



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
CALENDAR COLORS: Black: Assisted Living Activities Green: Fitness Class Red: Special Events Purple: Outings Light Blue: Resident Led Activities		CALENDAR KEY: 1F: First Floor Common Area 2F: Second Floor Common Area WP: Wellington Park CA: Creative Arts Studio FS: Fitness Studio IH: Inverness Hall BW CR: Bridgewater Card Room		1 9:00 AM Pool Aerobics (DP) 9:30 AM Bank Trip 10:00 AM Bible Study w/ Pastor Trey (2F) 1:30 PM Hoover Library Trip 1:30 PM Mahjong (BW CR) 2:00 PM Chair Yoga w/ Cindy Grubbs (1F) 3:00 PM Noodle Hockey (1F)	2 <i>Banana Cream Pie Day</i> 9:00 AM Pool Volleyball (DP) 10:00 AM Craft Corner—Cardinal Button Pictures (1F) 1:00 PM Manicures w/ Jamie (1F) 2:30 PM Just Dance w/ Christy (1F) 3:00 PM Banana Cream Pie Milkshakes (Bistro) 6:30 PM Lecture Series—In the Footsteps of Vincent Van Gogh (DT)	3 9:00 AM Water Arthritis (DP) 9:45 AM Outing: Coffee Concert *SIGN-UP REQUIRED* 10:00 AM Maine Travel Video (2F) 1:30 PM Candy Bingo w/ Sydney (2F) 2:00 PM Walgreens/Fresh Market Trip 2:30 PM Strength & Balancing Class (1F) 3:30 PM Fellowship Friday w/ Christy (CA)	4 10:00 AM Bible Study (CA) 1:00 PM Wii Sports (FS) 6:30 PM Movie Night “Elvis” (IH)
5 10:00 AM Protestant Church Service (IH) 10:30 AM Catholic Church Service (CA) 1:00 PM Resident Games (CA) 5:00 PM Sunday Social (Bistro)	6 <i>White Chocolate Cheesecake Day</i> 9:00 AM Pool Aerobics (DP) 9:00 AM Walmart Trip 10:00 AM Crosswords & Coffee (2F) 1:00 PM Hand and Foot (BW CR) 1:00 PM Bridge Card Players Group (Bistro) 1:00 PM Publix Trip  1:30 PM Baking Club—White Chocolate Cheesecake Day (1F) 2:30 PM Fun Fitness w/ Christy (1F)	7 9:00 AM Pool Volleyball (DP) 10:00 AM Craft Corner—Marble Painting Mugs (1F) 1:30 PM Prize Bingo w/ Bobbi (IH) 2:30 PM Strength & Balancing Class (1F) 3:00 PM Town Hall (1F) 6:30 PM Looming Hats Outreach Project for Cancer Patients & NICU Babies (CA)	8 9:00 AM Pool Aerobics (DP) 9:30 AM Bank Trip 10:00 AM Bible Study w/ Pastor Trey (2F) 1:30 PM Mahjong (BW CR) 2:00 PM Chair Yoga w/ Cindy Grubbs (1F) 3:30 PM James & James (IH) 6:15 PM Cornhole w/ Bobbi (IH) *Grab A Friend & Lets Play*	9 9:00 AM Pool Volleyball (DP) 10:00 AM Shades Mountain Baptist Choir Performance (IH) 10:30 AM Win Schepps, Banjo (2F) 1:30 PM Candy Bingo w/ Sydney (2F) 2:30 PM Just Dance w/ Christy (1F) 6:30 PM Lecture Series—In the Footsteps of Vincent Van Gogh (DT)	10 8:30 AM Homemade Blueberry Poppers (Bistro) 9:00 AM Water Arthritis (DP) 10:30 AM Lunch Outing: Cracker Barrel *SIGN-UP REQUIRED* 1:30 PM Scrabble (Resident Led) (2F) 2:00 PM Walgreens/Fresh Market Trip 2:30 PM Strength & Balancing Class (1F) <u>Pick Up A St. Patrick's Day Workbook From The Front Desk!</u>	11 10:00 AM Bible Study (CA) 1:00 PM Wii Sports (FS) 6:30 PM Movie Night “Gravity” (IH)	
