





Wellington Park Calendar of Events-July 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>CALENDAR COLORS:</div> <div>Black: Assisted Living Activities</div> <div>Green: Fitness Class</div> <div>Red: Special Events</div> <div>Purple: Outings</div>		<div>CALENDAR KEY:</div> <div>1F: AL First Floor Common Area</div> <div>2F: AL Second Floor Common Area</div> <div>WP: Wellington Park</div> <div>CA: Creative Arts Studio</div> <div>FS: Fitness Studio</div> <div>IH: Inverness Hall</div> <div>BW CR: Bridgewater Room</div>				
		<div>1</div> <div><i>National Creative Ice Cream Day</i></div> <div>9:00 AM Pool Volleyball (DP)</div> <div>9:00 AM Stretching w/Sydney (1F)</div> <div>10:00 AM Prize Bingo w/Sydney (2F)</div> <div>1:00 PM Build Your Own Ice Cream Sundae (Bistro)</div> <div>2:30 PM AL Balloon Volleyball (1F)</div> <div>3:30 PM Greg Clark Piano Performance (IH)</div> <div>6:00 PM Game Time (2F)</div>	<div>2</div> <div>9:00 AM Pool Aerobics (DP)</div> <div>9:00 AM Stretching w/Sydney (1F)</div> <div>9:30 AM Bank Trip</div> <div>10:00 AM Bible Study w/ Pastor Trey (2F)</div> <div>2:00 PM 4th of July Social (1F)</div> <div>2:00 PM Walgreens Trip</div> <div>2:00 PM Chair Volleyball (IH)</div> <div>3:00 PM AL Lecture Series (WP Studio)</div> <div>3:30 PM Wii Bowling (FS)</div>	<div>3</div> <div>9:00 AM Pool Volleyball (DP)</div> <div>9:00 AM Stretching w/Sydney (1F)</div> <div>10:00 AM Violin w/ Connie Skellie (1F)</div> <div>1:00 PM Game Time (CA)</div> <div>1:30 PM Outreach Project: Humane Society No-Sew Blankets (CA)</div> <div>2:30 PM Noodle Hockey (FS)</div> <div>3:00 PM Trivia w/Select Rehab (WP Studio)</div> <div>6:00 PM Game Time (2F)</div>	<div>4</div> <div><i>Independence Day</i></div> <div>9:00 AM Water Arthritis *Res. Led* (DP)</div> <div>9:00 AM Stretching w/Sydney (1F)</div> <div>10:00 AM Rook Card Game (WP)</div> <div>1:30 PM Fourth of July Program (IH)</div> <div></div>	<div>5</div> <div>10:00 AM Bible Study (IH)</div> <div>10:00 AM Rosary (CA)</div> <div>1:30 PM Open Play Game Time (WP Studio)</div> <div>6:30 PM Saturday Night Movie (IH)</div>
