




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>CALENDAR COLORS:</p> <p>Black: Assisted Living Activities</p> <p>Green: Fitness Class</p> <p>Red: Special Events</p> <p>Purple: Outings</p> 	<p>CALENDAR KEY:</p> <p>1F: First Floor Common Area</p> <p>2F: Second Floor Common Area</p> <p>WP: Wellington Park</p> <p>CA: Creative Arts Studio</p> <p>FS: Fitness Studio</p> <p>IH: Inverness Hall</p> <p>BW CR: Bridgewater Room</p>	<p><i>Outreach Project</i></p> <p><i>Luggage Collection for foster children.</i></p> <p><i>During May we will collect suitcases, totes, & duffle bags to donate to a local foster agency.</i></p> <p><i>Please drop-off these items at the <u>Welcome Desk</u></i></p>	<p>Hello <i>May</i></p> 	<p>1</p> <p>9:00 AM Pool Volleyball (DP)</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>10:00 AM Connie Skillie, Violinist (1F)</p> <p>1:00 PM Game Time (CA)</p> <p>1:30 PM Craft Corner: Kentucky Derby Hat Making (CA)</p> <p>2:30 PM Jive & Glide Chair Exercise (FS)</p> <p>3:00 PM Guess That Show Tune (WP Studio)</p>	<p>2</p> <p>9:00 AM Water Arthritis (DP)</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>10:00 AM Rook Card Game (WP Studio)</p> <p>1:30 PM Candy Bingo w/ Sydney (2F)</p> <p>2:00 PM Walgreens Trip</p> <p>2:30 PM Chair Exercise w/ Select Rehab (1F)</p> <p>3:00 PM Pictionary w/ Sandy (Bistro)</p> <p>5:30 PM Outing: Dolores Hydock at Cahaba Heights UMC *SIGN-UP*</p>	<p>3</p> <p>10:00 AM Bible Study (IH)</p> <p>10:00 AM Rosary (CA)</p> <p>1:30 PM Open Play Checkers (CA)</p> <p>1:30 PM Open Play Game Time (WP Studio)</p> <p>6:30 PM Saturday Night Movie (IH)</p> <p><i>Kentucky Derby Watch Party (Bistro)</i></p>
<p>4</p> <p>10:00 AM Protestant Church Service (IH)</p> <p>10:30 AM Catholic Church Service (CA)</p> <p>1:30 PM Open Play Game Time (WP Studio)</p> <p>1:30 PM Tech Support Volunteer Samuel Apartment Visits (1:30-4:00 PM) *Sign-Up for Help*</p> <p>2:00 PM Dawson Middle School Choir Performs (IH)</p> <p>5:00 PM Sunday Series w/ Bob & Dorothy (DT)</p>	<p>5 <i>Cinco De Mayo</i></p> <p>9:00 AM Pool Aerobics (DP)</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>9:30 AM Walmart Trip</p> <p>10:00 AM Word Scramble (WP Studio)</p> <p>1:00 PM Publix Trip</p> <p>1:00 PM AL Outing: The Foundry *SIGN-UP*</p> <p>2:00 PM Piano w/ Kathy O'Connor (IH)</p> <p>2:30 PM Wii Bowling (FS)</p> <p>3:00 PM Pam Bainter "Leave Only Footprints" (IH)</p> <p>3:30 PM Margarita Table (Atrium)</p>	<p>6</p> <p>9:00 AM Pool Volleyball (DP)</p> <p>9:15 AM Stretching w/ Sydney (1F)</p> <p>10:00 AM Hand & Foot (WP Studio)</p> <p>1:30 PM Prize Bingo w/ Bobbi (IH)</p> <p>2:30 PM Chair Exercise w/ Sydney (WP Studio)</p> <p>3:00 PM Greg Clark's Piano Performance w/ Sign-A-Long (IH)</p>	<p>7</p> <p>9:00 AM Pool Aerobics (DP)</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>9:30 AM Bank Trip</p> <p>10:00 AM Bible Study w/ Pastor Trey (2F)</p> <p>11:30 AM Mother's Day Luncheon w/ Allison on Guitar *SIGN-UP* (1F)</p> <p>1:30 PM Sketch Booking & Crafts for Dummies (CA)</p> <p>2:00 PM Chair Volleyball (IH)</p> <p>3:00 PM Lecture Series (2F)</p> <p>3:30 PM Wii Bowling (FS)</p>	<p>8</p> <p>9:00 AM Pool Volleyball (DP)</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>10:00 AM Rummikub (WP Studio)</p> <p>1:00 PM Game Time (CA)</p> <p>1:00 PM Manicures w/ Jamie (1F)</p> <p>2:30 PM Jive & Glide Chair Exercise (FS)</p> <p>3:30 PM Al Mahan Performs (IH)</p>	<p>9</p> <p>9:00 AM Water Arthritis (DP)</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>10:00 AM Candy Bingo w/ Sydney (2F)</p> <p>10:30 AM Lunch Outing: North Italia *SIGN-UP*</p> <p>2:00 PM Mother's Day Tea w/ Kara Lancaster (IH)</p> <p>2:00 PM Walgreens Trip</p> <p>2:30 PM Chair Exercise w/ Select Rehab (1F)</p> <p>3:00 PM Rook Card Game (WP Studio)</p>	<p>10</p> <p>10:00 AM Bible Study (IH)</p> <p>10:00 AM Rosary (CA)</p> <p>1:30 PM Open Play Checkers (CA)</p> <p>1:30 PM Open Play Game Time (WP Studio)</p> <p>6:30 PM Saturday Night Movie (IH)</p>
<p>11 <i>Mother's Day</i></p> <p>10:00 AM Protestant Church Service (IH)</p> <p>10:30 AM Catholic Church Service (CA)</p> <p>1:30 PM Open Play Game Time (WP Studio)</p> <p>1:30 PM Tech Support Volunteer Samuel Apartment Visits (1:30-4:00 PM) *Sign-Up for Help*</p> <p>5:00 PM Sunday Series w/ Bob & Dorothy (DT)</p>	<p>12</p> <p>9:00 AM Pool Aerobics (DP)</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>9:30 AM Walmart Trip</p> <p>10:00 AM Crosswords & Coffee (WP Studio)</p> <p>1:00 PM Publix Trip</p> <p>2:00 PM Brianimations Puppetry Story Show (IH)</p> <p>2:30 PM Wii Bowling (FS)</p> <p>3:00 PM Mexican Train Dominoes (WP Studio)</p>	<p>13</p> <p>9:00 AM Pool Volleyball (DP)</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>10:00 AM Scrabble (WP Studio)</p> <p>1:00 PM Prize Bingo w/ Sydney (2F)</p> <p>2:00 PM Name That Tune (FS)</p> <p>3:00 PM Hand in Paw Dog Visit (1F)</p> <p>3:30 PM Meditation w/ Marcus (DP)</p> 	<p>14</p> <p>9:00 AM Pool Aerobics (DP)</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>9:30 AM Bank Trip</p> <p>10:00 AM Bible Study w/ Pastor Trey (2F)</p> <p>11:30 AM New Resident Meet & Greet Luncheon (IH)</p> <p>1:30 PM Fresh Market Trip</p> <p>1:30 PM Crafting w/ Carol & Liz "Card Holders" (CA)</p> <p>2:00 PM Chair Volleyball (IH)</p> <p>3:00 PM AL Town Hall (1F)</p> <p>3:30 PM Wii Bowling (FS)</p>	<p>15</p> <p>9:00 AM Pool Volleyball (DP)</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>10:30 AM Mountain Brook Baptist Singers (IH)</p> <p>1:00 PM Game Time (CA)</p> <p>1:00 PM Manicures w/ Jamie (1F)</p> <p>1:30 PM Catholic Mass (IH)</p> <p>2:30 PM Jive & Glide Chair Exercise (FS)</p> <p>3:00 PM Trivia w/ Select Rehab (WP Studio)</p>	<p>16</p> <p>9:00 AM Water Arthritis (DP)</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>9:45 AM Outing: Coffee Concert *SIGN-UP*</p> <p>10:00 AM Rook Card Game (WP Studio)</p> <p>1:30 PM Candy Bingo w/ Sydney (2F)</p> <p>2:00 PM Walgreens Trip</p> <p>2:30 PM Chair Exercise w/ Select Rehab (1F)</p> <p>3:30 PM Fellowship Friday w/ Christy (FS)</p>	<p>17</p> <p>10:00 AM Bible Study (IH)</p> <p>10:00 AM Rosary (CA)</p> <p>1:30 PM Open Play Checkers (CA)</p> <p>1:30 PM Open Play Game Time (WP Studio)</p> <p>6:30 PM Saturday Night Movie (IH)</p>

