





# Wellington Park Calendar of Events-November 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p><b>CALENDAR COLORS:</b></p> <p><b>Black:</b> Assisted Living Activities</p> <p><b>Green:</b> Fitness Class</p> <p><b>Red:</b> Special Events</p> <p><b>Purple:</b> Outings</p>		<p><b>CALENDAR KEY:</b></p> <p>1F: First Floor Common Area</p> <p>2F: Second Floor Common Area</p> <p>WP: Wellington Park</p> <p>CA: Creative Arts Studio</p> <p>FS: Fitness Studio</p> <p>IH: Inverness Hall</p> <p>BW CR: Bridgewater Card Room</p>		<p>1 <u>National Cinnamon Day</u></p> <p>9:00 AM Pool Aerobics (DP)</p> <p>9:30 AM Bank Trip</p> <p>10:00 AM Bible Study w/ Pastor Trey (2F)</p> <p>2:00 PM Noodle Hockey (1F)</p> <p>2:30 PM Baked Apple &amp; Cinnamon Pie Milkshakes (Bistro)</p>	<p>2</p> <p>9:00 AM Pool Volleyball (DP)</p> <p>10:00 AM Yahtzee (WP Studio)</p> <p>1:00 PM Manicures w/ Jamie (1F)</p> <p>2:30 PM Drum Fit (FS)</p> <p>3:00 PM Nebraska Travel Video (WP Studio)</p> <p>6:00 PM Lecture Series (DT)</p>	<p>3</p> <p>9:00 AM Water Arthritis (DP)</p> <p>10:00 AM Outing: Shoe Station for a special Senior Day *SIGN-UP*</p> <p>1:30 PM Candy Bingo w/ Sydney (2F)</p> <p>2:00 PM Walgreens/Fresh Market Trip</p> <p>2:30 PM Chair Exercise w/ Select Rehab (1F)</p>	<p>4</p> <p>10:00 AM Bible Study (CA)</p> <p>12:00 PM—2:00 PM Tailgate Saturday (Bistro)</p> <p>6:30 PM Movie Night “The Remains of the Day” (IH)</p>
<p>5</p> <p>10:00 AM Protestant Church Service (IH)</p> <p>10:30 AM Catholic Church Service (CA)</p> <p>1:00 PM Resident Choice Games (CA)</p> <p>2:00 PM Julia Ivey Performs (IH)</p> <p>5:00 PM TV Series w/ Bob &amp; Dorothy (IH)</p>	<p>6</p> <p>9:00 AM Pool Aerobics (DP)</p> <p>9:00 AM Walmart Trip</p> <p>9:45 AM Outing: North Shelby Library for Dolores Hydock *SIGN-UP*</p> <p>10:00 AM Crosswords &amp; Conversations (WP Studio)</p> <p>1:00 PM Publix Trip</p> <p>1:30 PM Mexican Train Dominoes (WP Studio)</p> <p>2:30 PM Fun Fitness (FS)</p> <p>2:30 PM New Resident Social (IH)</p>	<p>7</p> <p>9:00 AM Pool Volleyball (DP)</p> <p>10:00 AM Thanksgiving Trivia (WP Studio)</p> <p>10:15 AM Outreach Project: T-Shirt Bags for Less Fortunate (CA)</p> <p>1:30 PM Prize Bingo w/ Bobbi (IH)</p> <p>2:30 PM Strength &amp; Balance Class (FS)</p>	<p>8</p> <p>9:00 AM Pool Aerobics (DP)</p> <p>9:30 AM Bank Trip</p> <p>10:00 AM Bible Study w/ Pastor Trey (2F)</p> <p>2:00 PM Noodle Hockey (1F)</p> <p style="text-align: center;"><u>Open House/Marketplace</u></p> <p style="text-align: center;"><u>1:00 PM—4:00 PM</u></p>	<p>9</p> <p>9:00 AM Pool Volleyball (DP)</p> <p>10:30 AM Win Schepps, Banjo (2F)</p> <p>1:30 PM Catholic Mass (IH)</p> <p>1:30 PM Scrabble (2F)</p> <p>2:30 PM Drum Fit (FS)</p> <p>3:30 PM Community Council (IH)</p> <p>6:00 PM Lecture Series (DT)</p>	<p>10 <u>Marines Birthday</u></p> <p>8:30 AM Veterans' Breakfast (DR)</p> <p>9:00 AM Water Arthritis (DP)</p> <p>9:00 AM Hand &amp; Foot w/ Sydney (WP Studio)</p> <p>1:15 PM Candy Bingo w/ Sydney (2F)</p> <p>2:00 PM Walgreens/Fresh Market Trip</p> <p>2:30 PM Veterans' Day Program (IH)</p> <p>2:30 PM Chair Exercise w/ Bryan from Select Rehab (1F)</p> <p>3:30 PM Marines Birthday Celebration w/ Ryan Sawyer (Atrium)</p>	<p>11 <u>Veterans' Day</u></p> <p>10:00 AM Bible Study (CA)</p> <p>12:00 PM—2:00 PM Tailgate Saturday (Bistro)</p> <p>6:30 PM Movie Night “The Big Year” (IH)</p> <div style="text-align: center;"> </div>	
<p>12</p> <p>10:00 AM Protestant Church Service (IH)</p> <p>10:30 AM Catholic Church Service (CA)</p> <p>1:00 PM Resident Choice Games (CA)</p> <p>5:00 PM TV Series w/ Bob &amp; Dorothy (IH)</p>	<p>13</p> <p>9:00 AM Pool Aerobics (DP)</p> <p>9:00AM Walmart Trip</p> <p>10:00 AM Connie Skellie, Violinist (1F)</p> <p>11:00 AM Lunch Outing: Jeff State Bistro ProVare *SIGN-UP*</p> <p>1:00 PM Publix Trip</p> <p>2:30 PM Fun Fitness (FS)</p> <p>3:00 PM Crecent Circus (IH)</p>	<p>14</p> <p>8:30 AM Donuts &amp; Coffee (Bistro)</p> <p>9:00 AM Pool Volleyball (DP)</p> <p>10:00 AM Penny Pass w/ Donuts (WP Studio)</p> <p>1:30 PM Prize Bingo w/ Sydney (2F)</p> <p>2:30 PM Strength &amp; Balance Class (FS)</p> <p>3:00 PM Hand in Paw (1F) </p>	<p>15</p> <p>9:00 AM Pool Aerobics (DP)</p> <p>9:30 AM Bank Trip</p> <p>10:00 AM Bible Study w/ Pastor Trey (2F)</p> <p>11:00 AM AL Lunch Outing: Cracker Barrel *SIGN-UP*</p> <p>1:30 PM Dollar Tree Trip</p> <p>2:00 PM Noodle Hockey (1F)</p> <p>6:00 PM Grab a friend &amp; play Cornhole (IH)</p>	<p>16</p> <p>9:00 AM Pool Volleyball (DP)</p> <p>10:00 AM Painting w/ Darcy (WP Studio)</p> <p>1:00 PM Manicures w/ Jamie (1F)</p> <p>2:30 PM Drum Fit (FS)</p> <p>3:00 PM Candy Bingo w/ Sydney (2F)</p> <p>6:00 PM Lecture Series (DT)</p>	<p>17</p> <p>9:00 AM Water Arthritis (DP)</p> <p>9:45 AM Outing: Coffee Concert *SIGN-UP*</p> <p>10:00 AM Town Hall (1F)</p> <p>2:00 PM UAB Broadway Tour “Cabaret” (IH)</p> <p>2:00 PM Walgreens/Fresh Market Trip</p> <p>2:30 PM Chair Exercise w/ Select Rehab (1F)</p> <p>3:30 PM Fellowship Friday w/ Christy (FS)</p>	<p>18</p> <p>10:00 AM Bible Study (CA)</p> <p>12:00 PM—2:00 PM Tailgate Saturday (Bistro)</p> <p>6:30 PM Movie Night “The Winslow Boy” (IH)</p>	