12 Daylight Savings Time Change 10:00 AM Protestant Church Service (IH) 10:30 AM Catholic Church Service (CA) 1:00 PM Resident Choice Games (CA) 6:30 PM TV Series w/ Bob & Dorothy (IH)	13 9:00 AM Pool Aerobics (DP) 9:00 AM Walmart Trip 10:00 AM Connie Skellie, Violinist (1F) 1:00 PM Hand & Foot (BW CR) 1:00 PM Bridge Car Players Group (Bistro) 1:00 PM Publix Trip 1:30 PM Books To You Program w/ Pam Bainter (1F) 2:30 PM Fun Fitness w/ Christy (1F)	14 8:30 AM Donuts & Coffee (Bistro) 9:00 AM Pool Volleyball (DP) 10:00 AM Craft Corner—St. Patrick's Day Door Hangings (1F) 1:30 PM Prize Bingo w/ Sydney (2F) 2:30 PM Strength & Balancing Class (1F) 3:30 PM Music w/ Al Mahan (IH)	15 9:00 AM Pool Aerobics (DP) 9:30 AM Bank Trip 10:00 AM Bible Study w/ Pastor Trey (2F) 10:30 AM Outing: Dolores Hydock Presents “ In Laws & Outlaws Family Stories” *SIGN-UP REQUIRED* 1:30 PM Mahjong (BW CR) 1:30 PM Dollar Tree/Aldi Trip 2:00 PM Chair Yoga w/ Cindy Grubbs (1F) 4:00 PM Assisted Living March Dinner *SIGN-UP REQUIRED* (1F)	16 9:00 AM Pool Volleyball (DP) 9:00 AM Protestant Communion (PDR) 10:00 AM St. Patrick's Day Trivia (2F) 1:00 PM Manicures w/ Jamie (1F) 1:30 PM Catholic Mass (CA) 2:30 PM Just Dance w/ Christy (1F) 6:30 PM Lecture Series—In the Footsteps of Vincent Van Gogh (DT)	17 <i>St. Patrick's Day</i> 9:00 AM Water Arthritis (DP) 10:00 AM Painting Shamrocks w/ Darcy (1F) 1:30 PM Candy Bingo w/Sydney (2F) 2:00 PM Walgreens/Fresh Market Trip 2:30 PM Strength & Balancing Class (1F) 3:00 PM St. Patrick's Day Happy Hour (Bistro) 	18 10:00 AM Bible Study (CA) 1:00 PM Wii Sports (FS) 6:30 PM Movie Night “Jerry & Marge Go Large” (IH)	

Wellington Park Calendar of Events-March 2023

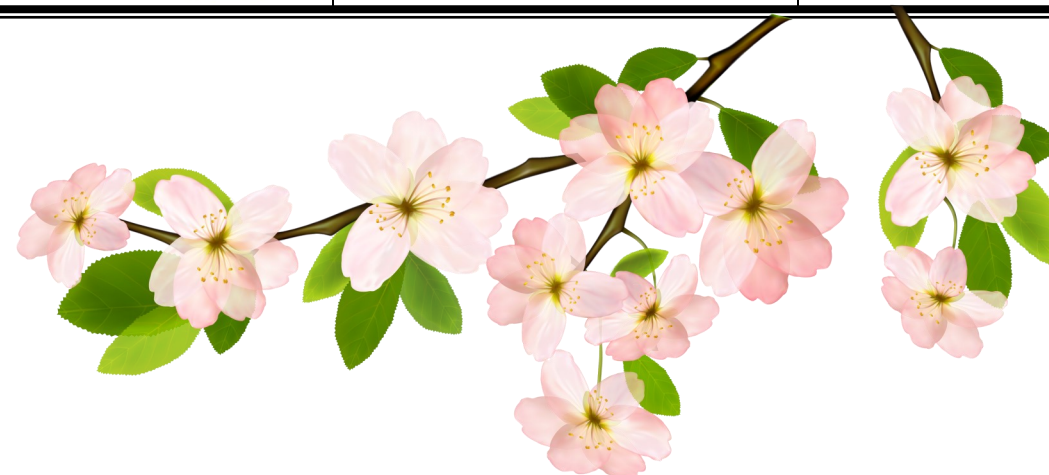
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>19</p> <p>10:00 AM Protestant Church Service (IH)</p> <p>10:30 AM Catholic Church Service (CA)</p> <p>1:00 PM Resident Choice Games (CA)</p> <p>6:30 PM TV Series w/ Bob & Dorothy (IH)</p>	<p>20 <i>First Day of Spring</i></p> <p>9:00 AM Pool Aerobics (DP)</p> <p>9:00 AM Walmart Trip</p> <p>10:00 AM Crosswords & Coffee (2F)</p> <p>1:00 PM Hand & Foot (BW CR)</p> <p>1:00 PM Bridge Card Game (Bistro)</p> <p>1:00 PM Publix Trip</p> <p>1:30 PM Planting Flower to Celebrate