

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday							
<p><b>CALENDAR COLORS:</b></p> <p><b>Black:</b> Assisted Living Activities</p> <p><b>Green:</b> Fitness Class</p> <p><b>Red:</b> Special Events</p> <p><b>Purple:</b> Outings</p> 		<p><b>CALENDAR KEY:</b></p> <p>1F: First Floor Common Area</p> <p>2F: Second Floor Common Area</p> <p>WP: Wellington Park</p> <p>CA: Creative Arts Studio</p> <p>FS: Fitness Studio</p> <p>IH: Inverness Hall</p> <p>BW CR: Bridgewater Room</p> 		<p>1</p> <p>10:00 AM Rummikub (WP Studio)</p> <p>3:00 PM December Birthday Celebration (Bistro)</p> <p><i>Happy</i> <b>NEW YEAR</b> <b>2025</b></p>		<p>2</p> <p>9:00 AM Pool Volleyball (DP)</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>10:00 AM Violin w/ Connie (1F)</p> <p>1:00 PM Game Time (CA)</p> <p>2:30 PM Jive &amp; Glide Chair Exercise (FS)</p> <p>3:00 PM Yahtzee (WP Studio)</p> <p>6:30 PM Lecture Series (DT)</p>		<p>3</p> <p>9:00 AM Water Arthritis (DP)</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>10:00 AM Rook Card Game (WP Studio)</p> <p>10:30 AM Shopping Trip: Merchantile &amp; Shoe Station *SIGN-UP*</p> <p>1:30 PM Candy Bingo w/ Sydney (2F)</p> <p>2:00 PM Walgreens Trip</p> <p>2:30 PM Chair Exercise w/ Select Rehab (1F)</p> <p>3:00 PM TV Game Time (WP Studio)</p>		<p>4</p> <p>10:00 AM Bible Study (IH)</p> <p>10:00 AM Catholic Rosary (CA)</p> <p>1:30 PM Open Play Checkers (CA)</p> <p>1:30 PM Open Play Game Time (WP Studio)</p> <p>6:30 PM Saturday Night Movie: "Raegan" (IH)</p>			
<p>5</p> <p>10:00 AM Protestant Church Service (IH)</p> <p>10:30 AM Catholic Church Service (CA)</p> <p>1:30 PM Open Play Game Time (WP Studio)</p> <p>1:30 PM Tech Support Volunteer Samuel Apartment Visits (1:30-4:00 PM) *Sign-Up for Help*</p> <p>5:00 PM Sunday Series w/ Bob &amp; Dorothy (IH)</p>		<p>6</p> <p>9:00 AM Pool Aerobics (DP)</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>9:30 AM Walmart Trip</p> <p>10:00 AM Crosswords &amp; Coffee (WP Studio)</p> <p>1:00 PM Publix Trip</p> <p>1:30 PM Rummikub (WP Studio)</p> <p>2:30 PM Wii Bowling (FS)</p> <p>3:00 PM Piano Performance by Kathy O'Connor (IH)</p>		<p>7</p> <p>8:30 AM Cinnamon Rolls &amp; Hot Chocolate (Bistro)</p> <p>9:00 AM Pool Volleyball (DP)</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>10:00 AM Hand &amp; Foot (WP Studio)</p> <p>1:30 PM Prize Bingo w/ Sydney (2F)</p> <p>2:00PM Water Arthritis (DP)</p> <p>3:00 PM The Alexanders Perform (Atrium)</p>		<p>8</p> <p>9:00 AM Pool Aerobics (DP)</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>9:30 AM Bank Trip</p> <p>10:00 AM Bible Study w/ Pastor Trey (2F)</p> <p>11:30 AM Lunch &amp; Learn w/ The Alabama Elder Care Law Firm *SIGN-UP* (IH)</p> <p>1:30 PM Sketch Booking &amp; Crafts for Dummies (CA)</p> <p>3:00 PM Crocheting Class w/ Sydney (WP Studio)</p>		<p>9</p> <p>9:00 AM Pool Volleyball (DP)</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>10:00 AM Town Hall (1F)</p> <p>1:00 PM Game Time (CA)</p> <p>1:00 PM The Science Lady Program (IH)</p> <p>1:00 PM Manicures w/ Jamie (1F)</p> <p>2:30 PM Jive &amp; Glide Chair Exercise (FS)</p> <p>2:30 PM Trivia