




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>CALENDAR COLORS:</div> <div>Black: Assisted Living Activities</div> <div>Green: Fitness Class</div> <div>Red: Special Events</div> <div>Purple: Outings</div> <div>CALENDAR KEY:</div> <div>1F: First Floor Common Area</div> <div>2F: Second Floor Common Area</div> <div>WP: Wellington Park</div> <div>CA: Creative Arts Studio</div> <div>FS: Fitness Studio</div> <div>IH: Inverness Hall</div> <div>BW CR: Bridgewater Room</div> <div></div>						
3 10:00 AM Protestant Church Service (IH) 10:30 AM Catholic Church Service (CA) 5:00 PM Sunday Series w/ Bob & Dorothy (IH)	4 9:00 AM Pool Aerobics (DP) 9:00AM Walmart Trip 9:00 AM Morning Meditation (WP Studio) 10:00 AM Crosswords & Coffee (WP Studio) 12:30 PM Monday Matinee: "Einstein and the Bimb" (IH) 1:00 PM Publix Trip 1:30 PM Nate Bargatze Comedy Special (WP Studio) 2:30 PM Fun Fitness (FS) 3:00 PM St. Patrick's Day Button Craft (WP	5 9:00 AM Pool Volleyball (DP) 9:00 AM Morning Stretch (WP Studio) 10:00 AM Town Hall (1F) 1:30 PM Prize Bingo w/ Bobbi (IH) 2:30 PM Strength & Balance Class (FS) 3:00 PM February Trivia (WP Studio) 6:15 PM Outreach Project: No Sew Hats (CA)	6 9:00 AM Pool Aerobics (DP) 9:00 AM Morning Stretch (WP Studio) 9:30 AM Bank Trip 10:00 AM Bible Study w/ Pastor Trey (2F) 1:30 PM Congratulations Cynthia! *Celebrate with us* (1F) 2:30 PM Hand & Foot w/ Sydney (WP Studio) 3:30 PM Taste of Spain Cocktails (Bistro)	7 9:00 AM Pool Volleyball (DP) 9:00 AM Morning Stretch (WP Studio) 10:00 AM Connie Skellie, Violinist (1F) 1:00 PM Mexican Train Dominoes (CA) 1:00 PM Manicures w/ Jamie (1F) 2:30 PM Drum Fit (FS) 3:00 PM Name That Tune w/ Russ Randolph (IH) 6:30 PM Lecture Series: "Lost Art: The Stories of Missing Masterpieces" (DT)	8 9:00 AM Water Arthritis (DP) 9:00 AM Morning Stretch (WP Studio) 10:00 AM Scrabble (WP Studio) 1:30 PM Candy Bingo w/ Sydney (2F) 2:00 PM Walgreens/Fresh Market Trip 2:30 PM Chair Exercise w/ Select Rehab (1F) 3:00 PM Select Rehab Fellowship Social (CA)	9 10:00 AM Bible Study (CA) 2:00 PM Painting with Blew (1F) 6:30 PM Movie Night: "Gatsby" (IH)
10 Daylight Savings 10:00 AM Protestant Church Service (IH) 10:30 AM Catholic Church Service (CA) 2:00 PM Julia Ivey Piano Performance (IH) <div></div>	11 9:00 AM Pool Aerobics (DP) 9:00AM Walmart Trip 9:00 AM Morning Stretch (WP Studio) 10:00 AM Crosswords & Coffee (WP Studio) 12:30 PM Monday Matinee: "Mona Lisa Smile" (IH) 1:00 PM Publix Trip 1:30 PM Rummikub w/ Sydney (WP Studio) 2:30 PM Fun Fitness (FS) 3:00 PM Kathy O'Connor Piano Performance (IH) Podiatry Clinic—AL Exam Room *SIGN-UP* 9:00 AM—3:00 PM	12 9:00 AM Pool Volleyball (DP) 9:00 AM Morning Stretch (WP Studio) 10:15 AM Fluid Art w/ Christy (WP Studio) 10:15 AM Outreach Project: Plastic Bag Mats for the Homeless (CA) 1:30 PM Prize Bingo w/ Sydney (2F) 2:30 PM Strength & Balance Class (FS) 3:00 PM Hand in Paw (1F) 3:30 PM Al Mahan Performs (IH) 6:15 PM Outreach Project: No Sew Hats (CA) <div></div>	13 9:00 AM Pool Aerobics (DP) 9:00 AM Morning Stretch (WP Studio) 9:30 AM Bank Trip 10:00 AM Bible Study w/ Pastor Trey (2F) 11:30 AM Lunch & Learn: "My Plate Cooking Demo w/ Emily McCallister" *SIGN-UP* (IH) 1:30 PM Dollar Tree Trip 2:00 PM Mexican Train Dominoes w/ Sydney (WP Studio)	14 9:00 AM Pool Volleyball (DP) 9:00 AM Morning Stretch (WP Studio) 10:00 AM Painting w/ Darcy (WP Studio) 1:00 PM Scrabble (CA) 2:30 PM Drum Fit (FS) 3:00 PM Taste of Spain Snacks/Candy (Bistro) 6:30 PM Lecture Series: "Lost Art: The Stories of Missing Masterpieces" (DT)	15 9:00 AM Water Arthritis (DP) 9:00 AM Morning Stretch (WP Studio) 10:00 AM Rook Card Game (WP Studio) 10:30 AM Lunch Outing: Ming's Cuisine *SIGN-UP* 1:30 PM Candy Bingo w/ Sydney (2F) 2:00 PM Walgreens/Fresh Market Trip 2:30 PM Chair Exercise w/ Select Rehab (1F) 3:00 PM St. Patrick's Day Party w/ James & James (Atrium)	16 10:00 AM Bible Study (CA) 2:00 PM Creating Spring Wreaths w/ Church of the Highlands (1F) 6:30 PM Movie Night: "It Could Happen to You" (IH)

