

Wellington Park Calendar of Events-August 2025



| AT INVERNESS | | | | | <u> </u> | |
|--|--|--|---|---|--|---|
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| Black: Assisted Living Activities 1F: A Green: Fitness Class 2F: A Red: Special Events WP: Purple: Outings CA: IH: 1 | AL First Floor Common Area AL Second Floor Common Area Wellington Park Creative Arts Studio Fitness Studio Inverness Hall CR: Bridgewater Room | Trip Alert!! If anyone is interested in attending our Beach Outing in October, please come to Inverness Hall on Friday, August 1st at 1:30 PM. | | HELLO | 9:00 AM Water Arthritis (DP) 9:00 AM Stretching w/Sydney (1F) 10:00 AM Candy Bingo w/Sydney (2F) 1:30 PM Beach Overnight Outing Meeting (IH) 2:00 PM Walgreens Trip 2:30 PM AL Chair Exercise w/ Select Rehab (1F) 3:00 PM Yahtzee (WP Studio) | 10:00 AM Bible Study (IH) 10:00 AM Rosary (CA) 1:30 PM Grab a Friend & Play a Game! (1 & 2F) 6:30 PM Saturday Night Movie "Jesus Revolution" (IH) |
| 3 10:00 AM Protestant Church Service (IH) 10:30 AM Catholic Church Service (CA) 1:30 PM Grab a Friend & Play a Game! (1 & 2F) 1:30 PM Tech Support Volunteer Samuel Apartment Visits (1:30-4:00 PM) *Sign-Up for Help* 1:30 PM Theater Outing: Big River (Adv Huckelberry Fin) *SIGN-UP* 5:00 PM Sunday Series w/ Bob & Dorothy (DT) | 9:00 AM Pool Aerobics (DP) 9:00 AM Stretching w/Sydney (1F) 9:30 AM Walmart Trip 10:00 AM Word Scramble (WP) 1:00 PM Publix Trip 1:30 PM Crafting w/Traci: The Quilters of Gee's Bend (WP Studio) 2:00 PM Skincare & Makeup w/Brooke from Riman (IH) 2:30 PM Chair Exercise (1F) | 9:00 AM Pool Volleyball (DP) 9:00 AM Stretching w/Sydney (1F) 10:00 AM Brain Games (WP Studio) 1:00 PM Prize Bingo w/Sydney (2F) 2:00 PM Name That Tune w/a Twist (FS) 3:00 PM Music w/The Alexanders (Atrium) 6:00 PM Game Time (2F) | 6 National Root Beer Float Day 9:00 AM Pool Aerobics (DP) 9:00 AM Stretching w/Sydney (1F) 9:30 AM Bank Trip 10:00 AM Bible Study w/Pastor Trey (2F) 1:30 PM AL New Resident Meet & Greet w/Coke Floats (1F) 2:30 PM AL Chair Exercise w/ Select Rehab (1F) 3:00 PM Learn to Play Bridge (WP Studio) 3:30 PM Wii Bowling (FS) | 9:00 AM Pool Volleyball (DP) 9:00 AM Stretching w/Sydney (1F) 10:00 AM Lecture Series (WP Studio) 1:30 PM Rummikub (WP Studio) 1:30 PM Outreach Project: Assemble Chemo Care Packages (CA) 2:30 PM Noodle Hockey (FS) 3:00 PM Danberry Dollar Redemption (PDR) 6:00 PM Game Time (2F) | 