

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 AM Protestant Church Service (IH) 10:30 AM Catholic Church Service (CA) 2:00 PM Grab a Friend & Play Rummikub! (1F) 5:00 PM Sunday Series w/Bob & Dorothy (DT)	2 <u>National Banana Cream Pie Day</u> 9:00 AM Pool Aerobics (DP) 9:00 AM Stretching w/Sydney (1F) 9:30 AM Walmart Trip *SIGN-UP* 10:00 AM Crosswords & Coffee (1F) 1:00 PM Publix Trip *SIGN-UP* 1:30 PM Hand & Foot (1F) 2:30 PM Chair Exercise w/Christy (1F) 2:30 PM Banana Cream Pie Milkshakes (Bistro)	3 8:30 AM Coffee & Scenic Walk (Atrium) 9:00 AM Pool Volleyball (DP) 9:00 AM Stretching w/Sydney (1F) 10:00 AM Brain Games (WP Studio) 1:00 PM Prize Bingo w/Sydney (2F) 2:00 PM Tau Chi (FS) 2:30 PM Basement Band (Atrium) 6:00 PM Game Time (2F) 6:15 PM Movie Night: Oracles of God (IH)	4 <u>National Pound Cake Day</u> 9:00 AM Pool Aerobics (DP) 9:00 AM Stretching w/Sydney (1F) 9:30 AM Bank Trip *SIGN-UP* 10:00 AM Mobility Central Visit (CA) 10:00 AM Bible Study w/Pastor Trey (2F) 2:00 PM Lemon Pound Cake Milkshakes (1F) 2:30 PM AL Chair Exercise w/Select Rehab (1F) 3:00 PM Learn to Crochet w/Sydney (WP Studio) 4:00 PM Kathryn Ellis on Piano (Atrium)	5 9:00 AM Pool Volleyball (DP) 9:00 AM Stretching w/Sydney (1F) 10:00 AM Violinist, Connie Skellie Performs (1F) 1:30 PM Rummikub (1F) 2:30 PM Just Dance (FS) 3:00 PM "Lucky Leprechaun Science Experiment" w/Jam Mattingly (IH) 6:00 PM Game Time (2F)	6 9:00 AM Water Arthritis (DP) 9:00 AM Stretching w/Sydney (1F) 10:00 AM Rook Card Game (1F) 11:00 AM Lunch Outing: Mings Chinese *SIGN-UP* 1:30 PM Candy Bingo w/Sydney (2F) 2:00 PM Walgreens Trip *SIGN-UP* 2:00 PM Bridge Card Game *SIGN-UP* (BW CR) 2:30 PM AL Chair Exercise w/ Select Rehab (1F) 3:00 PM Yahtzee (1F)	7 10:00 AM Bible Study (IH) 10:00 AM Rosary (CA) 1:30 PM Grab a Friend & Play Rummikub! (1F) 6:30 PM Saturday Night Movie (1F)
8 10:00 AM Protestant Church Service (IH) 10:30 AM Catholic Church Service (CA) 2:00 PM Grab a Friend & Play Rummikub! (1F) 5:00 PM Sunday Series w/Bob & Dorothy (DT)	9 9:00 AM Pool Aerobics (DP) 9:00 AM Stretching w/Sydney (1F) 9:30 AM Walmart Trip *SIGN-UP* 10:00 AM Word Scramble (1F) 1:00 PM Publix Trip *SIGN-UP* 1:30 PM Irish Tea Tasting *SIGN-UP* (IH) 2:30 PM Chair Exercise w/Christy (1F) 3:00 PM Books to You w/Pam Bainter: "Once Upon a Time: A Look at Fairy Tales" (IH)	10 8:30 AM Coffee & Scenic Walk (Atrium) 9:00 AM Pool Volleyball (DP) 9:00 AM Stretching w/Sydney (1F) 10:00 AM Scrabble (1F) 1:00 PM Prize Bingo w/Sydney (2F) 2:00 PM Just Dance (FS) 2:30 PM Hand in Paw Dog Visit (Atrium) 3:00 PM The Alexanders Perform (Atrium) 6:00 PM Game Time (2F)	11 9:00 AM Pool Aerobics (DP) 9:00 AM Stretching w/Sydney (1F) 9:30 AM Bank Trip *SIGN-UP* 10:00 AM Bible Study w/Pastor Trey (2F) 1:30 PM Hobby Lobby Trip *SIGN-UP* 