Danberry Calendar of Events - August 2019

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Black: Common Area Activities Brown: Wellington Park Activities Green: Fitness Purple: Outings Red: Special Events Activities are subject to change. Please refer to your weekly runner for the most up-to-date events.				1 9:30 am FS Balance Class 10:00 am WB Donuts & Cof- fee in the Bistro 1:15 pm DP PEP– Pool Exercise Program 2:00 pm PDR Current Events Discussion Group 2:00 pm WB LCS Chef of the Year Live stream	2 8:30 am DP Pool Volleyball 10:15 am FS Senior-cise 11:00-12:00 pm Walgreens/ Fresh Market 1:00 pm FS Cleo's Choice 2:00pm AT Ice Cream Social 6:30 pm IH \$1 Bingo	3 10:15 am FS Chair EX Class 1:30 pm CA Resident's Choice Games 2:30 pm FS Weekend Wii 7:00 pm DT Movie & Popcorn: Romancing the Stone
A REPORT OF A R	4 10:00 am IH Protestant Church Service 10:30 am FS Catholic Communion Service 1:45 pm BW Mah Jongg 2:00 pm AL2FL Movie Mat- inee 4:00 pm CA Residents' Choice Games 5:00 pm WB First Sunday Social	5 8:30 am DP Hydro-cise 9:30-11:00 am Walmart 10:15 am FS Senior-cise 12:45 pm BW Hand & Foot 1:15 pm FS Chair Exercise 1:30-3:00 pm Publix 1:45 pm FS Wii Bowling 7:00 pm DT Monday Music Night	1:15 pm DP Pool Exercise Program 2:00 p.m. PDR Activities Planning Committee meet-	7 8:30 pm DP Hydro-cise 9:30 am Bank Run 10:00 am Bible Study with Daphney (AL2FL) 10:15 am FS Senior-cise 1:00 pm BW Mah Jongg 1:00 pm CA Intermediate Bridge 1:15 pm FS Chair Exercise 1:45 pm FS Wii Bowling 3:30 pm IH Community Council w/ Jaclyn Gardner	8 9:30 am FS Balance Class 11:00 am Lunch Outing to Outback 1:15 pm DP PEP– Pool Exercise Program 2:00 pm PDR Current Events Discussion Group 3:00 pm CA Watercolors with Bonni Miller	9 8:30 am DP Pool Volleyball 10:15 am FS Senior-cise 11:00-12:00 pm Walgreens/ Fresh Market 1:00 pm FS Cleo's Choice 6:30 pm IH \$1 Bingo	10 10:15 am FS Chair EX Class 1:30 pm CA Resident's Choice Games 2:30 pm FS Weekend Wii 7:00 pm DT Movie & Popcorn: Poms
	 11 10:00 am IH Protestant Church Service 10:30 am FS Catholic Communion Service 1:45 pm BW Mah Jongg 2:00 pm AL2FL Movie Matinee 4:00 pm CA Residents' Choice Games 	12 8:30 am DP Hydro-cise 9:30-11:00 am Walmart 10:15 am FS Senior-cise 12:45 pm BW Hand & Foot 1:15 pm FS Chair Exercise 1:30-3:00 pm Publix 1:45 pm FS Wii Bowling 7:00 pm DT Monday Music Night	1:15 pm DP PoolExercise Program3:00 pm IH Books to You	 14 8:30 pm DP Hydro-cise 9:30 am Bank Run 10:00 am Bible Study with Daphney (AL2FL) 10:15 am FS Senior-cise 1:00 pm BW Mah Jongg 1:00 pm CA Mobility Central 1:00 pm CA Intermediate Bridge 1:00 pm Outing to North Shelby Library 1:15 pm FS Chair Exercise 1:45 pm FS Wii Bowling 4:00 pm Happy Hour with Wayne and Margaret 	 15 9:30 am FS Balance Class 10:30 IH Gayle Young program 1:15 pm DP PEP– Pool Exercise Program 2:00 pm PDR Current Events Discussion Group 2:30 p.m. (BW) Book Club Discussion Group 3:00 pm IH Chair Volleyball 	16 8:30 am DP Pool Volleyball 10:15 am FS Senior-cise 11:00-12:00 pm Walgreens/ Fresh Market 1:00 pm FS Cleo's Choice 2:00 p.m. IH Dr. Cowan's Concert 6:30 pm IH \$1 Bingo	17 10:15 am FS Chair EX Class 1:30 pm CA Resident's Choice Games 2:30 pm FS Weekend Wii 7:00 pm DT Movie & Popcorn: Molly's Game

