




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div> <div> CALENDAR COLORS: Black: Assisted Living Activities Green: Fitness Class Red: Special Events Purple: Outings </div> <div> CALENDAR KEY: 1F: First Floor Common Area 2F: Second Floor Common Area WP: Wellington Park CA: Creative Arts Studio FS: Fitness Studio IH: Inverness Hall BW CR: Bridgewater Card Room </div> <div> Attention: Calendars are subject to change. Please refer to your weekly runners for the most up to date information. </div> <div>  </div> </div>						
1 10:00 AM Protestant Church Service (IH) 10:30 AM Catholic Church Service (CA) 1:00 PM Resident Choice Games (CA) 5:00 PM TV Series w/ Bob & Dorothy (IH)	2 9:00 AM Pool Aerobics (DP) 9:00 AM Walmart Trip 10:00 AM Crosswords & Conversations (2F) 1:00 PM Publix Trip 1:30 PM Mexican Train Dominoes (WP Studio) 2:30 PM Fun Fitness (FS)	3 9:00 AM Pool Volleyball (DP) 10:00 AM Crafting w/ Christy: Wine Bottle Scarecrows (WP Studio) 1:30 PM Prize Bingo w/ Bobbi (IH) 2:30 PM Strength & Balance Class (FS)	4 9:00 AM Pool Aerobics (DP) 9:30 AM Bank Trip 10:00 AM Bible Study w/ Pastor Trey (2F) 11:00 AM AL Lunch Outing: Bright Star *SIGN-UP* 2:00 PM Noodle Hockey (1F) 3:30 PM Ken Jumper's Memorial Service (IH)	5 9:00 AM Pool Volleyball (DP) 10:00 AM Halloween Trivia (2F) 1:00 PM Manicures w/ Jamie (1F) 2:30 PM Drum Fit (FS) 3:00 PM Montana Travel Video (2F) 6:30 PM Lecture Series (DT)	6 9:00 AM Water Arthritis (DP) 9:30 AM Outing: Jim Phillips Haunted Bus Tour *SIGN-UP* 10:00 AM Rummikub *Resident Led* (1F) 1:30 PM Candy Bingo (2F) 2:00 PM Walgreens/Fresh Market Trip 2:30 PM Chair Exercise w/ Bryan from Select Rehab (1F) 3:30 PM Fellowship Friday (FS)	7 10:00 AM Bible Study (CA) 12:00 PM—2:00 PM Tailgate Saturday (Bistro) 6:30 PM Movie Night "The Great Gilly Hopkins"(IH)
8 10:00 AM Protestant Church Service (IH) 10:30 AM Catholic Church Service (CA) 1:00 PM Resident Choice Games (CA) 2:00 PM Julia Ivey Performs (IH) 2:00 PM Crafting w/ Tammy (1F) 5:00 PM TV Series w/ Bob & Dorothy (IH)	9 <u>Columbus Day</u> 9:00 AM Pool Aerobics (DP) 9:00AM Walmart Trip 10:00 AM Outing: Foundry/Lunch *SIGN-UP* 10:00 AM Connie Skellie, Violinist (1F) 1:00 PM Publix Trip 1:30 PM Crosswords * (Pick up at the AL Front Desk) 2:30 PM Fun Fitness (FS) 	10 9:00 AM Pool Volleyball (DP) 10:15 AM Outreach Project: T-Shirt Bags for less fortunate (CA) 1:30 PM Prize Bingo w/ Sydney (2F) 2:30 PM Strength & Balance Class (FS) 3:00 PM Hand in Paw (1F) 	11 <u>Southern Food Heritage Day</u> 9:00 AM Pool Aerobics (DP) 9:30 AM Bank Trip 10:00 AM Bible Study w/ Pastor Trey (2F) 11:30 AM Lunch & Learn w/ Expectcare *SIGN-UP* 2:00 PM Noodle Hockey (1F) 4:00 PM AL Dinner: Edgars *SIGN-UP*	12 9:00 AM Pool Volleyball (DP) 10:30 AM Win Schepps, Banjo (2F) 1:30 PM AL Town Hall (1F) 2:30 PM Drum Fit (FS) 3:30 PM Community Council (IH) 6:30 PM Lecture Series (DT)	13 <u>Navy's Birthday</u> 9:00 AM Water Arthritis (DP) 10:00 AM Nursery Rhymes w/ West Minsters Kindergarten Class (1F) 1:30 PM Candy Bingo w/Sydney (2F) 2:00 PM Walgreens/Fresh Market Trip 2:30 PM Chair Exercise w/ Bryan from Select Rehab (1F) 3:00 PM Navy Birthday Social (Bistro)	14 10:00 AM Bible Study (CA) 12:00 PM—2:00 PM Tailgate Saturday (Bistro) 6:30 PM Movie Night "Wait Before Mickey"(IH)

Wellington Park Calendar of Events-October 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
