

Wellington Park Calendar of Events-November 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CALENDAR COLORS: Black: Assisted Living Activities Green: Fitness Class Red: Special Events Purple: Outings	CALENDAR KEY: 1F: First Floor Common Area 2F: Second Floor Common Area WP: Wellington Park CA: Creative Arts Studio FS: Fitness Studio IH: Inverness Hall BW CR: Bridgewater Room	Family Tradition Recipes Share you favorite Thanksgiving Recipes. Give a favorite recipe to Sydney in Resident Services. At the end of the month we will put a book together for you to use or share with family. Any questions: Ask Sydney in Resident Services.	<u>Veterans Day</u> <u>Memorabilia Display</u> Please bring any items you wish to display to Sydney's office no late than November 8th.	2. Sign– Up to donate \$25.00. This will post to your Danberry	10:00 AM Rook Card Game (WP Studio) 10:30 AM Shopping Trip: Leeds Outlet Mall *SIGN-UP* 1:30 PM Candy Bingo w/ Sydney (2F) 2:00 PM Walgreens Trip 2:30 PM Chair Exercise w/ Select Rehab (1F)	10:00 AM Bible Study (IH) 10:00 AM Catholic Rosary WP Studio) 1:30 PM Open Play Checkers (CA) 1:30 PM Open Play Game Time (WP Studio) 12:00 PM—2:00 PM Tailgate Saturday (Bistro)
3 10:00 AM Protestant Church Service (IH) 10:30 AM Catholic Church Service (CA) 1:30 PM Open Play Game Time (WP Studio) 1:30 PM Tech Support Volunteer Samuel Apartment Visits (1:30-4:00 PM) *Sign-Up for Help* 5:00 PM Sunday Series w/ Bob & Dorothy (IH)	9:00 AM Pool Aerobics (DP) 9:00 AM Stretching w/ Sydney (1F) 9:30 AM Walmart Trip 10:00 AM Crosswords & Coffee (WP Studio) 12:30 PM Monday Matinee (IH) 1:00 PM Publix Trip 1:30 PM Yahtzee (WP Studio) 2:30 PM Wii Bowling (FS) 3:00 PM Sonny's Musical Performance (IH)	9:00 AM Pool Volleyball (DP) 9:00 AM Stretching w/ Sydney (1F) 10:00 AM Voting Shuttle (Atrium) 10:00 AM Scrabble (WP Studio) 10:30 AM Outreach Project: Decorate Samaritan's Purse Boxes (CA) 1:30 PM Prize Bingo w/ Sydney (2F) 2:00 PM Voting Shuttle (Atrium) 2:30 PM Games on the Patio (FS)	9:00 AM Pool Aerobics (DP) 9:00 AM Stretching w/ Sydney (1F) 9:30 AM Bank Trip 10:00 AM Bible Study w/ Pastor Trey (2F) 1:30 PM Mexican Train Dominoes (WP Studio) 3:00 PM Assisted Living's Library Open House (2F) 6:00 PM Grab a friend & play Cornhole (IH)	9:00 AM Pool Volleyball (DP) 9:00 AM Stretching w/ Sydney (1F) 10:00 AM Rummikub (WP Studio) 1:00 PM UNO (CA) 1:00 PM Manicures w/ Jamie (1F) 2:30 PM Drum Fit (FS) 