



Danberry Calendar of Events– December 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><u>Ladies Ornament Swap</u></p> <p>Bring a wrapped Christmas Ornament to swap with friends. If you need help purchasing an Ornament, please get with Bobbi in Resident Services before December 8th.</p>	<p><u>Toys for Tots</u></p> <p>If you need help purchasing a toy for this organization, please get with Bobbi in Resident Services before December 12th.</p>	<p><u>Men's Sock Swap</u></p> <p>Bring a fun pair of socks wrapped to swap with friends. If you need help purchasing a pair of socks, please get with Bobbi in Resident Services before December 8th.</p>	 	<p>1</p> <p>9:00 AM Water Arthritis– DP</p> <p>10:15 AM Drum Fit– FS</p> <p>10:45 AM Lunch Outing: The Club Christmas Lunch w/ Ray Reach *Sign-Up*</p> <p>2:30 PM Walgreens/Fresh Market Trip</p> <p>3:30 PM Fellowship Friday w/ Christy– FS</p> <p>6:30 PM \$1 Bingo-IH</p>	<p>2</p> <p>10:00 AM Bible Study– CA</p> <p>12:00 PM– Tailgate Saturday (12:00-2:00) Bistro</p> <p>6:30 PM Movie Night “The Christmas Shoes”- IH</p>	
<p>3</p> <p>10:00 AM Protestant Church Service- IH</p> <p>10:30 AM Catholic Church Service- CA</p> <p>2:00 PM Outing: Warblers Show *Sign-Up*</p> <p>2:30 PM Gale Dorrohs Piano Students– IH</p> <p>5:00 PM Sunday Series w/ Bob & Dorothy– IH</p>	<p>4</p> <p>9:00 AM Pool Aerobics-DP</p> <p>9:00 AM Walmart Trip</p> <p>10:15 AM ASB– FS</p> <p>1:00 PM Hand & Foot– CA</p> <p>1:00 PM Publix Trip</p> <p>2:30 PM Christmas Edition Name That Tune & Hot Apple Cider w/ Russ Randolph– IH</p> <p>3:30 PM Stability Class– FS</p> <p>Coat Drive Begins</p>	<p>5</p> <p>9:00 AM Pool Volleyball- DP</p> <p>9:30 AM Health Check w/ RN Freadshanda– CA</p> <p>10:00 AM Chair Yoga w/ Cindy Grubbs– FS</p> <p>10:30 AM Outreach Project: T-shirt bags for less fortunate– CA</p> <p>1:00 PM Rook Card Game– BW CR</p> <p>1:30 PM Christmas Prize Bingo– IH</p> <p>2:00 PM Art Club Meeting– CA</p> <p>3:30 PM Tai Chi– FS</p> <p>6:00 PM Children's Worship in Birmingham Choir– IH</p> <p>Senior Fitness Test 8:30-11:30 AM *Sign-Up*</p>	<p>6</p> <p>9:00 AM Pool Aerobics- DP</p> <p>9:30 AM Bank Trip</p> <p>10:15 AM Chair Exercise 1 w/ Christy- FS</p> <p>1:30 PM Mahjong– BW CR</p> <p>2:00 PM Chair Volleyball– IH</p> <p>3:30 PM Just Dance– IH</p> <p>6:30 PM S'mores by the Fire Pit</p> <p>Senior Fitness Test 8:30-11:30 AM *Sign-Up*</p>	<p>7</p> <p>9:00 AM Pool Volleyball-DP</p> <p>10:15 AM Chair Exercise 2 – FS</p> <p>1:00 PM UNO Card Game– CA</p> <p>1:30 PM Open Pool Play– DT</p> <p>1:30 PM Make Christmas Cards for Hoover Fire Academy & Maxwell Air Force Base– CA</p> <p>2:00 PM Pilates w/ Select Rehab– CA</p> <p>3:30 PM Top Half Toning– FS</p>	<p>8</p> <p>9:00 AM Water Arthritis– DP</p> <p>10:15 AM Drum Fit– FS</p> <p>11:00 AM Shop/Lunch Outing: Stockings & Stuff Christmas Shop w/ Lunch at The Village Tavern</p> <p>2:00 PM Walgreens/Fresh Market Trip</p> <p>2:30 PM 2 Cousins & a Guitar– IH</p> <p>3:30 PM Stability Class– FS</p> <p>6:30 PM \$1 Bingo- IH</p>	
