

Danberry Calendar of Events - September 2022

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|--|---|--|--|
| <p>SEPTEMBER</p> <p>self care awareness MONTH</p> | | | | <p>1</p> <p>9:00 AM Protestant Communion- PDR</p> <p>10:00 AM Chair Exercise- FS</p> <p>1:30 PM Danberry Pool League - Churchills Billiard Room</p> <p>3:30 PM Chair Exercise- FS</p> <p>6:30 PM Lecture Series "Wonders of the World- DT</p> | <p>2</p> <p>9:00 AM Pool Volleyball - DP</p> <p>10:00 AM Chair Exercise- FS</p> <p>2:00 PM Walgreens/Fresh Market Trip</p> <p>2:00 PM Water Arthritis- DP</p> <p>6:30 PM \$1 Bingo- IH</p> | <p>3</p> <p>10:00 AM Bible Study- CA</p> <p>6:30 PM Movie Night "Gone with the Wind- Part 1"- IH</p> <p>Tailgate Saturday 12:00-2:00 PM Bistro</p> |
| <p>4</p> <p>10:00 AM Protestant Church Service- IH</p> <p>10:30 AM Catholic Church Service- CA</p> <p>1:00 PM Resident Choice Games- CA</p> <p>5:00 PM Sunday Social- Bistro</p> | <p>5</p> <p>9:00 AM Pool Aerobics (Resident Led)- DP</p> <p>1:00 PM Hand & Foot- BW CR</p> <p>1:00 PM Bridge Card Players Group- Bistro</p> <p>2:30 PM Water Arthritis (Resident Led)- DP</p> <p>Labor Day Lunch Buffet 11:30 AM to 1:30 PM</p> | <p>6</p> <p>9:00 AM Pool Volleyball- DP</p> <p>1:30 PM Prize Bingo- IH</p> <p>3:30 PM Chair Exercise- FS</p> <p>3:30 PM Meet & Greet with our new Resident Services Coordinators- Bistro</p> | <p>7</p> <p>9:00 AM Pool Aerobics- DP</p> <p>10:00 AM Chair Exercise- FS</p> <p>9:30 AM Bank Trip</p> <p>1:00 PM Publix/Winn-Dixie Trip</p> <p>1:30 PM Mahjong- 3rd FLR CR</p> <p>2:00 PM Chair Volleyball- IH</p> <p>3:30 PM Chair Exercise- FS</p> <p>3:30 PM Al Mahan Performs- IH</p> <p>6:00 PM Gaither Homecoming Classic Showing- IH</p> | <p>8</p> <p>10:00 AM Chair Exercise- FS</p> <p>1:30 PM Danberry Pool League - Churchills Billiard Room</p> <p>2:00 PM Movie Outing (Lee Branch): Elvis *Sign-Up*</p> <p>3:30 PM Chair Exercise- FS</p> <p>6:30 PM Lecture Series- DT "Wonders of the World"</p> | <p>9</p> <p>9:00 AM Pool Volleyball-DP</p> <p>10:00 AM Chair Exercise- FS</p> <p>10:30 Juliet's Luncheon: Gardens Café *Sign-Up*</p> <p>2:00 PM Walgreens/Fresh Market Trip</p> <p>2:30 PM Water Arthritis (Resident Led)- DP</p> <p>3:00 PM Name That Tune w/ Russ Randolph "TV Theme Shows"- IH</p> <p>6:30 PM \$1 Bingo- IH</p> | <p>10</p> <p>10:00 AM Bible Study- CA</p> <p>1:00 PM Wii Sports- FS</p> <p>6:30 PM Movie Night "Gone with the Wind- Part 2"-IH</p> <p>Tailgate Saturday 12:00-2:00 PM Bistro</p> |
| <p>11</p> <p>10:00AM Protestant Church Service- IH</p> <p>10:30AM Catholic Church Service- CA</p> <p>1:00PM Resident Choice Games-CA</p> | <p>12</p> <p>9:00 AM Pool Aerobics- DP</p> <p>9:00 AM Walmart Trip</p> <p>10:00 AM Chair Exercise- FS</p> <p>1:00 PM Hand & Foot- BW CR</p> <p>1:00 PM Publix/Winn Dixie Trip</p> <p>1:00 PM Bridge Card Players Group- Bistro</p> <p>2:00 PM Water Arthritis- DP</p> <p>2:30 PM Seasoned Performers- IH</p> <p>6:30 PM Pinot & Paint "Sign-Up*- CA</p> | <p>13</p> <p>9:00 AM Pool Volleyball- DP</p> <p>2:00 PM Ceramic Painting w/ Camelia Deavers- CA</p> <p>3:30 PM Chair Exercise- FS</p> <p>6:00 PM Sara Mason & Tommy Bowen Perform- IH</p> | <p>14</p> <p>9:00 AM Pool Aerobics- DP</p> <p>10:00 AM Chair Exercise- FS</p> <p>9:30 AM Bank Trip</p> <p>12:00-3:00 Flu Clinic (IMPORTANT: You must sign-up with Brent BEFORE this day)- IH</p> <p>1:30 PM Mahjong- 3rd FLR CR</p> <p>1:30 PM Dollar Tree/Aldi /Trader Joe's Trip</p> <p>2:00 PM Chair Volleyball- IH</p> <p>3:30 PM Chair Exercise- FS</p> | <p>15</p> <p>9:00 AM Protestant Communion- PDR</p> <p>10:00 AM Chair Exercise- FS</p> <p>1:30 PM Danberry Pool League- Churchills Billiard Room</p> <p>1:30 PM Catholic Mass- IH</p> <p>2:00 PM Book Club- BW CR</p> <p>3:30 PM Community Council- IH</p> <p>6:30 PM Lecture Series- DT "Wonders of the World- DT</p> | <p>16</p> <p>9:00 AM Pool Volleyball- DP</p> <p>10:00 AM Chair Exercise- FS</p> <p>10:30 AM Lunch Outing: Grand Ticino *Sign-Up*</p> <p>2:00 PM Walgreens/Fresh Market Trip</p> <p>2:00 PM Water Arthritis-DP</p> <p>6:30PM \$1 Bingo-IH</p> | <p>17</p> <p>10:00 AM Bible Study-CA</p> <p>1:00 PM Wii Sports-FS</p> <p>6:30 PM Movie Night "Marley & Me"- IH</p> <p>Tailgate Saturday 12:00-2:00 PM Bistro</p> |

