

Wellington Park Calendar of Events-November 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Black: Assisted Living ActivitiesGreen: Fitness w/ MelissaRed: Special EventsPurple: OutingsBlue: Resident Led Activities	CALENDAR KEY: IF: First Floor 2F: Second Floor WP: Wellington Park CA: Creative Arts Studio FS: Fitness Studio H: Inverness Hall BW CR: Bridgewater Card Room	1 9:00 AM Pool Volleyball (DP) 10:00 AM Chair Exercise (1F) 1:30 PM Prize Bingo (2F) 2:30 PM Sing-A-Long w/Russ Randolph– IH	2 9:00 AM Pool Aerobics (DP) 10:00 AM Bible Study w/ Pastor Trey (2F) 1:30 PM Mahjong- (BW CR) 1:30 PM Chair Yoga w/ Cindy Grubbs (1F) 2:30 PM Covenant Players (IH)	3 9:00 AM Protestant Communion (PDR) 9:00 AM Chair Exercise (1F) 1:00 PM Manicures w/ Jamie (1F) 2:30 PM Matching Game (2F)	4 9:00 AM Pool Volleyball (DP) 10:00 AM Painting w/ Darcy (1F) 10:30 AM Lunch Outing; Firebirds *SIGN-UP REQUIRED* 1:30 PM Candy Bingo (2F) 2:00 PM Walgreens/Fresh Market Trip 3:30 PM Fellowship Friday w/ Melissa (CA)	5 10:00 AM Bible Study (CA) 12:00 PM Tailgate Saturday (Bistro) 1:00 PM Wii Sports (FS) 6:30 PM Movie Night "Sweet November" (IH)
6 10AM Protestant Church Service (IH) 10:30 AM Catholic Church Service (CA) 1:00 PM Resident Games (CA) 5:00 PM Sunday Social/Marine Corpse Birthday Celebration (Bistro)	 7 9:00 AM Pool Aerobics (DP) 9:00 AM Walmart Trip 10:00 AM Crosswords & Coffee (2F) 1:00 PM Hand and Foot (BW CR) 1:00 PM Bridge Card Players Group (Bistro) 1:00 PM Publix/Winn Dixie Trip 1:00 PM Medicare Speaker (IH) 2:00 PM Seasoned Performers (IH) 2:30 PM Chair Exercise (1F) 	 8 <u>Election Day</u> 9:00 AM Pool Volleyball (DP) 10:00 AM Chair Exercise (1F) 1:30 PM Prize Bingo w/ Bobbi (IH) 3:00 PM Hand in Paw (1F) 	 9 9:00 AM Pool Aerobics (DP) 10:00 AM Bible Study w/ Pastor Trey (2F) 11:30 AM Lunch & Learn w/ Aspire *SIGN-UP REQUIRED* 1:30 PM Mahjong- (BW CR) 1:30 PM Dollar Tree/Aldi/ Trader Joe's Trip 1:30 PM Chair Yoga w/ Cindy Grubbs (1F) 2:30 PM Cross Suncatchers (1F) 	 10 <u>National Vanilla Cupcake Day</u> 9:00 AM Chair Exercise (1F) 10:30 AM Win Schedpps, Banjo (1F) 1:30 PM Iowa Travel Video (2F) 3:00 PM Trivia & Vanilla Cupcakes (2F) 	11Veterans Day8:30 AM Veterans Breakfast (DR)9:00 AM Pool Volleyball (DP)10:00 AM Noodle Hockey (1F)1:30 PM Candy Bingo w/ Sydney (2F)2:00 PM Valgreens/Fresh Market Trip2:00 PM Veterans DayProgram (IH)*Wine & Cheese in theBistro afterward*	12 10:00 AM Bible Study (CA) 12:00 PM Tailgate Saturday (Bistro) 1:00 PM Wii Sports (FS) 2:30 PM Steele City Jug Slammers (IH) 6:30 PM Movie Night "Home for the Holiday's" (IH)
 13 10:00 AM Protestant Church Service (IH) 10:30 AM Catholic Church Service (CA) 1:00 PM Resident Choice Games (CA) 	149:00 AM Pool Aerobics (DP)9:00AM Walmart Trip10:00 AM Crosswords & Coffee (2F)1:00 PM Hand & Foot (BW CR)1:00 PM Bridge Car Players Group (Bistro)1:00 PM Publix/Winn Dixie Trip1:30 PM Books to You w/ The Hoover Library (1F)2:30 PM Chair Exercise (1F)	15 9:00 AM Pool Volleyball (DP) 10:00 AM Chair Exercise (1F) 1:30 Prize Bingo w/ Sydney (2F) 3:00 PM Snack Delivery (In Your Apartment)	 16 <u>National Button Day</u> 9:00 AM Pool Aerobics (DP) 10:00 AM Bible Study w/ Pastor Trey (2F) 1:30 PM Mahjong (BW CR) 1:30 PM Hoover Library Outing 1:30 PM Chair Yoga w/ Cindy Grubbs (1F) 2:30 PM Button Pumpkins Craft (1F) 3:30 PM Community Council Meeting (IH) 6:00 PM Murder Mystery Dinner *SIGN-UP REQUIRED* (IH) 	 17 9:00 AM Protestant Communion (PDR) 9:00 AM Chair Exercise (1F) 10:30 AM Connie Skellie, Violinist (1F) 1:00 AM Manicures w/ Jamie 1:30 PM Catholic Mass (IH) 3:00 PM Baking Club—Blueberry Cobbler (1F) 	18 9:00 AM Pool Volleyball (DP) 10:00 AM Bowling (1F) 1:30 PM Candy Bingo w/Sydney (2F) 2:00 PM Walgreens/Fresh Market Trip 3:30 PM Fellowship Friday w/ Melissa (CA)	19 10:00 AM Bible Study (CA) 12:00 PM Tailgate Saturday (Bistro) 1:00 PM Wii Sports (FS) 6:30 PM Movie Night "Where the Crawdads Sing" (IH)





