

# Wellington Park Calendar of Events-December 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	
1 10:00 AM Protestant Church Service (IH) 10:30 AM Catholic Church Service (CA) 1:30 PM Open Play Game Time (WP Studio) 1:30 PM Tech Support Volunteer Samu- el Apartment Visits (1:30-4:00 PM) *Sign-Up for Help* 5:00 PM Sunday Series w/ Bob & Doro- thy (IH)	2 9:00 AM Pool Aerobics (DP) 9:00 AM Stretching w/ Sydney (1F) 9:30 AM Walmart Trip 10:00 AM Crosswords & Coffee (WP Studio) 12:30 PM Monday Matinee (IH) 1:00 PM Publix Trip 1:30 PM Mexican Train Dominoes (WP Studio) 2:30 PM Jewelry Making w/ Christy (WP Studio)	3 9:00 AM Pool Volleyball (DP) 9:00 AM Stretching w/ Sydney (1F) 10:00 AM Candy Cane Gifts for our RA's (WP Studio) 1:30 PM Wine Cork Christmas Tree Craft *SIGN-UP* (CA) 1:30 PM Prize Bingo w/ Sydney (2F) 2:30 PM Strength & Balance Class (FS) 3:30 PM Community Council (IH)	<ul> <li>4 <u>National Cookie Day</u></li> <li>9:00 AM Pool Aerobics (DP)</li> <li>9:00 AM Stretching w/ Sydney (1F)</li> <li>9:30 AM Bank Trip</li> <li>10:00 AM Bible Study w/ Pastor Trey (2F)</li> <li>11:15 AM Movie Outing: Lee Branch Theater "Wicked" *SIGN-UP*</li> <li>2:30 PM Sugar Cookie Milkshakes (Bistro)</li> <li>3:00 PM Rummikub (WP Studio)</li> <li>6:00 PM Wednesday Christmas Movie Night: "Elf" (IH)</li> </ul>	5 9:00 AM Pool Volleyball (DP) 9:00 AM Stretching w/ Sydney (1F) 10:00 AM Open House/ Marketplace (IH) *10:00 AM-2:00 PM* 1:00 PM Game Time (CA) 1:00 PM Game Time (CA) 1:00 PM Manicures w/ Jamie (1F) 2:30 PM Drum Fit (FS) 3:00 PM Christmas Watercolor Painting w/ Darcy (WP Studio) 6:30 PM Lecture Series (DT)	6 <u>Na</u> 9:00 AM V 9:00 AM S 10:00 AM (WP Stud 10:45 AM Club" w/ 2:00 PM V 2:30 PM C (1F) 3:00 PM C
<ul> <li>8</li> <li>10:00 AM Protestant Church</li> <li>Service (IH)</li> <li>10:30 AM Catholic Church</li> <li>Service (CA)</li> <li>1:30 PM Open Play Game Time (WP Studio)</li> <li>1:30 PM Tech Support Volunteer Samuel Apartment Visits (1:30-4:00 PM)</li> <li>*Sign-Up for Help*</li> <li>2:30 PM Julia Ivey Piano Performance (IH)</li> <li>5:00 PM Sunday Series w/ Bob &amp; Doro-</li> </ul>	9 9:00 AM Pool Aerobics (DP) 9:00 AM Stretching w/ Sydney (1F) 9:30 AM Walmart Trip 10:00 AM Town Hall (1F) 1:00 PM Publix Trip 2:00 PM Employee Appreciation Fund Distribution (IH) 2:30 PM Employee/Resident Christmas Party w/ The Alexanders & Santa (Atrium)	108:30 AM Men's Pancake Breakfast & Sock Swap (IH)9:00 AM Pool Volleyball (DP)10:00 AM Stretching w/ Sydney (1F)1:30 PM Prize Bingo w/ Sydney (2F)2:30 PM Strength & Balance Class (FS)2:30 PM Hand in Paw Dog Visit (1F)3:30 PM Al Mahan Christmas Performance (IH)	119:00 AM Pool Aerobics (DP)9:00 AM Stretching w/ Sydney (1F)9:30 AM Bank Trip10:00 AM Bible Study w/ Pastor Trey (2F)1:00 PM Dollar Tree Trip1:30 PM Sketch Booking for Dummies (CA)1:30 PM Movie Matinee: White Christmas w/ Apple Cider (WP Studio)5:00 PM Outing: Noel of Lights Drive Thru *SIGN-UP*6:00 PM Wednesday Christmas Movie Night: "Christmas Vacation" (IH)	12 9:00 AM Pool Volleyball (DP) 9:00 AM Stretching w/ Sydney (1F) 10:30 AM Winn Schepps, Banjo Sing-A-Long Performance (IH) 1:00 PM Game Time (CA) 1:30 PM Catholic Mass (IH) 2:30 PM Catholic Mass (IH) 2:30 PM Drum Fit (FS) 3:00 PM Christmas Edition Jeopardy w/ Bob Lewis & Ruth (WP Studio) 6:30 PM Lecture Series (DT)	13 <u>Nati</u> 9:00 AM W 9:00 AM St 10:00 AM St 10:00 AM C 1:30 PM H 2:00 PM At Night Befo 2:00 PM W 2:30 PM C 3:00 PM R 6:00 PM S <sup>4</sup> 77a
<ul> <li>15</li> <li>10:00 AM Protestant Church</li> <li>Service (IH)</li> <li>10:30 AM Catholic Church</li> <li>Service (CA)</li> <li>1:15 PM Outing: Little Woman at Virginia Samford Theater *SIGN-UP*</li> <li>1:30 PM Open Play Game Time (WP Studio)</li> <li>1:30 PM Tech Support Volunteer Samuel Apartment Visits (1:30-4:00 PM) *Sign-Up for Help*</li> <li>5:00 PM Sunday Series w/ Bob &amp; Dorothy (IH)</li> </ul>	169:00 AM Pool Aerobics *Res. Led* (DP)9:00 AM Stretching w/ Sydney (1F)9:30AM Walmart Trip10:00 AM AL Outing: The Foundry & Lunch *SIGN-UP*1:00 PM Publix Trip1:00 PM Ladies Ornament Swap Party (IH)2:30 PM Wii Bowling (FS)2:30 PM Harmony Belles Christmas Performance (IH)	<ul> <li>17</li> <li>9:00 AM Pool Volleyball (DP)</li> <li>9:00 AM Stretching w/ Sydney (1F)</li> <li>10:00 AM Scrabble (WP Studio)</li> <li>1:30 PM Prize Bingo w/ Sydney (2F)</li> <li>2:00 PM Resident &amp; Employee Ugly Christmas Sweater Contest (IH)</li> <li>2:30 PM Ugly Christmas Sweater Party w/ Jay &amp; the Elders Band (IH)</li> <li>3:30 PM Meditation w/ Marcus (DP)</li> </ul>	<ul> <li>18</li> <li>9:00 AM Pool Aerobics (DP)</li> <li>9:00 AM Stretching w/ Sydney (1F)</li> <li>9:30 AM Bank Trip</li> <li>10:00 AM Bible Study w/ Pastor Trey (2F)</li> <li>1:00 PM Aldi Shopping Trip</li> <li>1:00 PM Movie Matinee: A Christmas Story w/ Hot Chocolate (WP Studio)</li> <li>3:30 PM Danberry Dollar Redemption (WP Studio)</li> <li>6:00 PM Wednesday Christmas Movie Night: "Miracle on 34th Street" (IH)</li> </ul>	199:00 AM Pool Volleyball (DP)9:00 AM Stretching w/ Sydney (1F)10:00 AM Music Therapy w/ Allison*Holiday Extravaganza* (2F)1:00 PM Game Time (CA)1:00 PM Manicures w/ Jamie (1F)1:30 PM Pianist & Vocalist Sara Mason & Violinist Jeanette Hightower Christmas Performance w/ Hot Apple Cider (IH)2:30 PM Drum Fit (FS)3:00 PM Christmas Button Craft (WP Studio)6:30 PM Lecture Series (DT)	20 9:00 AM V 9:00 AM V 10:00 AM 1:30 PM C 2:00 PM V 2:30 PM C (1F) 3:00 PM E (WP Stud: 3:30 PM F w/ Christ 6:30 PM C Unlimited