Danberry Calendar of Events - September 2022

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|--|--|---|---|--|
| <p style="text-align: center;">18</p> <p>10:00 AM Protestant Church Service- IH</p> <p>10:30 AM Catholic Church Service- CA</p> <p>1:00 PM Resident Choice Games- C</p> <p>U.S. Air Force Birthday Event TBD</p> | <p style="text-align: center;">19</p> <p>9:00 AM Pool Aerobics- DP</p> <p>9:00 AM Walmart Trip</p> <p>10:00 AM Chair Exercise- FS</p> <p>1:00 PM Hand & Foot- BW CR</p> <p>1:00 PM Publix/Winn Dixie Trip</p> <p>1:00 PM Bridge Card Players Group- Bistro</p> <p>2:00 PM Water Arthritis -DP</p> <p>3:00 PM Books to You Presentation by Pam Bainter- IH</p> | <p style="text-align: center;">20</p> <p>9:00 AM Pool Volleyball- DP</p> <p>10:00 AM Exploring the Bible w/ Robert Bendall- IH</p> <p>1:30 PM Prize Bingo- IH</p> <p>3:00 PM Activity Planning Meeting- PDR</p> <p>3:30 PM Chair Exercise- FS</p> | <p style="text-align: center;">21</p> <p>9:00 AM Pool Aerobics - DP</p> <p>10:00 AM Chair Exercise- FS</p> <p>9:30 AM Bank Trip</p> <p>11:30 AM Lunch & Learn- Grandview *Living w/ heart failure* Sign-Up- IH</p> <p>1:30 PM Mahjong- 3rd FLR CR</p> <p>1:30 PM Hoover Library Trip</p> <p>2:00 PM Chair Volleyball- IH</p> <p>3:30 PM Chair Exercise- FS</p> | <p style="text-align: center;">22</p> <p>10:00 AM Chair Exercise- FS</p> <p>1:30 PM Danberry Pool League - Churchills Billiard Room</p> <p>2:30 AM Guest Speaker: Alvin Bresler "Discusses his time at Auburn"- IH</p> <p>3:30 PM Chair Exercise- FS</p> <p>6:30 PM Lecture Series "Wonders of the World"- DT</p> | <p style="text-align: center;">23</p> <p>9:00 AM Pool Volleyball - DP</p> <p>10:00 AM Chair Exercise- FS</p> <p>2:00 PM Walgreens/Fresh Market Trip</p> <p>2:00 PM Water Arthritis- DP</p> <p>3:00 PM Fellowship Friday w/ Melissa- CA</p> <p>6:30 PM \$1 Bingo- IH</p> <p>Alabama/Auburn Hockey game is TBD</p> | <p style="text-align: center;">24</p> <p>10:00 AM Bible Study-CA</p> <p>1:00 PM Wii Sports-FS</p> <p>6:30 PM Movie Night "The Blindside"- IH</p> <p style="text-align: center; color: blue;">Tailgate Saturday 12:00-2:00 PM Bistro</p> |
