

# Wellington Park Calendar of Events-March 2025

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	S
CALENDAR COLORS: Black: Assisted Living Activities Green: Fitness Class Red: Special Events Purple: Outings	CALENDAR KEY: 1F: First Floor Common Area 2F: Second Floor Common Area WP: Wellington Park CA: Creative Arts Studio FS: Fitness Studio IH: Inverness Hall BW CR: Bridgewater Room			H, E, L, M, A, R,		1 10:00 AM 1:30 PM C 1:30 PM C Studio) 6:30 PM S
2 10:00 AM Protestant Church Service (IH) 10:30 AM Catholic Church Service (CA) 1:30 PM Open Play Game Time (WP Studio) 1:30 PM Tech Support Volunteer Samuel Apartment Visits (1:30-4:00 PM) *Sign-Up for Help* 5:00 PM Sunday Series w/ Bob & Dorothy (IH)	3 9:00 AM Pool Aerobics (DP) 9:00 AM Stretching w/ Sydney (1F) 9:30 AM Walmart Trip 10:00 AM Crosswords & Coffee (WP Studio) 1:00 PM Publix Trip 2:00 PM Mardi Gras Parade (Atrium/ Front Entrance) 2:30 PM Wii Bowling (FS) 3:00 PM Rummikub (WP Studio)	4 <u>Fat Tuesday</u> 9:00 AM Pool Volleyball (DP) 9:00 AM Mardi Gras King Cake & Cof- fee (1F) 9:15 AM Stretching w/ Sydney (1F) 10:00 AM Hand & Foot (WP Studio) 1:30 PM Prize Bingo w/ Sydney (2F) 2:00PM Water Arthritis (DP) 6:00 PM Mardi Gras Party w/ Just Friends (IH)	5Ash Wednesday8:30 AM Men's Monthly Breakfast (IH)9:00 AM Pool Aerobics (DP)9:00 AM Stretching w/ Sydney (1F)9:30 AM Bank Trip10:00 AM Bible Study w/ Pastor Trey (2F)1:30 PM Ash Distribution (Bistro)2:00 PM Chair Volleyball (IH)3:00 PM AL Town Hall (1F)3:30 PM Wii Bowling (FS)	<ul> <li>6</li> <li>9:00 AM Pool Volleyball (DP)</li> <li>9:00 AM Stretching w/ Sydney (1F)</li> <li>10:00 AM Violin w/Connie Skellie (1F)</li> <li>1:00 PM Game Time (CA)</li> <li>1:00 PM Manicures w/ Jamie (1F)</li> <li>2:30 PM Jive &amp; Glide Chair Exercise (FS)</li> <li>2:30 PM Trivia w/ Select Rehab (CA)</li> <li>6:30 PM Lecture Series (DT)</li> </ul>	<ul> <li>7</li> <li>9:00 AM Water Arthritis (DP)</li> <li>9:00 AM Stretching w/ Sydney (1F)</li> <li>10:00 AM Rook Card Game (WP Studio)</li> <li>1:30 PM Candy Bingo w/ Sydney (2F)</li> <li>2:00 PM Walgreens Trip</li> <li>2:30 PM Chair Exercise w/ Select Rehab (1F)</li> <li>3:00 PM Pictionary w/ Sandy Green (Bistro)</li> </ul>	8 10:00 AM 10:00 AM 1:30 PM C 1:30 PM C Studio) 6:30 PM S
9Daylight Savings10:00 AM Protestant Church Service (IH)10:30 AM Catholic Church Service (CA)1:30 PM Open Play Game Time (WP Studio)1:30 PM Tech Support Volunteer Samuel Apartment Visits (1:30-4:00 PM) *Sign-Up for Help*2:30 PM Julia Ivey Piano Performance (IH)5:00 PM Sunday Series w/ Bob & Dorothy (IH)	10 9:00 AM Pool Aerobics (DP) 9:00 AM Stretching w/ Sydney (1F) 9:30AM Walmart Trip 10:00 AM Word Scramble (WP Stu- dio) 1:00 PM Publix Trip 1:30 PM Publix Trip 1:30 PM Mexican Train Dominoes (WP Studio) 2:30 PM Wii Bowling (FS) 3:00 PM Book Talk w/Pam Bainter (IH)	<ul> <li>11</li> <li>9:00 AM Pool Volleyball (DP)</li> <li>9:15 AM Stretching w/ Sydney (1F)</li> <li>10:00 AM Scrabble (WP Studio)</li> <li>10:00 AM Outreach Project: No Sew Blankets for the Birmingham Humane Society (CA)</li> <li>1:30 PM Prize Bingo w/ Sydney (2F)</li> <li>2:00PM Water Arthritis (DP)</li> <li>3:00 PM Hand in Paw Dog Visit (Atrium)</li> <li>3:30 PM Community Council (IH)</li> </ul>	12         9:00 AM Pool Aerobics (DP)         9:00 AM Stretching w/ Sydney (1F)         9:30 AM Bank Trip         10:00 AM Bible Study w/ Pastor Trey (2F)         11:30 AM Lunch & Learn w/Trinity Pharmacy *SUGN-UP* (IH)         1:30 PM Fresh Market Trip         1:30 PM Sketch Booking for Dummies (CA)         2:00 PM Chair Volleyball (IH)         3:00 PM Crocheting Class w/ Sydney (WP Studio)         3:30 PM Wii Bowling (FS)	<ul> <li>13</li> <li>9:00 AM Pool Volleyball (DP)</li> <li>9:00 AM Stretching w/ Sydney (1F)</li> <li>10:00 AM Gardening Club (WP Studio)</li> <li>1:00 PM Game Time (CA)</li> <li>1:00 PM Manicures w/ Jamie (1F)</li> <li>1:00 PM Catholic Mass (IH)</li> <li>2:30 PM Jive &amp; Glide Chair Exercise (FS)</li> <li>3:00 PM Classic Guitarist Jeff Bianchi Performs (IH)</li> <li>6:30 PM Lecture Series (DT)</li> </ul>	149:00 AM Water Arthritis (DP)9:00 AM Stretching w/ Sydney (1F)10:00 AM Rook Card Game (WP Studio)10:00 AM Shopping Outing: Kohls & Shoe Station *SIGN-UP*1:30 PM Candy Bingo w/ Sydney (2F)2:00 PM Walgreens Trip2:30 PM Chair Exercise w/ Select Rehab (1F)3:00 PM St. Patrick's Day Craft (WP Studio)	15 10:00 AM 1 10:00 AM 1 1:30 PM O 1:30 PM O Studio) 6:30 PM Sa