w/ Select Rehab (CA)</p> <p>6:30 PM Lecture Series (DT)</p>		<p>10</p> <p>9:00 AM Water Arthritis (DP)</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>10:00 AM Rook Card Game (WP Studio)</p> <p>10:30 AM Lunch Outing: Irondale Café *SIGN-UP*</p> <p>1:30 PM Candy Bingo w/ Sydney (2F)</p> <p>2:00 PM Walgreens Trip</p> <p>2:30 PM Chair Exercise w/ Select Rehab (1F)</p> <p>3:00 PM JV's Retirement Party (Bistro)</p>		<p>11</p> <p>10:00 AM Bible Study (IH)</p> <p>10:00 AM Catholic Rosary (CA)</p> <p>1:30 PM Open Play Checkers (CA)</p> <p>1:30 PM Open Play Game Time (WP Studio)</p> <p>2:00 PM Blake Webber Performs (IH)</p> <p>6:30 PM Saturday Night Movie: "Twisters" (IH)</p>	
<p>12</p> <p>10:00 AM Protestant Church Service (IH)</p> <p>10:30 AM Catholic Church Service (CA)</p> <p>1:30 PM Open Play Game Time (WP Studio)</p> <p>1:30 PM Tech Support Volunteer Samuel Apartment Visits (1:30-4:00 PM) *Sign-Up for Help*</p> <p>2:30 PM Julia Ivey Piano Performance (IH)</p> <p>5:00 PM Sunday Series w/ Bob &amp; Dorothy (IH)</p>		<p>13</p> <p>9:00 AM Pool Aerobics (DP)</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>9:30AM Walmart Trip</p> <p>10:00 AM Winter Word Scramble (WP Studio)</p> <p>1:00 PM Publix Trip</p> <p>1:30 PM Mexican Train Dominoes (WP Studio)</p> <p>2:30 PM Wii Bowling (FS)</p> <p>3:00 PM Pam Bainter talks Roctogenarians (IH)</p> <p>6:00 PM City Brew Beer Tasting *SIGN-UP* (IH)</p>		<p>14</p> <p>9:00 AM Pool Volleyball (DP)</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>10:00 AM Scrabble (WP Studio)</p> <p>10:30 AM Outreach Project: No Sew Blankets for the Homeless (CA)</p> <p>2:00 PM Prize Bingo w/ Bobbi (IH)</p> <p>2:00PM Water Arthritis (DP)</p> <p>3:00 PM Hand in Paw Dog Visit (1F)</p> <p>3:30 PM Community Council (IH)</p> 		<p>15 <u>National Strawberry Ice Cream Day</u></p> <p>9:00 AM Pool Aerobics (DP)</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>9:30 AM Bank Trip</p> <p>10:00 AM Bible Study w/ Pastor Trey (2F)</p> <p>1:30 PM Aldi Shopping Trip</p> <p>2:00 PM Strawberry Milkshakes (Bistro)</p> <p>3:00 PM Hello Winter Picture Frame Craft (WP Studio)</p>		<p>16</p> <p>9:00 AM Pool Volleyball (DP)</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>10:00 AM Music Therapy w/ Allison (2F)</p> <p>1:00 PM Game Time (CA)</p> <p>1:30 PM Catholic Mass (IH)</p> <p>2:30 PM Jive &amp; Glide Chair Exercise (FS)</p> <p>2:30 PM Book Club invites everyone— Author Linda Maxwell talks about her book "The Widow of Escondido" (IH)</p> <p>6:30 PM Lecture Series (DT)</p>		<p>17</p> <p>9:00 AM Water Arthritis (DP)</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>10:00 AM Rook Card Game (WP Studio)</p> <p>10:45 AM Lunch Outing: Yum Yai Thai *SIGN-UP*</p> <p>1:30 PM Candy Bingo w/ Sydney (2F)</p> <p>2:00 PM Walgreens Trip</p> <p>2:30 PM Chair Exercise w/ Select Rehab (1F)</p> <p>3:00 PM Who's That Celebrity Guessing Game (WP Studio)</p>		<p>18</p> <p>10:00 AM Bible Study (IH)</p> <p>10:00 AM Catholic Rosary (CA)</p> <p>1:30 PM Open Play Checkers (CA)</p> <p>1:30 PM Open Play Game Time (WP Studio)</p> <p>6:30 PM Saturday Night Movie: "HERE" (IH)</p>	

