

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



1
9:00 AM Pool Aerobics (DP)
9:00 AM Stretching w/Sydney (1F)
9:30 AM Bank Trip
10:00 AM Bible Study w/Pastor Trey (2F)
1:30 PM Learn to Play Bridge (WP Studio)
2:30 PM AL Chair Exercise w/ Select Rehab (1F)
3:00 PM James & James Perform (IH)
3:30 PM Wii Bowling (FS)

2
9:00 AM Pool Volleyball (DP)
9:00 AM Stretching w/Sydney (1F)
10:00 AM Rummikub (WP Studio)
1:30 PM Lecture Series: Vincent Van Gogh
2:30 PM Assisted Living Car Wash (Stop by to get your Scooters & Walkers cleaned!) *SIGN-UP for a Time* (WP Patio)
6:00 PM Game Time (2F)

3
9:00 AM Water Arthritis (DP)
9:00 AM Stretching w/Sydney (1F)
10:00 AM Rook Card Game (WP)
10:00 AM Outing: Birmingham Greek Festival *SIGN-UP*
1:30 PM Candy Bingo w/Sydney (2F)
2:00 PM Walgreens Trip
2:30 PM AL Chair Exercise w/ Select Rehab (1F)
3:00 PM Yahtzee (WP Studio)

4
10:00 AM Bible Study (IH)
10:00 AM Rosary (CA)
1:30 PM Grab a Friend & Play a Game! (1 & 2F)
6:30 PM Saturday Night Movie: "The Cutting Edge" (IH)

5
10:00 AM Protestant Church Service (IH)
10:30 AM Catholic Church Service (CA)
1:30 PM Grab a Friend & Play a Game! (1 & 2F)
5:00 PM Sunday Series w/ Bob & Dorothy (DT)

6
9:00 AM Pool Aerobics (DP)
9:00 AM Stretching w/Sydney (1F)
9:30 AM Walmart Trip
10:00 AM Word Scramble (WP Studio)
1:00 PM Publix Trip
1:30 PM Crafting w/Traci Wood: The ABC's of Assistance Animals (WP Studio)
2:30 PM Chair Exercise (1F)
3:00 PM Kathy O'Connor Piano Performance (IH)

7
9:00 AM Pool Volleyball (DP)
9:00 AM Stretching w/Sydney (1F)
10:00 AM Scrabble (WP Studio)
1:00 PM Prize Bingo w/Sydney (2F)
2:00 PM Name That Tune w/a Twist (FS)
3:00 PM The Alexanders Perform (Atrium)
6:00 PM Game Time (2F)

8
7:30 AM Men's Breakfast (IH)
9:00 AM Pool Aerobics (DP)
9:00 AM Stretching w/Sydney (1F)
9:30 AM Bank Trip
10:00 AM Bible Study w/Pastor Trey (2F)
1:30 PM Arts & Crafts for the Inexperienced (CA)
1:30 PM Listening & Learning about the Library w/Joan (WP Studio)
2:30 PM AL Chair Exercise w/ Select Rehab (1F)
3:00 PM AL Town Hall (1F)

9
9:00 AM Pool Volleyball (DP)
9:00 AM Stretching w/Sydney (1F)
10:00 AM Hand & Foot (WP Studio)
1:00 PM Manicures w/Jamie (1F)
1:30 PM Outreach Project: Care Packaes for Chemo Patients (CA)
2:30 PM Noodle Hockey (FS)
3:00 PM Mexican Train Dominoes (WP Studio)
6:00 PM Game Time (2F)

10
9:00 AM Water Arthritis (DP)
9:00 AM Stretching w/Sydney (1F)
10:00 AM Rook Card Game (WP)
10:30 AM Lunch Outing: Season's 52 *SIGN-UP*
1:30 PM Candy Bingo w/Sydney (2F)
2:00 PM Walgreens Trip
2:30 PM AL Chair Exercise w/ Select Rehab (1F)
3:00 PM Pictionary w/Sandy Green (Bistro)

11
10:00 AM Bible Study (IH)
10:00 AM Rosary (CA)
1:30 PM Grab a Friend & Play a Game! (1 & 2F)
2:00 PM Luke Turner Piano Performance (IH)
6:30 PM Saturday Night Movie: "Marry Me" (IH)