## Friday

National Team Jersey Day

### M Water Arthritis (DP)

A Stretching w/ Sydney (1F)

M Rook Card Game \*Res Led\* udio)

M Outing: Christmas Lunch: "The w/ Dolores Hydock \*SIGN-UP\*

I Walgreens Trip

A Chair Exercise w/ Select Rehab

A Candy Bingo w/ Sydney (2F)

I Water Arthritis (DP) Stretching w/ Sydney (1F)

M Candy Bingo w/ Sydney (2F)

l Hot Cocoa Bar (Bistro)

Author Catherine Waters "Twas the efore Christmas" (IH)

Walgreens Trip

Chair Exercise w/ Select Rehab (1F)

Rook Card Game (WP Studio)

S'mores on the Bistro Patio

Taste of Africa Lunch/Dinner

### National Caroling Day

I Water Arthritis (DP)

/I Stretching w/ Sydney (1F) M Rook Card Game (WP Studio)

f Candy Bingo w/ Sydney (2F)

1 Walgreens Trip

1 Chair Exercise w/ Select Rehab

1 Decorating Christmas Cookies udio)

1 Fellowship Friday Christmas Party tisty (FS)

f Christmas Caroling by Church red (IH)

## Saturday

10:00 AM Bible Study (IH)

10:00 AM Catholic Rosary WP Studio)

1:00 PM Outing: Holiday Spectacular at Red Mountain Theater \*SIGN-UP\*

1:30 PM Open Play Checkers (CA)

1:30 PM Open Play Game Time (WP Studio)

12:00 PM—2:00 PM Tailgate Saturday (Bistro)

#### 14

7

10:00 AM Bible Study (IH) 10:00 AM Catholic Rosary (WP Studio) 1:30 PM Open Play Checkers (CA) 1:30 PM Open Play Game Time (WP Studio)

6:30 PM Saturday Night Christmas Movie (IH)

> 12:00 PM—2:00 PM Tailgate Saturday (Bistro)

21 <u>First Day of Winter</u> 10:00 AM Bible Study (IH)

10:00 AM Catholic Rosary (WP Studio)

12:00 PM Left, Right Christmas Game w/ Treats (CA)

1:30 PM Open Play Checkers (CA)

1:30 PM Open Play Game Time (WP Studio)

12:00 PM—2:00 PM Tailgate Saturday (Bistro)



