

# **Danberry Calendar of Events - March 2022**

Sunday	Monday	Tuesday	Wednesday	Thursday	
CALENDAR COLORS: Black: Common Area Activi Room Green: Fitness Purple: Outings Red: Special Events	CALENDAR KEY:	1 9:00 AM Pool Volleyball- DP 10:00 AM Tone it UP!- FS 2:00 PM Seasoned Performers – IH 3:00 PM- Peanut Butter Milkshakes– Bistro 3:30 PM Fit & Fun –FS	2 9:00 AM Pool Aerobics- DP 9:30 AM Bank Trip 10:00 AM Cardio Blast- FS 2:00 PM Chair Volleyball- IH 3:30 PM Balance Class- FS 3:30 PM- Community Council - IH 5:00 PM- Dr. Seuss Reading-	3 2:00 PM– Men's Pool League– Churchills Billiard Room 6:00 Mardi Gras Party– IH NO EXERCISE TODAY	9:00 10:3 6 <u>NC</u>
		National Peanut Butter Lover's Day	Ash Wednesday	National Carrot Cake Day	Natio
6	7	8	9	10	
10:00 AM Protestant Church	9:00 AM Pool Aerobics- DP	9:00 AM Pool Volleyball- DP	9:00 AM Pool Aerobics- DP	10:00 AM Tone it UP!- FS	9:00
Service- IH 10:30 AM Catholic Church	9:00 AM Walmart Trip 10:00 AM Cardio Blast– FS	10:00 AM Tone it UP!- FS 3:30 PM Fit & Fun –FS	9:30 AM Bank Trip 10:00 AM Cardio Blast– FS	11:30 AM– Lunch & Learn– IH *Sign-Up*	10:00
Service- CA 1:00 PM Resident Choice Games- CA 5:00 PM Sunday Social- Bis-	1:00 PM Hand & Foot– BW CR 1:00 PM Publix/Winn Dixie Trip 2:00 PM Water Arthritis– DP 2:30 PM- Jeff Bianchi Guitarist–	6:30 PM Pinot & Paint– CA	2:00 PM Chair Volleyball- IH 3:30 PM AL Mahan Performs- IH 3:30 PM Balance Class-FS	2:00 PM– Danberry Pool League– Churchills Billiard Room 2:30 PM– Cocktail & Blueberry Popovers– Bistro	10:0 Con Scottis 10:3
tro National Oreo Cookie Day	IH 2:00 PM Bridge Card Game- CA 3:30 PM- Balance Class- FS	International Woman's Day	National Barbie Day	3:30 PM Fit & Fun–FS 7:00 PM Lecture Series– DT "Wonders of the World"	2:00 3:00 F
13	14	15	16	17	
10:00AM Protestant Church Service- IH 10:30AM Catholic Church	9:00 AM Pool Aerobics- DP 9:00 AM Walmart Trip 10:00 AM Cardio Blast- FS	9:00 AM Pool Volleyball- DP 10:00 AM Tone it UP!- FS 1:00 Activity Planning Meeting-	9:00 AM Pool Aerobics- DP 9:30 AM Bank Trip 10:00 AM Cardio Blast—FS	10:00 AM Tone it UP!- FS 1:30 PM Catholic Mass- IH 2:00 PM- Book Club- IH	9:00 10:00 A 10:00 Belk's
Service- CA 1:00PM Resident Choice Games-CA	1:00 PM Hand & Foot– BW CR 1:00 PM Publix/Winn Dixie Trip 2:00 PM Water Arthritis- DP	PDR 3:00 PM– Name that Tune w/ George Winter– Bistro 3:30 PM Fit & Fun -FS	1:30 PM- Dollar Tree Trip 2:00 PM Chair Volleyball- IH 3:30 PM Balance Class—FS	2:00 PM– Danberry Pool League– Churchills Billiard Room 3:00 PM ST. Patrick's Day Social– Bistro	10:30 A 2:00
Daylight Savings Time	2:00 PM Bridge Card Game– CA 3:00 PM Books to You Presentation w/ Pam Bainter– IH 3:30 PM Balance Class- FS	National World Social	National Freedom of Information Day	3:30 PM Fit & Fun- FS 7:00 PM Lecture Series "Wonders of the World– DT ST. Patrick's Day	1:30 PM

