| Danberry<br>AT INVERNESS  | Danberry Calendar of Events – Februar  |   |  |  |                                   |  |  |
|---|--|---|--|--|-----------------------------------|--|--|
| Sunday  | Monday   | Tuesday   | Wednesday  | Thursday   |                                   |  |  |
| "Oh Gawd. I'm<br>convinced my mind<br>is almost gone"<br>Sandi V<br>vvv. wackywits.com  | You've b<br>piece of<br>two  | to surprised.<br>een giving me a<br>it every day for<br>enty years.   | Alentine<br>Day  |  |                                   |  |  |
| 2<br>10:00 AM Protestant<br>Church Service- IH<br>10:30 AM Catholic Church<br>Service- CA<br>1:30 PM Tech Support<br>Volunteer Samuel Apart-<br>ment Visits (1:30-4:00)<br>*Sign-Up for Help*<br>5:00 PM Sunday Series w/<br>Bob & Dorothy- DT  | 3<br>9:00 AM Pool Aerobics-DP<br>9:30 AM Walmart Trip<br>10:15 AM Chair Exercise 1– FS<br>1:00 PM Hand & Foot– BW CR<br>1:00 PM Publix Trip<br>3:00 PM Piano Performance by<br>Kathy O'Conner– IH<br>3:30 PM Stability Class– FS                                       | 4<br>9:00 AM Pool Volleyball- DP<br>10:15 AM Chair Yoga w/<br>Christy- FS<br>10:30 AM Sonshine Singers-<br>IH<br>2:00 PM Memorial Service<br>for Nancy Perky- IH<br>2:00 PM Water Arthritis- DP<br>3:30 PM Just Dance- FS   | 5<br>8:30 AM Monthly Men's<br>Breakfast– IH<br>9:00 AM Pool Aerobics- DP<br>9:30 AM Bank Trip<br>10:15 AM ASB- FS<br>1:30 PM Mahjong– BW CR<br>1:00 PM Bocci Ball<br>Tournament– IH<br>2:00 PM Chair Volleyball– IH<br>3:30 PM Wii Bowling– IH   | 6<br>9:00 AM Pool Volleyball-DP<br>10:15 AM Chair Exercise 2 – FS<br>1:00 PM Rummikub– CA<br>1:30 PM Open Pool Play– DT<br>2:30 PM Trivia w/ Select Rehab–<br>CA<br>3:30 PM Stability Class– FS<br>6:30 PM Lecture Series: The<br>Years That Changed History-<br>DT  | 9:<br>10<br>3:                    |  |  |
| 9<br>10:00AM Protestant Church<br>Service- IH<br>10:30AM Catholic Church<br>Service- CA<br>1:30 PM Tech Support<br>Volunteer Samuel Apartment<br>Visits (1:30-4:00) *Sign-Up for<br>Help*<br>2:30 PM Julia Ivey's Piano<br>Performance- IH<br>6:30 PM Super Bowl Watch<br>Party- Bistro | 10<br>9:00 AM Pool Aerobics-DP<br>9:30 AM Walmart Trip<br>10:15 AM Chair Exercise 1– FS<br>1:00 PM Hand & Foot– BW CR<br>1:00 PM Publix Trip<br>1:30 PM Sip & Stroke Painting<br>*Sign-Up*- CA<br>3:00 PM Pam Bainter– Topic<br>TBD– IH<br>3:30 PM Stability Class– FS | 11<br>8:30 AM Donuts & Coffee-<br>Bistro<br>9:00 AM Pool Volleyball- DP<br>10:15 AM Chair Yoga w/ Christy<br>-FS<br>10:30 AM Outreach Project: No<br>Sew Blankets for the Homeless-<br>CA<br>2:00 PM Water Arthritis- DP<br>3:30 PM Just Dance- FS<br>3:30 PM Community Council- IH | 12<br>9:00 AM Pool Aerobics- DP<br>9:30 AM Bank Trip<br>10:15 AM ASB- FS<br>1:30 PM Sketch Booking &<br>Crafts for Dummies- CA<br>1:30 PM Fresh Market Trip<br>1:30 PM Mahjong- BW CR<br>2:00 PM Chair Volleyball- IH<br>3:30 PM Wii Bowling- IH | 13<br>9:00 AM Pool Volleyball-DP<br>10:15 AM Chair Exercise 2– FS<br>10:30 AM Banjo w/ Winn Schepps-<br>IH<br>1:00 PM Rook– CA<br>1:30 PM Open Pool Play– DT<br>3:00 PM Jeopardy w/ Bob Lewis &<br>Ruth– WPS<br>3:30 PM Stability Class– FS<br>6:30 PM Lecture Series: The Years<br>That Changed History- DT | 9:0<br>1<br>1<br>2:3<br>Ka<br>3:3 |  |  |