Wellington Park Calendar of Events-May 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>18</p> <p>10:00 AM Protestant Church Service (IH)</p> <p>10:30 AM Catholic Church Service (CA)</p> <p>1:30 PM Open Play Game Time (WP Studio)</p> <p>1:30 PM Tech Support Volunteer Samuel Apartment Visits (1:30-4:00 PM) *Sign-Up for Help*</p> <p>5:00 PM Sunday Series w/ Bob & Dorothy (DT)</p>	<p>19</p> <p>9:00 AM Pool Aerobics (DP)</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>9:30 AM Walmart Trip</p> <p>10:00 AM Word Scramble (WP Studio)</p> <p>1:00 PM Publix Trip</p> <p>2:00 PM Hoover Library Book Mobile (Outside Front Entrance)</p> <p>2:30 PM Fluid Art w/Christy (WP Studio)</p>	<p>20 <i>National Strawberries & Cream Day</i></p> <p>9:00 AM Pool Volleyball (DP)</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>10:00 AM Hand & Foot (WP Studio)</p> <p>1:30 PM Strawberries & Cream Milkshakes (Bistro)</p> <p>2:00 PM Hoover Songbirds Perform (IH)</p> <p>3:30 PM Community Council (IH)</p>	<p>21</p> <p>7:30 AM Men's Breakfast (IH)</p> <p>9:00 AM Pool Aerobics (DP)</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>9:30 AM Bank Trip</p> <p>10:00 AM Bible Study w/ Pastor Trey (2F)</p> <p>1:30 PM Aldi Shopping Trip</p> <p>1:30 PM Sketch Booking & Crafts for Dummies (CA)</p> <p>2:00 PM Chair Volleyball (IH)</p> <p>3:00 PM AL May Birthday Celebration (2F)</p> <p>3:30 PM Wii Bowling (FS)</p> <p>4:30 PM Dinner Outing: Ovenbird *SIGN-UP*</p>	<p>22</p> <p>9:00 AM Pool Volleyball (DP)</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>10:00 PM Rummikub (WP Studio)</p> <p>1:00 PM Game Time (CA)</p> <p>2:00 PM Book Club invites everyone for: Author TK Thorne Presents her Book & Bio "The Last Chance for Justice" (IH)</p> <p>2:30 PM Jive & Glide Chair Exercise (FS)</p> <p>3:00 PM Jeopardy w/Bob & Ruth (WP Studio)</p>	<p>23</p> <p>9:00 AM Water Arthritis (DP)</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>9:30 AM Bank Trip</p> <p>10:00 AM Rook Card Game (WP Studio)</p> <p>1:30 PM Candy Bingo w/ Sydney (2F)</p> <p>2:00 PM Walgreens Trip</p> <p>2:30 PM Chair Exercise w/ Select Rehab (1F)</p> <p>2:30 PM Ultimate Team Trivia (Bistro)</p> <p>3:00 PM Yahtzee (WP Studio)</p>	<p>24</p> <p>10:00 AM Bible Study (IH)</p> <p>10:00 AM Rosary (CA)</p> <p>1:30 PM Open Play Checkers (CA)</p> <p>1:30 PM Open Play Game Time (WP Studio)</p> <p>2:00 PM Bob Lewis's Birthday Party (IH)</p> <p>6:30 PM Saturday Night Movie (IH)</p>
