



# Danberry Calendar of Events– January 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p>1</p> <p>9:00 AM Pool Aerobics (Res. Led)- DP</p> <p>1:30 PM Mahjong– BW CR</p> <p>3:00 PM December Birthday Celebration– Bistro</p> 	<p>2</p> <p>9:00 AM Pool Volleyball-DP</p> <p>10:15 AM Chair Exercise 2 – FS</p> <p>1:00 PM Rook– CA</p> <p>1:30 PM Open Pool Play– DT</p> <p>3:30 PM Stability Class– FS</p>	<p>3</p> <p>9:00 AM Water Arthritis– DP</p> <p>10:15 AM Drum Fit– FS</p> <p>10:30 AM Shopping Trip: Merchantile &amp; Shoe Station *Sign-Up*</p> <p>2:00 PM Walgreen’s Trip</p> <p>3:30 PM Top Half Toning– FS</p> <p>6:30 PM \$1 Bingo-IH</p>	<p>4</p> <p>10:00 AM Bible Study– IH</p> <p>10:00 AM Rosary– WP Studio</p> <p>2:30 PM Open Play Checkers– CA</p> <p>6:30 PM Saturday Night Movie “Raegan”– IH</p>
<p>5</p> <p>10:00 AM Protestant Church Service- IH</p> <p>10:30 AM Catholic Church Service- CA</p> <p>1:30 PM Tech Support Volunteer Samuel Apartment Visits (1:30-4:00) *Sign-Up for Help*</p> <p>5:00 PM Sunday Series w/ Bob &amp; Dorothy– DT</p>	<p>6</p> <p>9:00 AM Pool Aerobics-DP</p> <p>9:30 AM Walmart Trip</p> <p>10:15 AM Chair Exercise 1– FS</p> <p>1:00 PM Hand &amp; Foot– BW CR</p> <p>1:00 PM Publix Trip</p> <p>3:00 PM Piano Performance by Kathy O’Conner– IH</p> <p>3:30 PM Stability Class– FS</p>	<p>7</p> <p>8:30 AM Cinnamon Rolls &amp; Hot Chocolate– Bistro</p> <p>9:00 AM Pool Volleyball- DP</p> <p>10:15 AM Chair Yoga w/ Christy– FS</p> <p>2:00 PM Water Arthritis– DP</p> <p>3:00 PM The Alexanders Perform– Atrium</p> <p>3:30 PM Just Dance– FS</p>	<p>8</p> <p>9:00 AM Pool Aerobics- DP</p> <p>9:30 AM Bank Trip</p> <p>10:15 AM ASB- FS</p> <p>11:30 AM Lunch &amp; Learn w/ The Alabama Elder Care Law Firm *Sign-Up*- IH</p> <p>1:30 PM Fresh Market Trip</p> <p>1:30 PM Sketch Booking &amp; Crafts for Dummies– CA</p> <p>1:30 PM Mahjong– BW CR</p> <p>2:00 PM Chair Volleyball– IH</p> <p>3:30 PM Wii Bowling– IH</p>	<p>9</p> <p>9:00 AM Pool Volleyball-DP</p> <p>10:15 AM Chair Exercise 2 – FS</p> <p>1:00 PM Rummikub– CA</p> <p>1:00 PM The Science Lady Program– IH</p> <p>1:30 PM Open Pool Play– DT</p> <p>2:30 PM Trivia w/ Select Rehab– CA</p> <p>3:30 PM Stability Class– FS</p> <p>6:30 PM \$1 Bingo-IH</p> <p>6:30 PM Lecture Series: The Years that Changed History- DT</p>	<p>10</p> <p>9:00 AM Water Arthritis– DP</p> <p>10:15 AM Drum Fit– FS</p> <p>10:30 AM Lunch Outing: Irondale Café *Sign-Up*</p> <p>2:00 PM Walgreen’s Trip</p> <p>3:00 PM JV’s Retirement Party– Bistro</p> <p>6:30 PM \$1 Bingo– IH</p>	<p>11</p> <p>10:00 AM Bible Study– IH</p> <p>10:00 AM Rosary– WP Studio</p> <p>2:00 PM Blake Webber Performs– IH</p> <p>2:30 PM Open Play Checkers– CA</p> <p>6:30 PM Saturday Night Movie “Twisters”– IH</p>
