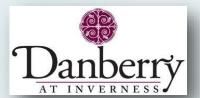


## Wellington Park Calendar of Events-January 2023



ATTIVERNESS								
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
1 Happy New Year! 10:00 AM Protestant Church Service (IH) 10:30 AM Catholic Church Service (CA) 1:00 PM Resident Games (CA) 5:00 PM Sunday Social (Bistro)  Happy Wew Year!	9:00 AM Pool Aerobics (DP) 10:00 AM Pick Up A Crossword Packet From The AL Front Desk! 1:00 PM Hand & Foot (BW CR) 1:00 PM Bridge Card Players Group (Bistro)	1:30 PM Prize Bingo w/ Bobbi (IH)	4 National Trivia Day  8:30 AM Donuts & Coffee (Bistro)  9:00 AM Pool Aerobics (DP)  9:00 AM Walmart Trip  9:30 AM Bank Trip  10:00 AM Bible Study w/ Pastor Trey (2F)  1:00 PM Publix/Winn Dixie Trip  1:30 PM Mahjong (BW CR)  2:00 PM Chair Yoga w/ Cindy Grubbs (1F)  3:00 PM Game Time—Trivia w/ Hot  Chocolate (2F)	9:00 AM Protestant Communion (PDR) 9:00 AM Chair Exercise (1F) 10:00 AM Matching Game (2F) 1:30 PM Craft Corner—Cardinal Buttons (WP Studio) 2:30 PM Sing-A-Long w/ Russ (IH) 6:30 PM Lecture Series—"In the Footsteps of Vincent Van Gough" (DT)	9:00 AM Pool Volleyball (DP) 10:00 AM Fun Fitness—Noodle Hockey (1F) 1:30 PM Candy Bingo w/ Sydney (2F) 2:00 PM Walgreens/Fresh Market Trip 3:30 PM Fellowship Friday w/ Melissa (CA)	7 10:00 AM Bible Study (CA) 1:00 PM Wii Sports (FS)		
8 10:00 AM Protestant Church Service (IH) 10:30 AM Catholic Church Service (CA) 1:00 PM Resident Games (CA)	9 9:00 AM Pool Aerobics (DP) 9:00 AM Walmart Trip 10:00 AM Connie Skellie, Violinist (1F) 1:00 PM Hand and Foot (BW CR) 1:00 PM Bridge Card Players Group (Bistro) 1:00 PM Publix/Winn Dixie Trip 1:30 PM Outreach Project: No Sew Blankets (WP Studio) 2:30 PM Chair Exercise (1F)	9:00 AM Pool Volleyball (DP) 10:00 AM Chair Exercise (1F) 11:00 AM Lunch & Learn: Aveanna Medical Preventative Care *SIGN-UP REQUIRED* 1:30 PM Prize Bingo w/ Bobbi (IH) 3:00 PM Hand In Paw (1F)	9:00 AM Pool Aerobics (DP) 9:30 AM Bank Trip 10:00 AM Bible Study w/ Pastor Trey (2F) 1:30 PM Mahjong (BW CR) 2:00 PM Chair Yoga w/ Cindy Grubbs (1F) 3:30 PM Community Council (IH)	9:00 AM Chair Exercise (1F) 10:30 AM Win Schedpps, Banjo (2F) 1:30 PM Kentucky Travel Video (2F) 2:30 PM You Be The Judge! Employee Potato Soup Cook Off (IH)	9:00 AM Pool Volleyball (DP)  10:00 AM Town Hall (1F)  1:30 PM Candy Bingo w/ Sydney (2F)  2:00 PM Walgreens/Fresh Market Trip  2:30 PM Jimmy & Joy Swing Dancing (IH)	14 10:00 AM Bible Study (CA) 1:00 PM Wii Sports (FS)		
15 10:00 AM Protestant Church Service (IH) 10:30 AM Catholic Church Service (CA) 1:00 PM Resident Choice Games (CA)  2:00 PM Craft & Snack w/ Tammy (1F)	9:00 AM Pool Aerobics (DP) 9:00 AM Pool Aerobics (DP) 9:00 AM Walmart Trip 10:00 AM Crosswords & Coffee (2F) 1:00 PM Hand & Foot (BW CR) 1:00 PM Bridge Car Players Group (Bistro) 1:00 PM Publix/Winn Dixie Trip 1:30 PM Craft Corner: Creating Dream Catchers (WP Studio) 2:30 PM Chair Exercise (1F)	9:00 AM Pool Volleyball (DP) 10:00 AM Chair Exercise (1F) 1:30 Prize Bingo w/ Sydney (2F) 2:00 PM Winter Craft w/ Stephanie (CA) 2:00 PM Movie Outing: A Man Called Otto (Starring Tom Hanks) *SIGN-UP REQUIRED*	8:30 AM Irish Coffee Cake & Irish Coffee (Bistro) 9:00 AM Pool Aerobics (DP) 9:30 AM Bank Trip 10:00 AM Bible Study w/ Pastor Trey (2F) 11:00 AM Lunch & Learn: Guardian Pharmacy *SIGN-UP REQUIRED* 1:30 PM Mahjong (BW CR) 2:00 PM Chair Yoga w/ Cindy Grubbs (1F) 3:00 PM Game Time—Scrabble (2F)	9:00 AM Protestant Communion (PDR) 9:00 AM Chair Exercise (1F) 10:00 AM Dawsoonaires (IH) 1:30 PM Catholic Mass (CA) 2:00 PM Movie Matinee & Popcorn: "Grumpy Old Men 2" (1F)	20 National Cheese Lovers Day 9:00 AM Pool Volleyball (DP) 10:00 AM Fun Fitness—Noodle Racing (1F) 1:30 PM Candy Bingo w/Sydney (2F) 2:00 PM Walgreens/Fresh Market Trip 2:30 PM Cheese Tasting (Bistro)	10:00 AM Bible Study (CA) 1:00 PM Wii Sports (FS) 6:30 PM Movie Night "Big Fat Greek Wedding" (IH)		