# ry 2025

### Friday



9:00 AM Water Arthritis– DP 10:15 AM Drum Fit– FS

7

10:30 AM Lunch Outing: The Anvil Pub \*Sign-Up\*

2:00 PM Walgreen's Trip

3:00 PM Pictionary w/ Sandy Greene– Bistro

6:30 PM \$1 Bingo- IH

### Saturday

10:00 AM Bible Study– IH 10:00 AM Rosary– CA

> 2:30 PM Open Play Checkers- CA

6:30 PM Saturday Night Movie "Argylle (PG-13)"– IH

8

10:00 AM Bible Study- IH 10:00 AM Rosary-CA

> 2:30 PM Open Play Checkers- CA

6:30 PM Saturday Night Movie "Madame Web (PG -13)"– IH

#### 14

9:00 AM Water Arthritis– DP 10:15 AM Drum Fit– FS

10:30 AM Lunch Outing: Irondale Café \*Sign-Up\*

2:00 PM Walgreen's Trip

2:30 PM Valentine's Party w/ Kara Lancaster Performing– IH

:30 PM Top Half Toning– FS 6:30 PM \$1 Bingo-IH 15

10:00 AM Bible Study-IH

10:00 AM Rosary- CA

2:30 PM Open Play Checkers- CA

6:30 PM Saturday Night Movie "The Beekeeper (R)"- IH



# **Danberry Calendar of Events - February 2025**

| Sunday   | Monday  | Tuesday   | Wednesday  | Thursday  |      |
|--|---|---|--|---|------|
| 16   | 17  | 18  | 19   | 20  |      |
| 10:00 AM Protestant                                | 9:00 AM Pool Aerobics- DP                     | 9:00 AM Pool Volleyball- DP                                     | 9:00 AM Pool Aerobics- DP  | 9:00 AM Pool Volleyball-DP                                    | 9:0  |
| Church Service- IH                                 | 9:30 AM Walmart Trip                          | 10:15 AM Chair Yoga DVD- FS                                     | 9:30 AM Bank Trip  | 10:15 AM Chair Exercise 2- FS                                 | 9    |
| 10:30 AM Catholic Church                           | 10:15 AM Chair Exercise 1–                    | 10:15 AM– Fluid Art w/ Christy                                  | 10:15 AM ASB- FS   | 1:00 PM Rummikub– CA  |      |
| Service- CA  | FS  | - CA  | 1:30 PM Aldi Shopping Trip                                       | 1:30 PM Open Pool Play– DT                                    | 1    |
| 1:30 PM Tech Support                               | 1:00 PM Hand & Foot- BW CR                    | 2:00 PM Water Arthritis- DP                                     | 1:30 PM Mahjong– BW CR   | 2:30 PM Book Club- BW CR                                      | 2    |
| Volunteer Samuel Apart-<br>ment Visits (1:30-4:00) | 1:00 PM Publix Trip                           | 3:00 PM Happy Hour w/ The                                       | 2:00 PM Chair Volleyball– IH                                     | 2:30 PM Trivia w/ Select Rehab–<br>CA                         | 3:30 |
| *Sign-Up for Help*                                 | 1:30 PM Popcorn Bar w/                        | Basement Band– Atrium   | 3:30 PM Wii Bowling- IH  | 3:30 PM Stability Class- FS                                   |      |
| 5:00 PM Sunday Series w/<br>Bob & Dorothy-DT       | Toppings– Bistro<br>3:00 PM Activity Planning | 3:30 PM Meditation w/<br>Marcus– DP                             | 4:20 PM Dinner Outing:<br>Seasons 52 *Sign-Up*                   | 6:30 PM Lecture Series: The<br>Years That Changed History- DT |      |
|  | Meeting– PDR<br>3:30 PM Stability Class– FS   |   |  | <u>Eye Screening– IH</u><br>9:00-11:30 AM                     |      |
|  |   |   |  |   |      |
| 23   | 24  | 25  | 26   | 27  |      |