<p>10</p> <p>10:00AM Protestant Church Service- IH</p> <p>10:30AM Catholic Church Service- CA</p> <p>1:00 PM Outing: Red Mountain's Holiday Spectacular *Sign-Up*</p> <p>2:00 PM Julia Ivey Performs– IH</p> <p>5:00 PM Sunday Series w/ Bob & Dorothy-IH</p>	<p>11</p> <p>9:00 AM Pool Aerobics-DP</p> <p>9:00 AM Walmart Trip</p> <p>10:15 AM ASB– FS</p> <p>1:00 PM Hand & Foot– CA</p> <p>1:00 PM Publix Trip</p> <p>1:30 PM Ladies' Ornament Swap Social– IH</p> <p>3:30 PM Activity Planning Meeting– PDR</p> <p>3:30 PM Stability Class– FS</p> <p>Coat Drive Ends</p>	<p>12</p> <p>9:00 AM Pool Volleyball- DP</p> <p>9:30 AM Health Check w/ RN Freadshanda– CA</p> <p>10:00 AM Chair Yoga w/ Cindy Grubbs– FS</p> <p>10:15 AM Fluid Art w/ Christy– CA (10:15-11:00)</p> <p>1:00 PM Rook Card Game– BW CR</p> <p>2:00 PM Art Club Meeting– CA</p> <p>2:30 PM Employee Christmas Party (EAF)- IH</p> <p>3:00 PM The Alexanders' Holiday Performance– Atrium</p> <p>3:00 PM Pictures w/ Santa– Atrium</p>	<p>13</p> <p>9:00 AM Pool Aerobics- DP</p> <p>9:30 AM Bank Trip</p> <p>10:15 AM Chair Exercise 1 w/ Christy- FS</p> <p>1:30 PM Mahjong– BW CR</p> <p>1:30 PM Men's Sock Swap Social– IH</p> <p>1:30 PM Dollar Tree Trip</p> <p>2:00 PM Chair Volleyball– IH</p> <p>3:30 PM Just Dance– IH</p> <p>6:00 PM Grab a friend & play Cornhole– IH</p>	<p>14</p> <p>9:00 AM Pool Volleyball-DP</p> <p>10:00 AM Oak Mountain Media Students Christmas Caroling– IH</p> <p>10:15 AM Chair Exercise 2– FS</p> <p>1:00 PM Scrabble– CA</p> <p>1:30 PM Open Pool Play– DT</p> <p>2:00 PM Pilates w/ Select Rehab IH</p> <p>2:30 PM Book Club – BW CR</p> <p>3:30 PM Community Council– IH</p> <p>3:30 PM Top Half Toning– FS</p>	<p>15</p> <p>9:00 AM Water Arthritis– DP</p> <p>10:15 AM Drum Fit– FS</p> <p>10:30 AM Ceramic Holiday Painting w/ Camellia– IH</p> <p>2:00 PM Walgreens/Fresh Market Trip</p> <p>2:30 PM \$1 Bingo-IH</p> <p>3:30 PM Fellowship Friday Christmas Party w/ Christy– FS</p> <p>6:30 PM Church Unlimited Church Choir– IH</p>	
						<p>16</p> <p>10:00 AM Bible Study- CA</p> <p>1:00 PM Caring Transitions FREE Gift Wrapping– Atrium</p> <p>1:30 PM Hot Chocolate Bar– Bistro</p> <p>3:00 PM Ala Ivie's Soprano Christmas Performance– IH</p> <p>6:30 PM Movie Night “Scrooge (1970)”- IH</p>