# Wellington Park Calendar of Events-December 2024

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	Sunday	Monday	Tuesday	Wednesday	Thursday	
2	22	23	24	25	26	27
1	0:00 AM Protestant Church Service (IH)	9:00 AM Pool Aerobics (DP)	9:00 AM Pool Volleyball (DP)	9:00 AM Pool Aerobics *Res. Led* (DP)	9:00 AM Pool Volleyball (DP)	9:00 AM
1	0:30 AM Catholic Church Service (CA)	9:00 AM Stretching w/ Sydney (1F)	9:00 AM Donuts & Coffee (1F)	10:15 AM Chair Exercise DVD (FS)	9:00 AM Stretching w/ Sydney (1F)	9:00 AM
	:30 PM Open Play Game Time (WP	9:30 AM Walmart Trip	9:15 AM Stretching w/ Sydney (1F)	1:30 PM Sketch Booking for Dummies	10:00 AM Rook Card Game (WP	9:30 AM
	Studio)	10:00 AM Christmas Napkin Rings (WP	10:00 AM Hand & Foot (WP Studio)	(CA)	Studio)	10:00 Al
	1:30 PM Tech Support Volunteer Samuel Apartment Visits (1:30-4:00 PM) *Sign-Up	Studio)	1:00 PM Christmas Eve Prize Bingo (IH)	6:00 PM Wednesday Christmas Movie Night: "It's a Wonderful Life" (IH)	1:00 PM Game Time (CA)	1:30 PM
	or Help*	12:30 PM Monday Matinee (IH)	2:30 PM Exercise Video (WP Studio)		2:30 PM Drum Fit (FS)	Bakery"
	1:30 PM Outing: Randy's Christmas Open	1:00 PM Publix Trip		Mabbil	2:30 PM Brain Games w/ Select Rehab (CA)	2:00 PM
	House w/ Sweets *SIGN-UP*	1:00 PM Santa brings the Hoover Library Bookmobile (Outside Front Entrance)		CHRISTMAS	6:30 PM Lecture Series (DT)	2:30 PM (1F)
	5:00 PM Sunday Series w/ Bob & Dorothy (IH)	2:30 PM Wii Bowling (FS)		Contraction Drop		3:00 PM
		3:00 PM White Christmas Party (1F)		CC. C.		(1F)
						9K
2	29	30	31	CALENDAR COLORS:	CALENDAR KEY:	
1	0:00 AM Protestant Church Service (IH)	9:00 AM Pool Aerobics (DP)	9:00 AM Pool Volleyball (DP)	Black: Assisted Living Activities	1F: First Floor Common Area	
1	0:30 AM Catholic Church Service (CA)	9:30AM Walmart Trip	9:00 AM Stretching w/ Sydney (1F)	Green: Fitness Class	2F: Second Floor Common Area	
	1:30 PM Open Play Game Time (WP Studio)	9:00 AM Stretching w/ Sydney (1F)	10:00 AM Prize Bingo w/ Sydney (2F)			
	:30 PM Tech Support Volunteer Samuel	10:00 AM Crosswords & Coffee (WP Studio)	2:00 PM December Birthday Celebration	Red: Special Events	WP: Wellington Park	
1	Apartment Visits (1:30-4:00 PM) *Sign-Up	12:30 PM Monday Matinee (IH)	(Bistro)	Purple: Outings	CA: Creative Arts Studio	
	or Help* 5:00 PM Sunday Series w/ Bob & Dorothy	1:00 PM Publix Trip	2:30 PM Games on the Patio (FS)		FS: Fitness Studio	
	IH)	2:00 PM Bacon Tasting (Bistro)	6:00 PM New Years Eve Party w/ Just Friends (IH)		IH: Inverness Hall	
		2:30 PM Wii Bowling (FS)			BW CR: Bridgewater Room	
		3:00 PM Mexican Train Dominoes (WP			J. J	
		Studio)	NEW YEAR'S EVE			
		Events that require Sign Up:	. Stalle		1.	
1	Dvents that require orgin op.			<u>Happy Birtl</u>	<u>nday!</u>	
	12/04—Movie Outing: Lee Branch Theater "Wicked			12/12—Mary	Kino	
	12/06—Outing: Christmas Lunch: "The Club" w/ Dolores Hydock			, ,		
-	12/11—Outing: Noel of Lights D	Prive Thru		12/12—Doris Ward 12/24—Mary Ann Davis 12/27—Pat Brown		Ca
	12/16—AL Outing: The Foundry	v & Lunch				Plea
	12/22—Outing: Randy's Christm					PICa
				12/29—Myrtic	e Carr 🕠 📉	for t
	*The Sign-Up Binder is Located in the Wellington Park Studio*			12/31—Betty		
					0	





## Friday

National Fruitcake Day

M Water Arthritis (DP)

M Stretching w/ Sydney (1F)

M Bank Trip

AM Candy Bingo w/ Sydney (2F)

M Worlds Fruitcake "Collins Street y" (Bistro)

PM Walgreens Trip

M Chair Exercise w/ Select Rehab

PM Cooking Demo w/ Tremaine

## Saturday

#### 28

10:00 AM Bible Study (IH)

10:00 AM Catholic Rosary (WP Studio)

1:30 PM Open Play Checkers (CA)

1:30 PM Open Play Game Time (WP Studio)

6:30 PM Saturday Night Movie "New Years Eve" (IH)

> 12:00 PM-2:00 PM Tailgate Saturday (Bistro)



## Attention:



Calendars are subject to change. ease refer to your weekly runners the most up to date information.