



Wellington Park Calendar of Events-October 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CALENDAR COLORS: Black: Assisted Living Green: Fitness Class Red: Special Events Purple: Outings CALENDAR KEY: 1F: AL First Floor Common Area 2F: AL Second Floor Common Area WP: Wellington Park CA: Creative Arts Studio FS: Fitness Studio IH: Inverness Hall BW CR: Bridgewater Room						
4	5	6	7	8	9	10
10:00 AM Protestant Church Service (IH) 10:30 AM Catholic Church Service (CA) 1:30 PM Grab a Friend & Play a Game (1F) 2:00—4:00 PM Crafting w/Tammy (1F) 5:30 PM Sunday Series: Dolly Parton’s Heart-strings (IH)	9:00 AM Pool Aerobics (DP) 9:30 AM Walmart Trip *SIGN-UP* 9:00 AM Stretching w/Sydney (1F) 10:00 AM Prize Bingo w/Sydney (2F) 12:00 PM TV Series: Dallas Cowboys (WP Studi) 1:00 PM Publix Trip *SIGN-UP* 1:00 PM AL Outing: The Foundry *SIGN-UP* 2:30 PM Chair Exercise w/Christy (1F) 3:00 PM Books to You w/Pam Bainter “Must See Alabama Movies” (IH) 3:00 PM “R.C. Sproul Sermon Video Series” Led by	9:00 AM Pool Volleyball (DP) 9:00 AM Stretching w/Sydney (1F) 10:00 AM Painting Pumpkins (WP Studio) 1:00 PM Rook Card Game (1F) 2:00 PM Cornhole (FS) 2:30 PM Birmingham Baroque Band (IH) 3:00 PM Scrabble (1F) 6:00 PM Grab a Friend & Play a Game Time (1F)	9:00 AM Pool Aerobics (DP) 9:00 AM Stretching w/Sydney (1F) 9:30 AM Bank Trip *SIGN-UP* 10:00 AM Bible Study w/Pastor Trey (2F) 1:30 PM Warm Chocolate Chip Cookies & Ice Cream (1F) 1:30 PM Rummikub (1F) 2:00 PM Chair Volleyball (IH) 2:30 PM Chair Exercise w/Select Rehab (1F) 3:00 PM Learn to Crochet w/Sydney (1F) 3:00 PM Open Play Checkers (1F)	9:00 AM Pool Volleyball (DP) 9:00 AM Stretching w/Sydney (1F) 9:45 AM Play Connections (2F) 10:45 AM Breast Cancer Awareness Walk/Brunch *SIGN-UP* (IH) 2:00 PM Texas Hold’em’ Poker (1F) 2:00 PM Outreach Project: Night Lights (WP Studio) 2:30 PM Tai Chi (FS) 3:00 PM Mexican Train Dominoes (1F) 6:00 PM Grab a Friend & Play a Game Time (1F)	9:00 AM Water Arthritis (DP) 9:00 AM Stretching w/Sydney (1F) 10:00 AM Candy Bingo w/Sydney (2F) 10:45 AM Lunch Outing: North Italia *SIGN-UP* 1:30 PM Rook Card Game (1F) 2:00 PM Walgreens Trip *SIGN-UP* 2:30 PM Chair Exercise w/Select Rehab (1F) 3:30 PM Fellowship Friday w/Christy & Dr. Tingley (IH)	10:00 AM Bible Study (IH) 10:00 AM Rosary (CA) 12:00 PM—2:00 PM Tailgate Saturday (Bistro) 1:30 PM Grab a Friend & Play a Game! (1F) 2:30 PM Open Play Checkers/ Game *Res. Led* (CA) 3:00 PM Blake Webber Performs (IH) 6:00 PM Saturday Night Movie: “Ghostbusters” (1F)
