

Wellington Park Calendar of Events-June 2024

ATTNVERNESS						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CALENDAR COLORS: Black: Assisted Living Activities Green: Fitness Class Red: Special Events Purple: Outings	CALENDAR KEY: 1F: First Floor Common Area 2F: Second Floor Common Area WP: Wellington Park CA: Creative Arts Studio FS: Fitness Studio IH: Inverness Hall BW CR: Bridgewater Room			HELL	June	1 10:00 AM Bible Study (CA) 1:30 PM Open Play Checkers (CA) 6:30 PM Movie Night: "The Imitation Game" (IH)
2 10:00 AM Protestant Church Service (IH) 10:30 AM Catholic Church Service (CA) 5:00 PM Sunday Series w/ Bob & Dorothy (IH)	3 9:00 AM Pool Aerobics (DP) 9:30AM Walmart Trip 9:00 AM Stretching w/ Sydney (1F) 10:00 AM Crosswords & Coffee (WP Studio) 12:30 PM Monday Matinee: "Benji" (IH) 1:00 PM Publix Trip 1:30 PM Publix Trip 1:30 PM Rummikub (WP Studio) 2:30 PM Fun Fitness (FS) 3:00 PM 2 Cousins & a Guitar (IH)	4 9:00 AM Pool Volleyball (DP) 9:00 AM Stretching w/ Sydney (1F) <u>10:00 AM Assisted Living Town Hall (1F)</u> 1:30 PM Prize Bingo w/ Sydney (2F) 2:30 PM Chair Exercise (FS) 3:00 PM Craft Corner—Painting Flower Pots (WP Studio) <u>3:30 PM Community Council (IH)</u>	5 9:00 AM Pool Aerobics (DP) 9:00 AM Stretching w/ Sydney (1F) 9:30 AM Bank Trip 10:00 AM Bible Study w/ Pastor Trey (2F) 1:30 PM Mexican Train Dominoes (WP Studio) 3:00 PM Noodle Hockey (1F) 6:00 PM Grab a friend & play Cornhole (IH)	6 9:00 AM Pool Volleyball (DP) 9:00 AM Stretching w/ Sydney (1F) 10:00 AM Connie Skellie, Violinist (1F) 1:00 PM Mexican Train Dominoes (CA) 2:30 PM Drum Fit (FS) 2:30 PM Drum Fit (FS) 2:30 PM Speaker Niki Sepsas talks about Greece History (IH) 6:30 PM Lecture Series: "Lost Art: The Stories of Missing Masterpieces" (DT)	 7 <u>National Chocolate Ice Cream Day</u> 9:00 AM Water Arthritis (DP) 9:00 AM Stretching w/ Sydney (1F) 9:30 AM Shopping Outing: Belk/Trader Joes *SIGN-UP* 10:00 AM Scrabble (WP Studio) 1:30 PM Candy Bingo w/ Sydney (2F) 1:30 PM Chocolate Milkshakes (Bistro) 2:00 PM Walgreens/Fresh Market Trip 2:30 PM Chair Exercise w/ Select Rehab (1F) 3:30 PM Fellowship Friday w/ Christy (FS) 	8 10:00 AM Bible Study (CA) 1:30 PM Open Play Checkers (CA) 6:30 PM Movie Night: "Junior" (IH)
 9 10:00 AM Protestant Church Service (IH) 10:30 AM Catholic Church Service (CA) 2:00 PM Julia Ivey Sings & Plays Piano (IH) 2:30 PM Outing: Sean of the South Radio Show *SIGN-UP* 5:00 PM Sunday Series w/ Bob & Dorothy (IH) 	109:00 AM Pool Aerobics *Resident Led* (DP)9:30 AM Walmart Trip9:00 AM Stretching w/ Sydney (1F)10:00 AM Crosswords & Coffee (WP Studio)12:30 PM Monday Matinee: "Jeremiah Johnson" (IH)1:00 PM Publix Trip1:30 PM Painting w/ Darcy (WP Studio)2:30 PM Chair Exercise Video (FS)3:00 PM The Alexanders Perform	11 9:00 AM Pool Volleyball *Resident Led* (DP) 9:00 AM Stretching w/ Sydney (1F) 10:00 AM Music Therapy w/ Allison (2F) 1:30 PM Prize Bingo w/ Sydney (2F) 2:30 PM Chair Exercise Video (FS) 2:30 PM Jeff Bianchi Classical Guitar Performance (IH) 3:00 PM Hand in Paw (1F)	12 9:00 AM Pool Aerobics *Resident Led* (DP) 9:00 AM Stretching w/ Sydney (1F) 9:30 AM Bank Trip 10:00 AM Bible Study w/ Pastor Trey (2F) 11:30 AM Lunch & Learn w/ Samford "Fall Prevention & Safety" *SIGN-UP* (IH) 1:30 PM Dollar Tree Trip 1:30 PM Hand & Foot (WP Studio) 3:00 PM Noodle Hockey (1F) 6:00 PM Grab a friend & play Cornhole (IH)	 13 9:00 AM Pool Volleyball *Resident Led* (DP) 9:00 AM Stretching w/ Sydney (1F) 10:30 AM Winn Schepps, Banjo (IH) 1:00 PM Scrabble (CA) 1:00 PM Manicures w/ Jamie (1F) 2:00 PM Father's Day Extravaganza *SIGN-UP* (IH) 6:30 PM Lecture Series: "Lost Art: The Stories of Missing Masterpieces" (DT) 	 14 9:00 AM Water Arthritis *Resident Led* (DP) 9:00 AM Stretching w/ Sydney (1F) 10:00 AM Rook Card Game (WP Studio) 10:30 AM Lunch Outing: Tasty Town Greek Restaurant *SIGN-UP* 1:30 PM Candy Bingo w/ Sydney (2F) 2:00 PM Walgreens/Fresh Market Trip 2:30 PM Chair Exercise w/ Select Rehab (1F) 2:30 PM Army Birthday Celebration (Bistro) 	15 10:00 AM Bible Study (CA) 1:30 PM Open Play Checkers (CA) 6:30 PM Movie Night: "DOG" (IH)





