

Wellington Park Calendar of Events-September 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>1</p> <p>9:00 AM Pool Aerobics (DP)</p> <p>9:00 AM Stretching (1F)</p> <p>10:00 AM Crosswords (WP)</p> <p>1:30 PM Hand & Foot (1F)</p> 	<p>2</p> <p>9:00 AM Pool Volleyball (DP)</p> <p>9:00 AM Stretching w/Sydney (1F)</p> <p>10:00 AM Brain Games (WP Studio)</p> <p>1:00 PM Prize Bingo w/Bobbi (IH)</p> <p>2:00 PM Name That Tune w/a Twist (FS)</p> <p>3:00 PM Mexican Train Dominoes (WP Studio)</p> <p>6:00 PM Game Time (2F)</p>	<p>3</p> <p>9:00 AM Pool Aerobics (DP)</p> <p>9:00 AM Stretching w/Sydney (1F)</p> <p>9:30 AM Walmart Trip</p> <p>9:30 AM Bank Trip</p> <p>10:00 AM Bible Study w/Pastor Trey (2F)</p> <p>1:00 PM Publix Trip</p> <p>2:00 PM Chocolate Cake Milkshakes (1F)</p> <p>2:30 PM AL Chair Exercise w/ Select Rehab (1F)</p> <p>3:00 PM Learn to Play Bridge (WP Studio)</p>	<p>4</p> <p>9:00 AM Pool Volleyball (DP)</p> <p>9:00 AM Stretching w/Sydney (1F)</p> <p>10:00 AM Violinist, Connie Skellie Performs (1F)</p> <p>2:00 PM “Poppin” Social—We pop the popcorn & you pick the toppings (Bistro)</p> <p>2:30 PM Noodle Hockey (FS)</p> <p>3:00 PM Fall Coasters Craft (WP Studio)</p> <p>6:00 PM Game Time (2 F)</p>	<p>5</p> <p>9:00 AM Water Arthritis (DP)</p> <p>9:00 AM Stretching w/Sydney (1F)</p> <p>10:00 AM Candy Bingo w/Sydney (2F)</p> <p>10:00 AM Shopping Outing: Kohl’s & Mellow Mushroom *SIGN-UP*</p> <p>1:30 PM Rummikub (WP Studio)</p> <p>2:00 PM Walgreens Trip</p> <p>2:30 PM AL Chair Exercise w/ Select Rehab (1F)</p> <p>3:00 PM Rook Card Game (WP)</p>	<p>6</p> <p>10:00 AM Bible Study (IH)</p> <p>10:00 AM Rosary (CA)</p> <p>1:30 PM Grab a Friend & Play a Game! (1 & 2F)</p> <p>6:30 PM Saturday Night Movie (IH)</p>
<p>7</p> <p>10:00 AM Protestant Church Service (IH)</p> <p>10:30 AM Catholic Church Service (CA)</p> <p>1:30 PM Grab a Friend & Play a Game! (1 & 2F)</p> <p>5:00 PM Sunday Series w/ Bob & Dorothy (DT)</p>	<p>8</p> <p>9:00 AM Pool Aerobics (DP)</p> <p>9:00 AM Stretching w/Sydney (1F)</p> <p>9:30 AM Walmart Trip</p> <p>10:00 AM Word Scramble (WP Studio)</p> <p>1:00 PM Publix Trip</p> <p>2:00 PM Meet Libby: The First Facility Dog with the Hoover Library (1F)</p> <p>2:30 PM Chair Exercise (1F)</p> <p>3:00 PM Sip N’ Paint Party *Non-Alcoholic Raspberry Bellinis* (WP Studio)</p>	<p>9</p> <p>9:00 AM Pool Volleyball (DP)</p> <p>9:00 AM Stretching w/Sydney (1F)</p> <p>10:00 AM Scrabble (WP Studio)</p> <p>1:00 PM Jumbo Prize Bingo w/Sydney (2F)</p> <p>2:00 PM Just Dance (FS)</p> <p>3:00 PM Hand in Paw Dog Visit (Atrium)</p> <p>6:00 PM Game Time (2F)</p>	<p>10</p> <p>9:00 AM Pool Aerobics (DP)</p> <p>9:00 AM Stretching w/Sydney (1F)</p> <p>9:30 AM Bank Trip</p> <p>10:00 AM Bible Study w/Pastor Trey (2F)</p> <p>1:30 PM Whole Foods Trip</p> <p>1:30 PM Arts & Crafts for the Inexperienced (CA)</p> <p>2:00 PM Chocolate Fondue Fountain (1F)</p> <p>2:30 PM AL Chair Exercise w/ Select Rehab (1F)</p> <p>3:00 PM AL Town Hall (1F)</p>	<p>11</p> <p>9:00 AM Pool Volleyball (DP)</p> <p>9:00 AM Donuts & Coffee (1F)</p> <p>9:15 AM Stretching w/Sydney (1F)</p> <p>10:00 AM Rummikub (WP Studio)</p> <p>1:00 PM Manicures w/Jamie (1F)</p> <p>1:30 PM Outreach Project: Care Packages for Chemo Patients (CA)</p> <p>2:30 PM Noodle Hockey (FS)</p> <p>3:30 PM Community Council (IH)</p> <p>6:00 PM Game Time (2F)</p>	<p>12</p> <p>9:00 AM Water Arthritis (DP)</p> <p>9:00 AM Stretching w/Sydney (1F)</p> <p>10:00 AM Rook Card Game (WP)</p> <p>11:30 AM AL Pizza Party w/Kara Lancaster *SIGN-UP* (1F)</p> <p>1:30 PM Candy Bingo w/Sydney (2F)</p> <p>2:00 PM Walgreens Trip</p> <p>2:30 PM AL Chair Exercise w/ Select Rehab (1F)</p> <p>3:00 PM Pictionary w/Sandy Green (Bistro)</p>	<p>13</p> <p>10:00 AM Bible Study (IH)</p> <p>10:00 AM Rosary (CA)</p> <p>1:30 PM Grab a Friend & Play a Game! (1 & 2F)</p> <p>2:30 PM Guitarist & Vocalist Blake Webber Performs (IH)</p> <p>6:30 PM Saturday Night Movie (IH)</p>
<p>14</p> <p>10:00 AM Protestant Church Service (IH)</p> <p>10:30 AM Catholic Church Service (CA)</p> <p>1:30 PM Grab a Friend & Play a Game! (1 & 2F)</p> <p>5:00 PM Sunday Series w/ Bob & Dorothy (DT)</p>	<p>15</p> <p>9:00 AM Pool Aerobics (DP)</p> <p>9:00 AM Stretching w/Sydney (1F)</p> <p>9:30 AM Walmart Trip</p> <p>10:00 AM Crosswords & Coffee (WP)</p> <p>1:00 PM Publix Trip</p> <p>1:30 PM Employee Cook Off *Cookies* - YOU be the Judge (IH)</p> <p>2:30 PM Chair Exercise (1F)</p> <p>3:00 PM Kathy O’Conner Piano Performance (IH)</p>	<p>16</p> <p>9:00 AM Pool Volleyball (DP)</p> <p>9:00 AM Stretching w/Sydney (1F)</p> <p>10:00 AM Brain Games (WP Studio)</p> <p>1:00 PM Prize Bingo w/Sydney (2F)</p> <p>2:00 PM 2:00 PM Name That Tune w/a Twist (FS)</p> <p>3:30 PM Al Mahan Performs (IH)</p> <p>6:00 PM Game Time (2F)</p> 	<p>17</p> <p>7:30 AM Men’s Breakfast (IH)</p> <p>9:00 AM Pool Aerobics (DP)</p> <p>9:00 AM Stretching w/Sydney (1F)</p> <p>9:30 AM Bank Trip</p> <p>10:00 AM Bible Study w/Pastor Trey (2F)</p> <p>1:30 PM Dollar Tree Trip</p> <p>1:30 PM AL September Birthday Celebration (2F)</p> <p>2:30 PM AL Chair Exercise w/ Select Rehab (1F)</p> <p>3:00 PM Learn to Play Bridge (WP Studio)</p> <p>3:30 PM Wii Bowling (FS)</p>	<p>18</p> <p>9:00 AM Pool Volleyball (DP)</p> <p>9:00 AM Stretching w/Sydney (1F)</p> <p>10:00 AM Music Therapy w/Allison (2F)</p> <p>1:30 PM Fall Decoupage (WP Studio)</p> <p>1:30 PM Catholic Mass (IH)</p> <p>2:30 PM Noodle Hockey (FS)</p> <p>3:00 PM Air Force Birthday Presentation (IH)</p> <p>6:00 PM Game Time (2F)</p>	<p>19</p> <p>9:00 AM Water Arthritis (DP)</p> <p>9:00 AM Stretching w/Sydney (1F)</p> <p>10:00 AM Rook Card Game (WP)</p> <p>10:30 AM Lunch Outing: Nikis West *SIGN-UP*</p> <p>1:30 PM Candy Bingo w/Sydney (2F)</p> <p>2:00 PM Walgreens Trip</p> <p>2:30 PM AL Chair Exercise w/ Select Rehab (1F)</p> <p>3:30 PM Fellowship Friday w/Christy (FS)</p>	<p>20</p> <p>10:00 AM Bible Study (IH)</p> <p>10:00 AM Rosary (CA)</p> <p>1:30 PM Grab a Friend & Play a Game! (1 & 2F)</p> <p>6:30 PM Saturday Night Movie (IH)</p>