11	12	13	14	15	16	17
10:00 AM Protestant Church Service (IH) 10:30 AM Catholic Church Service (CA) 1:30 PM Grab a Friend & Play a Game (1F) 5:30 PM Sunday Series: Dolly Parton’s Heart-strings (IH)	9:00 AM Pool Aerobics (DP) 9:00 AM Stretching w/Sydney (1F) 9:30AM Walmart Trip *SIGN-UP* 10:00 AM Word Scramble (1F) 12:00 PM TV Series: Dallas Cowboys (WP Studi) 1:00 PM Publix Trip *SIGN-UP* 1:30 PM Learn to Play Hand & Foot (1F) 2:30 PM Chair Exercise (1F) 2:30 PM Car Wash Party: Scooters, Walkers, & Electric Wheelchairs Wash (WP Patio) 3:00 PM “R.C. Sproul Sermon Video Series” Led by Anne Ross (2F)	9:00 AM Pool Volleyball (DP) 9:00 AM Stretching w/Sydney (1F) 10:00 AM Scrabble (1F) 1:00 PM Prize Bingo w/Sydney (2F) 1:00 PM Fall Craft w/Ashley Lemley *SIGN-UP* (CA) 2:00 PM Bocce Ball (FS) 2:00 PM Navy, Marine, & Coast Guard Birthday Program (IH) 3:00 PM Rook Card Game (1F) 3:00 PM Hand in Paw (1F) 6:00 PM Grab a Friend & Play a Game Time (1F)	9:00 AM Pool Aerobics (DP) 9:00 AM Stretching w/Sydney (1F) 9:30 AM Bank Trip *SIGN-UP* 10:00 AM Bible Study w/Pastor Trey (2F) 11:30 AM Lunch & Learn w/David Little of Board of Directors FBI Citizens Academy *SIGN-UP* (IH) 1:30 PM Hobby Lobby Trip *SIGN-UP* 1:00 PM AL October Birthday Celebration (2F) 1:30 PM Rummikub (1F) 2:00 PM Chair Volleyball (IH) 2:30 PM Chair Exercise w/Select Rehab (1F) 3:00 PM AL Town Hall (1F)	9:00 AM Pool Volleyball (DP) 9:00 AM Stretching w/Sydney (1F) 10:00 AM Music Therapy w/Allison (2F) 1:00 PM Manicures w/Jamie (1F) 1:30 PM Play Connections (2F) 1:30 PM Catholic Mass (IH) 2:00 PM Texas Hold’em’ Poker (1F) 2:30 PM Tai Chi (FS) 3:30 PM Al Mahan Performs (IH) 6:00 PM Grab a Friend & Play a Game Time (1F)	9:00 AM Water Arthritis (DP) 9:00 AM Stretching w/Sydney (1F) 10:00 AM Westminster Kindergarten Fall Performance (IH) 10:00 AM—10:45 AM 11:15 AM Outing: El Patron Mexican *SIGN-UP* 1:30 PM Candy Bingo w/Sydney (2F) 2:00 PM Walgreens Trip *SIGN-UP* 2:30 PM Chair Exercise w/Select Rehab (1F) 3:00 PM Rook Card Game (1F)	10:00 AM Bible Study (IH) 10:00 AM Rosary (CA) 12:00 PM—2:00 PM Tailgate Saturday (Bistro) 1:30 PM Grab a Friend & Play a Game! (1F) 1:30 PM Assisted Living/Memory Care Trick-or-Treat w/Family & Friends (AL Apartments) 2:00 PM—4:00 PM Fall Festival 2:30 PM Open Play Checkers/ Game *Res. Led* (CA) 6:00 PM Saturday Night Movie: “Frankenstein” (1F)