<div>6</div> <div>10:00 AM Protestant Church Service (IH)</div> <div>10:30 AM Catholic Church Service (CA)</div> <div>1:30 PM Open Play Game Time (WP Studio)</div> <div>1:30 PM Tech Support Volunteer Samuel Apartment Visits (1:30-4:00 PM) *Sign-Up for Help*</div> <div>3:00 PM Guitarist Blake Webber Performs (IH)</div> <div>5:00 PM Sunday Series w/ Bob & Dorothy (DT)</div>	<div>7</div> <div>9:00 AM Pool Aerobics (DP)</div> <div>9:00 AM Stretching w/Sydney (1F)</div> <div>9:30 AM Walmart Trip</div> <div>10:00 AM Word Scramble (WP)</div> <div>1:00 PM Publix Trip</div> <div>1:30 PM Hand & Foot (WP Studio)</div> <div>2:30 PM Chair Exercise (1F)</div> <div>2:30 PM James & James (Atrium)</div>	<div>8</div> <div>9:00 AM Pool Volleyball (DP)</div> <div>9:15 AM Stretching w/Sydney (1F)</div> <div>10:00 AM Learn to Play Bridge w/Joan (WP)</div> <div>1:00 PM Prize Bingo w/Sydney (2F)</div> <div>2:00 PM Name That Tune w/a Twist (FS)</div> <div>3:00 PM Hand in Paw Dog Visit (Atrium)</div> <div>3:30 PM Community Council (IH)</div> <div>6:00 PM Game Time (2F)</div> <div></div>	<div>9</div> <div>9:00 AM Pool Aerobics (DP)</div> <div>9:00 AM Stretching w/Sydney (1F)</div> <div>9:30 AM Bank Trip</div> <div>10:00 AM Bible Study w/ Pastor Trey (2F)</div> <div>1:30 PM Sketch Booking & Crafts for Dummies (CA)</div> <div>2:00 PM Grab a Sugar Cookie (1F)</div> <div>2:30 PM AL Chair Exercise w/ Select Rehab (1F)</div> <div>3:00 PM AL Town Hall (1F)</div> <div>3:30 PM Wii Bowling (FS)</div>	<div>10</div> <div>9:00 AM Pool Volleyball (DP)</div> <div>9:00 AM Stretching w/Sydney (1F)</div> <div>10:00 AM Rummikub (WP)</div> <div>1:00 PM Game Time (CA)</div> <div>1:00 PM Manicures w/Jamie (1F)</div> <div>2:00 PM July Pool Party (DP)</div> <div>3:00 PM Watercolor Painting w/Darcy (WP Studio)</div> <div>6:00 PM Game Time (2F)</div>	<div>11</div> <div>9:00 AM Water Arthritis (DP)</div> <div>9:00 AM Stretching w/Sydney (1F)</div> <div>10:00 AM Rook Card Game (WP)</div> <div>10:30 AM Lunch Outing: Irondale Café *SIGN-UP*</div> <div>1:30 PM Candy Bingo w/ Sydney (2F)</div> <div>2:00 PM Walgreens Trip</div> <div>2:30 PM AL Chair Exercise w/ Select Rehab (1F)</div> <div>3:00 PM Pictionary w/Sandy Green (Bistro)</div>	<div>12</div> <div>10:00 AM Bible Study (IH)</div> <div>10:00 AM Rosary (CA)</div> <div>1:30 PM Open Play Game Time (WP Studio)</div> <div>5:00 PM Outing: Warblers *SIGN-UP*</div> <div>6:30 PM Saturday Night Movie (IH)</div>
