| Danberry<br>AT INVERNESS  | Danberry Calendar of Events– Februar               |  |  |   |         |  |  |
|---|--|--|--|---|---------|--|--|
| Sunday  | Monday   | Tuesday  | Wednesday  | Thursday  |         |  |  |
| I'm fairly certain<br>that the person<br>who put the first<br>in February<br>also decided<br>how to spell<br>Wednesday. |  | for Vale   | ne asks me what I'm doing<br>intine's Day, I'm like<br>Um, going<br>to work.<br>Because it's<br>Wednesday. | 1<br>9:00 AM Pool Volleyball-DP<br>10:15 AM Chair Exercise 2 – FS<br>1:00 PM UNO Card Game– CA<br>1:30 PM Open Pool Play– DT<br>1:30 PM Catholic Mass– IH<br>2:00 PM Pilates w/ Select Rehab–<br>CA<br>3:30 PM Community Council– IH<br>3:30 PM Top Half Toning– FS | 2::     |  |  |
| 4   | 5  | 6  | 7  | 8   | and the |  |  |
| 10:00 AM Protestant Church  | 9:00 AM Pool Aerobics-DP                           | 9:00 AM Pool Volleyball- DP                      | 9:00 AM Pool Aerobics- DP  | 9:00 AM Pool Volleyball-DP  | 9       |  |  |
| Service- IH   | 9:30 AM Walmart Trip                               | 9:30 AM Health Checks w/                         | 9:30 AM Bank Trip  | 10:15 AM Chair Exercise 2 – FS  |         |  |  |
| 10:30 AM Catholic Church  | 10:15 AM ASB- FS                                   | Healthcare Staff- CA                             | 10:15 AM Chair Exercise 1 w/   | 10:30 AM Winn- Schepps Banjo<br>Performance- IH   | 11      |  |  |
| Service- CA   | 12:30 PM Monday Matinee "The                       | 10:00 AM Chair Yoga w/ Christy<br>– FS           | Christy- FS  | 1:00 PM Mexican Train Dominoes-   | Su      |  |  |
| 5:00 PM Sunday Series w/  | Searchers"- IH                                     | 1:00 PM Rook Card Game- BW                       | 1:30 PM Mahjong- BW CR   | CA  |         |  |  |
| Bob & Dorothy– IH   | 1:00 PM Hand & Foot– CA<br>1:00 PM Publix Trip     | CR   | 2:00 PM Chair Volleyball– IH<br>3:30 PM Taste of South Korea   | 1:30 PM Open Pool Play- DT  |         |  |  |
|   | 3:30 PM Stability Class– FS                        | 2:00 PM Art Club Meeting- CA                     | Cocktails- Bistro  | 2:00 PM Pilates w/ Select Rehab- CA   | 3       |  |  |
| - Later   | 6:00 PM June Baker's 90th                          | 3:30 PM Tai Chi– FS                              | 3:30 PM Wii Bowling- IH  | 3:30 PM Top Half Toning– FS<br>6:00 PM Outreach Project: No Sew   |         |  |  |
|   | Celebration- Atrium                                | 6:30 PM Mardi Gras Party w/<br>Just Friends– IH  |  | Hats w/ Liz Bunch- CA   | 2       |  |  |
| 1   | A A A A A A A A A A A A A A A A A A A              |  |  |   |         |  |  |
| 11  | 12   | 13   | 14   | 15  |         |  |  |
| 10:00AM Protestant Church   | 9:00 AM Pool Aerobics-DP                           | 9:00 AM Pool Volleyball- DP                      | 9:00 AM Pool Aerobics- DP  | 9:00 AM Pool Volleyball-DP  | 9       |  |  |
| Service- IH   | 9:30 AM Walmart Trip                               | 9:30 AM Health Checks w/<br>Healthcare Staff– CA | 9:30 AM Bank Trip  | 10:15 AM Chair Exercise 2– FS   |         |  |  |
| 10:30AM Catholic Church   | 10:15 AM ASB- FS                                   | 10:00 AM Chair Yoga w/ Christy                   | 10:15 AM Chair Exercise 1 w/Christy<br>- FS  | 1:00 PM Scrabble- CA  |         |  |  |
| Service- CA   | 12:30 PM Monday Matinee<br>"Miss Congeniality"– IH | – FS   | 1:30 PM Mahjong- BW CR   | 1:30 PM Open Pool Play- DT  |         |  |  |
| 2:00 PM Julia Ivey Piano<br>Performance- IH   | 1:00 PM Hand & Foot- CA                            | 10:15 AM Outreach Project:                       | 1:30 PM Dollar Tree Trip   | 2:30 PM Book Club – BW CR   |         |  |  |
|   | 1:00 PM Publix Trip                                | Plastic Bag Mats for the Home-<br>less– CA       | 2:00 PM Chair Volleyball– IH   | 3:00 PM Taste of South Korea<br>Snacks/Candy– Bistro  | 3:0     |  |  |
| 5:00 PM- Super Bowl<br>Sunday Social  | 3:00 PM The Alexanders Happy<br>Hour– Atrium       | 2:00 PM Art Club Meeting- CA                     | 3:00 PM Piano by Kathy O'Conner<br>with Chocolate Covered Strawber-  | 3:30 PM Top Half Toning– FS   |         |  |  |
| Snacks, Football &  | 3:30 PM Stability Class-FS                         | 2:30 PM Fat Tuesday Social w/                    | ries & Mimosas– IH<br>3:30 PM Wii Bowling- IH  |   | 3       |  |  |
| Friends *BYOB*  |  | King Cake– Bistro<br>3:30 PM Tai Chi– FS         | 0.00 FW WI BOWING- IN  |   |         |  |  |
|   |  |  |  |   |         |  |  |