<p>12</p> <p>10:00AM Protestant Church Service- IH</p> <p>10:30AM Catholic Church Service- CA</p> <p>1:30 PM Tech Support Volunteer Samuel Apartment Visits (1:30-4:00) *Sign-Up for Help*</p> <p>2:30 PM Julia Ivey’s Piano Performance– IH</p> <p>5:00 PM Sunday Series w/ Bob &amp; Dorothy– DT</p>	<p>13</p> <p>9:00 AM Pool Aerobics-DP</p> <p>9:30 AM Walmart Trip</p> <p>10:15 AM Chair Exercise 1– FS</p> <p>1:00 PM Hand &amp; Foot– BW CR</p> <p>1:00 PM Publix Trip</p> <p>3:00 PM Pam Bainter talks Roctogenarians– IH</p> <p>3:30 PM Stability Class– FS</p> <p>6:00 PM City Brew Beer Tasting *Sign-Up*- IH</p>	<p>14</p> <p>9:00 AM Pool Volleyball- DP</p> <p>10:15 AM Chair Yoga w/ Christy– FS</p> <p>10:30 AM Outreach Project: No Sew Blankets for the Homeless– CA</p> <p>2:00 PM Prize Bingo– IH</p> <p>2:00 PM Water Arthritis- DP</p> <p>3:30 PM Just Dance– FS</p> <p>3:30 PM Community Council– IH</p> <p>Covid Clinic (11:00 AM-1:00 PM) – IH</p>	<p>15</p> <p>9:00 AM Pool Aerobics- DP</p> <p>9:30 AM Bank Trip</p> <p>10:15 AM ASB- FS</p> <p>1:30 PM Aldi Shopping Trip</p> <p>2:00 PM Strawberry Milkshakes– Bistro</p> <p>1:30 PM Mahjong– BW CR</p> <p>2:00 PM Chair Volleyball– IH</p> <p>3:30 PM Wii Bowling- IH</p> <p>National Strawberry Ice Cream Day</p>	<p>16</p> <p>9:00 AM Pool Volleyball-DP</p> <p>10:15 AM Chair Exercise 2– FS</p> <p>1:00 PM Rook– CA</p> <p>1:30 PM Catholic Mass– IH</p> <p>1:30 PM Open Pool Play– DT</p> <p>2:30 PM Book Club invites everyone- Author Linda Maxwell talks about her book “The Widow of Escondido” – IH</p> <p>3:30 PM Stability Class– FS</p> <p>6:30 PM Bingo– IH</p> <p>6:30 PM Lecture Series: The Years that Changed History- DT</p>	<p>17</p> <p>9:00 AM Water Arthritis– DP</p> <p>10:15 AM Drum Fit– FS</p> <p>10:45 AM Lunch Outing: Yum Yai Thai *Sign-Up*</p> <p>2:00 PM Walgreen’s Trip</p> <p>2:30 PM Ultimate Team Trivia– Bistro</p> <p>3:30 PM Top Half Toning– FS</p> <p>6:30 PM \$1 Bingo-IH</p>	<p>18</p> <p>10:00 AM Bible Study– IH</p> <p>10:00 AM Rosary– WP Studio</p> <p>2:00 PM Pianist Jacob Skiles Performs– IH</p> <p>2:30 PM Open Play Checkers– CA</p> <p>6:30 PM Saturday Night Movie “HERE”– IH</p>

