




# Wellington Park Calendar of Events-September 2024

| Sunday  | Monday  | Tuesday   | Wednesday  | Thursday   | Friday   | Saturday   |
|---|---|---|--|--|--|--|
| <p>1</p> <p>10:00 AM Protestant Church Service (IH)</p> <p>10:30 AM Catholic Church Service (CA)</p> <p>1:30 PM Open Play Game Time (WP Studio)</p> <p>1:30 PM Tech Support Volunteer Samuel Apartment Visits (1:30-4:00 PM) *Sign-Up for Help*</p> <p>5:00 PM Sunday Series w/ Bob &amp; Dorothy (IH)</p>  | <p>2 <i>Labor Day</i></p> <p>9:00 AM Pool Aerobics *Resident Led* (DP)</p> <p>10:00 AM Crosswords *Resident Led* (WP Studio)</p> <p>12:30 PM Monday Matinee (IH)</p> <p>1:30 PM Hand &amp; Foot *Resident Led* (WP Studio)</p>   | <p>3</p> <p>9:00 AM Pool Volleyball (DP)</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>10:00 AM Scrabble (WP Studio)</p> <p>1:30 PM Prize Bingo (IH)</p> <p>2:30 PM Strength &amp; Balance Class (FS)</p> <p>3:00 PM Noodle Hockey (IH)</p> <p>6:00 PM A Journey to Love w/ Russ Erhardt (IH)</p>   | <p>4</p> <p>9:00 AM Pool Aerobics (DP)</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>9:30 AM Walmart Trip</p> <p>9:30 AM Bank Trip</p> <p>10:00 AM Bible Study w/ Pastor Trey (2F)</p> <p>1:00 PM Publix Trip</p> <p>1:30 PM Dallas TV Show w/ Popcorn (WP Studio)</p> <p>1:30 PM Sketch Booking for Dummies (CA)</p> <p>3:00 PM Ultimate Team Trivia (WP Studio)</p> <p>6:00 PM Grab a friend &amp; play Cornhole (IH)</p>  | <p>5</p> <p>9:00 AM Pool Volleyball (DP)</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>10:00 AM Town Hall (1F)</p> <p>1:00 PM Mexican Train Dominoes (CA)</p> <p>1:00 PM Manicures w/ Jamie (1F)</p> <p>2:30 PM Fluid Art w/ Christy (WP Studio)</p> <p>6:30 PM Lecture Series (DT)</p>  | <p>6</p> <p>9:00 AM Water Arthritis (DP)</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>10:00 AM Rook Card Game (WP Studio)</p> <p>10:30 AM Lunch Outing: Kobe Japanese Restaurant *SIGN-UP*</p> <p>1:30 PM John's Retirement Party (Bistro)</p> <p>2:00 PM Walgreens Trip</p> <p>2:30 PM Chair Exercise w/ Select Rehab (1F)</p> <p>3:00 PM The Basement Band (IH)</p>   | <p>7</p> <p>10:00 AM Bible Study (IH)</p> <p>10:00 AM Catholic Rosary w/ Frank Lacina (WP Studio)</p> <p>1:30 PM Open Play Checkers (CA)</p> <p>2:00 PM Creating Wreaths w/ Crystal (1F)</p> <p>6:00 PM</p> <p>6:30 PM Movie Night "The Long Game" (IH)</p> <p>12:00 PM—2:00 PM Tailgate Saturday (Bistro)</p> |
| <p>8</p> <p>10:00 AM Protestant Church Service (IH)</p> <p>10:30 AM Catholic Church Service (CA)</p> <p>1:30 PM Open Play Game Time (WP Studio)</p> <p>1:30 PM Tech Support Volunteer Samuel Apartment Visits (1:30-4:00 PM) *Sign-Up for Help*</p> <p>2:30 PM Julia Ivey Piano Performance (IH)</p> <p>5:00 PM Sunday Series w/ Bob &amp; Dorothy (IH)</p> | <p>9</p> <p>9:00 AM Pool Aerobics (DP)</p> <p>9:30 AM Walmart Trip</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>10:00 AM Crosswords &amp; Coffee (WP Studio)</p> <p>12:30 PM Monday Matinee (IH)</p> <p>1:00 PM Publix Trip</p> <p>1:30 PM Rummikub (WP Studio)</p> <p>2:30 PM Wii Bowling (FS)</p> <p>3:00 PM Kathy O'Connor Performance (IH)</p>                 | <p>10</p> <p>9:00 AM Pool Volleyball (DP)</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>10:00 AM Mexican Train Dominoes (WP Studio)</p> <p>10:30 AM Outreach Program: Homemade Dog Treats (CA)</p> <p>1:30 PM Prize Bingo w/ Sydney (2F)</p> <p>2:30 PM Strength &amp; Balance Class (FS)</p> <p>2:30 PM Hand in Paw (Atrium)</p> <p>3:30 PM AL Mahan Performs (IH)</p>  | <p>11</p> <p>9:00 AM Pool Aerobics (DP)</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>9:30 AM Bank Trip</p> <p>10:00 AM Bible Study w/ Pastor Trey (2F)</p> <p>11:00 AM AL Outing: Culvers *SIGN-UP*</p> <p>1:30 PM Dollar Tree Trip</p> <p>1:30 PM Rook Card Game (WP