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
18 10:00 AM Protestant Church Service (IH) 10:30 AM Catholic Church Service (CA) 1:30 PM Grab a Friend & Play a Game (1F) 5:30 PM Sunday Series: Dolly Parton's Heart-strings (IH)	19 9:00 AM Pool Aerobics (DP) 9:30 AM Walmart Trip *SIGN-UP* 9:00 AM Stretching w/ Sydney (1F) 10:00 AM Crosswords & Coffee (2F) 12:00 PM TV Series: Dallas Cowboys (WP Studi) 1:00 PM Publix Trip *SIGN-UP* 1:30 PM Prize Bingo (IH) 2:30 PM October Birthday Celebration (Bistro) 2:30 PM Chair Exercise w/ Christy (1F) 3:00 PM "R.C. Sproul Sermon Video Series" Led by Anne Ross (2F)	20 9:00 AM Pool Volleyball (DP) 9:00 AM Stretching w/ Sydney (1F) 10:00 AM Scrabble (1F) 1:30 PM Rook Card Game (1F) 2:00 PM Cornhole (FS) 2:30 PM Learn to Play Hand & Foot (1F) 3:30 PM Community Council (IH) 6:00 PM Grab a Friend & Play a Game Time (1F)	21 9:00 AM Pool Aerobics (DP) 9:00 AM Stretching w/ Sydney (1F) 9:30 AM Bank Trip *SIGN-UP* 10:00 AM Bible Study w/ Pastor Trey (2F) 1:30 PM Aldi Shopping Trip *SIGN-UP* 1:30 PM Breast Cancer Awareness Craft (WP Studio) 2:00 PM Chair Volleyball (IH) 2:30 PM Chair Exercise w/ Select Rehab (1F) 3:00 PM Learn to Crochet w/ Sydney (1F) 3:00 PM Open Play Checkers (1F)	22 9:00 AM Pool Volleyball (DP) 9:00 AM Stretching w/ Sydney (1F) 10:00 AM Jubilee Singers (IH) 2:00 PM Outreach Project: Night Lights (WP Studio) 2:30 PM Texas Hold'em Poker (1F) 2:30 PM Tai Chi (FS) 3:00 PM Play Connections (2F) 6:00 PM Grab a Friend & Play a Game Time (1F)	23 9:00 AM Water Arthritis (DP) 9:30 AM Breakfast Outing: Ruby Slippers *SIGN-UP* 9:00 AM Stretching w/ Sydney (1F) 10:00 AM Travel Series: Arizona (2F) 1:30 PM Candy Bingo w/ Sydney (2F) 2:00 PM Walgreens Trip *SIGN-UP* 2:30 PM Chair Exercise w/ Select Rehab (1F) 2:30 PM Ultimate Team Trivia (Bistro) 3:00 PM Rook Card Game (1F)	24 10:00 AM Bible Study (IH) 10:00 AM Rosary (CA) 12:00 PM—2:00 PM Tailgate Saturday (Bistro) 1:30 PM Grab a Friend & Play a Game! (1F) 2:30 PM Open Play Checkers/ Game *Res. Led* (CA) 6:00 PM Saturday Night Movie: "Practical Magic 1" (1F)
25 10:00 AM Protestant Church Service (IH) 10:30 AM Catholic Church Service (CA) 1:30 PM Grab a Friend & Play a Game (1F) 5:30 PM Sunday Series: Dolly Parton's Heart-strings (IH)	26 9:00 AM Pool Aerobics (DP) 9:00 AM Stretching w/ Sydney (1F) 9:30AM Walmart Trip *SIGN-UP* 10:00 AM Word Scramble (1F) 12:00 PM TV Series: Dallas Cowboys (WP Studi) 1:00 PM Publix Trip *SIGN-UP* 1:30 PM Learn to Play Hand & Foot (1F) 2:00 PM Hoover Public Library Bookmobile (Outside Front Entrance) 2:30 PM Art Class w/ Christy (WP Studio) 3:00 PM Pianist Kathy O'Conner (IH) 3:00 PM "R.C. Sproul Sermon Video Series" Led by Anne Ross (2F)	27 9:00 AM Pool Volleyball (DP) 9:00 AM Donuts & Coffee (1F) 9:15 AM Stretching w/ Sydney (1F) 10:00 AM Scrabble (1F) 1:00 PM Prize Bingo w/ Sydney (2F) 2:00 PM Putt Putt Golf (FS) 2:00 PM Rook Card Game (1F) 3:00 PM Jeopardy w/ Bob Lewis & Ruth (WP Studio) 6:00 PM Grab a Friend & Play a Game Time (1F)	28 7:30 AM Men's Breakfast (IH) 9:00 AM Pool Aerobics (DP) 9:00 AM Stretching w/ Sydney (1F) 9:30 AM Bank Trip *SIGN-UP* 10:00 AM Bible Study w/ Pastor Trey (2F) 1:30 PM Dollar Tree Trip *SIGN-UP* 1:00 PM Yogurt Parfaits 91F) 1:30 PM Rummikub (1F) 2:00 PM Chair Volleyball (IH) 2:30 PM Chair Exercise w/ Select Rehab (1F) 3:30 PM Danberry Dollar Redemption (WP Studio)	29 9:00 AM Pool Volleyball (DP) 9:00 AM Stretching w/ Sydney (1F) 10:00 AM Play Connections (2F) 1:30 PM Texas Hold'em Poker (1F) 2:30 PM New Resident Social w/ Directors (IH) 2:30 PM Tai Chi (FS) 3:00 PM Mexican Train Dominoes (1F) 6:00 PM Grab a Friend & Play a Game Time (1F)	30 9:00 AM Water Arthritis (DP) 9:00 AM Stretching w/ Sydney (1F) 10:00 AM Halloween Candy Bingo w/ Sydney (2F) 1:30 PM Employee & Resident Costume Contest w/ DJ Russ Randolph (Atrium) *Party to Follow* 2:00 PM Walgreens Trip *SIGN-UP* 2:30 PM Chair Exercise w/ Select Rehab (1F) 3:00 PM Rook Card Game (1F)	31 <i>Halloween</i> 10:00 AM Bible Study (IH) 10:00 AM Rosary (CA) 12:00 PM—2:00 PM Tailgate Saturday (Bistro) 1:30 PM Grab a Friend & Play a Game! (1F) 2:30 PM Open Play Checkers/ Game *Res. Led* (CA) 6:00 PM Saturday Night Movie: "Practical Magic 2" (1F)

CALENDAR COLORS:

- Black: Assisted Living
- Green: Fitness Class
- Red: Special Events
- Purple: Outings



CALENDAR KEY:

- 1F: AL First Floor Common Area
- 2F: AL Second Floor Common Area
- WP: Wellington Park
- CA: Creative Arts Studio
- FS: Fitness Studio
- IH: Inverness Hall
- BW CR: Bridgewater Room

Happy Birthday!

10/08—Joan Emmons 10/26—Marilyn Dodd
10/10—Francis Lacina 10/27—Judy Stephens
10/17—Barbara Jenkins



Attention:

Calendars are subject to change.
Please refer to your weekly runners
for the most up to date
information.