<div>13</div> <div>10:00 AM Protestant Church Service (IH)</div> <div>10:30 AM Catholic Church Service (CA)</div> <div>1:30 PM Open Play Game Time (WP Studio)</div> <div>1:30 PM Tech Support Volunteer Samuel Apartment Visits (1:30-4:00 PM) *Sign-Up for Help*</div> <div>5:00 PM Sunday Series w/ Bob & Dorothy (DT)</div>	<div>14</div> <div>9:00 AM Pool Aerobics (DP)</div> <div>9:00 AM Stretching w/Sydney (1F)</div> <div>9:30AM Walmart Trip</div> <div>10:00 AM Crosswords & Coffee (WP Studio)</div> <div>1:00 PM Publix Trip</div> <div>1:30 PM AL Outing : The Foundry & Ice Cream *SIGN-UP*</div> <div>2:30 PM Chair Exercise</div> <div>3:00 PM Presentation by Pam Bainter "Alabama Creates—200 Years of Artists" (IH)</div>	<div>15</div> <div>9:00 AM Pool Volleyball (DP)</div> <div>9:00 AM Stretching w/Sydney (1F)</div> <div>10:00 AM Scrabble (WP)</div> <div>1:00 PM Prize Bingo w/Sydney (2F)</div> <div>1:30 PM Quiltmakers of Gees Bend Documentary (IH)</div> <div>2:30 PM AL Balloon Volleyball (1F)</div> <div>3:30 PM Al Mahan Performs (IH)</div> <div>6:00 PM Game Time (2F)</div>	<div>16</div> <div><i>National Cherry Day</i></div> <div>7:30 AM Men's Breakfast (IH)</div> <div>9:00 AM Pool Aerobics (DP)</div> <div>9:00 AM Stretching w/Sydney (1F)</div> <div>9:30 AM Bank Trip</div> <div>10:00 AM Bible Study w/ Pastor Trey (2F)</div> <div>1:30 PM Fresh Market Trip</div> <div>2:00 PM Chocolate Cherry Milkshakes (1F)</div> <div>2:30 PM AL Chair Exercise w/ Select Rehab (1F)</div> <div>3:00 PM AL Lecture Series (WP Studio)</div> <div>3:30 PM Wii Bowling (FS)</div>	<div>17</div> <div>9:00 AM Pool Volleyball (DP)</div> <div>9:00 AM Stretching w/Sydney (1F)</div> <div>10:00 AM Music Therapy w/Allison (2F)</div> <div>1:00 PM Game Time (CA)</div> <div>1:30 PM Rummikub (WP Studio)</div> <div>1:30 PM Outreach Project: Humane Society No-Sew Blankets (CA)</div> <div>2:30 PM Noodle Hockey (FS)</div> <div>3:00 PM Trivia w/Select Rehab (WP Studio)</div> <div>6:00 PM Game Time (2F)</div>	<div>18</div> <div>9:00 AM Water Arthritis (DP)</div> <div>9:00 AM Stretching w/ Sydney (1F)</div> <div>10:00 AM Rook Card Game (WP)</div> <div>1:30 PM Candy Bingo w/ Sydney (2F)</div> <div>2:00 PM Walgreens Trip</div> <div>2:30 PM AL Chair Exercise w/ Select Rehab (1F)</div> <div>2:30 PM Ultimate Team Trivia (Bistro)</div> <div>3:00 PM Sunflower Door Hanging Painting (WP Studio)</div>	<div>19</div> <div>10:00 AM Bible Study (IH)</div> <div>10:00 AM Rosary (CA)</div> <div>1:30 PM Lunch Outing: Top of the River (Anniston) *SIGN-UP*</div> <div>1:30 PM Open Play Game Time (WP Studio)</div> <div>6:30 PM Saturday Night Movie (IH)</div>