1:30 PM AL March Birthday Celebration (2F) 2:30 PM AL Chair Exercise w/Select Rehab (1F) 3:00 PM AL Town Hall (1F) 3:30 PM Wii Bowling (FS) 6:15 PM Jeff Bianchi Performs (IH)	12 9:00 AM Pool Volleyball (DP) 9:00 AM Stretching w/Sydney (1F) 10:00 AM Rummikub (1F) 1:00 PM Manicures w/Jamie (1F) 2:00 PM Outreach Program: Suncatchers for Memory Care Windows (WP Studio) 2:30 PM Floor Dominoes (FS) 3:30 PM Community Council (IH) 6:00 PM Game Time (2F)	13 <u>Daylight Savings</u> 9:00 AM Water Arthritis (DP) 9:00 AM Stretching w/Sydney (1F) 10:00 AM Rook Card Game (1F) 11:00 AM Lunch Outing: Beef O'Brady's *SIGN-UP* 1:00 PM Candy Bingo w/Sydney (2F) 2:00 PM Walgreens Trip *SIGN-UP* 2:00 PM Bridge Card Game *SIGN-UP* (BW CR) 2:30 PM AL Chair Exercise w/ Select Rehab (1F)	14 10:00 AM Bible Study (IH) 10:00 AM Rosary (CA) 1:30 PM Grab a Friend & Play Rummikub! (1F) 6:30 PM Saturday Night Movie (1F)
15 10:00 AM Protestant Church Service (IH) 10:30 AM Catholic Church Service (CA) 1:30 PM Grab a Friend & Play Rummikub! (1F) 5:00 PM Sunday Series w/Bob & Dorothy (DT)	16 9:00 AM Pool Aerobics (DP) 9:00 AM Stretching w/Sydney (1F) 9:30 AM Walmart Trip *SIGN-UP* 10:00 AM Crosswords & Coffee (1F) 1:00 PM Publix Trip *SIGN-UP* 1:00 PM AL Shopping Outing: The Foundry *SIGN-UP* 1:30 PM Hand & Foot (1F) 2:30 PM Chair Exercise w/Christy (1F) 3:00 PM Pianist Kathy O'Connor (IH)	17 <u>St. Patrick's Day</u> 9:00 AM Pool Volleyball (DP) 9:00 AM St. Patrick's Day Social w/Donuts & Coffee (1F) 9:30 AM Stretching w/Sydney (1F) 10:00 AM Brain Games (WP Studio) 1:00 PM Prize Bingo w/Sydney (2F) 2:00 PM St. Patrick's Day Party (IH) 2:00 PM Just Dance (FS) 3:30 PM Meditation w/Marcus (DP) 6:00 PM Game Time (2F)	18 9:00 AM Pool Aerobics (DP) 9:00 AM Stretching w/Sydney (1F) 9:30 AM Bank Trip *SIGN-UP* 10:00 AM Bible Study w/Pastor Trey (2F) 11:30 AM Lunch & Learn w/ACG Hospice *SIGN-UP* (IH) 1:30 PM Dollar Tree Trip *SIGN-UP* 2:00 PM Mint Chocolate Chip Milkshakes (1F) 2:30 PM AL Chair Exercise w/Select Rehab (1F) 3:00 PM Learn to Crochet w/Sydney (WP Studio)	19 9:00 AM Pool Volleyball (DP) 9:00 AM Stretching w/Sydney (1F) 10:00 AM Rummikub (1F) 1:00 PM Introduction to Mahjong w/Amy (1F) 1:30 PM Catholic Mass (IH) 2:30 PM Cornhole (FS) 3:00 PM Lecture Series (WP Studio) 6:00 PM Game Time (2F)	20 <u>The Spring Equinox</u> 9:00 AM Water Arthritis (DP) 9:00 AM Stretching w/Sydney (1F) 9:45 AM Outing: Coffee Concert *SIGN-UP* 10:00 AM Rook Card Game (1F) 1:30 PM Candy Bingo w/Sydney (2F) 2:00 PM Walgreens Trip *SIGN-UP* 2:00 PM Bridge Card Game *SIGN-UP* (BW CR) 2:30 PM AL Chair Exercise w/ Select Rehab (1F) 3:00 PM Pictionary w/Sandy Greene (Bistro)	21 10:00 AM Bible Study (IH) 10:00 AM Rosary (CA) 1:30 PM Grab a Friend & Play Rummikub! (1F) 6:30 PM Saturday Night Movie (1F)



