6	Danberry
	AT INVERNESS

# **Danberry Calendar of Events - November 2022**

Sunday	Monday	Tuesday	Wednesday	Thursday	
My	inner inner	1 9:00 AM Pool Volleyball- DP 10:30 AM Chair Yoga w/ Cindy Grubbs- FS 2:30 PM Sing- A-Long w/ Russ Randolph- IH 3:30 PM Balance & Tone- FS	2 9:00 AM Pool Aerobics- DP 9:30 AM Bank Trip 10:00 AM Cardio Fit!- FS 1:30 PM Mahjong- 3rd FLR CR 2:00 PM Chair Volleyball- IH 3:30 PM Fit & Fun- FS	3 9:00 AM Protestant Communion – PDR 10:00 AM Move & Groove– FS 1:30 PM Danberry Pool League– Churchills Billiard Room 2:30 PM Covenant Players Performance (Drama, Theater & Comedy)- IH 3:30 PM Balance & Tone– FS 6:30 PM Lecture Series– DT "Wonders of the World"	9: 10 2: 3:3
6 10:00 AM Protestant Church Service- IH 10:30 AM Catholic Church Service- CA 1:00 PM Resident Choice Games - CA 5:00 PM Marine Birthday Celebration- Bistro 5:00 PM Sunday Social-Bistro	7 9:00 AM Pool Aerobics - DP 9:00 AM Walmart Trip 10:00 AM Move & Groove- FS 1:00 PM Medicare Speaker- IH 1:00 PM Publix/Winn Dixie Trip 1:00 PM Hand & Foot- BW CR 1:00 PM Bridge Card- Bistro 3:30 PM Fit & Fun- FS	8 9:00 AM Pool Volleyball- DP 10:30 AM Chair Yoga w/ Cindy Grubbs- FS 1:30 PM Prize Bingo- IH 3:30 PM Balance & Tone- FS	9 9:00 AM Pool Aerobics- DP 9:30 AM Bank Trip 10:00 AM Cardio Fit!- FS 11:30 PM Lunch & Learn w/ Aspire *Sing-Up*- IH 1:30 PM Mahjong- 3rd FLR CR 2:00 PM Chair Volleyball- IH 3:30 PM Fit & Fun- FS	10 10:00 AM Move & Groove- FS 1:30 PM Danberry Pool League- Churchills Billiard Room 3:30 PM Balance & Tone- FS 6:30 PM Lecture Series- DT "Wonders of the World"	2:0 (Win 2:0
13 10:00AM Protestant Church Service- IH 10:30AM Catholic Church Service- CA 1:00PM Resident Choice Games-CA	14 9:00 AM Pool Aerobics- DP 9:00 AM Walmart Trip 10:00 AM Move & Groove- FS 1:00 PM Hand & Foot- BW CR 1:00 PM Publix/Winn Dixie Trip 1:00 PM Bridge Card Players Group- Bis- tro 3:00 PM Books to You Program by Pam Bainter- IH 3:30 PM Fit & Fun- FS 6:30 PM Pinot & Paint *Sign-Up* - CA	15 8:30 AM Donuts & Coffee- Bistro 9:00 AM Pool Volleyball- DP 10:30 AM Chair Yoga w/ Cindy Grubbs- FS 2:30 PM Activity Planning Meeting- PDR	16 9:00 AM Pool Aerobics- DP 9:30 AM Bank Trip 10:00 AM Cardio Fit!- FS 1:30 PM Dollar Tree/Aldi Trip 1:30 PM Mahjong- 3rd FLR CR 2:00 PM Chair Volleyball- IH 3:30 PM Fit & Fun!- FS 3:30 PM Community Council- IH 6:00 PM Murder Mystery Dinner *Sign-Up*- IH	17 9:00 AM Protestant Communion – PDR 10:00 AM Move & Groove– FS 1:30 PM Danberry Pool League– Churchills Billiard Room 1:30 PM Catholic Mass– IH 2:00 PM Book Club– BW CR 3:30 PM Balance & Tone– FS 6:30 PM Lecture Series– DT "Wonders of the World– DT	9 1 10 2:0 3

### Friday

4

9:00 AM Pool Volleyball -DP

10:00 AM Chair Exercise- FS

10:30 AM Lunch Outing: Firebirds \*Sign-Up\*

2:00 PM Walgreens/Fresh Market Trip

3:30 PM Fellowship Friday w/ Melissa– CA

6:30 PM \$1 Bingo- IH

11

8:30 AM Veterans, Spouses of Veterans and Widows of fallen Veterans Breakfast- DR

9:00 AM Pool Volleyball-DP

10:00 AM Chair Exercise- FS

:00 PM Veterans Day Program– IH Vine & Cheese to follow in the Bistro)

