


Danberry Calendar of Events– April 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>1</p> <p>9:00 AM Pool Aerobics-DP</p> <p>9:30 AM Walmart Trip</p> <p>10:15 AM ASB– FS</p> <p>12:30 PM Monday Matinee “Thelma & Louie”– IH</p> <p>1:00 PM Hand & Foot– CA</p> <p>1:00 PM Publix Trip</p> <p>3:00 PM Piano by Kathy O’Conner– IH</p> <p>3:30 PM Stability Class– FS</p> <p>April Fools Day</p>	<p>2</p> <p>9:00 AM Pool Volleyball- DP</p> <p>9:30 AM Health Checks w/ Healthcare Staff– CA</p> <p>10:00 AM Chair Yoga w/ Cindy Grubbs– FS</p> <p>1:00 PM Rook Card Game– BW CR</p> <p>2:30 PM Shelby Strummers– IH</p> <p>3:30 PM Tai Chi– FS</p> <p>6:15 PM Outreach Project: No Sew Hats– CA</p>	<p>3</p> <p>8:30 AM Take a walk w/ Bobbi & Christy– Meet in the Atrium</p> <p>9:00 AM Pool Aerobics- DP</p> <p>9:30 AM Bank Trip</p> <p>10:15 AM Chair Exercise 1 w/ Christy- FS</p> <p>1:30 PM Mahjong– BW CR</p> <p>2:00 PM Chair Volleyball– IH</p> <p>3:30 PM Wii Bowling– IH</p> <p>6:00 PM Grab a friend & play Cornhole– IH</p> <p>National Take a Walk Day</p>	<p>4</p> <p>9:00 AM Pool Volleyball-DP</p> <p>10:15 AM Chair Exercise 2 –FS</p> <p>1:00 PM Mexican Train Dominoes– CA</p> <p>1:30 PM Open Pool Play– DT</p> <p>2:00 PM Pilates w/ Select Rehab– CA</p> <p>3:30 PM Stability Class– FS</p> <p>6:30 PM Lecture Series: Lost Art: The Stories of Missing Masterpieces– DT</p>	<p>5</p> <p>9:00 AM Water Arthritis– DP</p> <p>9:45 AM Outing: Coffee Concert *Sign-Up*</p> <p>10:15 AM Drum Fit– FS</p> <p>1:30 PM Caramel Sundaes–Bistro</p> <p>2:00 PM \$1 Bingo-IH</p> <p>2:00 PM Walgreens/Fresh Market Trip</p> <p>3:30 PM Top Half Toning– FS</p> <p>National Caramel Day</p>	<p>6</p> <p>10:00 AM Bible Study– CA</p> <p>1:30 PM Open Play Checkers– CA</p> <p>2:30 PM Covenant Players Perform– IH</p> <p>6:30 PM Movie Night “Rush Hour”- IH</p>
<p>7</p> <p>10:00 AM Protestant Church Service- IH</p> <p>10:30 AM Catholic Church Service- CA</p> <p>5:00 PM Sunday Series w/ Bob & Dorothy– IH</p>	<p>8</p> <p>9:00 AM Pool Aerobics-DP</p> <p>9:30 AM Walmart Trip</p> <p>10:15 AM ASB– FS</p> <p>12:30 PM Monday Matinee “My Cousin Vinny”– IH</p> <p>1:00 PM Hand & Foot– CA</p> <p>1:00 PM Publix Trip</p> <p>3:00 PM The Alexanders Performance– Atrium</p> <p>3:30 PM Stability Class– FS</p>	<p>9</p> <p>9:00 AM Pool Volleyball- DP</p> <p>9:30 AM Health Checks w/ Healthcare Staff– CA</p> <p>10:00 AM Chair Yoga w/ Cindy Grubbs– FS</p> <p>10:15 AM Outreach Project: Plastic Bag Mats for the Homeless– CA</p> <p>1:30 PM Prize Bingo– IH</p> <p>3:30 PM Tai Chi– FS</p> <p>3:30 PM Community Council– IH</p> <p>6:15 PM Outreach Project: No Sew Hats– CA</p>	<p>10</p> <p>9:00 AM Pool Aerobics- DP</p> <p>9:30 AM Bank Trip</p> <p>10:15 AM Chair Exercise 1 w/ Christy- FS</p> <p>1:30 PM Mahjong– BW CR</p> <p>2:00 PM Chair Volleyball– IH</p> <p>3:00 PM Taste of Cuba Cocktails - Bistro</p> <p>3:30 PM Wii Bowling– IH</p> <p>6:00 PM Grab a friend & play Cornhole– IH</p>	<p>11</p> <p>9:00 AM Pool Volleyball-DP</p> <p>10:15 AM Chair Exercise 2 – FS</p> <p>10:30 AM Winn Schepps Banjo- IH</p> <p>1:00 PM Mexican Train Dominoes– CA</p> <p>1:30 PM Open Pool Play– DT</p> <p>2:00 PM Pilates w/ Select Rehab– CA</p> <p>3:30 PM Stability Class– FS</p> <p>6:30 PM Lecture Series: Lost Art: The Stories of Missing Masterpieces– DT</p> <p><i>Treats at the front desk for our favorite fur babies!!!