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Sunday	Monday	Tuesday	Wednesday	Thursday	Fr
18 10:00 am IH Protestant Church Service 10:30 am FS Catholic Communion Service 1:45 pm BW Mah Jongg 2:00 pm AL2FL Movie Matinee 4:00 pm CA Residents' Choice Games	19 8:30 am DP Hydro-cise 9:30-11:00 am Walmart 10:15 am FS Senior-cise 12:45 pm BW Hand & Foot 1:15 pm FS Chair Exercise 1:30-3:00 pm Publix 1:45 pm FS Wii Bowling 7:00 pm DT Monday Music Night	20 8:30 am DP Pool Volleyball 9:30 am FS Tai Chi 10:00 am IH Line Dancing 1:00 pm BW Bridge 1:15 pm DP Pool Exercise Program 3:00 pm IH Danberry Play- er rehearsal 4:30 pm Dinner Outing to Hot and Hot Fish Club 6:45 pm BW Bridge Group	21 8:30 pm DP Hydro-cise 9:30 am Bank Run 10:00 am Bible Study with Daphney (AL2FL) 10:15 am FS Senior-cise 11:30 am IH Lunch & Learn 1:00 pm BW Mah Jongg 1:00 pm CA Intermediate Bridge 1:15 pm FS Chair Exercise 1:45 pm FS Chair Exercise 1:45 pm FS Wii Bowling 2:00 pm Depart for Dollar Tree 3:00 pm IH Danberry Player Performance	 22 9:30 am FS Balance Class 1:15 pm DP PEP– Pool Exercise Program 2:00 pm PDR Current Events Discussion Group 3:00 pm WB Name That Tune 6:30 pm IH Danberry Player Performance 	23 8:30 am DP 10:15 am FS 11:00-12:00 Fresh Marke 1:00 pm FS 6:30 pm IH \$
25 10:00 am IH Protestant Church Service 10:30 am FS Catholic Communion Service 1:45 pm BW Mah Jongg 2:00 pm AL2FL Movie Matinee 4:00 pm CA Residents' Choice Games	 26 8:30 am DP Hydro-cise 9:30-11:00 am Walmart 10:15 am FS Senior-cise 12:45 pm BW Hand & Foot 1:15 pm FS Chair Exercise 1:30-3:00 pm Publix 1:45 pm FS Wii Bowling 3:00 pm IH New Resident Orientation 7:00 pm DT Monday Music Night 	 27 8:30 am DP Pool Volleyball 9:30 am FS Tai Chi 10:00 am IH Line Dancing 1:00 pm BW Bridge 1:15 pm DP Pool Exercise Program 3:00 pm IH Chair Volleyball 6:45 pm BW Bridge Group 	28 8:30 pm DP Hydro-cise 9:30 am Bank Run 10:00 am Bible Study with Daphney (AL2FL) 10:15 am FS Senior-cise 11:30 am IH Lunch & Learn 1:00 pm BW Mah Jongg 1:00 pm CA Intermediate Bridge 1:15 pm FS Chair Exercise 1:45 pm FS Wii Bowling 2:00 p.m. Depart for Hobby Lobby	 29 9:30 am FS Balance Class 1:15 pm DP PEP– Pool Exercise Program 2:00 pm PDR Current Events Discussion Group 3:00 pm Popcorn in the Bistro 	30 8:30 am DP 10:15 am FS 11:00-12:00 Fresh Marke 1:00 pm FS 2:00 pm IH I Hall 6:30 pm IH \$
			Black: Common Area Activities Blue: Wellington Park Green: Fitness Purple: Outings Red: Special Events	Key: AT: Atrium BW: Bridgewater Card Room CA: Creative Arts Studio DP: Danberry Pool DT: Danberry Theater FS: Fitness Studio IH: Inverness Hall	PDR: PI WB: Wir ALFL: A AL2FL: AL WPS: Par LIB

Friday	Saturday
n DP Pool Volleyball n FS Senior-cise 2:00 pm Walgreens/ /larket n FS Cleo's Choice n IH \$1 Bingo	24 10:15 am FS Chair EX Class 1:30 pm CA Resident's Choice Games 2:30 pm FS Weekend Wii 7:00 pm DT Movie & Popcorn: The Heat
n DP Pool Volleyball m FS Senior-cise 2:00 pm Walgreens/ /larket n FS Cleo's Choice n IH Dining Town n IH \$1 Bingo	31 10:15 am FS Chair EX Class 1:30 pm CA Resident's Choice Games 2:30 pm FS Weekend Wii 7:00 pm DT Movie & Popcorn: The Town
R: Private Dining : Winston's Bistro FL: AL First Floor L: AL Second Floor /PS: Wellington Park Studio LIB: Library	Activities are subject to change. Please refer to your weekly runner for the most up-to-date events.