




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CALENDAR COLORS: Black: Assisted Living Activities Green: Fitness Class Red: Special Events Purple: Outings	CALENDAR KEY: 1F: First Floor Common Area 2F: Second Floor Common Area WP: Wellington Park CA: Creative Arts Studio FS: Fitness Studio IH: Inverness Hall BW CR: Bridgewater Room	<u>Donation Penny Auction:</u> This month we will be purging and cleaning to get ready for the New Year! If there are any extra items you find that have <u>never been used</u> but you have no use for, bring them to Sydney in the Wellington Park Studio. At the end of the month we will have an auction for all of the items that have been collected.	<u>Attention:</u> Calendars are subject to change. Please refer to your weekly runners for the most up to date information.			
	1 9:00 AM Pool Aerobics *Resident Led* (DP) 12:30 PM Monday Matinee "Second Lions" (IH) 	2 9:00 AM Pool Volleyball (DP) 10:15 AM Crosswords w/ Christy (WP Studio) 1:30 PM Prize Bingo w/ Sydney (2F) 2:30 PM Strength & Balance Class (FS) 6:00 PM New Years Bash w/ Just Friends (IH)	3 9:00 AM Pool Aerobics (DP) 9:00 AM Walmart Trip 9:30 AM Bank Trip 10:00 AM Bible Study w/ Pas- tor Trey (2F) 1:00 PM Publix Trip 2:00 PM Movie Matinee: "Gone with the Wind" *pt. 1* (WP Studio)	4 9:00 AM Pool Volleyball (DP) 10:00 AM Connie Skellie, Violinist (1F) 1:30 PM Scrabble (WP Studio) 2:30 PM Drum Fit (FS) 3:00 PM Taste of France Candy (Bistro)	5 9:00 AM Water Arthritis (DP) 10:00 AM January Trivia (WP Studio) 1:30 PM Candy Bingo w/ Sydney (2F) 2:00 PM Walgreens/Fresh Market Trip 2:30 PM Chair Exercise w/ Select Rehab (1F) 3:30 PM Fellowship Friday w/ Christy (FS) 4:00 PM Dinner Outing: Bellini's *SIGN-UP*	6 10:00 AM Bible Study (CA) 6:30 PM Movie Night "Seabiscuit" (IH)
7 10:00 AM Protestant Church Service (IH) 10:30 AM Catholic Church Service (CA) 5:00 PM Sunday Series w/ Bob & Dorothy (IH)	8 9:00 AM Pool Aerobics (DP) 9:00AM Walmart Trip 10:00 AM Town Hall (1F) 12:30 PM Monday Matinee "Temple Grandin" (IH) 1:00 PM Publix Trip 1:30 PM Matching Game (WP Studio) 2:30 PM 2 Cousins & a Guitar (IH) 2:30 PM Fun Fitness (FS)	9 9:00 AM Pool Volleyball (DP) 10:15 AM Outreach Project: Scarves for Lovelady (CA) 1:30 PM Prize Bingo w/ Sydney (2F) 2:30 PM Strength & Balance Class (FS) 3:00 PM Hand in Paw (1F) 3:30 PM Community Council (IH) RSV Clinic 9:00 AM—1:00 PM *SIGN-UP*	10 9:00 AM Pool Aerobics (DP) 9:30 AM Bank Trip 10:00 AM Bible Study w/ Pas- tor Trey (2F) 2:00 PM Movie Matinee: "Gone with the Wind" *pt. 2* (WP Studio) 4:00 PM AL Dinner: Chick-Fil- A *SIGN-UP* (1F)	11 9:00 AM Pool Volleyball (DP) 10:30 AM Sing-A-Long w/ Winn Schepps (2F) 1:00 PM Manicures w/ Ja- mie (1F) 2:30 PM Drum Fit (FS) 3:00 PM Taste of France Snack Tasting (Bistro)	12 9:00 AM Water Arthritis (DP) 9:00 AM Hand & Foot (WP Studio) 10:30 AM Lunch Outing: Olexa's "SIGN-UP" 1:30 PM Candy Bingo w/ Sydney (2F) 2:00 PM Walgreens/Fresh Market Trip 2:30 PM Chair Exercise w/ Select Rehab (1F) 3:00 PM Triple J Juggling Performance (IH)	13 10:00 AM Bible Study (CA) 6:30 PM Movie Night "The Quiet Man" (IH)



Wellington Park Calendar of Events-January 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