2:00 PM Walgreens/Fresh Market Trip

6:30 PM \$1 Bingo- IH

**Veterans Day** 

#### 18

9:00 AM Pool Volleyball- DP

10:00 AM Chair Exercise- FS

10:30 AM Outing: Flea Market & Brightstar Lunch \*Sign-Up\*

:00 PM Walgreens/Fresh Market Trip

3:30 PM Fellowship Friday w/ Melissa- CA

6:30PM \$1 Bingo-IH

World Kindness Day Thank an Employee

## Saturday

5

#### 10:00 AM Bible Study- CA

1:00 PM Wii Sports- FS

6:30 PM Movie Night "Sweet November" –IH

> Tailgate Saturday 12:00-2:00 PM Bistro

12

10:00 AM Bible Study- CA 1:00 PM Wii Sports- FS

### 2:30 PM Steel City Jug Slammers Perform- IH

6:30 PM Movie Night "Home for the Holiday's"–IH

> Tailgate Saturday 12:00-2:00 PM

#### 19

#### 10:00 AM Bible Study-CA

1:00 PM Wii Sports-FS

6:30 PM Movie Night "Where the Crawdads Sing"- IH

Tailgate Saturday 12:00-2:00 PM



# **Danberry Calendar of Events - November 2022**

Sunday	Monday	Tuesday	Wednesday	Thursday	
20 10:00 AM Protestant Church Service- IH 10:30 AM Catholic Church Service- CA 1:00 PM Resident Choice Games- CA	21 9:00 AM Pool Aerobics- DP 9:00 AM Walmart Trip 10:00 AM Juliet's Outing: Foundry (Ladies Day) & Lunch *Sign-Up* 10:00 AM Move & Groove- FS 1:00 PM Hand & Foot- BW CR 1:00 PM Hand & Foot- BW CR 1:00 PM Publix/Winn Dixie Trip 1:00 PM Bridge Card Players Group - Bistro 3:30 PM Fit & Fun- FS	22 9:00 AM Pool Volleyball- DP 10:00 AM Outreach Program - No Sew blankets for the animal shelter- PDR 10:30 AM Chair Yoga w/ Cindy Grubbs- FS 1:30 PM Prize Bingo- IH 3:30 PM Balance & Tone- FS	23 9:00 AM Pool Aerobics - DP 9:30 AM Bank Trip 10:00 AM Cardio Fit- FS 1:30 PM Mahjong- 3rd FLR CR 1:30 PM Hoover Library Trip 2:00 PM Chair Volleyball- IH 3:30 PM November Birthday Celebration Bistro	24 1:30 PM Danberry Pool League– Churchills Billiard Room 6:30 PM Lecture Series "Wonders of the World"– DT	9 1 11 1 2:
57 2 3			3:30 PM Fit & Fun– FS	Happy Thanksgiving!!!!	
27	28	29	30	Sing-Up Events	
10:00 AM Protestant Church Service- IH 10:30 AM Catholic Church Service- CA 1:00 PM Resident Choice Games- CA	9:00 AM Pool Aerobics- DP 9:00 AM Walmart Trip 10:00 AM Move & Groove- FS 1:00 PM Hand & Foot- BW CR 1:00 PM Publix/Winn Dixie Trip 1:00 PM Bridge Card Group- Bistro 3:00 PM Ultimate Team Trivia- Bistro 3:30 PM Fit & Fun- FS	9:00 AM Pool Volleyball- DP 10:00 AM Christmas Craft w/ Stephanie Tatum- CA 10:30 AM Chair Yoga w/ Cindy Grubbs- FS 2:30 PM Kathy O'Conner Piano Performance- IH 3:30 PM Balance & Tone- FS	9:00 AM Pool Aerobics - DP 9:30 AM Bank Trip 10:00 AM Cardio Fit- FS 1:30 PM Mahjong- 3rd FLR CR 2:00 PM Chair Volleyball- IH 3:30 PM Fit & Fun- FS 5:45 PM Outing: Brock Recital Hall for a Christmas Opera *Sign-Up* (No Charge)	<ul> <li>11/4 Lunch Outing: Firebird's</li> <li>11/9 Lunch &amp; Learn w/Aspire</li> <li>11/14 Pinot &amp; Paint</li> <li>11/16 Murder Mystery Dinner</li> <li>11/18 Flea Market &amp; Brightstar</li> <li>11/21 Juliet's Outing: Foundry &amp; Lunch</li> <li>11/25 Romeo's Lunch– Lloyd's</li> <li>11/30 Outing: Christmas Opera</li> </ul>	



Calendars are subject to change.

Please refer to your weekly runners for the most up to date information.

Green: Fitness Purple: Outings

## Friday

#### 25

9:00 AM Pool Volleyball - DP

10:00 AM Chair Exercise– FS

11:00 AM Romeo's Luncheon– Lloyds \*Sign-Up\* (Men Only)

1:30 PM Black Friday Penny Auction- IH

2:00 PM Walgreens/Fresh Market Trip

2:30 PM Stretching, Balance & Meditation- FS

6:30 PM \$1 Bingo- IH

## Saturday

26

10:00 AM Bible Study-CA 1:00 PM Wii Sports-FS

1:30 PM Corn Hole– IH (Grab a friend and come play)

6:30 PM Movie Night "TBD" -IH

### Tailgate Saturday 12:00-2:00 PM



CALENDAR COLORS: Black: Common Area Activities

**Red: Special Events** 

CALENDAR KEY: BW CR: Bridgewater Card Room

CA: Creative Arts Studio DP: Danberry Pool FS: Fitness Studio IH: Inverness Hall PDR: Private Dining Room DT: Danberry Theater