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17 <i>St. Patrick's Day</i> 10:00 AM Protestant Church Service (IH) 10:30 AM Catholic Church Service (CA) 5:00 PM Sunday Series w/ Bob & Dorothy (IH) 	18 9:00 AM Pool Aerobics (DP) 9:00 AM Walmart Trip 9:00 AM Morning Stretch (WP Studio) 10:00 AM Crosswords & Irish Coffee (WP Studio) 12:30 PM Monday Matinee: "The Family Man" (IH) 1:00 PM Publix Trip 1:30 PM Books To You w/ Pam Bainter (1F) 2:30 PM Fun Fitness (FS) 3:00 PM St. Patrick's Day Social (WP Stu-	19 9:00 AM Pool Volleyball (DP) 9:00 AM Morning Stretch (WP Studio) 10:00 AM Planting Flower Pots (WP Studio) 1:30 PM Prize Bingo w/ Sydney (2F) 2:30 PM Strength & Balance Class (FS) 3:00 PM New Hampshire Travel Video (WP Studio) 3:30 PM Presentation of "Lost & Some Found Treasure" w/ Jim Philips (IH) 6:15 PM Outreach Project: No Sew Hats (CA)	20 <i>First Day of Spring</i>  9:00 AM Pool Aerobics (DP) 9:00 AM Morning Stretch (WP Studio) 9:30 AM Bank Trip 10:00 AM Bible Study w/ Pastor Trey (2F) 10:45 AM AL Lunch Outing: Irondale Café *SIGN-UP* 1:30 PM Aldi Shopping Trip 2:00 PM Hand & Foot w/ Sydney (WP Studio) 6:00 PM Grab a friend & play Cornhole (IH)	21 9:00 AM Pool Volleyball (DP) 9:00 AM Morning Stretch (WP Studio) 10:00 AM Dawsonaires (IH) 1:00 PM Rummikub (CA) 1:00 PM Manicures w/ Jamie (1F) 2:30 PM Drum Fit (FS) 3:00 PM Bunco (WP Studio) 6:30 PM Lecture Series: "Lost Art: The Stories of Missing Masterpieces" (DT)	22 9:00 AM Water Arthritis (DP) 9:00 AM Morning Stretch (WP Studio) 10:00 AM Scrabble (WP Studio) 1:30 PM Candy Bingo w/ Sydney (1F) 2:00 PM Walgreens/Fresh Market Trip 2:30 PM Chair Exercise w/ Select Rehab (1F) 3:30 PM Fellowship Friday w/ Christy (FS) <u>Taste of Spain Lunch & Dinner</u>	23 10:00 AM Bible Study (CA) 6:30 PM Movie Night: "Erin Brockovich" (IH)
