

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p>1</p> <p>9:00 AM Pool Volleyball (DP)</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>10:00 AM Scrabble (WP Studio)</p> <p>10:30 AM Outreach Program: Samaritans Purse (CA)</p> <p>1:30 PM Prize Bingo w/Sydney (2F)</p> <p>2:30 PM Strength & Balance Class (FS)</p> <p>3:00 PM Pat Patrick Acoustic Performance (IH)</p>	<p>2</p> <p>9:00 AM Pool Aerobics (DP)</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>9:30 AM Bank Trip</p> <p>10:00 AM Bible Study w/ Pastor Trey (2F)</p> <p>12:30 PM Movie Outing: "The Forge" *SIGN-UP*</p> <p>1:00 PM Manicures w/ Jamie (1F)</p> <p>3:00 PM October Trivia (WP Studio)</p> <p>6:00 PM Grab a friend & play Cornhole (IH)</p>	<p>3</p> <p>9:00 AM Pool Volleyball (DP)</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>10:00 AM Connie Skellie, Violinist (1F)</p> <p>1:00 PM Mexican Train Dominoes (CA)</p> <p>1:30 PM Breast Cancer Awareness Walk: Meet in the Atrium</p> <p>2:30 PM Drum Fit (FS)</p> <p>3:00 PM Hand & Foot (WP Studio)</p> <p>6:30 PM Lecture Series (DT)</p>	<p>4</p> <p>9:00 AM Water Arthritis (DP)</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>10:00 AM Rook Card Game (WP Studio)</p> <p>1:30 PM Candy Bingo w/ Sydney (2F)</p> <p>2:00 PM Walgreens Trip</p> <p>2:30 PM Chair Exercise w/ Select Rehab (1F)</p> <p>2:30 PM Oktoberfest Happy Hour w/ accordionist Kelly Stephenson (IH)</p>	<p>5</p> <p>10:00 AM Bible Study (IH)</p> <p>10:00 AM Catholic Rosary (WP Studio)</p> <p>1:30 PM Open Play Checkers (CA)</p> <p>1:30 PM Open Play Game Time (WP Studio)</p> <p>12:00 PM—2:00 PM Tailgate Saturday (Bistro)</p>
	<p>6</p> <p>10:00 AM Protestant Church Service (IH)</p> <p>10:30 AM Catholic Church Service (CA)</p> <p>1:30 PM Open Play Game Time (WP Studio)</p> <p>1:30 PM Tech Support Volunteer Samuel Apartment Visits (1:30-4:00 PM) *Sign-Up for Help*</p> <p>5:00 PM Sunday Series w/ Bob & Dorothy (IH)</p>	<p>7</p> <p>9:00 AM Pool Aerobics (DP)</p> <p>9:30 AM Walmart Trip</p> <p>10:00 AM Crosswords *Resident Led* (WP Studio)</p> <p>12:30 PM Monday Matinee (IH)</p> <p>1:00 PM Publix Trip</p> <p>1:30 PM Hand & Foot *Resident Led* (WP Studio)</p> <p>2:30 PM Wii Bowling (FS)</p> <p>3:00 PM Kathy O'Connor Piano Performance (IH)</p>	<p>8</p> <p>9:00 AM Pool Volleyball (DP)</p> <p>10:30 AM Sunshine Singers (IH)</p> <p>1:45 PM Cooking Demo w/ Tremaine "Banana Foster" (IH)</p> <p>2:30 PM Strength & Balance Class (FS)</p> <p>3:00 PM Hand in Paw (Atrium)</p>	<p>9</p> <p>9:00 AM Pool Aerobics (DP)</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>9:30 AM Bank Trip</p> <p>10:00 AM Bible Study w/ Pastor Trey (2F)</p> <p>1:30 PM Rook Card Game (WP Studio)</p> <p>1:30 PM Sketch Booking for Dummies (CA)</p> <p>3:00 PM Pumpkin Pie Milkshakes (Bistro)</p> <p>6:00 PM Grab a friend & play Cornhole (IH)</p>	<p>10</p> <p>9:00 AM Pool Volleyball (DP)</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>10:30 AM Winn Schepps, Banjo (IH)</p> <p>1:00 PM UNO (CA)</p> <p>2:00 PM Sara Mason & Guest Perform (IH)</p> <p>2:30 PM Drum Fit (FS)</p> <p>3:00 PM Halloween Coasters (WP Studio)</p> <p>6:30 PM Lecture Series (DT)</p>	<p>11</p> <p>9:00 AM Water Arthritis *Res. Led* (DP)</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>10:00 AM Rook Card Game (WP Studio)</p> <p>1:30 PM Candy Bingo w/ Sydney (2F)</p> <p>2:00 PM Walgreens Trip</p> <p>2:30 PM Chair Exercise w/ Select Rehab (1F)</p> <p>3:00 PM Yahtzee (WP Studio)</p>
<p>13</p> <p>10:00 AM Protestant Church Service (IH)</p> <p>10:30 AM Catholic Church Service (CA)</p> <p>1:30 PM Open Play Game Time (WP Studio)</p> <p>1:30 PM Tech Support Volunteer Samuel Apartment Visits (1:30-4:00 PM) *Sign-Up for Help*</p> <p>2:30 PM Julia Ivey Piano Performance (IH)</p> <p>5:00 PM Sunday Series w/ Bob & Dorothy (IH)</p>	<p>14</p> <p>9:00 AM Pool Aerobics (DP)</p> <p>9:30 AM Walmart Trip</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>10:00 AM Crosswords & Coffee (WP Studio)</p> <p>1:00 PM Publix Trip</p> <p>2:00 PM Navy Birthday Celebration (IH)</p> <p>2:30 PM Wii Bowling (FS)</p> <p>3:00 PM Word Scramble w/ Sydney (WP Studio)</p>	<p>15</p> <p>9:00 AM Pool Volleyball (DP)</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>10:00 AM Scrabble (WP Studio)</p> <p>10:30 AM Outreach Program: Samaritans Purse (CA)</p> <p>1:30 PM Prize Bingo w/ Bobbi (IH)</p> <p>2:30 PM Fluid Art w/ Christy (WP Studio)</p> <p>3:30 PM Community Council (IH)</p>	<p>16</p> <p>9:00 AM Pool Aerobics (DP)</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>9:30 AM Bank Trip</p> <p>10:00 AM Bible Study w/ Pastor Trey (2F)</p> <p>10:30 AM 2 Cousins & a Guitar (IH)</p> <p>1:30 PM Dollar Tree Trip</p> <p>1:30 PM October Penny Auction (WP Studio)</p> <p>3:00 PM Prize Bingo w/ Sydney (2F)</p> <p>4:30 PM Dinner Outing: Bistro 218 *SIGN-UP*</p> <p>6:00 PM Grab a friend & play Cornhole</p>	<p>17</p> <p>9:00 AM Pool Volleyball (DP)</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>10:00 AM Town Hall (1F)</p> <p>1:00 PM Scrabble (CA)</p> <p>1:00 PM Manicures w/ Jamie (1F)</p> <p>2:00 PM Exercise Video (FS)</p> <p>3:00 PM Jeopardy w/ Bob Lewis & Ruth (WP Studio)</p> <p>6:30 PM Lecture Series (DT)</p>	<p>18</p> <p>9:00 AM Water Arthritis *Resident Led* (DP)</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>10:00 AM Rook Card Game (WP Studio)</p> <p>10:30 AM Lunch Outing: Paw-Paw Patch *SIGN-UP*</p> <p>1:30 PM Candy Bingo w/ Sydney (2F)</p> <p>2:00 PM Walgreens Trip</p> <p>2:30 PM Chair Exercise w/ Select Rehab (1F)</p> <p>3:00 PM Pictionary w/ Sandy Green (Bistro)</p>	<p>19</p> <p>10:00 AM Bible Study (IH)</p> <p>10:00 