| 10:00 AM Protestant                                | 9:00 AM Pool Aerobics- DP                     | 9:00 AM Pool Volleyball- DP                                     | 9:00 AM Pool Aerobics- DP  | 9:00 AM Pool Volleyball-DP                                    | 9:00 |
| Church Service- IH                                 | 9:30 AM Walmart Trip                          | 10:15 AM Chair Yoga w/ Christy-                                 | 9:30 AM Bank Trip  | 10:00 AM Outing: Symphony                                     | 1    |
| 10:30 AM Catholic Church                           | 10:15 AM Chair Exercise 1–                    | FS  | 10:15 AM ASB- FS   | Volunteer Council Luncheon<br>"Sign-up by Feb 10th"           | 1:0  |
| Service- CA  | FS  | 10:30 AM Outreach Project: No<br>Sew Blankets for the Homeless- | 11:30 AM Lunch & Learn w/ Home<br>Health Care Consultant, Amanda | 10:15 AM Chair Exercise 2- FS                                 | Pa   |
| 1:30 PM Tech Support                               | 1:00 PM Publix Trip                           | CA  | Walker *Sign-Up*- IH   | 1:00 PM Rummikub– CA  | 2:   |
| Volunteer Samuel<br>Apartment Visits (1:30-        | 1:00 PM Hand & Foot- BW CR                    | 1:30 PM Prize Bingo- IH   | 1:30 PM Dollar Tree Trip   | 1:30 PM Open Pool Play- DT                                    | 2:30 |
| 4:00) *Sign-Up for Help*                           | 2:00 PM Hoover Public                         | 2:00 PM Water Arthritis- DP                                     | 1:30 PM Sketch Booking & Crafts<br>for Dummies– CA               | 2.30 PW Employee Chill Cook-On                                | 2.   |
| 5:00 PM Sunday Series w/                           | Library Bookmobile– Outside                   | 2:30 PM February Birthday<br>Celebration w/ Brownie Sundaes–    | 1:30 PM Mahjong– BW CR   | -IH   | 3:   |
| Bob & Dorothy- DT                                  | Front Entrance                                | Atrium  | 2:00 PM Chair Volleyball– IH                                     | 3:30 PM Stability Class- FS                                   |      |
|  | 3:30 PM Stability Class– FS                   | 3:30 PM Just Dance- FS  | 3:30 PM Wii Bowling- IH  | 6:30 PM Lecture Series: The<br>Years That Changed History- DT | 10   |



Calendars are subject to change.

Please refer to your weekly runners for the most up to date information.





## Friday

#### 21

00 AM Water Arthritis- DP

9:45 AM Coffee Concert **Outing \*Sign-Up\*** 

10:15 AM Drum Fit-FS

2:00 PM Walgreen's Trip

**30 PM Fellowship Friday w Christy-FS** 

6:30 PM \$1 Bingo-IH

#### 28

00 AM Water Arthritis- DP

10:15 AM Drum Fit-FS

:00 PM Tours Outing: St. Paul Cathedral \*Sign-Up\*

2:00 PM Walgreen's Trip

0 PM Ultimate Team Trivia **Bistro** 

3:30 PM Top Half Toning-**Bistro** 

6:30 PM \$1 Bingo-IH

## Saturday

22

10:00 AM Bible Study-IH

10:00 AM Rosary- CA

2:30 PM Open Play **Checkers-CA** 

6:30 PM Saturday Night Movie "Wicked (PG)"-IH

#### **Upcoming-**

March 1st **Outing: Red Mountain Theater "Summer"** The Donna Summer Musical

**Time & Cost are TBD** 

CALENDAR COLORS:

**Green: Fitness** 

**Purple: Outings** 

Red: Special Outings/ Events

#### CALENDAR KEY:

Black: Common Area Activities BW CR: Bridgewater Card Room CA: Creative Arts Studio

**DP: Danberry Pool** 

FS: Fitness Studio

IH: Inverness Hall

WPS– Wellington Park Studio (AL)

DT: Danberry Theater