## Friday

9:00 AM Water Arthritis- DP

2

10:15 AM Drum Fit-FS

2:00 PM Go Red for Women & Cooking Demo with Chef Billy– IH \*WEAR RED\*

2:30 PM Walgreens/Fresh Market Trip

3:30 PM Stability Class-FS

6:30 PM \$1 Bingo-IH

### **Groundhog Day**

9

9:00 AM Water Arthritis- DP 10:15 AM Drum Fit- FS

11:00 AM Lunch Outing: Ginza

Sushi Bar & Korean BBQ \*Sign-Up\*

2:00 PM Walgreens/Fresh Market Trip

3:30 PM Fellowship Friday w/ Christy- FS

6:30 PM \$1 Bingo- IH

#### 16

9:00 AM Water Arthritis- DP 9:45 AM Outing: Coffee Concert \*Sign-Up\*

10:15 AM Drum Fit- FS

2:00 PM Walgreens/Fresh Market Trip

3:00 PM The Newlywed Game– IH

3:30 PM Stability Class- FS

6:30 PM \$1 Bingo-IH

## Saturday

10:00 AM Bible Study- CA

3

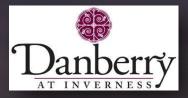
6:30 PM Movie Night "Groundhog Day"- IH

10

10:00 AM Bible Study- CA 6:30 PM Movie Night "Queen Bees"- IH

17

10:00 AM Bible Study- CA 6:30 PM Movie Night "The Intern"- IH



# **Danberry Calendar of Events - February 2024**

| Sunday   | Monday  | Tuesday   | Wednesday  | Thursday   |                                 |
|--|---|---|--|--|---------------------------------|
| 18<br>10:00 AM Protestant<br>Church Service- IH<br>10:30 AM Catholic Church<br>Service- CA<br>5:00 PM Sunday Series w/<br>Bob & Dorothy-IH | 19<br>9:00 AM Pool Aerobics- DP<br>9:30 AM Walmart Trip<br>10:15 AM ASB- FS<br>12:30 PM Monday Matinee<br>"The Bridge on the River Kwai"-<br>IH<br>1:00 PM Hand & Foot- CA<br>1:00 PM Publix Trip<br>3:30 PM Activity Planning Meeting-<br>PDR<br>3:30 PM Stability Class- FS                 | 20<br>9:00 AM Pool Volleyball- DP<br>9:30 AM Health Checks w/<br>Healthcare Staff- CA<br>10:00 AM Chair Yoga w/ Christy-<br>FS<br>10:15 AM Fluid Art w/ Christy<br>*Sign-Up*- CA<br>1:00 PM Rook Card Game- BW<br>CR<br>2:00 PM Art Club Meeting- CA<br>3:30 PM Meditation w/ Marcus-<br>PDR            | 21<br>9:00 AM Pool Aerobics - DP<br>9:30 AM Bank Trip<br>10:00 AM Mobility Central Repairs<br>*Sign-Up*- CA<br>10:15 AM Chair Exercise 1 w/ Christy-<br>FS<br>11:30 AM Lunch & Learn w/ Micha<br>Shipp on Tech Training *Sign-Up*- IH<br>1:30 PM Aldi Shopping Trip<br>1:30 PM Aldi Shopping Trip<br>1:30 PM Mahjong- BW CR<br>2:00 PM Chair Volleyball- IH<br>3:30 PM Wii Bowling- FS | 22<br>9:00 AM Pool Volleyball-DP<br>10:15 AM Chair Exercise 2- FS<br>1:00 PM Rummikub w/ Sydney &<br>Bobbi- CA<br>1:30 PM Open Pool Play- DT<br>2:00 PM Pilates w/ Select Rehab IH<br>3:30 PM Top Half Toning- FS<br>6:00 PM Outreach Project: No Sew<br>Hats w/ Liz Bunch- CA | 9<br>10<br>To<br>Cr<br>10:<br>2 |