AM Catholic Rosary (WP Studio)</p> <p>1:30 PM Open Play Checkers (CA)</p> <p>1:30 PM Open Play Game Time (WP Studio)</p> <p>2:00 PM The Samford Trio (2F)</p> <p>6:30 PM Movie Night</p> <p>12:00 PM—2:00 PM Tailgate Saturday (Bistro)</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>20</p> <p>10:00 AM Protestant Church Service (IH)</p> <p>10:30 AM Catholic Church Service (CA)</p> <p>1:30 PM Open Play Game Time (WP Studio)</p> <p>1:30 PM Tech Support Volunteer Samuel Apartment Visits (1:30-4:00 PM) *Sign-Up for Help*</p> <p>3:00 PM Blake Webber Performs (IH)</p> <p>5:00 PM Sunday Series w/ Bob & Dorothy (IH)</p>	<p>21</p> <p>9:00 AM Pool Aerobics (DP)</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>9:30 AM Walmart Trip</p> <p>10:00 AM Crosswords & Coffee (WP Studio)</p> <p>1:00 PM Publix Trip</p> <p>1:30 PM Prize Bingo w/ Sydney (2F)</p> <p>2:30 PM Wii Bowling (FS)</p> <p>3:00 PM Happy 15th Anniversary to Danberry w/ The Alexanders Perform (Atrium)</p>	<p>22</p> <p>9:00 AM Pool Volleyball (DP)</p> <p>9:00 AM Donuts & Coffee (Bistro)</p> <p>9:15 AM Stretching w/ Sydney (1F)</p> <p>10:00 AM—1:00 PM Facials & Hand Massages w/ Aveda Cosmetology Students *SIGN-UP* (IH)</p> <p>2:30 PM Games on the Patio (FS)</p> <p>3:00 PM Select Rehab Virtuesense Testing (IH)</p>	<p>23</p> <p>9:00 AM Pool Aerobics (DP)</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>9:30 AM Bank Trip</p> <p>10:00 AM Bible Study w/ Pastor Trey (2F)</p> <p>10:30 AM AL Lunch Outing: Jim N' Nicks *SIGN-UP*</p> <p>1:30 PM Aldi Shopping Trip</p> <p>1:30 PM Mexican Train Dominoes (WP Studio)</p> <p>1:30 PM Sketch Booking for Dummies (CA)</p> <p>3:00 PM Ultimate Team Trivia (WP Studio)</p> <p>6:00 PM Double Oak Mountain 2nd-5th Graded (IH)</p>	<p>24</p> <p>9:00 AM Pool Volleyball (DP)</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>10:00 AM Germany Travel Video (WP Studio)</p> <p>1:00 PM Yahtzee (CA)</p> <p>1:30 PM Bocci Ball Tournament (IH)</p> <p>2:30 PM Drum Fit (FS)</p> <p>3:00 PM Creating Scarecrows (WP Studio)</p> <p>6:30 PM Lecture Series (DT)</p>	<p>25</p> <p>9:00 AM Water Arthritis (DP)</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>9:45 AM Coffee Concert: Outing *SIGN-UP*</p> <p>10:15 AM Westminster Kindergarten Class Fall Performance (IH)</p> <p>1:30 PM Candy Bingo w/ Sydney (2F)</p> <p>2:00 PM Walgreens Trip</p> <p>2:30 PM Chair Exercise w/ Select Rehab (1F)</p> <p>3:00 PM Rook Card Game (WP Studio)</p> <p>3:30 PM Fellowship Friday w/ Christy (FS)</p> <p><i>Taste of Germany</i> <i>Lunch & Dinner</i></p>	<p>26</p> <p>10:00 AM Bible Study (IH)</p> <p>10:00 AM Catholic Rosary (WP Studio)</p> <p>1:30 PM Open Play Checkers (CA)</p> <p>1:30 PM Open Play Game Time (WP Studio)</p> <p>2:30 PM Covenant Players (IH)</p> <p>6:30 PM Movie Night</p> <p>12:00 PM—2:00 PM Tailgate Saturday (Bistro)</p>