Studio)</p> <p>1:30 PM Sketch Booking for Dummies (CA)</p> <p>3:00 PM Who's That Celebrity Guessing Game (WP Studio)</p> <p>6:00 PM Grab a friend &amp; play Cornhole (IH)</p>                                      | <p>12 <i>Chocolate Milkshake Day</i></p> <p>9:00 AM Pool Volleyball (DP)</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>10:00 AM Music Therapy w/ Allison (1F)</p> <p>1:00 PM UNO (CA)</p> <p>1:00 PM Manicures w/ Jamie (1F)</p> <p>2:00 PM Chocolate Milkshakes (Bistro)</p> <p>3:00 PM Decorating Glass Bowls (WP Studio)</p> <p>6:30 PM Lecture Series (DT)</p> | <p>13 <i>National Peanut Day</i></p> <p>9:00 AM Water Arthritis *Res. Led* (DP)</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>9:30 AM Outing: Breakfast at Hero &amp; Peanuts at Alabama Peanut Co. *SIGN-UP*</p> <p>10:00 AM Rook Card Game (WP Studio)</p> <p>1:30 PM Candy Bingo w/ Sydney (2F)</p> <p>2:00 PM Walgreens Trip</p> <p>2:30 PM Chair Exercise w/ Select Rehab (1F)</p> <p>3:00 PM Touchtown Sign-Up &amp; Information (WP Studio)</p> | <p>14</p> <p>10:00 AM Bible Study (IH)</p> <p>10:00 AM Catholic Rosary w/ Frank Lacina (WP Studio)</p> <p>1:30 PM Open Play Checkers (CA)</p> <p>1:30 PM Open Play Game Time (WP Studio)</p> <p>6:30 PM Movie Night "Rescued by Ruby" (IH)</p> <p>12:00 PM—2:00 PM Tailgate Saturday (Bistro)</p>              |
| <p>15</p> <p>10:00 AM Protestant Church Service (IH)</p> <p>10:30 AM Catholic Church Service (CA)</p> <p>1:30 PM Open Play Game Time (WP Studio)</p> <p>1:30 PM Tech Support Volunteer Samuel Apartment Visits (1:30-4:00 PM) *Sign-Up for Help*</p> <p>5:00 PM Sunday Series w/ Bob &amp; Dorothy (IH)</p>   | <p>16</p> <p>9:00 AM Pool Aerobics (DP)</p> <p>9:30 AM Walmart Trip</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>10:00 AM Crosswords &amp; Coffee (WP Studio)</p> <p>12:30 PM Monday Matinee (IH)</p> <p>1:00 PM Publix Trip</p> <p>1:30 PM Books To You w/ Pam (1F)</p> <p>2:30 PM Wii Bowling (FS)</p> <p>3:00 PM Guess That Show Tune w/ Sydney (WP Studio)</p> | <p>17</p> <p>9:00 AM Pool Volleyball (DP)</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>10:00 AM Scrabble (WP Studio)</p> <p>1:30 PM Games on the Patio (WP Patio)</p> <p>2:30 PM Strength &amp; Balance Class (FS)</p> <p>3:30 PM Community Council (IH)</p>   | <p>18</p> <p>9:00 AM Pool Aerobics (DP)</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>9:30 AM Bank Trip</p> <p>10:00 AM Bible Study w/ Pastor Trey (2F)</p> <p>11:30 AM Lunch &amp; Learn w/ Senior Hospice Liaison "Advance Directives &amp; Living Wills" *SIGN-UP*</p> <p>1:30 PM Dallas TV Show w/ Popcorn (WP Studio)</p> <p>1:30 PM Sketch Booking for Dummies (CA)</p> <p>3:00 PM Air Force Birthday Celebration (Bistro)</p> <p>6:00 PM Grab a friend &amp; play Cornhole (IH)</p> | <p>19</p> <p>9:00 AM Pool Volleyball (DP)</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>10:00 AM Hand &amp; Foot (WP Studio)</p> <p>1:00 PM Scrabble (CA)</p> <p>1:00 PM Manicures w/ Jamie (1F)</p> <p>1:30 PM Catholic Mass (IH)</p> <p>2:30 PM Drum Fit (FS)</p> <p>3:00 PM Jeopardy w/ Bob Lewis &amp; Ruth (WP Studio)</p> <p>6:30 PM Lecture Series (DT)</p> | <p>20</p> <p>9:00 AM Water Arthritis (DP)</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>10:00 AM Rook Card Game (WP Studio)</p> <p>1:30 PM Candy Bingo w/ Sydney (2F)</p> <p>2:00 PM Walgreens Trip</p> <p>2:30 PM Chair Exercise w/ Select Rehab (1F)</p> <p>3:00 PM Watercolor Painting Class w/ Sydney (WP Studio)</p>  | <p>21</p> <p>10:00 AM Bible Study (IH)</p> <p>10:00 AM Catholic Rosary w/ Frank Lacina (WP Studio)</p> <p>1:30 PM Open Play Checkers (CA)</p> <p>1:30 PM Open Play Game Time (WP Studio)</p> <p>6:30 PM Movie Night "The Adam Project" (IH)</p> <p>12:00 PM—2:00 PM Tailgate Saturday (Bistro)</p>             |