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21 10:00 AM Protestant Church Service (IH) 10:30 AM Catholic Church Service (CA) 1:30 PM Grab a Friend & Play a Game! (1 & 2F) 5:00 PM Sunday Series w/ Bob & Dorothy (DT)	22 <i>First Day of Autumn</i> 9:00 AM Pool Aerobics (DP) 9:00 AM Stretching w/Sydney (1F) 9:30 AM Walmart Trip 10:00 AM Word Scramble (WP Studio) 1:00 PM Publix Trip 1:00 PM Manicures w/Jamie (1F) 2:30 PM Chair Exercise (1F) 2:30 PM September Birthday Celebration w/White Chocolate Milkshakes (Bistro) 3:00 PM Hand & Foot (WP Studio)	23 9:00 AM Pool Volleyball (DP) 9:00 AM Donuts & Coffee (1F) 9:15 AM Stretching w/Sydney (1F) 10:00 AM Scrabble (WP Studio) 1:30 PM Prize Bingo w/Sydney (2F) 2:00 PM Name That Tune w/A Twist (FS) 2:30 PM Happy Hour w/Connie Skellie (IH) 3:30 PM Meditation w/Marcus (DP) 6:00 PM Game Time (2F)	24 <i>National Cherries Jubilee Day</i> 9:00 AM Pool Aerobics (DP) 9:00 AM Stretching w/Sydney (1F) 9:30 AM Bank Trip 10:00 AM Bible Study w/Pastor Trey (2F) 11:30 AM New Resident Luncheon *SIGN-UP* (IH) 1:30 PM Aldi Shopping Trip 1:30 PM Arts & Crafts for the Inexperienced (CA) 1:30 PM Blueberry Cobbler Milkshakes (1F) 2:30 PM AL Chair Exercise w/ Select Rehab (1F) 3:00 PM Danberry Dollar Redemption (PDR) 3:30 PM Wii Bowling (FS)	25 9:00 AM Pool Volleyball (DP) 9:00 AM Stretching w/Sydney (1F) 10:00 AM Rummikub (WP Studio) 1:30 PM Bluff Park Art Association Tie Dye Scarves & T-Shirts *SIGN-UP* (CA) 2:30 PM Noodle Hockey (FS) 3:00 PM Arkansas Tavel Video (2F) 6:00 PM Game Time (2F)	26 9:00 AM Water Arthritis (DP) 9:00 AM Stretching w/Sydney (1F) 10:00 AM Rook Card Game (WP) 10:30 AM Lunch Outing: Half Shell Oyster House *SIGN-UP* 1:30 PM Candy Bingo w/Sydney (2F) 2:00 PM Walgreens Trip 2:30 PM AL Chair Exercise w/ Select Rehab (1F) 3:00 PM Pictionary w/Sandy Green (Bistro)	27 10:00 AM Bible Study (IH) 10:00 AM Rosary (CA) 1:30 PM Grab a Friend & Play a Game! (1 & 2F) 6:30 PM Saturday Night Movie (IH)
28 10:00 AM Protestant Church Service (IH) 10:30 AM Catholic Church Service (CA) 1:30 PM Grab a Friend & Play a Game! (1 & 2F) 5:00 PM Sunday Series w/ Bob & Dorothy (DT)	29 9:00 AM Pool Aerobics (DP) 9:00 AM Stretching w/Sydney (1F) 9:30 AM Walmart Trip 10:00 AM Interests & Collections Exhibition (10:00 AM—12:00 PM) 1:00 PM Publix Trip 1:00 PM Interests & Collections Exhibition (1:00 PM—2:00 PM) (IH) 2:00 PM Hoover Library Bookmobile (Outside Front Entrance) 3:00 PM Hand & Foot (WP Studio)	30 9:00 AM Pool Volleyball (DP) 9:00 AM Stretching w/Sydney (1F) 10:00 AM Brain Games (WP) 1:00 PM Prize Bingo w/Sydney (IH) 2:00 PM Artificial Intelligence w/Christy (CA) 3:30 PM Aretha Franklin Performs (IH) 6:00 PM Game Time (2F)	<u>Interests & Collections Exhibition:</u> <i>Sign-Up to showcase your hobbies, collectibles, personal collections, or areas of interest.</i> <i>Monday, September 29th</i> 10:00 AM—12:00 PM 1:00 PM—2:00 PM <i>Inverness Hall</i>	<u>September 7th to the 13th is Assisted Living Week!</u> <i>We are going to take the time to celebrate all of you. Every day will have a special event planned.</i> <i>Monday: Sip N' Paint</i> <i>Tuesday: Jumbo Bingo</i> <i>Wednesday: Fondue Fountain</i> <i>Thursday: Donuts & Coffee</i> <i>Friday: Pizza Party</i>		

CALENDAR COLORS:

Black: Assisted Living Activities

Green: Fitness Class

Red: Special Events

Purple: Outings

CALENDAR KEY:

1F: AL First Floor Common Area

2F: AL Second Floor Common Area

WP: Wellington Park

CA: Creative Arts Studio

FS: Fitness Studio

IH: Inverness Hall

BW CR: Bridgewater Room

Happy Birthday!

09/12—Wayne Grubbs

09/12—Lynda Newman

09/20—Tyler Wood

09/26—Mary Simpkins

09/27—Marcus Capps



Attention:

Calendars are subject to change.

Please refer to your weekly runners

for the most up to date information.