| <p style="text-align: center;">25</p> <p>10:00 AM Protestant Church Service- IH</p> <p>10:30 AM Catholic Church Service- CA</p> <p>1:00 PM Resident Choice Games- CA</p> | <p style="text-align: center;">26</p> <p>9:00 AM Pool Aerobics- DP</p> <p>9:00 AM Walmart Trip</p> <p>10:00 AM Chair Exercise- FS</p> <p>1:00 PM Hand & Foot- BW CR</p> <p>1:00 PM Publix/Winn Dixie Trip</p> <p>1:00 PM Bridge Card Group- Bistro</p> <p>2:00 PM Water Arthritis- DP</p> <p>3:00 PM September Birthday Celebration w/ a Caramel Apple Slice Bar- Bistro</p> <p style="text-align: center;">National Caramel Apple Day</p> | <p style="text-align: center;">27</p> <p>9:00 AM Pool Volleyball- DP</p> <p>10:00 AM Outreach Program- No Sew Blanket Project- PDR</p> <p>11:30 am Lunch & Learn- Amedysis- Topic TBD *Sign-Up*- IH</p> <p>3:00 PM- Ultimate Team Trivia- IH</p> <p>3:30 PM Chair Exercise- FS</p> | <p style="text-align: center;">28</p> <p>9:00 AM Pool Aerobics - DP</p> <p>10:00 AM Chair Exercise- FS</p> <p>9:30 AM Bank Trip</p> <p>1:30 PM Mahjong- 3rd FLR CR</p> <p>2:00 PM Chair Volleyball- IH</p> <p>3:30 PM Beer Taste Testing- Bistro</p> <p>3:30 PM Chair Exercise- FS</p> <p style="text-align: center;">National Beer Lovers Day</p> | <p style="text-align: center;">29</p> <p>10:00 AM Chair Exercise- FS</p> <p>1:30 PM Danberry Pool League - Churchills Billiard Room</p> <p>2:30 PM New Resident Meet & Greet- Bistro</p> <p>3:30 PM Chair Exercise- FS</p> <p>6:30 PM Lecture Series "Wonders of the World"- DT</p> | <p style="text-align: center;">30</p> <p>9:00 AM Pool Volleyball - DP</p> <p>10:00 AM Chair Exercise- FS</p> <p>11:00 AM Romeo's Lunch- Saltgrass *sign-Up*</p> <p>2:00 PM Walgreens/Fresh Market Trip</p> <p>2:00 PM Water Arthritis- DP</p> <p>6:30 PM \$1 Bingo- IH</p> <p style="text-align: center; color: blue;">SET UP BEGINS FOR OUR DANBERRY FLEA MARKET</p> | <p style="text-align: center;"><u>Sign- Up Events:</u></p> <p>9/8 Movie Outing: Elvis @ 2:00 PM</p> <p>9/9 Juliet Luncheon: Gardens Café @ 10:30 AM</p> <p>9/12 Pinot and Paint @ 6:30 PM</p> <p>9/14 Flu Clinic You MUST sign-up for this before this date *See Brent*</p> <p>9/16 Lunch Outing: Grand Ticino @ 10:30 AM</p> <p>9/21 Lunch & Learn *Living with heart failure* @ 11:30 AM</p> <p>9/23 Hockey Game Alabama vs Auburn (Time TBD)</p> <p>9/27 Lunch & Learn @ 11:30 AM</p> <p>9/30 Romeos Luncheon: Saltgrass @ 11:00 AM</p> |

Attention:

Calendars are subject to change.

Please refer to your weekly runners for the most up to date information.



CALENDAR COLORS:

- Black: Common Area Activities
- Green: Fitness
- Purple: Outings
- Red: Special Events

CALENDAR KEY:

- BW CR: Bridgewater Card Room
- CA: Creative Arts Studio
- DP: Danberry Pool
- FS: Fitness Studio
- IH: Inverness Hall
- PDR: Private Dining Room
- DT: Danberry Theater