Wellington Park Calendar of Events-March 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
22 10:00 AM Protestant Church Service (IH) 10:30 AM Catholic Church Service (CA) 1:30 PM Grab a Friend & Play Rummikub! (1F) 5:00 PM Sunday Series w/Bob & Dorothy (DT)	23 9:00 AM Pool Aerobics (DP) 8:45 AM Stretching w/Sydney (1F) 9:30 AM Walmart Trip *SIGN-UP* 10:00 AM Crosswords & Coffee (1F) 1:00 PM Publix Trip *SIGN-UP* 1:15 PM Tim the Piano Man Performs (IH) 2:30 PM Art Class with Christy (WP Studio) 6:00 PM Pinot & Paint *SIGN-UP* (CA)	24 9:00 AM Pool Volleyball (DP) 8:45 AM Stretching w/Sydney (1F) 10:00 AM Scrabble (1F) 10:15 AM Fluid Art w/Christy *SIGN-UP* (CA) 1:30 PM Prize Bingo w/Bobbie (IH) 3:00 PM Jeopardy w/Bob & Ruth (WP Studio) 3:30 PM Stability Class (FS) 6:00 PM Game Time (2F)	25 7:30 AM Men's Breakfast (IH) 9:00 AM Pool Aerobics (DP) 8:45 AM Stretching w/Sydney (1F) 9:30 AM Bank Trip *SIGN-UP* 10:00 AM Bible Study w/Pastor Trey (2F) 1:30 PM Aldi Shopping Trip *SIGN-UP* 1:30 PM Come Grab a Cookie! (1F) 2:30 PM AL Chair Exercise w/ Select Rehab (1F) 3:00 PM Mexican Train Dominoes (1F) 4:00 PM Pianist Kathryn Ellis (Atrium)	26 9:00 AM Pool Volleyball (DP) 8:45 AM Stretching w/Sydney (1F) 10:00 AM Music Therapy w/Alisson (2F) 1:00 PM Manicures w/Jamie (1F) 2:00 PM Outreach Program: Suncatchers for Memory Care Windows (WP Studio) 2:30 PM Just Dance (FS) 3:00 PM Rummikub (1F) 6:00 PM Game Time (2F)	27 9:00 AM Water Arthritis (DP) 8:45 AM Stretching w/Sydney (1F) 10:00 AM Rook Card Game (1F) 10:30 AM Tours Outing: Birmingham Art Muese. "Monet & Matisse 1850-1950 Exhibit" *SIGN-UP* 1:30 PM Candy Bingo (2F) 2:00 PM Walgreens Trip *SIGN-UP* 2:00 PM Bridge Card Game *SIGN-UP* (BW CR) 2:30 PM AL Chair Exercise w/ Select Rehab (1F) 2:30 PM Ultimate Team Trivia (Bistro)	28 10:00 AM Bible Study (IH) 10:00 AM Rosary (CA) 1:30 PM Grab a Friend & Play Rummikub! (1F) 6:30 PM Saturday Night Movie (1F) Danberry Flea Market <u>Inverness Hall</u> <u>1:00-5:00 PM</u>
29 10:00 AM Protestant Church Service (IH) 10:30 AM Catholic Church Service (CA) 1:30 PM Grab a Friend & Play Rummikub! (1F) 5:00 PM Sunday Series w/Bob & Dorothy (DT)	30 9:00 AM Pool Aerobics (DP) 9:00 AM Stretching w/Sydney (1F) 9:30 AM Walmart Trip *SIGN-UP* 10:00 AM Word Scramble (1F) 1:00 PM Publix Trip *SIGN-UP* 1:30 PM Wrapping Carrot Shaped Treats for the Dining Room (WP Studio) 2:00 PM Hoover Bookmobile Visit (Atrium) 2:30 PM Chair Exercise w/Christy (1F) 2:30 PM March Birthday Celebration (Bistro)	31 8:30 AM Coffee & Scenic Walk (Atrium) 9:00 AM Pool Volleyball (DP) 9:00 AM Stretching w/Sydney (1F) 10:00 AM Brain Games (WP Studio) 1:00 PM Prize Bingo w/Sydney (2F) 2:00 PM Just Dance (FS) 2:00 PM New Resident Social (Bistro) 3:00 PM Danberry Dollar Redemption (PDR) 6:00 PM Game Time (2F)				

CALENDAR COLORS:

Black: Assisted Living Activities
Green: Fitness Class
Red: Special Events
Purple: Outings

1F: AL First Floor Common Area
2F: AL Second Floor Common Area
WP: Wellington Park
CA: Creative Arts Studio
FS: Fitness Studio
IH: Inverness Hall
BW CR: Bridgewater Room

CALENDAR KEY:

Happy Birthday!

03/02—Faye Watkins 03/03—Peggy Wipperman



Attention:

Calendars are subject to change. Please refer to your weekly runners for the most up to date information.