<p>27</p> <p>10:00 AM Protestant Church Service (IH)</p> <p>10:30 AM Catholic Church Service (CA)</p> <p>1:30 PM Open Play Game Time (WP Studio)</p> <p>1:30 PM Tech Support Volunteer Samuel Apartment Visits (1:30-4:00 PM) *Sign-Up for Help*</p> <p>2:00 PM Crafting w/ Tammy (1F)</p> <p>5:00 PM Sunday Series w/ Bob & Dorothy (IH)</p>	<p>28</p> <p>9:00 AM Pool Aerobics (DP)</p> <p>9:30 AM Walmart Trip</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>10:00 AM Crosswords & Coffee (WP Studio)</p> <p>12:30 PM Monday Matinee (IH)</p> <p>1:00 PM Publix Trip</p> <p>1:30 PM Rummikub (WP Studio)</p> <p>2:30 PM Baking Club w/ Bobbi & Tremaine: Pumpkin Bread *SIGN-UP* (CA)</p> <p>2:30 PM Wii Bowling (FS)</p>	<p>29</p> <p>9:00 AM Pool Volleyball (DP)</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>10:00 AM Music Therapy w/ Allison (2F)</p> <p>1:30 PM New Resident Orientation (IH)</p> <p>2:30 PM Strength & Balance Class (FS)</p> <p>3:00 PM Noodle Hockey (IH)</p>	<p>30</p> <p>9:00 AM Pool Aerobics (DP)</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>9:30 AM Bank Trip</p> <p>10:00 AM Bible Study w/ Pastor Trey (2F)</p> <p>11:00 AM Lunch Outing: Jeff State Bistro V *SIGN-UP*</p> <p>1:30 PM Guess That Show Tune (WP Studio)</p> <p>3:00 PM October Birthday Celebration (Bistro)</p> <p>3:30 PM Danberry Dollar Redemption (WP Studio)</p> <p>6:00 PM Grab a friend & play Cornhole (IH)</p>	<p>31 <i>Halloween</i></p> <p>9:00 AM Pool Volleyball (DP)</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>10:00 AM Hand & Foot (WP Studio)</p> <p>1:00 PM Yahtzee (CA)</p> <p>1:30 PM Employee Costume Contest (Atrium)</p> <p>2:30 PM Halloween Party & Costume Contest (Bistro)</p> <p>6:30 PM Lecture Series (DT)</p>	<p>CALENDAR COLORS:</p> <p>Black: Assisted Living Activities</p> <p>Green: Fitness Class</p> <p>Red: Special Events</p> <p>Purple: Outings</p> <p>CALENDAR KEY:</p> <p>1F: First Floor Common Area</p> <p>2F: Second Floor Common Area</p> <p>WP: Wellington Park</p> <p>CA: Creative Arts Studio</p> <p>FS: Fitness Studio</p> <p>IH: Inverness Hall</p> <p>BW CR: Bridgewater Room</p>	

Events that require Sign Up:

- 10/02—Movie Outing: "The Forge"
- 10/16—Dinner Outing: Bistro 218
- 10/18—Lunch Outing: Paw-Paw Patch
- 10/22—Facials & Hand Massages w/ Aveda Cosmetology Students
- 10/23—AL Lunch Outing: Jim N' Nicks
- 10/25—Coffee Concert: Outing
- 10/28—Baking Club w/ Bobbi & Tremaine: Pumpkin Bread
- 10/30—Lunch Outing: Jeff State Bistro V

The Sign-Up Binder is Located in the Wellington Park Studio

Happy Birthday!

- 10/06—Jane Lee Crockett
- 10/08—Joan Emmons
- 10/10—Frank Lacina
- 10/26—Marilyn Dodd
- 10/28—James Moore



Attention:

Calendars are subject to change.
Please refer to your weekly runners
for the most up to date information.