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20 10:00 AM Protestant Church Service (IH) 10:30 AM Catholic Church Service (CA) 1:30 PM Open Play Game Time (WP Studio) 1:30 PM Tech Support Volunteer Samuel Apartment Visits (1:30-4:00 PM) *Sign-Up for Help* 5:00 PM Sunday Series w/ Bob & Dorothy (DT)	21 9:00 AM Pool Aerobics (DP) 9:00 AM Stretching w/Sydney (1F) 9:30 AM Walmart Trip 10:00 AM Word Scramble (WP) 1:00 PM Publix Trip 1:30 PM Hand & Foot (WP Studio) 2:00 PM July Birthday Celebration w/ Cupcakes & Ice Cream (Bistro) 2:30 PM Fluid Art w/Christy (WP)	22 <u>National Mango Day</u> 9:00 AM Pool Volleyball (DP) 9:00 AM Donuts & Coffee (1F) 9:15 AM Stretching w/Sydney (1F) 10:00 AM Learn to Play Bridge w/Joan (WP) 1:00 PM Prize Bingo w/Sydney (2F) 2:30 PM Happy Hour w/The Boomerang Trio & Mango Margaritas (Atrium) 3:30 PM Meditation w/Marcus (DP) 6:00 PM Game Time (2F)	23 9:00 AM Pool Aerobics (DP) 9:00 AM Stretching w/Sydney (1F) 9:30 AM Bank Trip 10:00 AM Bible Study w/ Pastor Trey (2F) 1:30 PM Aldi Shopping Trip 1:30 PM AL July Birthday Celebration (2F) 2:30 PM AL Chair Exercise w/ Select Rehab (1F) 3:00 PM Mexican Train Dominoes (WP Studio) 3:30 PM Wii Bowling (FS)	24 9:00 AM Pool Volleyball (DP) 9:00 AM Stretching w/Sydney (1F) 10:00 PM Rummikub (WP) 1:00 PM Game Time (CA) 1:30 PM July Penny Auction (2F) 2:30 PM Noodle Hockey (FS) 3:00 PM Jeopardy w/Bob Lewis & Ruth (WP Studio) 6:00 PM Game Time (2F)	25 9:00 AM Water Arthritis (DP) 9:00 AM Stretching w/Sydney (1F) 10:00 AM Rook Card Game (WP) 10:00 AM Shopping/Lunch Outing: Kohl's & Metro Diner *SIGN-UP* 1:30 PM Candy Bingo w/Sydney (2F) 2:00 PM Walgreens Trip 2:30 PM AL Chair Exercise w/Select Rehab (1F) 3:30 PM Fellowship Friday w/ Christy (FS)	26 10:00 AM Bible Study (IH) 10:00 AM Rosary (CA) 1:30 PM Open Play Game Time (WP Studio) 6:30 PM Saturday Night Movie (IH)
27 10:00 AM Protestant Church Service (IH) 10:30 AM Catholic Church Service (CA) 1:30 PM Open Play Game Time (WP Studio) 1:30 PM Tech Support Volunteer Samuel Apartment Visits (1:30-4:00 PM) *Sign-Up for Help* 5:00 PM Sunday Series w/ Bob & Dorothy (DT)	28 9:00 AM Pool Aerobics (DP) 9:00 AM Stretching w/Sydney (1F) 9:30AM Walmart Trip 10:00 AM Crosswords & Coffee (WP Studio) 1:00 PM Publix Trip 1:30 PM Sea Shell Trinket Dish Decorating (WP Studio) 2:00 PM Hoover Library's Bookmobile (Outside Front Entrance) 2:30 PM Chair Exercise 3:00 PM Hoss Carl & Perry Perform	29 <u>National Peach Day</u> 9:00 AM Pool Volleyball (DP) 9:00 AM Stretching w/Sydney (1F) 10:00 AM Scrabble (WP) 1:30 PM Prize Bingo w/Bobbi (IH) 2:00 PM Name That Tune w/ a Twist (FS) 3:00 PM Peach Milkshakes (Bistro) 6:00 PM Game Time (2F)	30 <u>National Cheesecake Day</u> 9:00 AM Pool Aerobics (DP) 9:00 AM Stretching w/Sydney (1F) 9:30 AM Bank Trip 10:00 AM Bible Study w/ Pastor Trey (2F) 1:30 PM Dollar Tree Trip 1:30 PM Sketch Booking & Crafting for Dummies (CA) 2:00 PM Caramel Cheesecake Milkshakes (1F) 2:30 PM AL Chair Exercise w/ Select Rehab (1F) 3:30 PM Danberry Dollar Redemption (WP)	31 9:00 AM Pool Volleyball (DP) 9:00 AM Stretching w/Sydney (1F) 10:00 PM Alaska Travel Video (2F) 1:00 PM Game Time (CA) 1:00 PM Manicures w/Jamie (1F) 2:30 PM Noodle Hockey (FS) 3:00 PM Rummikub (WP Studio) 6:00 PM Game Time (2F) 6:00 PM 50's Party w/Just Friends (IH)	<u>Pool Party</u> Lets all have a little fun with some tropical drinks! Your choice to wear a swimsuit, but don't miss the fun! Thursday, July 10th Danberry Pool at 2:00 PM	<u>Trip Alert!!!</u> Please fill out the survey and return it to Bobbi or Sydney in Resident Services so we can start the planning process. We are hoping our first trip will be in September!!

Upcoming Outreach:

Food Drive

The ENTIRE month of July we will be collecting food for a college food pantry. More information to come soon.

Humane Society Blankets

In July we are making no-sew fleece blankets for the Birmingham Humane Society. Please consider joining us for this easy & rewarding project.

Happy Birthday!

07/02—Lou Lockhart

07/08—Elaine Beegle

07/11—Joanne Lacina

07/11—John Rish

07/19—Gladys Bradford

07/22—Grace Diliberti

07/ 27—Len McGovern

Attention:

Calendars are subject to change.

Please refer to your weekly runners

for the most up to date information.