</i></p> <p>National Pet Day</p>	<p>12</p> <p>9:00 AM Water Arthritis– DP</p> <p>10:15 AM Drum Fit– FS</p> <p>2:00 PM Walgreens/Fresh Market Trip</p> <p>3:30 PM Fellowship Friday w/ Christy– FS</p> <p>6:30 PM \$1 Bingo-IH</p>	<p>13</p> <p>10:00 AM Bible Study– CA</p> <p>12:45 PM Outing: Red Mountain Theater Presents “Sister Act” *Sign-Up*</p> <p>1:30 PM Open Play Checkers– CA</p> <p>6:30 PM Movie Night “National Treasure”- IH</p>
<p>14</p> <p>10:00AM Protestant Church Service- IH</p> <p>10:30AM Catholic Church Service- CA</p> <p>2:00 PM– Julia Ivey Sings & Plays the Piano– IH</p> <p>5:00 PM Sunday Series w/ Bob & Dorothy– IH</p>	<p>15</p> <p>9:00 AM Pool Aerobics-DP</p> <p>9:30 AM Walmart Trip</p> <p>10:15 AM ASB– FS</p> <p>12:30 PM Monday Matinee “The Magic of Ordinary Days”– IH</p> <p>1:00 PM Hand & Foot– CA</p> <p>1:00 PM Publix Trip</p> <p>2:00 PM Activity Planning Meeting – PDR</p> <p>3:30 PM Stability Class– FS</p> <p>Eye Screening *Sign-Up*</p>	<p>16</p> <p>9:00 AM Pool Volleyball- DP</p> <p>9:30 AM Health Checks w/ Healthcare Staff– CA</p> <p>10:00 AM Chair Yoga w/ Cindy Grubbs– FS</p> <p>10:15 AM Fluid Art w/ Christy *Sign-Up*- CA</p> <p>1:00 PM Rook Card Game– BW CR</p> <p>3:30 PM Tai Chi– FS</p> <p>6:15 PM Outreach Project: No Sew Hats– CA</p>	<p>17</p> <p>9:00 AM Pool Aerobics- DP</p> <p>9:30 AM Bank Trip</p> <p>10:15 AM Chair Exercise 1 w/Christy- FS</p> <p>11:30 AM Lunch & Learn w/ Expect Care “Healthcare Trivia & Decision Making” *Sign-Up*- IH</p> <p>1:30 PM Banana Splits– Bistro</p> <p>1:30 PM Mahjong– BW CR</p> <p>1:30 PM Dollar Tree Trip</p> <p>2:00 PM Chair Volleyball– IH</p> <p>3:30 PM Wii Bowling- IH</p> <p>6:00 PM Grab a friend & play Cornhole– IH</p> <p>National Banana Day</p>	<p>18</p> <p>9:00 AM Pool Volleyball-DP</p> <p>10:15 AM Chair Exercise 2– FS</p> <p>1:00 PM Scrabble– CA</p> <p>1:30 PM Open Pool Play– DT</p> <p>2:30 PM Book Club – BW CR</p> <p>3:00 PM Taste of Cuba Snacks/ Candy– Bistro</p> <p>3:30 PM Stability Class– FS</p> <p>6:30 PM Lecture Series: Lost Art: The Stories of Missing Masterpieces– DT</p>	<p>19</p> <p>9:00 AM Water Arthritis– DP</p> <p>10:15 AM Drum Fit– FS</p> <p>11:00 AM Lunch Outing: Kool Korner Sandwiches *Sign-Up*</p> <p>2:00 PM Walgreens/Fresh Market Trip</p> <p>2:30 PM Ultimate Team Trivia - Bistro</p> <p>3:30 PM Top Half Toning– FS</p> <p>6:30 PM \$1 Bingo-IH</p>	<p>20</p> <p>10:00 AM Bible Study- CA</p> <p>1:30 PM Open Play Checkers– CA</p> <p>6:30 PM Movie Night “TWINS”- IH</p>