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>19</p> <p>10:00 AM Protestant Church Service (IH)</p> <p>10:30 AM Catholic Church Service (CA)</p> <p>1:00 PM Resident Choice Games (CA)</p> <p><u>Friendsgiving w/ Tammy (1F)</u></p> <p>5:00 PM TV Series w/ Bob &amp; Dorothy (IH)</p>	<p>20</p> <p>9:00 AM Pool Aerobics (DP)</p> <p>9:00 AM Walmart Trip</p> <p>10:00 AM Crosswords &amp; Conversations (WP Studio)</p> <p>1:00 PM Publix Trip </p> <p>2:00 PM November Birthday Celebration w/ Peanut butter Fudge Milkshakes (Bistro)</p> <p>2:30 PM Fun Fitness (FS)</p>	<p>21</p> <p>9:00 AM Pool Volleyball (DP)</p> <p>10:15 AM Fluid Art w/ Christy (WP Studio)</p> <p>1:30 PM Black Friday Bingo (IH)</p> <p>2:30 PM Strength &amp; Balance Class (FS)</p>	<p>22</p> <p>9:00 AM Pool Aerobics (DP)</p> <p>9:30 AM Bank Trip</p> <p>10:00 AM Bible Study w/ Pastor Trey (2F)</p> <p>1:30 PM Aldi Shopping Trip</p> <p>2:00 PM Noodle Hockey (1F)</p> <p>3:00 PM November Penny Auction (2F)</p>	<p>23</p> <p>9:00 AM Pool Volleyball (DP)</p> <p>10:00 AM Pick Up A Crossword at the Front Desk!</p> <p>1:30 PM Scrabble *Resident Led* (2F)</p> <p>6:00 PM Lecture Series (DT)</p> 	<p>24</p> <p>9:00 AM Water Arthritis (DP)</p> <p>9:00 AM Hand &amp; Foot *Resident Led* (WP Studio)</p> <p>2:00 PM Walgreens/Fresh Market Trip</p> <p>2:30 PM Chair Exercise w/ Select Rehab (1F)</p> <p>3:30 PM Friday Focus w/ Select Rehab (CA)</p>	<p>25</p> <p>10:00 AM Bible Study (CA)</p> <p>12:00 PM—2:00 PM Tailgate Saturday (Bistro)</p> <p>6:30 PM Movie Night "Temple Grandin" (IH)</p>
<p>26</p> <p>10:00 AM Protestant Church Service (IH)</p> <p>10:30 AM Catholic Church Service (CA)</p> <p>1:00 PM Resident Choice Games (CA)</p> <p>5:00 PM TV Series w/ Bob &amp; Dorothy (IH)</p>	<p>27</p> <p>9:00 AM Pool Aerobics (DP)</p> <p>9:00 AM Walmart Trip</p> <p>10:00 AM Crosswords &amp; Conversations (WP Studio)</p> <p>1:00 PM Publix Trip</p> <p>1:30 PM Movie &amp; Popcorn: Walt Before Mickey (WP Studio)</p> <p>2:30 PM Fun Fitness (FS)</p> <p>4:00 PM Dinner Outing: Station 31 *SIGN-UP*</p>	<p>28</p> <p>9:00 AM Pool Volleyball (DP)</p> <p>10:00 AM Rummikub *Resident Led* (WP Studio)</p> <p>1:30 PM Prize Bingo w/Sydney (2F)</p> <p>2:30 PM Strength &amp; Balance Class (FS)</p> <p>3:15 PM Al Mahan Performs (IH)</p> <p>6:30 PM Holiday Craft w/ Liz Bunch (CA)</p>	<p>29</p> <p>9:00 AM Pool Aerobics (SP)</p> <p>9:30 AM Bank Trip</p> <p>10:00 AM Bible Study w/ Pastor Trey (2F)</p> <p>11:30 AM Lunch &amp; Learn w/ Tracy Tracy from NCHPAD *SIGN-UP*</p> <p>2:00 PM Noodle Hockey (1F)</p> <p>3:00 PM Ultimate Team Trivia</p>	<p>30</p> <p>9:00 AM Pool Volleyball (DP)</p> <p>10:00 AM Matching Game (WP Studio)</p> <p>1:00 PM Manicures w/ Jamie (1F)</p> <p>2:30 PM Drum Fit (FS)</p> <p>3:30 PM Danberry Dollar Redemption (WP Studio)</p> <p>6:30 PM Lecture Series (DT)</p> 		

Events that require Sign Up:

- 11/03—Outing: Shoe Station for a special Senior Day
- 11/06—Outing: North Shelby Library for Dolores Hydock
- 11/13—Lunch Outing: Jeff State Bistro ProVare
- 11/15—AL Lunch Outing: Cracker Barrel
- 11/17—Outing: Coffee Concert
- 11/27—Dinner Outing: Station 31
- 11/29—Lunch & Learn w/ Tracy Tracy from NCHPAD

\*The Sign-Up Binder is Located in the Wellington Park Studio\*



Attention:

Calendars are subject to change. Please refer to your weekly runners for the most up to date information.