3:00 PM Candy Bingo w/ Sydney (2F) 6:30 PM Lecture Series (DT)	9:00 AM Water Arthritis *Res. Led* (DP) 9:00 AM Stretching w/ Sydney (1F) 10:00 AM Rook Card Game (WP Studio) 10:30 AM Lunch Outing: Cracker Barrel *SIGN-UP* 2:00 PM Marine Birthday Celebration (IH) 2:00 PM Walgreens Trip 2:30 PM Chair Exercise w/ Select Rehab (1F) 3:30 PM Fellowship Friday w/ Christy (FS)	10:00 AM Bible Study (IH) 10:00 AM Catholic Rosary (WP Studio) 1:30 PM Open Play Checkers (CA) 1:30 PM Open Play Game Time (WP Studio) 6:30 PM Movie Night 12:00 PM—2:00 PM Tailgate Saturday (Bistro)
10 10:00 AM Protestant Church Service (IH) 10:30 AM Catholic Church Service (CA) 1:30 PM Open Play Game Time (WP Studio) 1:30 PM Tech Support Volunteer Samuel Apartment Visits (1:30-4:00 PM) *Sign-Up for Help* 2:30 PM Julia Ivey Piano Performance (IH) 5:00 PM Sunday Series w/ Bob & Dorothy (IH)	9:00 AM Pool Aerobics *Res. Led* (DP) 9:00 AM Stretching w/ Sydney (1F) 9:30 AM Walmart Trip 10:00 AM Crosswords & Coffee (WP Studio) 12:30 PM Monday Matinee (IH) 1:00 PM Publix Trip 2:00 PM Veterans Day Program (IH) 2:30 PM Wii Bowling (FS) 3:00 PM Word Scramble w/ Sydney (WP Studio)	9:00 AM Pool Volleyball (DP) 9:00 AM Stretching w/ Sydney (1F) 10:00 AM Hand & Foot (WP Studio) 1:30 PM Prize Bingo w/ Sydney (2F) 2:30 PM Strength & Balance Class (FS) 3:00 PM Hand in Paw (Atrium) 3:30 PM Community Council (IH)	9:00 AM Pool Aerobics (DP) 9:00 AM Stretching w/ Sydney (1F) 9:30 AM Bank Trip 10:00 AM Bible Study w/ Pastor Trey (2F) 11:30 AM Lunch & Learn w/ Enhabit HH "The Importance of PT" *SIGN-UP* (IH) 1:30 PM Sketch Booking for Dummies (CA) 2:00 PM TV Game Time (WP Studio) 3:00 PM November Penny Auction (WP Studio) 6:00 PM Grab a friend & play Cornhole (IH)	14 9:00 AM Pool Volleyball (DP) 9:00 AM Stretching w/ Sydney (1F) 10:00 AM Music Therapy w/ Allison (2F) 1:00 PM Scrabble (CA) 1:30 PM Pickle Flavored Tasting (Bistro) 2:00 PM Exercise Video (FS) 3:00 PM Jeopardy w/ Bob Lewis & Ruth (WP Studio) 6:30 PM Lecture Series (DT)	9:00 AM Water Arthritis (DP) 9:00 AM Stretching w/ Sydney (1F) 10:00 AM Rook Card Game (WP Studio) 1:30 PM Candy Bingo w/ Sydney (2F) 2:00 PM Walgreens Trip 2:30 PM Chair Exercise w/ Select Rehab (1F) 3:00 PM UNO (WP Studio)	16 10:00 AM Bible Study (IH) 10:00 AM Catholic Rosary (WP Studio) 1:30 PM Open Play Checkers (CA) 1:30 PM Open Play Game Time (WP Studio) 6:30 PM Movie Night 12:00 PM—2:00 PM Tailgate Saturday (Bistro)



