA) 5:00 PM Sunday Series w/ Bob & Dorothy (IH)	27 Memorial Day 9:00 AM Pool Aerobics *Resident Led* (DP) 10:00 AM Pick up a crossword at the front desk! 1:30 PM Checkers *Resident Led* (WP Studio) 2:00 PM Memorial Day Program (IH)	28 9:00 AM Pool Volleyball (DP) 9:00 AM Donuts & Coffee (WP Studio) 10:00 AM Fluid Art w/ Christy (WP Studio) 1:30 PM Prize Bingo w/ Bobbi (IH) 2:30 PM Strength & Balance (FS) 3:00 PM Mexico Travel Video (WP Studio) 6:15 PM Outreach Project: No Sew Hats (CA)	9:00 AM Pool Aerobics (SP) 9:00 AM Stretching w/ Sydney (1F) 9:30 AM Walmart Trip 9:30 AM Bank Trip 10:00 AM Bible Study w/ Pastor Trey (2F) 11:30 AM Lunch & Learn w/ Hoover Fire Department *SIGN-UP* (IH) 1:00 PM Publix Trip 1:30 PM Taste of Mexico Snacks (Bistro) 3:00 PM Hand & Foot (WP Studio) 6:00 PM Grab a friend & play Cornhole (IH)	9:00 AM Pool Volleyball (DP) 9:00 AM Stretching w/ Sydney (1F) 10:00 AM Tell Me More Game Time (WP Studio) 1:00 PM Rummikub (CA) 2:30 PM Drum Fit (FS) 2:30 PM Tim the Piano Man Performance (IH) 3:30 PM Danberry Dollar Redemption (WP Studio) 6:30 PM Lecture Series: "Lost Art: The Stories of Missing Masterpieces" (DT)	9:00 AM Water Arthritis (DP) 9:00 AM Stretching w/ Sydney (1F) 10:00 AM AL Outing: Chicken Salad Chick & Hobby Lobby *SIGN-UP* 1:30 PM Candy Bingo w/ Sydney (2F) 2:00 PM May Birthday Celebration (Bistro) 2:00 PM Walgreens/Fresh Market Trip 2:30 PM Chair Exercise w/ Select Rehab (1F) 3:00 PM Select Rehab Social (CA)	

Events that require Sign Up:

05/03—Outing: Coffee Concert 05/29—Lunch & Learn w/ Hoover Fire

05/09—Mother's Day Tea w/ Harpist Ashlyn Feldmann Department

05/10—Lunch Outing: Don Pepe Mexican 05/31—AL Outing: Chicken Salad Chick &

05/17—Outing: Coffee Concert Hobby Lobby

05/22—Danberry Tours Outing: Botanical Gardens & Lunch

05/23—Senior Fit Tests/Virtusense w/ Select Rehab

05/24—Outing: Wetumpka Casino

The Sign-Up Binder is Located in the Wellington Park Studio

Happy Birthday!:

05/01—Patsy Hale

05/04—Norma Young

Attention:

Calendars are subject to change.

Please refer to your weekly runners for the most up to date information.