<p>25</p> <p>10:00 AM Protestant Church Service (IH)</p> <p>10:30 AM Catholic Church Service (CA)</p> <p>1:30 PM Open Play Game Time (WP Studio)</p> <p>1:30 PM Tech Support Volunteer Samuel Apartment Visits (1:30-4:00 PM) *Sign-Up for Help*</p> <p>3:00 PM Gale Dorroh's Piano Students Recital (IH)</p> <p>5:00 PM Sunday Series w/ Bob & Dorothy (DT)</p>	<p>26 <i>Memorial Day</i></p> <p>9:00 AM Pool Aerobics (DP)</p> <p>10:00 AM Crosswords & Coffee (WP Studio)</p> <p>2:00 PM Memorial Day Program Speaker: Nicki Sepsas "The Only Woman to receive the Medal of Honor" (IH)</p> <p>3:00 PM Happy Hour w/The Basement Band (Outside Patio)</p>	<p>27</p> <p>9:00 AM Pool Volleyball (DP)</p> <p>9:00 AM Donuts & Coffee (1F)</p> <p>9:15 AM Stretching w/ Sydney (1F)</p> <p>10:00 AM Scrabble (WP Studio)</p> <p>1:00 PM Prize Bingo w/Sydney (2F)</p> <p>2:00 PM Name That Tune (FS)</p> <p>3:00 PM May Birthday Celebration w/ Brownie Sundaes (Bistro)</p>	<p>28</p> <p>9:00 AM Pool Aerobics (DP)</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>9:30 AM Bank Trip</p> <p>9:30 AM Walmart Trip</p> <p>10:00 AM Bible Study w/ Pastor Trey (2F)</p> <p>11:30 AM Lunch & Learn w/Phil Stories (Caption Call Phone Services) *SIGN-UP* (IH)</p> <p>1:00 PM Publix Trip</p> <p>1:30 PM Dollar Tree Trip</p> <p>1:30 PM Lecture Series (2F)</p> <p>3:30 PM Danberry Dollar Redemption (WP Studio)</p>	<p>29</p> <p>9:00 AM Pool Volleyball (DP)</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>10:00 PM Alaska Travel Video (2F)</p> <p>1:00 PM Game Time (CA)</p> <p>2:30 PM Jive & Glide Chair Exercise (FS)</p> <p>3:00 PM Trivia w/Select Rehab (WP Studio)</p> <p>6:30 PM Lecture Series (DT)</p>	<p>30</p> <p>9:00 AM Water Arthritis (DP)</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>9:30 AM Bank Trip</p> <p>10:00 AM Rook Card Game (WP Studio)</p> <p>10:30 AM Shop/Lunch Outing: Macy's & Olive Garden *SIGN-UP**</p> <p>1:30 PM Candy Bingo w/ Sydney (2F)</p> <p>2:00 PM Walgreens Trip</p> <p>2:30 PM Chair Exercise w/ Select Rehab (1F)</p> <p>2:30 PM Ashley w/Bluff Park Art Association Crafting Hour (CA)</p>	<p>31</p> <p>10:00 AM Bible Study (IH)</p> <p>10:00 AM Rosary (CA)</p> <p>1:30 PM Open Play Checkers (CA)</p> <p>1:30 PM Open Play Game Time (WP Studio)</p> <p>2:30 PM Concert Pianist Jacob Skiles (IH)</p> <p>6:30 PM Saturday Night Movie (IH)</p>

Events that require Sign Up:

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|---|--|
| <p>05/02—Outing: Dolores Hydock at Cahaba Heights UMC</p> <p>05/05—AL Outing: The Foundry</p> <p>05/07—Mother's Day Luncheon w/ Allison on Guitar</p> <p>05/09—Lunch Outing: North Italia</p> | <p>05/16—Outing: Coffee Concert</p> <p>05/21—Dinner Outing: Ovenbird</p> <p>05/28—Lunch & Learn w/Phil Stories (Caption Call Phone Services)</p> <p>05/30—Shop/Lunch Outing: Macy's & Olive Garden</p> |
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The Sign-Up Binder is Located in the Wellington Park Studio

Happy Birthday!

05/01—Patsy Hale

05/04—Norma Young



Attention:

Calendars are subject to change. Please refer to your weekly runners for the most up to date information.