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17 10:00 AM Protestant Church Service (IH) 10:30 AM Catholic Church Service (CA) 1:30 PM Open Play Game Time (WP Studio) 1:30 PM Tech Support Volunteer Samuel Apartment Visits (1:30-4:00 PM) *Sign-Up for Help* 5:00 PM Sunday Series w/ Bob & Dorothy (IH)	9:00 AM Pool Aerobics (DP) 9:00 AM Stretching w/ Sydney (1F) 9:30 AM Walmart Trip 10:00 AM Crosswords & Coffee (WP Studio) 12:30 PM Monday Matinee (IH) 1:00 PM Publix Trip 1:00 PM Prescription Give Back Day *12:30-2:30* (IH) 2:30 PM Wii Bowling (FS) 3:00 PM Books to You w/ Pam (IH)	9:00 AM Pool Volleyball (DP) 9:00 AM Pool Volleyball (DP) 9:00 AM Donuts & Coffee (1F) 9:15 AM Stretching w/ Sydney (1F) 10:00 AM Scrabble (WP Studio) 10:30 AM Outreach Project: Decorate Samaritan's Purse Boxes (CA) 1:30 PM Prize Bingo w/ Sydney (2F) 2:30 PM Games on the Patio (FS) 2:30 PM The Basement Band (IH) 4:00 PM Friendsgiving w/ Cracker Barrell Catering *SIGN-UP* (1F)	9:00 AM Pool Aerobics (DP) 9:00 AM Stretching w/ Sydney (1F) 9:30 AM Bank Trip 10:00 AM Bible Study w/ Pastor Trey (2F) 1:00 PM Aldi Shopping Trip 1:30 PM Mexican Train Dominoes (WP Studio) 3:30 PM Tim the Piano Man Performs (IH) 6:00 PM Grab a friend & play Cornhole (IH)	9:00 AM Pool Volleyball (DP) 9:00 AM Stretching Video (1F) 10:00 AM Rook Card Game *Resident Led* (WP Studio) 1:00 PM Yahtzee (CA) 1:00 PM Manicures w/ Jamie (1F) 1:30 PM Catholic Mass (IH) 2:30 PM Drum Fit (FS) 2:30 PM Book Club/Movie "The Boys in the Boat" (IH) 6:30 PM Lecture Series (DT)	9:00 AM Water Arthritis (DP) 9:00 AM Stretching w/ Sydney (1F) 9:45 AM Coffee Concert Outing *SIGN-UP* 10:00 AM Ceramic Painting w/ Camellia (WP Studio) 1:30 PM Candy Bingo w/ Sydney (2F) 2:00 PM Walgreens Trip 2:30 PM Chair Exercise w/ Select Rehab (1F) 2:30 PM Kara Lancaster Vocalist & Pianist Performance (IH)	10:00 AM Bible Study (IH) 10:00 AM Catholic Rosary (WP Studio) 11:00 AM Don Youngs 100th Birthday Party (IH) 1:30 PM Open Play Checkers (CA) 1:30 PM Open Play Game Time (WP Studio) 6:30 PM Movie Night 12:00 PM—2:00 PM Tailgate Saturday (Bistro)
24 10:00 AM Protestant Church Service (IH) 10:30 AM Catholic Church Service (CA) 1:30 PM Open Play Game Time (WP Studio) 1:30 PM Tech Support Volunteer Samuel Apartment Visits (1:30-4:00 PM) *Sign-Up for Help* 5:00 PM Sunday Series w/ Bob & Dorothy (IH)	9:00 AM Pool Aerobics (DP) 9:30AM Walmart Trip 9:00 AM Stretching w/ Sydney (1F) 10:00 AM Crosswords & Coffee (WP Studio) 12:30 PM Monday Matinee (IH) 1:00 PM Publix Trip 2:00 PM November Birthday Celebration (Bistro) 2:30 PM Wii Bowling (FS) 3:00 PM Kathy O'Connor Piano Performance (IH)	9:00 AM Pool Volleyball (DP) 9:00 AM Stretching w/ Sydney (1F) 10:00 AM Hand & Foot (WP Studio) 1:30 PM Black Friday Prize Bingo w/ Bobbi (IH) 2:30 PM Strength & Balance Class (FS) 3:00 PM Noodle Hockey (IH)	9:00 AM Pool Aerobics (DP) 9:00 AM Stretching w/ Sydney (1F) 9:30 AM Bank Trip 10:00 AM Bible Study w/ Pastor Trey (2F) 1:30 PM Sketch Booking for Dummies (CA) 2:00 PM TV Game Time (WP Studio) 3:30 PM Danberry Dollar Redemption (WP Studio) 6:00 PM Grab a friend & play Cornhole (IH)	28 Thanksgiving Day 9:00 AM Pool Volleyball *Res. Led* (DP) 10:00 AM Rummikub *Res. Led* (WP Studio) 1:00 PM Yahtzee *Res. Led* (CA) 2:00 PM Movie: "A Family Thanksgiving" (IH)	9:00 AM Water Arthritis (DP) 9:00 AM Stretching w/ Sydney (1F) 10:00 AM Rook Card Game (WP Studio) 10:30 AM Lunch Outing: Irondale Café *SIGN-UP* 1:30 PM Candy Bingo w/ Sydney (2F) 2:00 PM Walgreens Trip 2:30 PM Chair Exercise w/ Select Rehab (1F) 3:30 PM Pictionary w/ Sandy (Bistro)	30 10:00 AM Bible Study (IH) 10:00 AM Catholic Rosary (WP Studio) 1:30 PM Open Play Checkers (CA) 1:30 PM Open Play Game Time (WP Studio) 2:30 PM Iron Bowl *Auburn vs. Alabama* 6:30 PM Movie Night 12:00 PM—2:00 PM Tailgate Saturday (Bistro)

Events that require Sign Up:

11/01—Shopping Trip: Leeds Outlet Mall *

11/08—Lunch Outing: Cracker Barrel

11/13—Lunch & Learn w/ Enhabit HH "The Importance of PT" *SIGN-UP*

11/22—Coffee Concert Outing *SIGN-UP*

11/29—Lunch Outing: Irondale Café *SIGN-UP*

The Sign-Up Binder is Located in the Wellington Park Studio



Attention:

Calendars are subject to change.

Please refer to your weekly runners for the most up to date information.