12
10:00 AM Protestant Church Service (IH)
10:30 AM Catholic Church Service (CA)
1:30 PM Grab a Friend & Play a Game! (1 & 2F)
2:30 PM Pianist, Kathryn Ellis (IH)
5:00 PM Sunday Series w/ Bob & Dorothy (DT)

13
9:00 AM Pool Aerobics (DP)
9:00 AM Stretching w/Sydney (1F)
9:30 AM Walmart Trip
10:00 AM Crosswords & Coffee (WP)
1:00 PM Publix Trip
2:00 PM Navy, Marine & Coast Guard Birthday Program (IH)
2:30 PM Chair Exercise (1F)
3:30 PM Presentation by Pam Bainter "HPL at your Fingertips" (IH)

14
9:00 AM Pool Volleyball (DP)
9:00 AM Stretching w/Sydney (1F)
10:30 AM Sonshine Singers Perform (IH)
1:00 PM Prize Bingo w/Sydney (2F)
2:00 PM Just Dance (FS)
3:00 PM Hand in Paw Dog Visit (Atrium)
3:30 PM Community Council (IH)
6:00 PM Game Time (2F)

15
9:00 AM Pool Aerobics (DP)
9:00 AM Stretching w/Sydney (1F)
9:30 AM Bank Trip
10:00 AM Bible Study w/Pastor Trey (2F)
11:30 AM Lunch & Learn on Estate Planning & Taxation *SIGN-UP* (IH)
1:30 PM Whole Foods Trip
2:00 PM Brownie Milkshakes (1F)
2:30 PM AL Chair Exercise w/ Select Rehab (1F)
3:00 PM Learn to Play Bridge (WP Studio)
3:30 PM Wii Bowling (FS)

16
9:00 AM Pool Volleyball (DP)
9:00 AM Stretching w/Sydney (1F)
10:00 AM Music Therapy w/Allison (2F)
1:30 PM Rummikub (WP Studio)
2:30 PM Noodle Hockey (FS)
3:00 PM Painting Pumpkins (WP Studio)
6:00 PM Game Time (2F)

17
9:00 AM Water Arthritis (DP)
9:00 AM Stretching w/Sydney (1F)
10:30 AM Westminster Kindergarten Class Performance (IH)
10:30 AM Outing: Brusters Ice Cream *SIGN-UP*
1:30 PM Candy Bingo w/Sydney (2F)
2:00 PM Walgreens Trip
2:30 PM AL Chair Exercise w/ Select Rehab (1F)
3:30 PM Fellowship Friday w/Christy (FS)

18
10:00 AM Bible Study (IH)
10:00 AM Rosary (CA)
1:30 PM Grab a Friend & Play a Game! (1 & 2F)
6:30 PM Saturday Night Movie: "Mission Impossible: The Final Reckoning" (IH)