14 10:00 AM Protestant Church Service (IH) 10:30 AM Catholic Church Service (CA) 2:00 PM Crafting w/ Tammy (1F) 5:00 PM Sunday Series w/ Bob & Dorothy (IH)	15 9:00 AM Pool Aerobics (DP) 9:00 AM Walmart Trip 10:00 AM Crosswords & Coffee (WP Studio) 12:30 PM Monday Matinee "Boom Town" (IH) 1:00 PM Publix Trip 1:30 PM Baking Club—Raspberry Peach Pies (WP Studio) 2:30 PM Fun Fitness (FS)	16 9:00 AM Pool Volleyball (DP) 10:00 AM Craft Corner—Beaded Snowflakes (WP Studio) 1:30 PM Prize Bingo w/ Sydney (2F) 2:30 PM Strength & Balance Class (FS) 3:00 PM January Birthday Celebration (Bistro)	17 9:00 AM Pool Aerobics (DP) 9:30 AM Bank Trip 10:00 AM Bible Study w/ Pastor Trey (2F) 11:30 AM Lunch & Learn w/ Emily McAllister *Cooking Demo* *SIGN-UP* (IH) 1:30 PM Dollar Tree Trip 2:00 PM Movie Matinee: "Breakthrough" (WP Studio) 6:00 PM Grab a friend & play cornhole (IH)	18 9:00 AM Pool Volleyball (DP) 10:00 AM Readers Theater 1:30 PM Scrabble (WP Studio) 1:30 PM Catholic Mass (IH) 2:30 PM Drum Fit (FS) 3:00 PM Taste of France Cocktail Hour (Bistro)	19 9:00 AM Water Arthritis (DP) 10:00 AM Nevada Travel Video & Donuts (WP Studio) 11:00 AM Lunch Outing: Chez Fonfon *SIGN-UP* 1:30 PM Candy Bingo w/ Sydney (1F) 2:00 PM Walgreens/Fresh Market Trip 2:30 PM Chair Exercise w/ Select Rehab (1F) 3:00 PM Square Dancing w/ Jimmy & Joy (IH)	20 10:00 AM Bible Study (CA) 6:30 PM Movie Night "The Old Man & The Gun" (IH)
21 10:00 AM Protestant Church Service (IH) 10:30 AM Catholic Church Service (CA) 5:00 PM Sunday Series w/ Bob & Dorothy (IH)	22 9:00 AM Pool Aerobics (DP) 9:00 AM Walmart Trip 10:00 AM Crosswords & Coffee (WP Studio) 12:30 PM Monday Matinee "Send Me Flowers" (IH) 1:00 PM Publix Trip 1:30 PM Books to You w/ Pam Bainter (1F) 2:30 PM Fun Fitness (FS)	23 9:00 AM Pool Volleyball (DP) 10:15 AM Fluid Art w/ Christy (WP Studio) 1:30 PM Prize Bingo w/ Sydney (2F) 2:30 PM Strength & Balance (FS) Covid Clinic 9:00 AM—1:00 PM *SIGN-UP*	24 <i>National Peanut Butter Day</i> 9:00 AM Pool Aerobics (SP) 9:30 AM Bank Trip 10:00 AM Bible Study w/ Pastor Trey (2F) 11:00 AM AL Lunch Outing: Jim N' Nicks *SIGN-UP* 1:30 PM Aldi Shopping Trip 1:30 PM Peanut Butter Bars (Bistro) 2:30 PM Donation Penny Auction (WP Studio)	25 9:00 AM Pool Volleyball (DP) 10:00 AM Candy Bingo w/ Sydney (2F) 1:00 PM Rummikub w/ Sydney & Bobbi (CA) 1:00 PM Manicures w/ Jamie (1F) 2:30 PM Drum Fit (FS) 3:00 PM Touring France Feature (IH) 3:30 PM Danberry Dollar Redemption (WP Studio)	26 9:00 AM Water Arthritis (DP) 9:00 AM Hand & Foot (WP Studio) 2:00 PM UAB Broadway Tours "Cabaret" (IH) 2:00 PM Walgreens/Fresh Market Trip 2:30 PM Chair Exercise w/ Select Rehab (1F) 3:00 PM Monthly Select Rehab Social (CA)	27 10:00 AM Bible Study (CA) 6:30 PM Movie Night "Space Cowboys" (IH)
28 10:00 AM Protestant Church Service (IH) 10:30 AM Catholic Church Service (CA) 5:00 PM Sunday Series w/ Bob & Dorothy (IH)	29 9:00 AM Pool Aerobics (DP) 9:00 AM Walmart Trip 10:00 AM Crosswords & Coffee (WP Studio) 12:30 PM Monday Matinee "Swing Time" (IH) 1:00 PM Publix Trip 1:30 PM Ultimate Team Trivia 2:30 PM Happy Hour w/ James & James (Atrium) 2:30 PM Fun Fitness (FS)	30 8:30 AM Donuts & Coffee (Bistro) 9:00 AM Pool Volleyball (DP) 10:30 AM Sonshine Singers (IH) 1:30 PM Prize Bingo w/ Sydney (2F) 2:30 PM Strength & Balance (FS) Art Gallery Open House (Creative Arts)	31 9:00 AM Pool Aerobics (SP) 9:30 AM Bank Trip 10:00 AM Bible Study w/ Pastor Trey (2F) 2:00 PM Movie Matinee: "Walt Before Mickey" (WP Studio) Taste of France Menu Lunch & Dinner	<div>Events that require Sign Up:</div> <div>01/09—RSV Clinic01/24—AL Lunch Outing: Jim N' Nicks</div> <div>01/10—AL Dinner: Chick-Fil-A</div> <div>01/12—Lunch Outing: Olexa's</div> <div>01/17—Lunch & Learn w/ Emily McAllister</div> <div>01/19—Lunch Outing: Chez Fonfon</div> <div>01/23—Covid Clinic</div> <div>*The Sign-Up Binder is Located in the Wellington Park Studio*</div>		