



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CALENDAR COLORS: Black: Assisted Living Activities Green: Fitness Class Red: Special Events Purple: Outings 	CALENDAR KEY: 1F: First Floor Common Area 2F: Second Floor Common Area WP: Wellington Park CA: Creative Arts Studio FS: Fitness Studio IH: Inverness Hall BW CR: Bridgewater Room	<u>Ladies Ornament Swap:</u> Bring a wrapped Christmas Ornament to swap with friends. If you need help purchasing an Ornament, please get with Bobbi in Residents Services before December 8th. 	<u>Toys for Tots:</u> If you need help purchasing a toy for this organization, please get with Bobbi in Resident Services before December 12th. 	<u>Men's Sock Swap</u> Bring a fun pair of socks, wrapped to swap with friends. If you need help purchasing a pair of socks, please meet with Bobbi in Resident Services before December 8th. 	1 9:00 AM Water Arthritis (DP) 9:45 AM Christmas at Biltmore Estate/ North Carolina Travel Videos (WP Studio) 10:45 AM Lunch Outing: The Club Christmas Lunch w/ Ray Reach *SIGN-UP* 2:00 PM Walgreens/Fresh Market Trip 2:30 PM Chair Exercise w/ Select Rehab (1F) 3:30 PM Fellowship Friday w/ Christy (FS)	2 10:00 AM Bible Study (CA) 12:00 PM—2:00 PM Tailgate Saturday (Bistro) 2:00 PM Painting Door Hangings w/ Church of the Highlands (1F) 6:30 PM Movie Night "The Christmas Shoes" (IH)
3 10:00 AM Protestant Church Service (IH) 10:30 AM Catholic Church Service (CA) 1:00 PM Resident Choice Games (CA) 2:00 PM Outing: Warblers Show *SIGN-UP* 2:30 PM Gale Dorrohs Piano Students (IH) 5:00 PM TV Series w/ Bob & Dorothy (IH)	4 <u>National Cookie Day</u> 9:00 AM Pool Aerobics (DP) 9:00 AM Walmart Trip 10:00 AM Christmas Card Decorating for Bruno Montessori's Kindergarten Class (WP Studio) 1:00 PM Publix Trip 2:30 PM Fun Fitness (FS) 2:30 PM Christmas Edition Name That Tune & Hot Apple Cider w/ Russ Randolph (IH) 3:30 PM Pick up a cookie from WP Studios! COAT DRIVE BEGINS	5 9:00 AM Pool Volleyball (DP) 10:00 AM Town Hall (1F) 10:30 AM Outreach Project: T-Shirt bags for less fortunate (CA) 1:30 PM Christmas Prize Bingo (IH) 2:30 PM Strength & Balance Class (FS) 6:00 PM Childrens Worship in Birmingham Choir (IH) Senior Fitness Test 8:30—11:30 AM *SIGN-UP*	6 9:00 AM Pool Aerobics (DP) 9:30 AM Bank Trip 10:00 AM Bible Study w/ Pastor Trey (2F) 11:00 AM AL Lunch Outing: Chicken Salad Chick 2:00 PM Movie Matinee: "ELF" (WP Studio) 6:30 PM S'mores by the Fire Pit Senior Fitness Test 8:30—11:30 AM *SIGN-UP*	7 9:00 AM Pool Volleyball (DP) 10:00 AM Christmas Trivia & Hot Chocolate (WP Studio) 1:00 PM Manicures w/ Jamie (1F) 1:30 PM Making Christmas Cards for Hoover Fire Academy & Maxwell Air force Base (CA) 2:30 PM Drum Fit (FS) 3:00 PM Craft Corner—Candy Cane's for our RA's (WP Studio) 6:00 PM Lecture Series (DT)	8 9:00 AM Water Arthritis (DP) 9:00 AM Hand & Foot w/ Sydney (WP Studio) 11:00 AM Shop/Lunch Outing: Stockings & Stuff Christmas Shop w/ Lunch at the Village Tavern *SIGN-UP* 1:00 PM Candy Bingo w/ Sydney (2F) 2:00 PM Walgreens/Fresh Market Trip 2:30 PM Chair Exercise w/ Bryan from Select Rehab (1F) 2:30 PM 2 Cousins & a Guitar (IH)	9 10:00 AM Bible Study (CA) 6:30 PM Movie Night "Prancer" (IH)