9:00 AM Water Arthritis (DP) 9:00 AM Stretching w/Sydney (1F) 10:00 AM Rook Card Game (WP) 12:45 PM Brusters Ice Cream Outing *SIGN-UP* 1:30 PM Candy Bingo w/Sydney (2F) 2:00 PM Walgreens Trip 2:30 PM AL Chair Exercise w/ Select Rehab (1F) 3:00 PM Square Dancing w/Jimmy & Joy (IH) | 9 10:00 AM Bible Study (IH) 10:00 AM Rosary (CA) 1:30 PM Grab a Friend & Play a Game! (1 & 2F) 6:30 PM Saturday Night Movie "Mother of the Bride" (IH) |
| 10 10:00 AM Protestant Church Service (IH) 10:30 AM Catholic Church Service (CA) 1:30 PM Grab a Friend & Play a Game! (1 & 2F) 1:30 PM Tech Support Volunteer Samuel Apartment Visits (1:30-4:00 PM) *Sign-Up for Help* 5:00 PM Sunday Series w/ Bob & Dorothy (DT) | 9:00 AM Pool Aerobics (DP) 9:00 AM Stretching w/Sydney (1F) 9:30 AM Walmart Trip 10:30 AM AL Lunch Outing: Culvers *SIGN-UP* 1:00 PM Publix Trip 2:00 PM Crosswords & Coffee (WP Studio) 2:30 PM Chair Exercise (1F) 3:00 PM Presentation by Pam Bainter "Zelda: Alabama Artist & American Flapper" (IH) | 9:00 AM Pool Volleyball (DP) 9:00 AM Stretching w/Sydney (1F) 10:00 AM Scrabble (WP Studio) 10:15 AM Fluid Art/Artificial Intelligence *SIGN-UP* (CA) 1:00 PM Prize Bingo w/Sydney (2F) 2:00 PM Just Dance (FS) 3:00 PM Hand in Paw Dog Visit (Atrium) 3:30 PM Community Council (IH) 6:00 PM Game Time (2F) | 7:30 AM Men's Breakfast (IH) 9:00 AM Pool Aerobics (DP) 9:00 AM Stretching w/Sydney (1F) 9:30 AM Bank Trip 10:00 AM Bible Study w/Pastor Trey (2F) 1:30 PM Fresh Market Trip 2:00 PM Strawberry Milkshakes (1F) 2:30 PM AL Chair Exercise w/ Select Rehab (1F) 3:00 PM AL Town Hall (1F) 3:30 PM Wii Bowling (FS) | 9:00 AM Pool Volleyball (DP) 9:00 AM Stretching w/Sydney (1F) 10:00 AM Rummikub (WP Studio) 1:00 PM Manicures w/Jamie (1F) 1:30 PM Outreach Project: Assemble Chemo Care Packages (CA) 1:30 PM Catholic Mass (IH) 2:30 PM Noodle Hockey (FS) 3:00 PM Rook Card Game (WP) 6:00 PM Game Time (2F) | 9:00 AM Water Arthritis (DP) 9:00 AM Stretching w/Sydney (1F) 10:00 AM Candy Bingo w/Sydney (2F) 10:45 AM Mini Golf/Lunch Outing: Putter Up *SIGN-UP* 2:00 PM Lemon Meringue Pie Milkshakes (Bistro) 2:00 PM Walgreens Trip 2:30 PM Elvis Performs (IH) 2:30 PM AL Chair Exercise w/ Select Rehab (1F) | 16 10:00 AM Bible Study (IH) 10:00 AM Rosary (CA) 1:30 PM Grab a Friend & Play a Game! (1 & 2F) 2:30 PM Guitarist & Vocalist Blake Webber Performs (IH) 6:30 PM Saturday Night Movie "Holiday in the Wild" (IH) |