# Danberry Calendar of Events - January 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p style="text-align: center;">19</p> <p>10:00 AM Protestant Church Service- IH 10:30 AM Catholic Church Service- CA 1:30 PM Tech Support Volunteer Samuel Apartment Visits (1:30-4:00) *Sign-Up for Help* 4:45 PM Popcorn Bar- DT 5:00 PM Sunday Series w/ Bob &amp; Dorothy-DT</p> <p style="text-align: center;"><i>National Popcorn Day</i></p>	<p style="text-align: center;">20</p> <p>9:00 AM Pool Aerobics- DP 9:30 AM Walmart Trip 10:15 AM Chair Exercise 1- FS 1:00 PM Hand &amp; Foot- BW CR 1:00 PM Publix Trip 3:30 PM Activity Planning Meeting- PDR 3:30 PM Stability Class- FS</p>	<p style="text-align: center;">21</p> <p>8:30 AM Donuts &amp; Coffee- Bistro 9:00 AM Pool Volleyball- DP 10:15 AM Chair Yoga DVD- FS 10:15 AM- Fluid Art w/ Christy - CA 2:30 PM January Birthday Celebration w/ Ice Cream Sundae Bar- Bistro 2:00 PM Water Arthritis- DP 3:30 PM Meditation w/ Marcus- DP</p>	<p style="text-align: center;">22</p> <p>9:00 AM Pool Aerobics- DP 9:30 AM Bank Trip 10:15 AM ASB- FS 1:30 PM Dollar Tree Trip 1:30 PM Sketch Booking &amp; Crafts for Dummies- CA 1:30 PM Mahjong- BW CR 2:00 PM Chair Volleyball- IH 3:30 PM Wii Bowling- IH</p>	<p style="text-align: center;">23</p> <p>9:00 AM Pool Volleyball-DP 10:15 AM Chair Exercise 2- FS 1:00 PM Rummikub- CA 1:30 PM Open Pool Play- DT 2:30 PM Trivia w/ Select Rehab - CA 3:00 PM Jeopardy w/ Bob Lewis &amp; Ruth- WPS 3:30 PM Stability Class- FS 6:30 PM Lecture Series: The Years that Changed History- DT</p>	<p style="text-align: center;">24</p> <p>9:00 AM Water Arthritis- DP 10:15 AM Drum Fit- FS 11:00 AM Danberry Tours Outing: Lunch &amp; Tour behind the scenes of Red Mountain Theater *Sign-Up* 2:00 PM Walgreen's Trip 3:30 PM Top Half Toning- FS 6:30 PM \$1 Bingo-IH</p>	<p style="text-align: center;">25</p> <p>10:00 AM Bible Study- IH 10:00 AM Rosary- WP Studio 2:30 PM Open Play Checkers- CA 6:30 PM Saturday Night Movie "Wicked"- IH</p>
<p style="text-align: center;">26</p> <p>10:00 AM Protestant Church Service- IH 10:30 AM Catholic Church Service- CA 1:30 PM Tech Support Volunteer Samuel Apartment Visits (1:30-4:00) *Sign-Up for Help* 5:00 PM Sunday Series w/ Bob &amp; Dorothy- DT</p>	<p style="text-align: center;">27</p> <p>9:00 AM Pool Aerobics- DP 9:30 AM Walmart Trip 10:15 AM Chair Exercise 1- FS 1:00 PM Publix Trip 1:00 PM Hand &amp; Foot- BW CR 2:00 PM Hoover Public Library Book Mobile- Outside Front Entrance 3:30 PM Stability Class- FS</p>	<p style="text-align: center;">28</p> <p>9:00 AM Pool Volleyball- DP 10:15 AM Chair Yoga w/ Christy- FS 10:30 AM Outreach Project: No Sew Blankets for the Homeless- Ca 2:00 PM Water Arthritis- DP 3:30 PM Happy Hour w/ Guitarist &amp; Vocalist Mike Alexander- Atrium 3:30 PM Just Dance- FS</p>	<p style="text-align: center;">29</p> <p>9:00 AM Pool Aerobics- DP 9:30 AM Bank Trip 10:15 AM ASB- FS 1:30 PM Mahjong- BW CR 2:00 PM Chair Volleyball- IH 3:30 PM Wii Bowling- IH</p>	<p style="text-align: center;">30</p> <p>9:00 AM Pool Volleyball-DP 10:15 AM Chair Exercise 2- FS 1:00 PM Rummikub- CA 1:30 PM Open Pool Play- DT 2:30 PM The Whiting's Perform- IH 3:30 PM Stability Class- FS 6:30 PM Lecture Series: The Years that Changed History- DT</p>	<p style="text-align: center;">31</p> <p>9:00 AM Water Arthritis- DP 10:15 AM Drum Fit- FS 2:00 PM Bluff Park Art Association Art Class *Sign-Up* - CA 2:00 PM Walgreen's Trip 3:30 PM Fellowship Friday w/ Christy- FS 6:30 PM \$1 Bingo-IH</p> <p style="text-align: center;"><i>National Inspire Your Heart w/ Art Day</i></p>	

## Attention:

Calendars are subject to change.  
Please refer to your weekly runners for the most up to date information.

### CALENDAR COLORS:

Black: Common Area Activities  
Green: Fitness  
Purple: Outings  
Red: Special Outings/ Events

### CALENDAR KEY:

BW CR: Bridgewater Card Room  
CA: Creative Arts Studio  
DP: Danberry Pool  
FS: Fitness Studio  
IH: Inverness Hall  
WPS- Wellington Park Studio (AL)  
DT: Danberry Theater