### Saturday

M Bible Study (IH) M Rosary (CA) Open Play Checkers (CA) I Open Play Game Time (WP

I Saturday Night Movie (IH)

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Saturday Night Movie (IH)

M Bible Study (IH) M Rosary (CA) Open Play Checkers (CA) I Open Play Game Time (WP

I Saturday Night Movie (IH)



# Wellington Park Calendar of Events-March 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<ul> <li>16</li> <li>10:00 AM Protestant Church Service (IH)</li> <li>10:30 AM Catholic Church Service (CA)</li> <li>1:30 PM Open Play Game Time (WP Studio)</li> <li>1:30 PM Tech Support Volunteer Samuel Apartment Visits (1:30-4:00 PM) *Sign-Up for Help*</li> <li>5:00 PM Sunday Series w/ Bob &amp; Dorothy (IH)</li> </ul>	<ul> <li>17 <u>St. Patrick's Day</u></li> <li>9:00 AM Pool Aerobics (DP)</li> <li>9:00 AM Stretching w/ Sydney (1F)</li> <li>9:30 AM Walmart Trip</li> <li>10:00 AM Music Therapy w/ Allison (2F)</li> <li>1:00 PM Publix Trip</li> <li>1:30 PM Rummikub (WP Studio)</li> <li>2:30 PM Wii Bowling (FS)</li> <li>3:00 PM St. Patrick's Day Social (Bistro)</li> </ul>	<ul> <li>18</li> <li>9:00 AM Pool Volleyball (DP)</li> <li>9:00 AM Donuts &amp; Coffee (1F)</li> <li>9:15 AM Stretching w/ Sydney (1F)</li> <li>10:00 AM Hand &amp; Foot (WP Studio)</li> <li>1:30 PM Prize Bingo w/ Sydney (2F)</li> <li>2:00PM Water Arthritis (DP)</li> <li>3:30 PM Al Mahan Performs (IH)</li> </ul>	<ul> <li>19</li> <li>9:00 AM Pool Aerobics (DP)</li> <li>9:00 AM Stretching w/ Sydney (1F)</li> <li>9:30 AM Bank Trip</li> <li>10:00 AM Bible Study w/ Pastor Trey (2F)</li> <li>1:30 PM Aldi Shopping Trip</li> <li>1:30 PM Hello Spring Craft (WP Studio)</li> <li>2:00 PM Chair Volleyball (IH)</li> <li>3:00 PM Crocheting Class w/Sydney (WP Studio)</li> </ul>	<ul> <li>20 <u>First Day of Spring</u></li> <li>9:00 AM Pool Volleyball (DP)</li> <li>9:00 AM Stretching w/ Sydney (1F)</li> <li>10:00 AM Mobility Central Visit (CA)</li> <li>1:00 PM Game Time (CA)</li> <li>2:30 PM Jive &amp; Glide Chair Exercise (FS)</li> <li>2:30 PM Trivia w/Select Rehab (CA)</li> <li>6:30 PM Lecture Series (DT)</li> </ul>	<ul> <li>21</li> <li>9:00 AM Water Arthritis (DP)</li> <li>9:00 AM Stretching w/ Sydney (1F)</li> <li>9:30 AM Bank Trip</li> <li>10:00 AM Rook Card Game (WP Studio)</li> <li>1:30 PM Candy Bingo w/ Sydney (2F)</li> <li>2:00 PM Walgreens Trip</li> <li>2:30 PM Chair Exercise w/ Select Rehab (1F)</li> <li>3:30 PM Fellowship Friday w/ Christy (FS)</li> </ul>	22 10:00 AM Bible Study (IH) 10:00 AM Rosary (CA) 1:30 PM Open Play Checkers (CA) 1:30 PM Open Play Game Time (WP Studio) 6:30 PM Saturday Night Movie (IH)
23 10:00 AM Protestant Church Service (IH) 10:30 AM Catholic Church Service (CA) 1:30 PM Open Play Game Time (WP Studio) 1:30 PM Tech Support Volunteer Samuel Apartment Visits (1:30-4:00 PM) *Sign-Up for Help* 5:00 PM Sunday