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16 Father's Day 10:00 AM Protestant Church Service (IH) 10:30 AM Catholic Church Service (CA) 5:00 PM Sunday Series w/ Bob & Dorothy (IH)	 17 9:00 AM Pool Aerobics (DP) 9:00 AM Stretching w/ Sydney (1F) 9:30 AM Walmart Trip 10:00 AM Crosswords & Coffee (WP Studio) 12:30 PM Monday Matinee: "Big Daddy" (IH) 1:00 PM Publix Trip 1:30 PM June Trivia (WP Studio) 2:30 PM Fun Fitness (FS) 3:00 PM Kathy O'Connor Piano Performance (IH) 	18 9:00 AM Pool Volleyball (DP) 9:00 AM Stretching w/ Sydney (1F) 10:00 AM New Mexico Travel Video (WP Studio) 1:30 PM Prize Bingo w/ Sydney (2F) 2:30 PM Strength & Balance Class (FS) 3:30 PM Meditation w/ Marcus (DT) 6:15 PM Outreach Project: No Sew Hats (CA) Balance & Fall Screening: Samford University 1:00—3:00 PM *SIGN-UP* (IH)	19 9:00 AM Pool Aerobics (DP) 9:00 AM Stretching w/ Sydney (1F) 9:30 AM Bank Trip 10:00 AM Bible Study w/ Pastor Trey (2F) 1:30 PM Aldi Shopping Trip 1:30 PM Mexican Train Dominoes (WP Studio) 3:00 PM Noodle Hockey (1F) 6:00 PM Grab a friend & play Cornhole (IH) <u>Taste of Greece Lunch & Dinner</u>	20 <u>First Day of Summer</u> 9:00 AM Pool Volleyball (DP) 9:00 AM Stretching w/ Sydney (1F) 10:00 AM Mobility Central *SIGN-UP* (CA) 1:00 PM Rummikub (CA) 2:30 PM Drum Fit (FS) 3:00 PM Craft Corner—Seashell Trinket Dish Painting (WP Studio) 6:30 PM Lecture Series (DT)	 21 <u>National Peaches & Cream Day</u> 9:00 AM Water Arthritis (DP) 9:00 AM Stretching w/ Sydney (1F) 10:00 AM Scrabble (WP Studio) 1:30 PM Candy Bingo w/ Sydney (2F) 1:30 PM Peaches & Cream Ice Cream Sundae (Bistro) 2:00 PM Walgreens/Fresh Market Trip 2:30 PM Chair Exercise w/ Select Rehab (1F) 3:00 PM June Penny Auction (WP Studio) 	22 10:00 AM Bible Study (CA) 1:30 PM Open Play Checkers (CA) 6:30 PM Movie Night: "Gifted" (IH)
23 10:00 AM Protestant Church Service (IH) 10:30 AM Catholic Church Service (CA) 5:00 PM Sunday Series w/ Bob & Dorothy (IH) 30 10:00 AM Protestant Church Service (IH) 10:30 AM Catholic Church Service (CA) 5:00 PM Sunday Series w/ Bob & Dorothy (IH)	24 9:00 AM Pool Aerobics (DP) 9:30 AM Walmart Trip 9:00 AM Stretching w/ Sydney (1F) 