# Wellington Park Calendar of Events-September 2024

| Sunday   | Monday   | Tuesday  | Wednesday   | Thursday   | Friday  | Saturday   |  |
|--|--|--|---|--|---|--|--|
| <p>22 <i>First Day of Autumn</i></p> <p>10:00 AM Protestant Church Service (IH)</p> <p>10:30 AM Catholic Church Service (CA)</p> <p>1:30 PM Open Play Game Time (WP Studio)</p> <p>1:30 PM Tech Support Volunteer Samuel Apartment Visits (1:30-4:00 PM) *Sign-Up for Help*</p> <p>3:00 PM Blake Webber Performs (IH)</p> <p>5:00 PM Sunday Series w/ Bob &amp; Dorothy (IH)</p> | <p>23</p> <p>9:00 AM Pool Aerobics (DP)</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>9:30 AM Walmart Trip</p> <p>10:00 AM Crosswords &amp; Coffee (WP Studio)</p> <p>1:00 PM Publix Trip</p> <p>1:30 PM Painting w/ Darcy (WP Studio)</p> <p>2:00 PM Baking Club w/ Bobbi &amp; Tremaine: Peanut Butter &amp; Macadamia Nut Cookies *SIGN-UP* (CA)</p> <p>2:30 PM Wii Bowling (FS)</p> <p>3:00 PM New Resident Meet &amp; Greet (1F)</p> <p>6:00 PM Sweet Adelines Perform (IH)</p> | <p>24</p> <p>9:00 AM Pool Volleyball (DP)</p> <p>9:00 AM Donuts &amp; Coffee (1F)</p> <p>9:15 AM Stretching w/ Sydney (1F)</p> <p>10:00 AM Mexican Train Dominoes (WP Studio)</p> <p>1:30 PM Prize Bingo (IH)</p> <p>2:30 PM Strength &amp; Balance Class (FS)</p> <p>3:00 PM Noodle Hockey (IH)</p> | <p>25</p> <p>9:00 AM Pool Aerobics (DP)</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>9:30 AM Bank Trip</p> <p>10:00 AM Bible Study w/ Pastor Trey (2F)</p> <p>1:30 PM Aldi Shopping Trip</p> <p>1:30 PM Dallas TV Show w/ Popcorn (WP Studio)</p> <p>1:30 PM Sketch Booking for Dummies (CA)</p> <p>2:30 PM September Birthday Celebration w/ Banana Splits (Bistro)</p> <p>3:30 PM Danberry Dollar Redemption (WP Studio)</p> <p>6:00 PM Grab a friend &amp; play Cornhole (IH)</p> | <p>26</p> <p>9:00 AM Pool Volleyball (DP)</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>10:00 AM September Trivia (WP Studio)</p> <p>1:00 PM Yahtzee (CA)</p> <p>2:00 PM A Walk w/ Joey Program (IH)</p> <p>2:30 PM Drum Fit (FS)</p> <p>6:30 PM Lecture Series (DT)</p> | <p>27</p> <p>9:00 AM Water Arthritis (DP)</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>9:45 AM Outing: Coffee Concert *SIGN-UP*</p> <p>10:00 AM Rook Card Game (WP Studio)</p> <p>1:30 PM Candy Bingo w/ Sydney (2F)</p> <p>2:00 PM Walgreens Trip</p> <p>2:30 PM Chair Exercise w/ Select Rehab (1F)</p> <p>3:30 PM Fellowship Friday w/ Christy (FS)</p> <p style="text-align: center;"><i>Taste of Japan Lunch/Dinner</i></p> | <p>28</p> <p>10:00 AM Bible Study (IH)</p> <p>10:00 AM Catholic Rosary w/ Frank Lacina (WP Studio)</p> <p>1:30 PM Open Play Checkers (CA)</p> <p>1:30 PM Open Play Game Time (WP Studio)</p> <p>6:30 PM Movie Night "Eat Pray Love" (IH)</p> <p style="text-align: center;">12:00 PM—2:00 PM<br/>Tailgate Saturday (Bistro)</p>                          |  |
| <p>29</p> <p>10:00 AM Protestant Church Service (IH)</p> <p>10:30 AM Catholic Church Service (CA)</p> <p>1:30 PM Open Play Game Time (WP Studio)</p> <p>1:30 PM Tech Support Volunteer Samuel Apartment Visits (1:30-4:00 PM) *Sign-Up for Help*</p> <p>5:00 PM Sunday Series w/ Bob &amp; Dorothy (IH)</p>  | <p>30</p> <p>9:00 AM Pool Aerobics (DP)</p> <p>9:30 AM Walmart Trip</p> <p>9:00 AM Stretching w/ Sydney (1F)</p> <p>10:00 AM Crosswords &amp; Coffee (WP Studio)</p> <p>12:30 PM Monday Matinee (IH)</p> <p>1:00 PM Publix Trip</p> <p>1:30 PM Rummikub (WP Studio)</p> <p>2:30 PM Wii Bowling (FS)</p> <p>3:00 PM Hoss Carl &amp; Perry Performance (Atrium)</p>  | <p><b>CALENDAR COLORS:</b></p> <p>Black: Assisted Living Activities</p> <p>Green: Fitness Class</p> <p>Red: Special Events</p> <p>Purple: Outings</p>  |   | <p><b>CALENDAR KEY:</b></p> <p>1F: First Floor Common Area</p> <p>2F: Second Floor Common Area</p> <p>WP: Wellington Park</p> <p>CA: Creative Arts Studio</p> <p>FS: Fitness Studio</p> <p>IH: Inverness Hall</p> <p>BW CR: Bridgewater Room</p>                           |   | <p><b>Tech Support w/ Samuel</b></p> <p>Samuel will be here from 1:30 PM to 4:00 PM every Sunday. He is offering apartment visits to help with tech questions or problems you may be experiencing. This will be a Sign-Up only opportunity. If you are interested please Sign-Up in the Independent Living Booklet. Samuel is volunteering his time.</p> |  |

**Events that require Sign Up:**

- 09/06—Lunch Outing: Kobe Japanese Restaurant
- 09/11—AL Outing: Culvers
- 09/13—Outing: Breakfast at Hero & Peanuts at Alabama Peanut Co.
- 09/18—Lunch & Learn w/ Senior Hospice Liaison "Advance Directives & Living Wills"
- 09/27—Outing: Coffee Concert

\*The Sign-Up Binder is Located in the Wellington Park Studio\*

**Happy Birthday!**

- 09/02—Glenda Sprayberry
- 09/12—Lynda Newman
- 06/16—Les Perky
- 09/20—Tyler Wood
- 09/21—Sarah Parnell

**Attention:**

Calendars are subject to change.  
Please refer to your weekly runners  
for the most up to date information.