## Wellington Park Calendar of Events-January 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
22 The Chinese Lunar New Year 10:00 AM Protestant Church Service (IH) 10:30 AM Catholic Church Service (CA) 1:00 PM Resident Choice Games (CA)	9:00 AM Pool Aerobics (DP) 9:00 AM Walmart Trip 10:00 AM Crosswords & Coffee (2F) 1:00 PM Hand & Foot (BW CR) 1:00 PM Bridge Card Game (Bistro) 1:00 PM Publix/Winn Dixie Trip 1:30 PM Books To You w/ The Hoover Library (1F) 2:30 PM Chair Exercise (1F)	9:00 AM Pool Volleyball (DP) 10:00 AM Chair Exercise (1F) 10:15 AM Sonshine Singers (IH) 1:30 PM Prize Bingo w/ Bobbi (IH) 2:30 PM January Birthday Party (1F)	9:00 AM Pool Aerobics (DP) 9:00 AM Bank Trip 10:00 AM Bible Study w/ Pastor Trey (2F) 12:00 PM January Luncheon *SIGN -UP REQUIRED* (1F) 1:30 PM Hoover Library Trip 1:30 PM Mahjong (BW CR) 2:00 PM Chair Yoga w/ Cindy Grubbs (1F)	9:00 AM Chair Exercise (1F) 10:00 AM Tea & Coffee w/ Pastries (2F) 1:30 PM Craft Corner—Ceramic Marbled Coasters (WP Studio) 3:30 PM Danberry Dollar Redemption (WP Studio)	9:00 AM Pool Volleyball (DP) 9:45 AM Outing: Coffee Concert *SIGN-UP REQUIRED* (Begins at 11:00 AM) 10:00 AM Comedic Senior Skits (2F) 1:30 PM Candy Bingo w/Sydney (2F) 2:00 PM Walgreens/Fresh Market Trip 3:30 PM Fellowship Friday w/ Melissa (CA)  TODAY ONLY  Resident Art/Collection Show  OPEN	28 10:00 AM Bible Study (CA) 1:00 PM Wii Sports (FS) 6:30 PM Movie Night "A Ticket to Paradise" (IH)
29 10:00 AM Protestant Church Service (IH) 10:30 AM Catholic Church Service (CA) 1:00 PM Resident Choice Games (CA)	9:00 AM Pool Aerobics (DP) 9:00 AM Walmart Trip 10:00 AM Crosswords & Coffee (2F) 1:00 PM Hand & Foot (BW CR) 1:00 PM Bridge Card Game (Bistro) 1:00 PM Publix/Winn Dixie Trip 1:30 PM Rummikub (CA) 2:30 PM Chair Exercise (1F)	9:00 AM Pool Volleyball (DP) 10:00 AM Chair Exercise (1F) 1:30 PM Prize Bingo w/ Sydney (2F)  6:00 PM Winter Wonderland Party (IH)	3:00 PM Game Time—Ultimate Team Trivia (2F)		9:00 AM—5:00 PM	

## Events that require Sign Up:

01/10: Lunch & Learn: Aveanna Medical

01/17: Movie Outing: A Man Called Otto (Starring Tom Hanks)

01/18: Lunch & Learn: Guardian Pharmacy "Meds to Home"

01/

01/25: January Luncheon

01/27: Outing: Coffee Concert

\*The Sign-Up Binder is Located in the Wellington Park

Studio\*

## Attention:

Calendars are subject to change.

Please refer to your weekly runners for the most up to date information.