Wellington Park Calendar of Events-November 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	
20	21	22	23	24	25
 10:00 AM Protestant Church Service (IH) 10:30 AM Catholic Church Service (CA) 1:00 PM Resident Choice Games (CA) 	9:00 AM Pool Aerobics (DP) 9:00 AM Walmart Trip 10:00 AM Crosswords & Coffee (2F) 10:30 PM Outing: The Foundry & Lunch 1:00 PM Publix/Winn Dixie Trip 1:00 PM Hand & Foot (BW CR) 1:00 PM Bridge Card Game (Bistro) 1:00 PM Publix/Winn Dixie Trip 1:30 PM November Birthday Party (1F) 2:30 PM Chair Exercise (1F)	 9:00 AM Pool Volleyball (DP) 10:00 AM Chair Exercise (1F) 10:00 AM Outreach Project: No Sew Blankets (PDR) 1:30 PM Prize Bingo w/ Bobbi (IH) 3:00 PM Snack Delivery (In Your Apartment) 	9:00 AM Pool Aerobics (DP) 10:00 AM Bible Study w/ Pastor Trey (2F) 1:30 PM Mahjong (BW CR) 1:30 PM Chair Yoga w/ Cindy Grubbs (1F)	Happy Thanksgiving Day	9:00 A 10:00 Sharir 10:30 Marka 1:30 P (2F)
	28	20	30		10.171.151
 27 10:00 AM Protestant Church Service (IH) 10:30 AM Catholic Church Service (CA) 1:00 PM Resident Choice Games (CA) 	 9:00 AM Pool Aerobics (DP) 9:00 AM Walmart Trip 10:00 AM Crosswords & Coffee (2F) 1:00 PM Publix/Winn Dixie Trip 1:00 PM Hand & Foot (BW CR) 1:00 PM Bridge Card Game (Bistro) 1:00 PM Publix/Winn Dixie Trip 1:30 PM Watercolor Painting w/ Sydney (1F) 2:30 PM Chair Exercise (1F) 	29 9:00 AM Pool Volleyball (DP) 10:00 AM Chair Exercise in 1F 1:30 PM Prize Bingo w/ Sydney (2F) 2:30 PM Piano w/ Kathy O'Connor (IH) 3:30 PM Danberry Dollar Redemption (WP Studio)	 9:00 AM Pool Aerobics (DP) 10:00 AM Bible Study w/ Pastor Trey (2F) 11:30 AM November Luncheon *SIGN-UP REUIRED* (1F) 1:30 PM Mahjong (BW CR) 1:30 PM Chair Yoga w/ Cindy Grubbs (1F) 2:30 PM Game Time—Ultimate Prize Trivia (2F) 5:45 PM Outing: Brock Recital Hall— Christmas Opera *Sign-Up* 		

Events that require Sign Up:

- 11/4-Lunch Outing; Firebirds
- 11/9—Lunch & Learn w/ Aspire
- 11/16—Hoover Library Outing
- 11/16—Murder Mystery Dinner
- 11/21—Outing: The Foundry & Lunch
- 11/30-November Luncheon

*The Sign-Up Binder is Located in the Wellington Park







Friday

AM Pool Volleyball (DP) 0 AM Yogurt Parfaits & ring Thankful Moments (1F)

0 AM Walgreens/Fresh

ket Trip

PM Candy Bingo w/Sydney

Saturday

26

10:00 AM Bible Study (CA)

12:00 PM Tailgate Saturday (Bistro)

1:00 PM Wii Sports (FS)

6:30 PM Movie Night "TBD" (IH)



Attention:

Calendars are subject to change. Please refer to your weekly runners for the most up to date information.