24 <i>Palm Sunday</i> 10:00 AM Protestant Church Service (IH) 10:30 AM Catholic Church Service (CA) 5:00 PM Sunday Series w/ Bob & Dorothy (IH) 	25 9:00 AM Pool Aerobics (DP) 9:00 AM Walmart Trip 9:00 AM Morning Stretch (WP Studio) 10:00 AM Crosswords & Coffee (WP Studio) 12:30 PM Monday Matinee: "(IH) 1:00 PM Publix Trip 1:30 PM Rummikub w/ Sydney (WP Studio) 2:30 PM Fun Fitness (FS) 2:30 PM March Birthday Celebration (Bistro) 3:00 PM Ultimate Team Trivia (WP Studio)	26 9:00 AM Pool Volleyball (DP) 9:00 AM Donuts & Coffee (WP Studio) 10:00 AM Craft Corner—Easter Baskets (WP Studio) 1:30 PM Prize Bingo w/ Sydney (2F) 2:30 PM Strength & Balance (FS) 3:00 PM Matching Game (WP Studio) 6:15 PM Outreach Project: No Sew Hats (CA)	27 9:00 AM Pool Aerobics (SP) 9:00 AM Morning Stretch (WP Studio) 9:30 AM Bank Trip 10:00 AM Bible Study w/ Pastor Trey (2F) 11:30 AM Lunch & Learn w/ Encompass: Services, & Admissions *SIGN-UP* (IH) 2:00 PM Mexican Train Domines w/ Sydney (WP Studio)	28 9:00 AM Pool Volleyball (DP) 9:00 AM Morning Stretch (WP Studio) 10:00 AM Spain Travel Video (WP Studio) 1:00 PM Rummikub (CA) 1:30 PM New Resident Social (IH) 2:30 PM Drum Fit (FS) <u>3:30 PM Danberry Dollar Redemption (WP Studio)</u> 6:30 PM Lecture Series: "Lost Art: The Stories of Missing Masterpieces" (DT)	29 <i>Good Friday</i> 9:00 AM Water Arthritis (DP) 9:00 AM Morning Stretch (WP Studio) 10:00 AM Rook Card Game (WP Studio) 11:00 AM Lunch Outing: Cracker Barrel *SIGN-UP* 1:30 PM Candy Bingo w/ Sydney (1F) 2:00 PM Walgreens/Fresh Market Trip 2:30 PM Chair Exercise w/ Select Rehab (1F) 3:00 PM Good Friday Billy Graham Sermon (WP Studio)	30 10:00 AM Bible Study (CA) 6:30 PM Movie Night: "The Queen" (IH)

31
Easter
10:00 AM Protestant Church Service (IH)
10:30 AM Catholic Church Service (CA)
5:00 PM Sunday Series w/ Bob & Dorothy (IH)


Events that require Sign Up:

03/13—Lunch & Learn: "My Plate Cooking Demo w/ Emily McCallister"

03/15—Lunch Outing: Ming's Cuisine

03/20—AL Lunch Outing: Irondale Café

03/27—Lunch & Learn w/ Encompass: Services, & Admissions

03/29—Lunch Outing: Cracker Barrel

The Sign-Up Binder is Located in the Wellington Park Studio



Attention:

Calendars are subject to change.
Please refer to your weekly runners for the most up to date information.