Series w/ Bob & Dorothy (IH)	24 9:00 AM Pool Aerobics (DP) 9:00 AM Stretching w/ Sydney (1F) 9:30AM Walmart Trip 10:00 AM Spring Word Scramble (WP Studio) 1:00 PM Publix Trip 1:30 PM Mexican Train Dominoes (WP Studio) 2:30 PM Wii Bowling (FS) 3:00 PM Piano Performance w/Kathy O'Connor (IH)	25 9:00 AM Pool Volleyball (DP) 9:00 AM Stretching w/ Sydney (1F) 10:00 AM Strabble (WP Studio) 10:00 AM Outreach Project: No Sew Blankets for the Birmingham Humane Society (CA) 1:30 PM Prize Bingo w/ Bobbi (IH) 2:00PM Water Arthritis (DP) 2:30 PM March Birthday Celebration w/ Strawberry Cheesecake Sundaes (Bistro) 3:30 PM Meditation w/ Marcus (DP)	3:30 PM Wii Bowling (FS) 26 9:00 AM Pool Aerobics (DP) 9:00 AM Stretching w/ Sydney (1F) 9:30 AM Bank Trip 10:00 AM Bible Study w/ Pastor Trey (2F) 1:30 PM Dollar Tree Trip 1:30 PM Sketch Booking for Dummies (CA) 2:00 PM Chair Volleyball (IH) 3:30 PM Danberry Dollar Redemption (WP Studio) 3:30 PM Wii Bowling (FS)	27 9:00 AM Pool Volleyball (DP) 9:00 AM Stretching w/ Sydney (1F) 10:00 AM Gardening Club (WP Studio) 1:00 PM Game Time (CA) 1:30 PM Skincare Party *SIGN-UP* "Learn how to do your own Facials w/ Brooke" (IH) 2:30 PM Chair Exercise Video (WP Stu- dio) 3:00 PM Jeopardy w/Bob Lewis & Ruth (WP Studio) 6:30 PM Lecture Series (DT)	<ul> <li>5:30 PM Outing: Dolores Hydock "Love Struck" at Homewood Library *SIGN-UP*</li> <li>28 <u>Something on a Stick Day</u></li> <li>9:00 AM Water Arthritis (DP)</li> <li>9:00 AM Stretching w/ Sydney (1F)</li> <li>9:30 AM Bank Trip</li> <li>10:00 AM Candy Bingo w/ Sydney (2F)</li> <li>10:30 AM Lunch Outing: El Patron Mexican *SIGN-UP*</li> <li>1:30 PM Fondue Fountain &amp; Treats on a Stick (Bistro)</li> <li>2:00 PM Walgreens Trip</li> <li>2:30 PM Chair Exercise w/ Select Rehab (1F)</li> <li>3:00 PM Rook Card Game (WP Studio)</li> </ul>	29 10:00 AM Bible Study (IH) 10:00 AM Rosary (CA) 1:30 PM Open Play Checkers (CA) 1:30 PM Open Play Game Time (WP Studio) 6:30 PM Saturday Night Movie (IH)
<ul> <li>10:30 AM Catholic Church Service (CA)</li> <li>1:30 PM Open Play Game Time (WP Studio)</li> <li>1:30 PM Tech Support Volunteer Samuel Apartment Visits (1:30-4:00 PM) *Sign-Up for Help*</li> <li>5:00 PM Sunday Series w/ Bob &amp;</li> </ul>	<ul> <li>31</li> <li>9:00 AM Pool Aerobics (DP)</li> <li>9:00 AM Stretching w/ Sydney (1F)</li> <li>9:30 AM Walmart Trip</li> <li>10:00 AM Crosswords &amp; Coffee (WP Studio)</li> <li>1:00 PM Publix Trip</li> <li>1:30 PM Shopping Outing: Kohl's &amp; Style Encore *SIGN-UP*</li> <li>2:00 PM Hoover Public Library Bookmobile (Outside Front Entrance)</li> <li>2:30 PM Wii Bowling (FS)</li> </ul>		Happy Birt 03/02—Faye W 03/03—Peggy W 03/09—Charles 03/22—Jean B	Vatkins Tipperman Stewart	Attent Calendars are subject to to your weekly runners for information	o change. <b>Please refer</b> for the most up to date