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| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|--|---|---|--|--|
| 17 10:00 AM Protestant Church Service (IH) 10:30 AM Catholic Church Service (CA) | 9:00 AM Stretching w/Sydney (1F) | 9:00 AM Pool Volleyball (DP) 9:00 AM Donuts & Coffee (1F) | 9:00 AM Pool Aerobics (DP) 9:00 AM Stretching w/Sydney (1F) | 9:00 AM Pool Volleyball (DP) 9:00 AM Stretching w/Sydney (1F) | 9:00 AM Water Arthritis (DP) 9:00 AM Stretching w/Sydney (1F) | 10:00 AM Bible Study (IH) 10:00 AM Rosary (CA) |
| 1:30 PM Grab a Friend & Play a Game! (1 & 2F) 1:30 PM Tech Support Volunteer Samuel Apartment Visits (1:30-4:00 PM) *Sign-Up for Help* 5:00 PM Sunday Series w/ Bob & Dorothy (DT) | 9:30 AM Walmart Trip 10:00 AM Word Scramble (WP) 1:00 PM Publix Trip 1:30 PM Hand & Foot (1F) 2:00 PM August Birthday Celebration w/Banana Splits (Bistro) 2:30 PM Chair Exercise (1F) 3:00 PM Creating Card Holders (WP Studio) | 9:15 AM Stretching w/Sydney (1F) 10:00 AM Brain Games (WP Studio) 1:00 PM Prize Bingo w/Sydney (2F) 2:00 PM Name That Tune w/A Twist (FS) 4:30 PM Dinner Outing: Perry's *SIGN-UP* 6:00 PM Game Time (2F) | 9:30 AM Bank Trip 10:00 AM Bible Study w/Pastor Trey (2F) 1:30 PM Aldi Shopping Trip 1:30 PM AL August Birthday Celebration (2F) 2:30 PM AL Chair Exercise w/ Select Rehab (1F) 3:00 PM Learn to Play Bridge (WP Studio) 3:30 PM Wii Bowling (FS) 6:15 PM Prize Bingo w/Asbury Church Kids | 10:00 AM Music Therapy w/Allison (2F) 1:30 PM Rummikub (WP Studio) 1:30 PM Outreach Project: Assemble Chemo Care Packages (CA) 2:30 PM Noodle Hockey (FS) 3:00 PM Lecture Series (WP Studio) 6:00 PM Casino Night (IH) 6:00 PM Game Time (2F) | 10:00 AM Candy Bingo w/Sydney (2F) 1:30 PM Employee Cook Off *Residents Judge* "Brownies" (IH) 2:00 PM Walgreens Trip 2:30 PM AL Chair Exercise w/Select Rehab (1F) 3:30 PM Fellowship Friday w/Christy (FS) | 1:30 PM Grab a Friend & Play a Game! (1 & 2F) 6:30 PM Saturday Night Movie "The Miracle Club" (IH) |
| 10:00 AM Protestant Church Service (IH) 10:30 AM Catholic Church Service (CA) 1:30 PM Grab a Friend & Play a Game! (1 & 2F) 1:30 PM Tech Support Volunteer Samuel Apartment Visits (1:30-4:00 PM) *Sign-Up for Help* 3:00 PM Side by Side Performs (IH) 5:00 PM Sunday Series w/ Bob & Dorothy (DT) | 9:00 AM Stretching w/Sydney (1F) 9:30AM Walmart Trip 10:00 AM Crosswords & Coffee (WP Studio) 1:00 PM Publix Trip 1:30 PM Rummikub (WP Studio) 2:00 PM Hoover Library Book Mobile | 9:00 AM Pool Volleyball (DP) 9:00 AM Stretching w/Sydney (1F) 10:00 AM Scrabble (WP) 1:00 PM Prize Bingo w/Bobbi (IH) 2:00 PM Just Dance (FS) 3:00 PM Happy Hour *Raspberry Belini's* w/The Basement Band (Atrium) 3:30 PM Meditation w/Marcus (DP) 6:00 PM Game Time (2F) | 9:00 AM Pool Aerobics (DP) 9:00 AM Stretching w/Sydney (1F) 9:30 AM Bank Trip 10:00 AM Bible Study w/Pastor Trey (2F) 11:30 AM New Resident Meet & Greet Luncheon *SIGN-UP* (IH) 1:30 PM Dollar Tree Trip 2:00 PM Yogurt Parfaits (1F) 2:30 PM AL Chair Exercise w/ Select Rehab (1F) 3:30 PM Danberry Dollar Redemption (WP) | 9:00 AM Pool Volleyball (DP) 9:00 AM Stretching w/Sydney (1F) 10:00 PM Arizona Travel Video (2F) 1:00 PM Manicures w/Jamie (1F) 2:00 PM Hershey's Ice Cream Pop-Up (Atrium) 2:30 PM Noodle Hockey (FS) 3:00 PM Jeopardy w/Ruth & Bob (WP Studio) 6:00 PM Game Time (2F) | 9:00 AM Water Arthritis (DP) 9:00 AM Stretching w/Sydney (1F) 9:30 AM Tour/Lunch Outing: Annual Gem & Mineral Show/Brightstar *SIGN-UP* 1:30 PM Rook Card Game (WP) 2:00 PM Walgreens Trip 2:30 PM AL Chair Exercise w/Select Rehab (1F) 2:30 PM Ultimate Team Trivia (Bistro) 3:00 PM Candy Bingo w/Sydney (2F) | 10:00 AM Bible Study (IH) 10:00 AM Rosary (CA) 1:30 PM Grab a Friend & Play a Game! (1 & 2F) 6:30 PM Saturday Night Movie "Mission Impossible: The Final Reckoning" (IH) |

August Outreach:

Chemo Care Packages:

Join us as we assemble care packages for chemo patients.

Thursday, August 7th & 21st 1:30 PM

Creative Arts Studio

Happy Birthday!

08/01—Robin Durham 08/20—Margaret Kasewicz 08/17—Carole Peters 08/29—Betty Rushton

Attention:

Calendars are subject to change.

Please refer to your weekly runners for the most up to date information.