10 10:00 AM Protestant Church Service (IH) 10:30 AM Catholic Church Service (CA) 1:00 PM Resident Choice Games (CA) 1:00 PM Outing: Red Mountain's Holiday Spectacular *SIGN-UP* 2:00 PM Crafting w/ Tammy (1F) 5:00 PM TV Series w/ Bob & Dorothy (IH)	11 9:00 AM Pool Aerobics (DP) 9:00AM Walmart Trip 10:00 AM Caroling w/ Connie Skellie, Violinist (1F) 1:00 PM Publix Trip 1:30 PM Ladies Ornaments Swap Social (IH) 2:30 PM Fun Fitness (FS) COAT DRIVE ENDS	12 9:00 AM Pool Volleyball (DP) 10:00 AM Hand in Paw (1F) 2:30 PM Employee Christmas Party *EAF* (IH) 3:00 PM The Alexanders Holiday Performance (Atrium) 3:00 PM Pictures w/ Santa (Atrium)	13 9:00 AM Pool Aerobics (DP) 9:30 AM Bank Trip 10:00 AM Bible Study w/ Pastor Trey (2F) 1:30 PM Dollar Tree Trip 1:30 PM Men's Sock Swap Social (IH) 2:00 PM Mexican Train Dominoes (WP Studio) 6:00 PM Grab a friends & play cornhole (IH)	14 9:00 AM Pool Volleyball (DP) 10:00 AM Oak Mountain Media Students Christmas Caroling (IH) 1:30 PM Scrabble (2F) 2:30 PM Drum Fit (FS) 3:30 PM Community Council (IH) 6:00 PM Lecture Series (DT)	15 9:00 AM Water Arthritis (DP) 10:30 AM Ceramic Holiday Painting w/ Camellia *SIGN-UP* (IH) 1:30 PM Candy Bingo w/ Sydney (2F) 2:00 PM Walgreens/Fresh Market Trip 2:30 PM Chair Exercise w/ Select Rehab (1F) 3:30 PM Fellowship Friday Christmas Party w/ Christy (FS) 6:30 PM Church Unlimited Church Choir (IH)	16 10:00 AM Bible Study (CA) 1:00 PM Caring Transitions FREE Gift Wrapping (Atrium) 1:30 PM Hot Chocolate Bar (Bistro) 3:00 PM Ala Ivie's Soprano Christmas Performance (IH) 6:30 PM Movie Night "Scrooge (1970)" (IH)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>17</p> <p>10:00 AM Protestant Church Service (IH)</p> <p>10:30 AM Catholic Church Service (CA)</p> <p>1:00 PM Resident Choice Games (CA)</p> <p>5:00 PM TV Series w/ Bob & Dorothy (IH)</p>	<p>18</p> <p>9:00 AM Pool Aerobics (DP)</p> <p>9:00 AM Walmart Trip</p> <p>10:00 AM Christmas Trivia (WP Studio)</p> <p>1:00 PM Publix Trip</p> <p>2:30 PM "A Christmas of Poetry" Play (IH)</p> <p>2:30 PM Fun Fitness (FS)</p> <p>5:30 PM Outing: Drive Thru Lights of Noel show at Birmingham Race Course *SIGN-UP*</p>	<p>19</p> <p>9:00 AM Pool Volleyball (DP)</p> <p>10:15 AM Fluid Art w/ Christy (CA)</p> <p>1:30 PM Prize Bingo w/ Sydney (1F)</p> <p>2:00—4:00 PM</p> <p>Parade of Homes</p> <p>2:30 PM Strength & Balance Class (FS)</p>	<p>20 <i>National Sangria Day</i></p> <p>9:00 AM Pool Aerobics (DP)</p> <p>9:30 AM Bank Trip</p> <p>10:00 AM Bible Study w/ Pastor Trey (2F)</p> <p>11:30 AM Lunch & Learn w/ M4A *SIGN-UP*</p> <p>1:30 PM Aldi Shopping Trip</p> <p>1:45 PM Movie Matinee: "White Christmas" (WP Studio)</p> <p>4:00 PM Spiced Cranberry Sangria (Bistro)</p>	<p>21 <i>First Day of Winter</i></p> <p>9:00 AM Pool Volleyball (DP)</p> <p>10:30 