Danberry Calendar of Events - April 2024

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

21

10:00 AM Protestant Church Service- IH
 10:30 AM Catholic Church Service- CA
 2:00 PM Dawson Middle School Choir Performance- IH
 5:00 PM Sunday Series w/ Bob & Dorothy-IH

22

9:00 AM Pool Aerobics- DP
 9:30 AM Walmart Trip
 10:15 AM ASB- FS
 12:30 PM Monday Matinee "Ticket to Paradise"- IH
 1:00 PM Hand & Foot- CA
 1:00 PM Publix Trip
 2:00 PM April (& January Birthday's) Birthday Celebration - Bistro
 3:30 PM Stability Class- FS

23

9:00 AM Pool Volleyball- DP
 9:30 AM Health Checks w/ Healthcare Staff- CA
 10:00 AM Chair Yoga w/ Cindy Grubbs- FS
 10:15 AM Outreach Project: Plastic Bag Mats for the Homeless- CA
 3:30 PM Meditation w/ Marcus- PDR
 6:15 PM Outreach Project: No Sew Hats- CA

24

9:00 AM Pool Aerobics - DP
 9:30 AM Bank Trip
 9:30 AM Danberry Tour Outing: Birmingham Zoo *Sign-Up*
 10:00 AM Mobility Central- CA
 10:15 AM Chair Exercise w/ DVD- FS
 1:30 PM Aldi Shopping Trip
 1:30 PM Mahjong- BW CR
 2:00 PM Chair Volleyball- IH
 3:30 PM Wii Bowling- FS
 6:00 PM Grab a friend & play Cornhole- IH

25

9:00 AM Pool Volleyball-DP
 10:15 AM Chair Exercise 2- FS
 1:00 PM Rummikub w/ Sydney & Bobbi- CA
 1:30 PM Open Pool Play- DT
 2:00 PM Pilates w/ Select Rehab IH
 2:30 PM 2 Cousins & A Guitar- IH
 3:30 PM Stability Class- FS
 6:30 PM Lecture Series: Lost Art: The Stories of Missing Masterpieces- DT

26

9:00 AM Water Arthritis- DP
 10:15 AM Drum Fit- FS
 2:00 PM Walgreens/Fresh Market Trip
 3:00 PM Select Rehab Social- CA
 3:30 PM Top Half Toning- FS
 6:30 PM \$1 Bingo-IH

27

10:00 AM Bible Study- CA
 1:30 PM Open Play Checkers- CA
 2:30 PM Buddy Hassler Performance- IH
 6:30 PM Movie Night "Aquaman & The Lost Kingdom"- IH

28

10:00 AM Protestant Church Service- IH
 10:30 AM Catholic Church Service- CA
 5:00 PM Sunday Series w/ Bob & Dorothy-IH

29

9:00 AM Pool Aerobics- DP
 9:30 AM Walmart Trip
 10:15 AM ASB- FS
 12:30 PM Monday Matinee "Going in Style"- IH
 1:00 PM Hand & Foot- CA
 1:00 PM Publix Trip
 3:00 PM Happy Hour w/ Hoss Carl & Perry- Atrium
 3:30 PM Stability Class- FS

30

8:30 AM Donuts & Coffee- Bistro
 9:00 AM Pool Volleyball- DP
 9:30 AM Health Checks w/ Healthcare Staff- CA
 10:00 AM Chair Yoga w/ Cindy Grubbs- FS
 1:00 PM Rook Card Game- BW CR
 3:30 PM Tai Chi- FS
 6:15 PM Outreach Project: No Sew Hats- CA
 Art Gallery/ Library Open House
 1:00 PM—3:00 PM

Attention:

Calendars are subject to change.
 Please refer to your weekly runners for the most up to date information.

CALENDAR COLORS:

Black: Common Area Activities

Green: Fitness

Purple: Outings

Red: Special Events

CALENDAR KEY:

BW CR: Bridgewater Card Room

CA: Creative Arts Studio

DP: Danberry Pool

FS: Fitness Studio

IH: Inverness Hall

PDR: Private Dining Room

DT: Danberry Theater