## Danberry Calendar of Events - January 2021

| Sunday | Monday   | Tuesday   | Wednesday  | Thursday   | Friday   | Saturday   |
|--------|--|---|--|--|--|--|
|        | WEEKLY MONDAY EVENTS<br>• Hand and Foot Card<br>Game 3rd Floor Card<br>Room at 1:30PM  | WEEKLY TUESDAY EVENTS<br>• Mahjong Card Game 3rd<br>Floor Card Room at<br>1:30PM  |  |  | 1<br>HAPPY NEW YEAR!   | 2<br><i>Fitness Studio and Pool</i><br><i>Open from 7AM-4PM</i><br>7PM Movie Night Danberry<br>Theater   |
| 3      | 4<br>9AM Pool Exercise<br>10AM Exercise<br>2PM New Years Tea<br>Party Inverness Hall<br>3:30PM Balance with<br>Monique (30 mins) | 5<br>10 AM Exercise<br>2PM Lobby Piano<br>Concert by Dr. Cowan  | <b>6</b><br>9AM Pool Exercise<br>10 AM Exercise<br>2 PM Chair Volleyball   | 7<br>10AM Exercise<br>2PM Team Trivia in<br>Bistro<br>7PM Chalkboard<br>Council  | <ul> <li>8</li> <li>8:30 AM Pool Volleyball</li> <li>10 AM Exercise</li> <li>1:30 PM \$1 Bingo</li> <li>3:30PM Balance with<br/>Monique (30 mins)</li> </ul> | <b>9</b><br><i>Fitness Studio and Pool Open from 7AM-4PM</i><br><b>7PM Movie Night Danberry Theater</b>  |
| 10     | 11         9AM Pool Exercise         10AM Exercise         2PM College Football         Playoff Kick Off Party                   | 1210 AM Exercise2 PM Emerald Coast<br>Music Alliance-Virtual<br>Performance<br>Inverness Hall3PM Step Aerobics (30<br>mins)7PM Pino and Paint<br>Creative Arts Studio | <ul> <li><b>13</b></li> <li><b>9AM Pool Exercise</b></li> <li><b>10 AM Exercise</b></li> <li><b>2 PM Chair Volleyball</b></li> </ul> | 1410 AM Exercise1:30PM "Mr. Noah"Danberry PlayersPerformance3PM Step Aerobics (30<br>mins)7:00PM "Mr. Noah"Danberry PlayersPerformance | <b>15</b><br>Martin Luther King Day<br>8:30 AM Pool Volleyball<br>10 AM Exercise<br>1:30 PM \$1 Bingo  | <b>16</b><br><i>Fitness Studio and Pool Open from 7AM-4PM</i><br><b>7PM Movie Night Danberry Theater</b> |

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|    | Sunday | Monday   | Tuesday  | Wednesday  | Thursday  | Friday  | Saturday  |
|----|--------|--|--|--|---|---|---|
| 17 |        | 189AM Pool Exercise10AM Exercise2PM Team Trivia in<br>Bistro3:30PM Balance with<br>Monique (30 mins) | 19<br>10 AM Exercise<br>1:30pm-3:30pm<br>Senior Olympics in<br>Inverness Hall  | 20<br>9AM Pool Exercise<br>10 AM Exercise<br>2 PM Chair Volleyball<br>3:30PM Balance with<br>Monique (30 mins) | 21<br>10 AM Exercise<br>2 PM Book Club<br>7 PM Chalkboard<br>Council  | 22<br>8:30 AM Pool Volleyball<br>10 AM Exercise<br>1:30 PM \$1 Bingo<br>3:30PM Wine and<br>Cheese | 23<br><i>Fitness Studio and Pool</i><br><i>Open from 7AM-4PM</i><br>7PM Movie Night Danberry<br>Theater |
| 24 |        | 25<br>9AM Pool Exercise<br>10AM Exercise   | <ul> <li>26</li> <li>10 AM Exercise</li> <li>2PM Drinks and Live<br/>Music in the Bistro</li> <li>3PM Step Aerobics (30 mins)</li> </ul> | <ul> <li>27</li> <li>9AM Pool Exercise</li> <li>10 AM Exercise</li> <li>2 PM Chair Volleyball</li> </ul>       | <ul> <li>28</li> <li>10 AM Exercise</li> <li>2PM Virtual Wine<br/>Tasting with Finch<br/>Fine Wines from<br/>Mountain Brook<br/>Village</li> <li>7 PM Chalkboard<br/>Council</li> </ul> | 29<br>8:30 AM Pool Volleyball<br>10 AM Exercise<br>1:30 PM \$1 Bingo                              | 30<br><i>Fitness Studio and Pool Open from 7AM-4PM</i><br>7PM Movie Night Danberry Theater              |
| 31 |        |  |  |  |   |   |   |

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