Danberry Calendar of Events - December 2023

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

17

10:00 AM Protestant Church Service- IH
10:30 AM Catholic Church Service- CA
5:00 PM Sunday Series w/ Bob & Dorothy-IH

18

9:00 AM Pool Aerobics- DP
9:00 AM Walmart Trip
10:15 AM ASB- FS
1:00 PM Hand & Foot- CA
1:00 PM Publix Trip
2:30 PM "A Christmas of Poetry" Play- IH
3:30 PM Stability Class- FS
5:30 PM Outing: Drive Thru Lights of Noel Show at Birmingham Race Course *Sign-Up*

19

9:00 AM Pool Volleyball- DP
9:30 AM Health Check w/ RN Freadshanda- CA
10:00 AM Chair Yoga w/ Cindy Grubbs- FS
10:30 AM Outreach Project: T-shirt bags for less fortunate- CA
1:00 PM Rook Card Game- BW CR
2:00 PM Parade of Homes (2:00-4:00)
2:00 PM Art Club Meeting- CA
3:30 PM Meditation- PDR

20

9:00 AM Pool Aerobics - DP
9:30 AM Bank Trip
10:15 AM Chair Exercise 1 w/ Christy- FS
10:30 AM Danberry Hikers Outing: Cahaba Brewing Company w/ taste testing *Sign-Up*
11:30 AM Lunch & Learn w/ M4A *Sign-Up- IH
1:30 PM Aldi Shopping Trip
1:30 PM Mahjong- BW CR
2:00 PM Chair Volleyball- IH
3:30 PM Just Dance- FS
4:00 PM Spiced Cranberry Sangria- Bistro
National Sangria Day

21

9:00 AM Pool Volleyball-DP
10:15 AM Chair Exercise 2- FS
10:30 AM Banjo Performance w/ Winn Schepps- IH
1:00 PM Rummikub w/ Sydney & Bobbi- CA
1:30 PM Open Pool Play- DT
1:30 PM Catholic Mass- IH
2:00 PM Pilates w/ Select Rehab IH
3:30 PM Top Half Toning- FS

22

9:00 AM Water Arthritis- DP
10:15 AM Drum Fit- FS
2:00 PM Walgreens/Fresh Market Trip
2:30 PM 12 Days of Christmas w/ Dolores Hydock & Bobby Horton- IH
3:30 PM Stability Class- FS
6:30 PM \$1 Bingo-IH

23

10:00 AM Bible Study- CA
6:30 PM Movie Night "Christmas in Connecticut"- IH

24

10:00 AM Protestant Church Service- IH
10:30 AM Catholic Church Service- CA
5:00 PM Sunday Series w/ Bob & Dorothy-IH

25

9:00 AM Pool Aerobics (Res. Led)- DP
1:00 PM Hand & Foot- CA

26

8:30 AM Donuts & Coffee- Bistro
9:00 AM Pool Volleyball (Res.Led)- DP
9:30 AM Health Check w/ RN Freadshanda- CA
10:00 AM Chair Yoga w/ Cindy Grubbs- FS
1:00 PM Rook Card Game- BW CR
2:00 PM Art Club Meeting- CA

27

9:00 AM Pool Aerobics - DP
9:00 AM Walmart Trip
9:30 AM Bank Trip
10:15 AM Chair Exercise 1 w/ Christy- FS
1:00 PM Publix Trip
1:30 PM Mahjong- BW CR
2:00 PM Chair Volleyball- IH
3:30 PM Just Dance- FS

28

9:00 AM Pool Volleyball-DP
1:00 PM Mexican Train Dominos- CA
1:30 PM Open Pool Play- DT
2:00 PM Pilates w/ Select Rehab- IH
2:30 PM December Birthday Celebration- Bistro
3:30 PM Top Half Toning- FS

29

9:00 AM Water Arthritis- DP
10:15 AM Drum Fit- FS
11:00 AM Lunch Outing: Cracker Barrel *Sign-Up*
2:00 PM Walgreens/Fresh Market Trip
2:30 PM Ultimate Team Trivia- Bistro
3:30 PM Stability Class- FS
3:00 PM Friday Focus w/ Select Rehab- CA
6:30 PM \$1 Bingo-IH

30

10:00 AM Bible Study- CA
6:30 PM Movie Night "While You Were Sleeping"- IH

31

10:00 AM Protestant Church Service- IH
10:30 AM Catholic Church Service- CA
3:00 PM New Year's Social- Bistro

Merry Christmas

Attention:

Calendars are subject to change.

Please refer to your weekly runners for the most up to date information.

CALENDAR COLORS:

Black: Common Area Activities

Green: Fitness

Purple: Outings

Red: Special Events

CALENDAR KEY:

BW CR: Bridgewater Card Room

CA: Creative Arts Studio

DP: Danberry Pool

FS: Fitness Studio

IH: Inverness Hall

PDR: Private Dining Room

DT: Danberry Theater