Wellington Park Calendar of Events-October 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19 10:00 AM Protestant Church Service (IH) 10:30 AM Catholic Church Service (CA) 1:30 PM Grab a Friend & Play a Game! (1 & 2F) 5:00 PM Sunday Series w/ Bob & Dorothy (DT)	20 9:00 AM Pool Aerobics (DP) 9:00 AM Beach Trip Outing Departure 9:00 AM Stretching w/Sydney (1F) 9:30 AM Walmart Trip 10:30 AM Tim the Piano Man Performance (IH) 1:00 PM Publix Trip 2:00 PM Meet & Greet New Resident Social (Bistro) 2:30 PM Chair Exercise (1F) 3:00 PM Hand & Foot (WP Studio)	21 9:00 AM Pool Volleyball (DP) 9:00 AM Donuts & Coffee (1F) 9:15 AM Stretching w/Sydney (1F) 10:00 AM Scrabble (WP Studio) 1:30 PM Resident & Employee Cookie Cook-Off (You Can Judge) *SIGN-UP* (IH) 2:00 PM Just Dance (FS) 3:30 PM Meditation w/Marcus (FS) 6:00 PM Game Time (2F)	22 9:00 AM Pool Aerobics (DP) 9:00 AM Stretching w/Sydney (1F) 9:30 AM Bank Trip 10:00 AM Bible Study w/Pastor Trey (2F) 1:30 PM Dollar Tree Trip 1:30 PM Arts & Crafts for the Inexperienced (CA) 1:30 PM AL October Birthday Celebration (2F) 2:30 PM AL Chair Exercise w/ Select Rehab (1F) 3:00 PM Mexican Train Dominoes (WP Stu-	23 9:00 AM Pool Volleyball (DP) 9:00 AM Stretching w/Sydney (1F) 10:00 AM Halloween Sign Craft *SIGN-UP* (WP Studio) 1:00 PM Manicures w/Jamie (1F) 2:30 PM Noodle Hockey (FS) 3:00 PM Jeopardy w/Bob & Ruth (WP Studio) 6:00 PM Game Time (2F)	24 9:00 AM Water Arthritis (DP) 9:00 AM Stretching w/Sydney (1F) 10:00 AM Rook Card Game (WP) 1:30 PM Candy Bingo w/Sydney (2F) 2:00 PM Walgreens Trip 2:30 PM AL Chair Exercise w/ Select Rehab (1F) 2:30 PM Speaker Niki Sepsas Topic: "Salem Witch Trials" (IH) 2:30 PM Ultimate Team Trivia (Bistro)	25 10:00 AM Bible Study (IH) 10:00 AM Rosary (CA) 1:30 PM Grab a Friend & Play a Game! (1 & 2F) 2:00 PM Assisted Living Families & Employees Trick-Or-Treat (1F & 2F) 6:30 PM Saturday Night Movie: "Now You See Me" (IH)
26 10:00 AM Protestant Church Service (IH) 10:30 AM Catholic Church Service (CA) 1:30 PM Grab a Friend & Play a Game! (1 & 2F) 2:30 PM Pianist Kathryn Ellis (Atrium) 5:00 PM Sunday Series w/ Bob & Dorothy (DT)	27 9:00 AM Pool Aerobics (DP) 9:00 AM Stretching w/Sydney (1F) 9:30 AM Walmart Trip 10:00 AM Crosswords & Coffee (WP Studio) 1:00 PM Publix Trip 1:30 PM Art Project: Mosaic Tiled Ghost *SIGN-UP* 2:00 PM Hoover Library Bookmobile (Front Entrance) 3:00 PM Hand & Foot (WP Studio)	28 9:00 AM Pool Volleyball (DP) 9:00 AM Stretching w/Sydney (1F) 10:00 AM Brain Games (WP Studio) 1:30 PM Prize Bingo w/Bobbi (IH) 2:00 PM Name That Tune w/A Twist (FS) 3:00 PM October Birthday Celebration w/Chocolate Sundaes (Bistro) 6:00 PM Game Time (2F)	29 9:00 AM Pool Aerobics (DP) 9:00 AM Stretching w/Sydney (1F) 9:30 AM Bank Trip 10:00 AM Bible Study w/Pastor Trey (2F) 1:30 PM Aldi Shopping Trip 1:30 PM Come Grab a Halloween Cookie! (1F) 2:30 PM AL Chair Exercise w/ Select Rehab (1F) 3:00 PM Danberry Dollar Redemption (PDR) 6:00 PM Double Oak Mountain Church Kids (IH)	30 9:00 AM Pool Volleyball (DP) 9:00 AM Stretching w/Sydney (1F) 10:00 AM Rummikub (WP Studio) 1:30 PM Rook Card Game (1F) 2:30 PM Art Class w/Christy (WP Studio) 6:00 PM Game Time (2F)	31 9:00 AM Water Arthritis (DP) 9:00 AM Stretching w/Sydney (1F) 10:00 AM Halloween Candy Bingo w/Sydney (2F) 1:30 PM Employee/Resident Costume Contest w/DJ Russ Randolph (Atrium) 2:00 PM Walgreens Trip 2:30 PM AL Chair Exercise w/ Select Rehab (1F)	

CALENDAR COLORS:	CALENDAR KEY:
Black: Assisted Living Activities	1F: AL First Floor Common Area
Green: Fitness Class	2F: AL Second Floor Common Area
Red: Special Events	WP: Wellington Park
Purple: Outings	CA: Creative Arts Studio
	FS: Fitness Studio
	IH: Inverness Hall
	BW CR: Bridgewater Room

Happy Birthday!

10/08—Joan Emmons

10/10—Frank Lacina

10/10—Sue Cacioppo

10/26—Marilyn Dodd

10/28—James Moore

Attention:

Calendars are subject to change.
Please refer to your weekly runners
for the most up to date information.