| 25<br>10:00 AM Protestant Church<br>Service- IH<br>10:30 AM Catholic Church<br>Service- CA<br>5:00 PM Sunday Series w/<br>Bob & Dorothy-IH | 26<br>9:00 AM Pool Aerobics- DP<br>9:30 AM Walmart Trip<br>10:15 AM ASB- FS<br>12:30 PM Monday Matinee "The<br>Notebook"- IH<br>1:00 PM Hand & Foot- CA<br>1:00 PM Publix Trip<br>2:30 PM February Birthday<br>Celebration w/ Strawberry<br>Milkshakes- Bistro<br>3:30 PM Stability Class- FS | 27<br>8:30 AM Donuts & Coffee- Bistro<br>9:00 AM Pool Volleyball- DP<br>9:30 AM Health Checks w/<br>Healthcare Staff- CA<br>10:00 AM Chair Yoga w/ Christy- FS<br>10:15 AM Outreach Project: Plastic<br>Bag Mats for the Homeless- CA<br>2:30 PM Ultimate Team Trivia-<br>Bistro<br>3:30 PM Tai Chi- FS | 28<br>9:00 AM Pool Aerobics - DP<br>9:30 AM Bank Trip<br>10:15 AM Chair Exercise 1 w/<br>Christy- FS<br>1:30 PM Mahjong- BW CR<br>2:00 PM Chair Volleyball- IH<br>3:30 PM Wii Bowling- FS<br>6:30 PM Asher's band "The New<br>Year" Performs- IH   | 29<br>9:00 AM Pool Volleyball-DP<br>10:15 AM Chair Exercise 2- FS<br>1:00 PM Rummikub w/ Sydney &<br>Bobbi- CA<br>1:30 PM Open Pool Play- DT<br>2:00 PM Pilates w/ Select Rehab<br>IH<br>3:30 PM Top Half Toning- FS<br>Leap Year  |                                 |
|  |   |   | Attontion:   |  | ENDA                            |

### Attention:

Calendars are subject to change.

Please refer to your weekly runners for the most up to

date information.

**Red: Special Events** 



# Friday

23

9:00 AM Water Arthritis- DP

10:00 AM Danberry Tours Lunch & Tour Outing: Smokey's & Bluebell Creamery in Sylacauga \*Sign-Up\*

0:15 AM Stretch DVD w/ Bobbi-FS

2:00 PM Walgreens/Fresh **Market Trip** 

2:30 PM Square Dancing w/ Jimmy & Joy-IH

3:30 PM Stability Class-FS

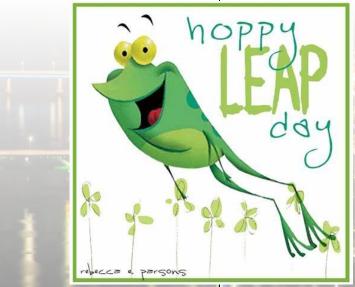
6:30 PM \$1 Bingo-IH

## Saturday

24

10:00 AM Bible Study- CA

6:30 PM Movie Night "Leap Year"-IH



DAR COLORS: Black: Common Area Activities

Green: Fitness **Purple: Outings** 

CALENDAR KEY: BW CR: Bridgewater Card Room CA: Creative Arts Studio **DP: Danberry Pool** FS: Fitness Studio IH: Inverness Hall PDR: Private Dining Room DT: Danberry Theater