10:00 AM AL Outing: Foundry & Lunch *SIGN- UP* 12:30 PM Monday Matinee: "Love and War" (IH) 1:00 PM Publix Trip 1:30 PM Checkers (WP Studio) 2:30 PM Fun Fitness (FS) 3:00 PM Craft Corner—American Flag Pins (WP Studio) 6:00 PM A Journey to True Love w/ Russ Er- hahrdt (IH)	25 9:00 AM Pool Volleyball (DP) 9:00 AM Donuts & Coffee (WP Studio) 10:15 AM Fluid Art w/ Christy (WP Studio) 1:30 PM Prize Bingo w/ Bobbi (IH) 2:30 PM Strength & Balance (FS) 3:00 PM Ultimate Team Trivia (WP Stu- dio) 6:15 PM Outreach Project: No Sew Hats (CA)	26 9:00 AM Pool Aerobics (SP) 9:00 AM Stretching w/ Sydney (1F) 9:30 AM Bank Trip 10:00 AM Bible Study w/ Pastor Trey (2F) 1:30 PM Taste of Greece Snacks (Bistro) <u>3:30 PM Danberry Dollar</u> <u>Redemption (WP Studio)</u> 4:30 PM Dinner Outing: TBD 6:00 PM Grab a friend & play Cornhole (IH)	27 9:00 AM Pool Volleyball (DP) 9:00 AM Stretching w/ Sydney (1F) 10:00 AM Who's That Celebrity Guessing Game (WP Studio) 1:00 PM Rummikub (CA) 1:00 PM Manicures w/ Jamie (1F) 2:30 PM Drum Fit (FS) 3:00 PM Hoss Carl & Perry Happy Hour (Atrium) 6:30 PM Lecture Series (DT)	28 9:00 AM Water Arthritis (DP) 9:00 AM Stretching w/ Sydney (1F) 10:00 AM Rook Card Game (WP Studio) 1:30 PM Candy Bingo w/ Sydney (2F) 1:30 PM Laugh w/ Margie McBride (IH) 2:00 PM Walgreens/Fresh Market Trip 2:30 PM June Birthday Celebration (Bistro) 2:30 PM Chair Exercise w/ Select Rehab (1F) 3:00 PM Greece Travel Video (WP Studio)	29 10:00 AM Bible Study (CA) 1:30 PM Open Play Checkers (CA) 6:30 PM Movie Night: "Uncharted" (IH)

Events that require Sign Up:

06/07-Shopping Outing: Belk/Trader Joes

06/09-Outing: Sean of the South Radio Show

06/20-Mobility Central

06/18—Balance & Fall Screening

06/24—AL Outing: Foundry & Lunch

06/12—Lunch & Learn w/ Samford "Fall Prevention & Safety"

06/13—Father's Day Extravaganza

06/14-Lunch Outing: Tasty Town Greek Restaurant

The Sign-Up Binder is Located in the Wellington Park Studio

Happy Birthday!: 06/12—Shirley Moore 06/18—Doris Coker *06/19—Douglas Deal 06/29—James Killgore*





Attention:

Calendars are subject to change. Please refer to your weekly runners for the most up to date information.