AM Winn Schepps, Banjo Sing-A-Long (Inverness Hall)</p> <p>1:00 PM Manicures w/ Jamie (1F)</p> <p>1:30 PM Catholic Mass (IH)</p> <p>3:00 PM Craft Corner: Christmas Picture Frames (WP Studio)</p> <p>6:00 PM Lecture Series (DT)</p>	<p>22</p> <p>9:00 AM Water Arthritis (DP)</p> <p>10:00 AM Candy Bingo w/ Sydney (2F)</p> <p>1:30 PM Resident vs. Employee Ugly Sweater Competition (Atrium)</p> <p>2:00 PM Walgreens/Fresh Market Trip</p> <p>2:30 PM 12 Days of Christmas w/ Dolores Hydock & Bobby Horton (IH)</p> <p>2:30 PM Chair Exercise w/ Select Rehab (1F)</p>	<p>23</p> <p>10:00 AM Bible Study (CA)</p> <p>6:30 PM Movie Night "Christmas in Connecticut" (IH)</p>
<p>24</p> <p>10:00 AM Protestant Church Service (IH)</p> <p>10:30 AM Catholic Church Service (CA)</p> <p>1:00 PM Resident Choice Games (CA)</p> <p>5:00 PM TV Series w/ Bob & Dorothy (IH)</p>	<p>25</p> <p>9:00 AM Pool Aerobics *Resident Led* (DP)</p> 	<p>26</p> <p>8:30 AM Donuts & Coffee (Bistro)</p> <p>9:00 AM Pool Volleyball *Resident Led* (DP)</p> <p>10:00 AM Rummikub (WP Studio)</p> <p>1:30 PM Prize Bingo w/ Sydney (1F)</p> <p>2:45 PM Exercise Video (FS)</p>	<p>27</p> <p>9:00 AM Pool Aerobics (SP)</p> <p>9:00 AM Walmart Trip</p> <p>9:30 AM Bank Trip</p> <p>10:00 AM Bible Study w/ Pastor Trey (2F)</p> <p>1:00 PM Publix Trip</p> <p>2:00 PM Noodle Hockey(1F)</p> <p>3:00 PM Ultimate Team Trivia (2F)</p>	<p>28</p> <p>9:00 AM Pool Volleyball (DP)</p> <p>10:00 AM Morning Meditation (WP Studio)</p> <p>1:30 PM Scrabble (2F)</p> <p>2:30 PM Drum Fit (FS)</p> <p>2:30 PM December Birthday Celebration (Bistro)</p> <p>3:30 PM Danberry Dollar Redemption (WP Studio)</p> <p>6:30 PM Lecture Series (DT)</p>	<p>29</p> <p>9:00 AM Water Arthritis (DP)</p> <p>10:00 AM Matching Game (WP Studio)</p> <p>1:30 PM Candy Bingo (2F)</p> <p>2:00 PM Walgreens/Fresh Market Trip</p> <p>2:30 PM Chair Exercise w/ Select Rehab (1F)</p> <p>3:00 PM Friday Focus w/ Select Rehab (CA)</p>	<p>30</p> <p>10:00 AM Bible Study (CA)</p> <p>6:30 PM Movie Night "While You Were Sleeping" (IH)</p>
<p>31</p> <p>10:00 AM Protestant Church Service (IH)</p> <p>10:30 AM Catholic Church Service (CA)</p> <p>1:00 PM Resident Choice Games (CA)</p> <p>3:00 PM New Years Social (Bistro)</p> 	<div> <div> <p><u>Events that require Sign Up:</u></p></div> <div> <p>12/03: Outing: Warblers Show</p> <p>12/05 & 12/06: Senior Fitness Test</p> <p>12/06: AL Lunch Outing: Chicken Salad Chick</p> <p>12/08: Shop/Lunch Outing: Stockings & Stuff Christmas Shop w/ Lunch at the Village Tavern</p> <p>12/10: Outing: Red Mountain's Holiday Spectacular</p> <p>12/15: Ceramic Holiday Painting w/ Camellia</p> <p>12/18: Outing: Drive Thru Lights of Noel show at Birmingham Race Course</p> <p>12/20: Lunch & Learn w/ M4A</p> <p>*The Sign-Up Binder is Located in the Wellington Park Studio*</p> </div> </div> <div>  <div> <p><u>Attention:</u></p> <p>Calendars are subject to change. Please refer to your weekly runners for the most up to date information.</p>  </div> </div>					