15 10:00 AM Protestant Church Service (IH) 10:30 AM Catholic Church Service (CA) 1:00 PM Resident Choice Games (CA) 5:00 PM TV Series w/ Bob & Dorothy (IH)	16 9:00 AM Pool Aerobics (DP) 9:00 AM Walmart Trip 10:00 AM Crosswords & Conversations (2F) 1:00 PM Publix Trip 1:30 PM Mexican Train Dominoes (WP Studio) 2:30 PM Fun Fitness (FS) 2:30 PM October Birthday Celebration w/ Hot Fudge Sundaes (Bistro)	17 8:30 AM Donuts & Coffee (Bistro) 9:00 AM Pool Volleyball (DP) 10:00 AM Fluid Art w/ Christy (WP Studio) 1:30 PM Prize Bingo w/ Sydney (2F) 2:30 PM Strength & Balance Class (FS) 3:30 PM Al Mahan Performs (IH)	18 9:00 AM Pool Aerobics (DP) 9:30 AM Bank Trip 10:00 AM Bible Study w/ Pastor Trey (2F) 1:30 PM Dollar Tree Trip 2:00 PM Noodle Hockey (1F) 3:00 PM October Penny Auction (2F) 4:30 PM Dinner Outing: Perry's Steakhouse *SIGN-UP*	19 9:00 AM Pool Volleyball (DP) 10:00 AM Painting w/ Darcy (WP Studio) 1:00 PM Manicures w/ Jamie (1F) 2:00 PM Movie & Popcorn: Breakthrough (WP Studio) 2:30 PM Drum Fit (FS) 6:30 PM Lecture Series (DT)	20 9:00 AM Water Arthritis (DP) 10:00 AM Matching Game & Donuts (2F) 1:30 PM Candy Bingo w/Sydney (2F) 2:00 PM Walgreens/Fresh Market Trip 2:30 PM Chair Exercise w/ Bryan from Select Rehab (1F) 3:30 PM Fellowship Friday (FS)	21 10:00 AM Bible Study (CA) 12:00 PM—2:00 PM Tailgate Saturday (Bistro) 6:30 PM Movie Night “The Young Victoria” (IH)
22 10:00 AM Protestant Church Service (IH) 10:30 AM Catholic Church Service (CA) 1:00 PM Resident Choice Games (CA) 1:30 PM Outing: Homewood Theater for “Catch Me If You Can” Performance *SIGN-UP* 5:00 PM TV Series w/ Bob & Dorothy (IH)	23 <i>National Boston Crème Pie Day</i> 9:00 AM Pool Aerobics (DP) 9:00 AM Walmart Trip 10:00 AM Crosswords & Conversations (2F) 1:00 PM Publix Trip 2:00 PM Boston Crème Pie Milkshakes (Bistro) 2:30 PM Fun Fitness (FS)	24 9:00 AM Pool Volleyball (DP) 10:15 AM Outreach Project: T-Shirt bags for less fortunate (CA) 1:30 PM Prize Bingo w/ Bobbie (IH) 2:30 PM Strength & Balance Class (FS)	25 9:00 AM Pool Aerobics (SP) 9:30 AM Bank Trip 10:00 AM Bible Study w/ Pastor Trey (2F) 11:30 AM Lunch & Learn w/ FBI agent Matt Toole on Senior Fraud *SIGN-UP* (IH) 1:30 PM Aldi Shopping Trip 2:00 PM Noodle Hockey (1F) 3:00 PM Ultimate Team Trivia (2F) 6:00 PM Double Oak Mountain Kids Visit (IH)	26 <i>National Pumpkin Day</i> 9:00 AM Pool Volleyball (DP) 10:00 AM Craft Corner—Painting Pumpkins (WP Studio) 1:30 AM Scrabble (2F) 2:30 PM Drum Fit (FS) 3:00 PM Happy Hour w/ The Alexanders (Atrium) 3:30 PM Danberry Dollar Redemption (WP Studio) 6:30 PM Lecture Series (DT)	27 9:00 AM Water Arthritis (DP) 9:00 AM Hand & Foot (WP Studio) 9:45 AM Outing: Coffee Concert *SIGN-UP* 1:30 PM Candy Bingo w/Sydney (2F) 2:00 PM Walgreens/Fresh Market Trip 2:30 PM Chair Exercise w/ Bryan from Select Rehab (1F) 3:30 PM Friday Focus w/ Select Rehab (CA)	28 10:00 AM Bible Study (CA) 12:00 PM—2:00 PM Tailgate Saturday (Bistro) 6:30 PM Movie Night “Phenomenon” (IH)
29 10:00 AM Protestant Church Service (IH) 10:30 AM Catholic Church Service (CA) 1:00 PM Resident Choice Games (CA) 5:00 PM TV Series w/ Bob & Dorothy (IH)	30 9:00 AM Pool Aerobics (DP) 9:00 AM Walmart Trip 10:00 AM Crosswords & Conversations (2F) 1:00 PM Publix Trip 2:30 PM Employee Costume Contest *Residents Judge* (Atrium) 2:30 PM Fun Fitness (FS) 6:30 PM Halloween Party (IH)	31 9:00 AM Pool Volleyball (DP) 10:00 AM Painting by Number (WP Studio) 1:30 PM Prize Bingo w/ Sydney (2F) 2:30 PM Strength & Balance Class (FS)	<div>Events that require Sign Up:</div> <div><div>10/04—AL Lunch Outing: Bright Star</div><div>10/06—Outing: Jim Phillips Haunted Bus Tour</div><div>10/09—Outing: Foundry/Lunch</div><div>10/11—Lunch & Learn w/ Expectcare</div><div>10/11—AL Dinner: Edgars</div><div>10/18—Dinner Outing: Perry's Steakhouse</div></div> <div><div>10/22—Outing: Homewood Theater for “Catch Me If You Can” Performance</div><div>10/25—Lunch & Learn w/ FBI agent Matt Toole on Senior Fraud</div><div>10/27—Outing: Coffee Concert</div></div> <div>*The Sign-Up Binder is Located in the Wellington Park Studio*</div>			