

# **Danberry Calendar of Events - August 2022**

Sunday	Monday	Tuesday	Wednesday	Thursday	
	1 9:00 AM Pool Aerobics (Res.Led) - DP 9:00 AM Walmart Trip 1:00 PM Hand & Foot- BW CR 1:00 PM Publix/Winn Dixie Trip 2:00 PM Water Arthritis (Res.Led)- DP In honor of National Dog Month, Please stop by the front desk for extra special treats for your fur babies!!!	2 9:00 AM Pool Volleyball (Res. Led)- DP 10:00 AM Bible Study w/ David & Joy Weaver- IH 1:30 PM Prize Bingo- IH 3:00 PM Ice Cream Sandwiches- Bistro National Ice Cream Sandwich Day	3 9:00 AM Pool Aerobics- DP 9:30 AM Bank Trip 10:00 AM Cardio Blast- FS 1:00 PM Publix/Winn-Dixie Trip 1:30 PM Mahjong- 3rd FLR CR 2:00 PM Chair Volleyball- IH 3:30 PM Balance Class-FS	4 9:00 AM Protestant Communion– PDR 1:30 PM Danberry Pool League – Churchills Billiard Room 2:30 PM Choir– IH 6:30 PM Lecture Series "Wonders of the World– DT	9:00 10:0 10: 2:0
7 10:00 AM Protestant Church Service- IH 10:30 AM Catholic Church Service- CA 1:00 PM Resident Choice Games- CA 5:00 PM- Sunday Social- Bistro	8 9:00 AM Pool Aerobics- DP 9:00 AM Walmart Trip 10:00 AM Cardio Blast- FS 1:00 PM Hand & Foot- BW CR 1:00 PM Publix/Winn Dixie Trip 2:00 PM Water Arthritis- DP 3:30 PM Balance Class- FS	9 9:00 AM Pool Volleyball- DP 10:00 AM Tone it UP!- FS 10:00 AM Outreach Project- No Sew Blanket Project- PDR 3:00 PM Sara Mason & Tommy Bowen Perform- IH 3:30 PM Fit & Fun -FS	10 9:00 AM Pool Aerobics- DP 9:30 AM Bank Trip 10:00 AM Cardio Blast- FS 1:00 PM Publix/Winn-Dixie Trip 1:30 PM Mahjong- 3rd FLR CR 2:00 PM Chair Volleyball- IH 3:30 Community Council- IH 3:30 PM Balance Class-FS 6:00 PM Gaither Homecoming Classic- IH (This is a pre- recorded showing)	11 10:00 AM Tone it UP!- FS 1:30 PM Danberry Pool League – Churchills Billiard Room 2:30 PM David Merlin "Grand Illusion Show"- IH 3:30 PM Fit & Fun–FS 6:30 PM Lecture Series– DT "Wonders of the World"	9:0 10:00 10 10 1 2:0 3:00
14 10:00AM Protestant Church Service- IH 10:30AM Catholic Church Service- CA 1:00PM Resident Choice Games-CA	15 9:00 AM Pool Aerobics- DP 9:00 AM Walmart Trip 10:00 AM Cardio Blast- FS 1:00 PM Hand & Foot- BW CR 1:00 PM Publix/Winn Dixie Trip 2:00 PM Water Arthritis- DP 2:30 PM Penny Auction w/ Kindred Care- IH 3:30 PM Balance Class- FS	16 9:00 AM Pool Volleyball- DP 10:00 AM Tone it UP!- FS 10:00 AM Bible Study w/ David & Joy Weaver- IH 1:00 PM Alzheimer's Kick-Off- IH 2:30 PM Activity Planning Meeting- PDR 3:30 PM Fit & Fun -FS	17 <u>9:00 AM Guest Speaker:</u> <u>James Spann– IH</u> 9:00 AM Pool Aerobics- DP 9:30 AM Bank Trip 10:00 AM Cardio Blast- FS 1:30 PM Mahjong– 3rd FLR CR 1:30 PM Dollar Tree/Aldi Trip 2:00 PM Chair Volleyball- IH 3:30 PM Balance Class- FS 4:00 PM Dinner Outing: Automatic Seafood *Sign-Up*	18 9:00 AM Protestant Communion- PDR 10:00 AM Tone it UP!- FS 11:30 AM Lunch & Learn "Understanding Alzheimer's_ IH 1:30 PM Danberry Pool League- Churchills Billiard Room 2:00 PM Book Club- BW CR 3:30 PM Fit & Fun- FS 6:30 PM Lecture Series "Wonders of the World- DT	9:0 10:0 10: 2:0 2:

## Friday

#### 00 AM- Pool Volleyball - DP

0:00 AM Tai Chi/Chair Yoga-FS

0:30 AM Walgreens/Fresh Market

:00 PM Water Arthritis- DP

6:30 PM \$1 Bingo- IH

### Saturday

#### 10:00 AM Bible Study- CA

1:30 PM Bridge Card Game-CA

6:30 PM Movie Night "Breakfast at Tiffany's"- IH

12

#### :00 AM Pool Volleyball-DP

#### 00 AM Tai Chi/ Chair Yoga-FS

10:30AM Walgreens/Fresh Market

10:30 AM Lunch Outing: Station 31

:00 PM Water Arthritis- DP

00 PM Fellowship Friday w/ **Monique-CA** 

6:30 PM \$1 Bingo- IH

#### 19

:00 AM Pool Volleyball- DP :00 AM Tai Chi/ Chair Yoga-FS

0:30 AM Walgreens/Fresh Market

:00 PM Water Arthritis-DP

2:30 PM Joyful Jammers **Performance-IH** 

6:30PM \$1 Bingo-IH

#### 13

#### 10:00 AM Bible Study- CA

1:00 PM Wii Sports- FS

1:30 PM Bridge Card Game-CA

6:30 PM Movie Night

"Knight & Day"-IH

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### 10:00 AM Bible Study-CA

1:00 PM Wii Sports-FS

1:30 PM Bridge Card Game-CA

6:30 PM Movie Night "North by Northwest"- IH



# **Danberry Calendar of Events - August 2022**

Sunday	Monday	Tuesday	Wednesday	Thursday	
21	22	23	24	25	
10:00 AM Protestant	9:00 AM Pool Aerobics- DP	9:00 AM Pool Volleyball- DP	9:00 AM Pool Aerobics - DP	10:00 AM Tone it UP!- FS	9:0
Church Service- IH	9:00 AM Walmart Trip	10:00 AM Tone it UP!- FS	9:30 AM Bank Trip	10:30 AM Guest Speaker: Dr.	10:0
10:30 AM Catholic Church	10:00 AM Cardio Blast- FS	10:00 AM Exploring the	10:00 AM Cardio Blast- FS	Andy Sokol "Discuss his time as Aubie the Mascot of	
Service- CA	1:00 PM Hand & Foot- BW CR	Bible w/ Robert Bendall– IH	1:30 PM Mahjong– 3rd FLR CR	Auburn"- IH	Aı Ga
1:00 PM Resident Choice	1:00 PM Publix/Winn Dixie Trip	1:30 PM Prize Bingo- IH	1:30 PM Hoover Library Trip	1:30 PM Danberry Pool League	0a 1
Games- CA	2:00 PM Water Arthritis -DP	3:30 PM Fit & Fun- FS	2:00 PM Chair Volleyball- IH	- Churchills Billiard Room	
	3:30 PM Balance Class- FS		2:30 PM August Birthday Celebration w/ Ice Cream Sundae Bar provided by Southern Care New Beacon- Bistro	3:00 PM The Alexanders Performance- Atrium 3:30 PM Fit & Fun - FS 6:30 PM Lecture Series "Wonders of the World"- DT	2: 3:(
28	29	20	3:30 PM Balance Class- IH	Ciana I la Francisca	246
	-	30	31	<u>Sign– Up Events:</u>	
10:00 AM Protestant Church Service- IH	9:00 AM Pool Aerobics- DP	9:00 AM Pool Volleyball- DP	9:00 AM Pool Aerobics - DP	8/12– Lunch Outing: Station 31	0
	9:00 AM Walmart Trip	10:00 AM Tone it UP!- FS	9:30 AM Bank Trip	8/17 Dinner Outing: Automatic	
10:30 AM Catholic Church	10:00 AM Cardio Blast- FS	10:00 AM Sweet Adeline's	10:00 AM Cardio Blast- FS	Seafood	- And
Service- CA	1:00 PM Hand & Foot- BW CR	Perform- IH	1:30 PM Mahjong- 3rd FLR CR	8/18- Lunch & Learn	A
1:00 PM Resident Choice Games- CA	1:00 PM Publix/Winn Dixie Trip 2:00 PM Water Arthritis- DP 2:30 PM Pianist Kathy O'Conner Performs- IH	3:00 PM Ultimate Team Trivia– Bistro 3:30 PM Fit & Fun– FS	2:00 PM Chair Volleyball- IH 3:30 PM Balance Class- IH 4:00 PM Dinner Outing:	"Understanding Alzheimer's 8/26– Tour/Lunch Outing: Arlington Historic Home & Garden	
	3:30 PM Balance Class- FS		Automatic Seafood *Sign-Up*	8/31– Dinner Outing: Automatic Seafood	
	1			ELVIS MOVIE OUTING TBD	

### Attention:

Calendars are subject to change.

Please refer to your weekly runners for the most up to date information.

CALENDAR COLORS: Black: Common Area Activities

# Friday

26

:00 AM– Pool Volleyball - DP

:00 AM Tai Chi/Chair Yoga- FS

10:30 AM Lunch Outing: Arlington Historical Home & Garden Tour/Lunch \*Sign-Up\*

10:30 AM Walgreens/Fresh Market

2:00 PM Water Arthritis- DP

:00 PM Fellowship Friday w/ Monique-CA

6:30 PM \$1 Bingo- IH

# Saturday

27

10:00 AM Bible Study-CA

1:00 PM Wii Sports-FS

1:30 PM Bridge Card Game-CA

6:30 PM Movie Night "The Pacifier"- IH

### AUGUST NATIONAL DOG MONTH

**Green: Fitness Purple: Outings Red: Special Events**  CALENDAR KEY: BW CR: Bridgewater Card Room CA: Creative Arts Studio DP: Danberry Pool FS: Fitness Studio IH: Inverness Hall PDR: Private Dining Room DT: Danberry Theater