# Wellington Park Calendar of Events-January 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>19 <i>National Popcorn Day</i></p> <p>10:00 AM Protestant Church Service (IH)</p> <p>10:30 AM Catholic Church Service (CA)</p> <p>1:30 PM Open Play Game Time (WP Studio)</p> <p>1:30 PM Tech Support Volunteer Samuel Apartment Visits (1:30-4:00 PM) *Sign-Up for Help*</p> <p>4:45 PM Popcorn Bar (DT)</p> <p>5:00 PM Sunday Series w/ Bob &amp; Dorothy (IH)</p>	<p>20</p> <p>9:00 AM Pool Aerobics (DP)</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>9:30 AM Walmart Trip</p> <p>10:00 AM Crosswords &amp; Coffee (WP Studio)</p> <p>1:00 PM Publix Trip</p> <p>1:30 PM AL New Resident Meet &amp; Greet (1F)</p> <p>2:30 PM Wii Bowling (FS)</p> <p>3:00 PM Rummikub (WP Studio)</p>	<p>21</p> <p>9:00 AM Pool Volleyball (DP)</p> <p>9:00 AM Donuts &amp; Coffee (1F)</p> <p>9:15 AM Stretching w/ Sydney (1F)</p> <p>10:00 AM Hand &amp; Foot (WP Studio)</p> <p>1:30 PM Prize Bingo w/</p> <p>2:00PM Water Arthritis (DP)</p> <p>2:30 PM January Birthday Celebration w/ Ice Cream Sundae Bars (Bistro)</p>	<p>22</p> <p>9:00 AM Pool Aerobics (DP)</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>9:30 AM Bank Trip</p> <p>10:00 AM Bible Study w/ Pastor Trey (2F)</p> <p>1:30 PM Dollar Tree Trip</p> <p>1:30 PM Sketch Booking &amp; Crafts for Dummies (CA)</p> <p>3:00 PM Crocheting Class w/ Sydney (WP Studio)</p>	<p>23</p> <p>9:00 AM Pool Volleyball (DP)</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>10:00 AM Readers Theater (WP Studio)</p> <p>1:00 PM Game Time (CA)</p> <p>1:00 PM Manicures w/ Jamie (1F)</p> <p>2:30 PM Jive &amp; Glide Chair Exercise (FS)</p> <p>2:30 PM Trivia w/ Select Rehab (CA)</p> <p>3:30 PM Jeopardy w/ Bob Lewis &amp; Ruth (WP Studio)</p> <p>6:30 PM Lecture Series (DT)</p>	<p>24</p> <p>9:00 AM Water Arthritis (DP)</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>9:30 AM Bank Trip</p> <p>10:00 AM Rook Card Game (WP Studio)</p> <p>1:30 PM Candy Bingo w/ Sydney (2F)</p> <p>2:00 PM Walgreens Trip</p> <p>2:30 PM Chair Exercise w/ Select Rehab (1F)</p> <p>3:00 PM Guess That Show Tune (WP Studio)</p>	<p>25</p> <p>10:00 AM Bible Study (IH)</p> <p>10:00 AM Catholic Rosary (CA)</p> <p>1:30 PM Open Play Checkers (CA)</p> <p>1:30 PM Open Play Game Time (WP Studio)</p> <p>6:30 PM Saturday Night Movie: "Wicked" (IH)</p>
<p>26</p> <p>10:00 AM Protestant Church Service (IH)</p> <p>10:30 AM Catholic Church Service (CA)</p> <p>1:30 PM Open Play Game Time (WP Studio)</p> <p>1:30 PM Tech Support Volunteer Samuel Apartment Visits (1:30-4:00 PM) *Sign-Up for Help*</p> <p>5:00 PM Sunday Series w/ Bob &amp; Dorothy (IH)</p>	<p>27</p> <p>9:00 AM Pool Aerobics (DP)</p> <p>9:30AM Walmart Trip</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>10:00 AM Winter Word Scramble (WP Studio)</p> <p>1:00 PM Publix Trip</p> <p>2:00 PM Hoover Public Library Book Mobile (Outside Front Entrance)</p> <p>2:30 PM Wii Bowling (FS)</p> <p>3:00 PM Mexican Train Dominoes (WP Studio)</p>	<p>28</p> <p>9:00 AM Pool Volleyball (DP)</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>10:00 AM Scrabble (WP Studio)</p> <p>10:30 AM Outreach Project: No Sew Blankets for the Homeless (CA)</p> <p>1:30 PM Prize Bingo w/ Sydney (2F)</p> <p>2:00PM Water Arthritis (DP)</p> <p>3:30 PM Happy Hour w/ Guitarist &amp; Vocalist Mike Alexander (Atrium)</p>	<p>29</p> <p>9:00 AM Pool Aerobics (DP)</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>9:30 AM Bank Trip</p> <p>10:00 AM Bible Study w/ Pastor Trey (2F)</p> <p>1:30 PM Ultimate Team Trivia (WP Studio)</p> <p>3:30 PM Danberry Dollar Redemption (WP Studio)</p>	<p>30</p> <p>9:00 AM Pool Volleyball (DP)</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>10:00 AM Candy Bingo w/ Sydney (2F)</p> <p>1:00 PM Game Time (CA)</p> <p>2:30 PM Jive &amp; Glide Chair Exercise (FS)</p> <p>2:30 PM The Whiting's Perform (IH)</p> <p>6:30 PM Lecture Series (DT)</p>	<p>31 <i>National Inspire Your Heart w/ Art Day</i></p> <p>9:00 AM Water Arthritis (DP)</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>9:30 AM Bank Trip</p> <p>10:00 AM Rook Card Game (WP Studio)</p> <p>2:00 PM Bluff Park Art Association Art Class *SIGN-UP* (CA)</p> <p>2:00 PM Walgreens Trip</p> <p>2:30 PM Chair Exercise w/ Select Rehab (1F)</p> <p>3:30 PM Fellowship Friday w/ Christy (FS)</p>	

Events that require Sign Up:

- 01/03—Shopping Trip: Merchantile & Shoe Station
- 01/08—Lunch & Learn w/ The Alabama Elder Care Law Firm
- 01/10—Lunch Outing: Irondale Café
- 01/13—City Brew Beer Tasting
- 01/17—Lunch Outing: Yum Yai Thai

\*The Sign-Up Binder is Located in the Wellington Park Studio\*



Happy Birthday!

- 01/08—Margery McBride
- 01/15—Peggy Conry
- 01/16—Charles Herrin
- 01/24—Judith McRae



Attention:

Calendars are subject to change.  
Please refer to your weekly runners for the most up to date information.