# Friday

00 AM- Breakfast Outing: Ruby Sunshine

:30 AM Walgreens/Fresh Market

6:30 PM \$1 Bingo- IH

## NO EXERCISE TODAY

## tional I want YOU to be Happy Day

#### 11

00 AM Pool Volleyball-DP

00 AM Tai Chi/ Chair Yoga– FS

0:00 AM- Outing: Coffee oncert- "Mendelssohn's ttish Symphony" \*Sign-Up\*

):30AM Walgreens/Fresh Market

0 PM Water Arthritis- DP

0 PM Fellowship Friday w/ Monique– Bistro

18

:00 AM Pool Volleyball- DP

0 AM Tai Chi/ Chair Yoga- FS

00 AM Shop & Lunch Outing: k's, Trader Joes, PF Chang's \*Sign-Up\*

AM Walgreens/Fresh Market

:00 PM Water Arthritis-DP

PM- Fresh Oatmeal Cookies-Bistro

6:30PM \$1 Bingo-IH

onal Oatmeal Cookie Day

## Saturday

5

## 10:00 AM Bible Study- CA

1:00 PM Wii Sports-FS 7:00 PM Movie Night - DT

## National Cheese Doodle Day

12

10:00 AM Bible Study- CA 1:00 PM Wii Sports- FS 7:00 PM Movie Night -DT

National Working Mom's Day 19

## 10:00 AM Bible Study-CA 1:00 PM Wii Sports-FS 7:00 PM Movie Night -DT

National Certified Nurses Day



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20 10:00 AM Protestant Church Service- IH 10:30 AM Catholic Church Service- CA 1:00 PM Resident Choice Games- CA	21 9:00 AM Pool Aerobics- DP 9:00 AM Walmart Trip 10:00 AM Cardio Blast- FS 1:00 PM Hand & Foot- BW CR 1:00 PM Publix/Winn Dixie Trip 2:00 PM Water Arthritis -DP 2:00 PM Bridge Card Game- CA 2:30 PM- Employee Bread Pudding Cook-Off- IH 3:30 PM Balance Class- FS	22 9:00 AM Pool Volleyball- DP 10:00 AM Tone it UP!- FS 1:30 PM Everyone Sing & Dance w/ Bob & Abraham- IH 3:30 PM Fit & Fun- FS	23 9:00 AM Pool Aerobics - DP 9:30 AM Bank Trip 10:00 AM Cardio Blast- FS 2:00 PM Chair Volleyball- IH 3:30 PM Balance Class- IH 3:45 PM- Dinner Outing: Innisfree Irish Pub *Sign-Up*	24 10:00 AM Tone it UP!- FS 2:00 PM– Danberry Pool League– Churchills Billiard Room 3:00 PM– The Alexanders Perform– IH 3:30 PM Fit & Fun - FS 7:00 PM Lecture Series "Wonders of the World"– DT	9:00 10:00 10: 2:00 3:00
Spring Begins	National French Bread Day	National Goof Off Day	National Puppy Day	National Cheesesteak Day	Na
27 10:00 AM Protestant Church Service- IH 10:30 AM Catholic Church Service- CA 1:00 PM Resident Choice Games- CA	28 9:00 AM Pool Aerobics– DP 9:00 AM Walmart Trip 10:00 AM Cardio Blast– FS 1:00 PM Hand & Foot– BW CR 1:00 PM Publix/Winn Dixie Trip 2:00 PM– Dolores Hydock "Starch in their Petty Coats"- IH 2:00 PM Water Arthritis- DP	29 9:00 AM Pool Volleyball- DP 10:00 AM Tone it UP!- FS 2:00 PM– Ultimate Team Trivia– Bistro 3:30 PM Fit & Fun– FS	30 9:00 AM Pool Aerobics - DP 9:30 AM Bank Trip 10:00 AM Cardio Blast– FS 2:00 PM Chair Volleyball- IH 3:30 PM Balance Class- IH	31 10:00 AM Tone it UP!- FS 2:00 PM– Danberry Pool League– Churchills Billiard Room 2:00 PM– March Birthday Celebration provided by Ascension Complete– Bistro 3:30 PM Fit & Fun - FS	<u>Em</u> <i>Em</i> <i>favo</i> <u>YOU</u> taste whic <b>Priz</b> 2
National Joe Day	3:30 PM Balance Class– FS National Black Forest Cake	National Vietnam War Veterans Day	National Doctor's Day	7:00 PM Lecture Series "Wonders of the World"– DT	

## Attention:

Calendars are subject to change.

Please refer to your weekly runners for the most up to date information.

# Friday

## 25

## :00 AM Pool Volleyball-DP

:00 AM Tai Chi/ Chair Yoga-FS

0:30 AM Walgreens/Fresh Market Trip

:00 PM Water Arthritis- DP

00 PM Fellowship Friday w/ **Monique-Bistro** 

6:30 PM \$1 Bingo- IH

ational Medal of Honor Day

## Employee Cook– Off:

mployees will cook their orite Bread Pudding and <u>DU</u> will be the Judge. You ste each one and vote on hich one you think is the BEST.

rizes are given to 1st, 2nd and 3rd place winners

# Saturday

26

## 10:00 AM Bible Study-CA

1:00 PM Wii Sports-FS 7:00 PM Movie Night "Fool's Gold" -DT

## **National Epilepsy Awareness Day**

## **Events to Sign-Up for:**

2/4– Breakfast Outing– **Ruby Sunshine** 

- 2/8– Pinot & Paint
- 2/10– Lunch & Learn

2/11- Coffee Concert

2/18– Shopping/Lunch Outing

2/23- Dinner Outing-Innisfree Irish Pub