Spring (1F)</p> <p>2:30 PM Fun Fitness w/ Christy (1F)</p> 	<p>21</p> <p>9:00 AM Pool Volleyball (DP)</p> <p>10:00 AM Craft Corner—Painting Soring Ceramic Jewelry Boxes (1F)</p> <p>1:30 PM Prize Bingo w/ Bobbi (IH)</p> <p>2:30 PM Strength & Balancing Class (1F)</p> <p>6:30 PM Looming Hats Outreach Project for Cancer Patients & NICU Babies (CA)</p>	<p>22</p> <p>9:00 AM Pool Aerobics (DP)</p> <p>9:00 AM Bank Trip</p> <p>10:00 AM Bible Study w/ Pastor Trey (2F)</p> <p>1:30 PM Dollar Tree/Aldi Trip</p> <p>1:30 PM Mahjong (BW CR)</p> <p>2:00 PM Chair Yoga w/ Cindy Grubbs (1F)</p> <p>3:00 PM Penny Pass (2F)</p> <p>5:00 PM Dinner Outing: Satterfield's *SIGN-UP REQUIRED*</p>	<p>23 <i>Chai Day</i></p> <p>9:00 AM Pool Volleyball (DP)</p> <p>10:00 AM Chai Tea & Pastries (2F)</p> <p>1:30 PM Scrabble (2F)</p> <p>2:30 PM Just Dance w/ Christy (1F)</p> <p>3:00 PM Sing-A-Long w/ Russ Randolph (IH)</p> <p>6:30 PM Lecture Series—In the Footsteps of Vincent Van Gogh (DT)</p> 	<p>24</p> <p>9:00 AM Pool Arthritis (DP)</p> <p>10:00 AM Rummikub w/ Sydney (2F)</p> <p>1:30 PM Candy Bingo w/Sydney (2F)</p> <p>2:00 PM Walgreens/Fresh Market Trip</p> <p>2:30 PM Strength & Balancing (1F)</p> <p>3:30 PM Fellowship Friday w/ Christy (CA)</p>	<p>25</p> <p>10:00 AM Bible Study (CA)</p> <p>1:00 PM Wii Sports (FS)</p> <p>6:30 PM Movie Night “A Man Called Otto” (IH)</p>
<p>26</p> <p>10:00 AM Protestant Church Service (IH)</p> <p>10:30 AM Catholic Church Service (CA)</p> <p>1:00 PM Resident Choice Games (CA)</p> <p>2:00 PM Craft & Snack w/ Tammy (1F)</p> <p>6:30 PM TV Series w/ Bob & Dorothy (IH)</p>	<p>27</p> <p>9:00 AM Pool Aerobics (DP)</p> <p>9:00 AM Walmart Trip</p> <p>10:00 AM Crosswords & Coffee (2F)</p> <p>1:00 PM Hand & Foot (BW CR)</p> <p>1:00 PM Bridge Card Game (Bistro)</p> <p>1:00 PM Publix Trip</p> <p>1:30 PM March Birthday Party (1F)</p> <p>2:30 PM Fun Fitness w/ Christy (1F)</p> 	<p>28</p> <p>8:30 AM Donuts & Coffee (Bistro)</p> <p>9:00 AM Pool Volleyball (DP)</p> <p>10:00 AM Craft Corner—Creating Cherry Blossoms (1F)</p> <p>1:30 PM Prize Bingo w/ Sydney (2F)</p> <p>2:30 PM Strength & Balancing Class (1F)</p> <p>2:30 PM Seasoned Performers (IH)</p> 	<p>29</p> <p>9:00 AM Pool Aerobics (SP)</p> <p>9:00 AM Bank Trip</p> <p>10:00 AM Bible Study w/ Pastor Trey (2F)</p> <p>1:30 PM Hoover Library Trip</p> <p>1:30 PM Mahjong (BW CR)</p> <p>2:00 PM Chair Yoga w/ Cindy Grubbs (1F)</p> <p>3:00 PM Game Time—Ultimate Team Trivia (2F)</p>	<p>30</p> <p>9:00 AM Pool Volleyball (DP)</p> <p>10:00 AM Laundry Basket Skee Ball (1F)</p> <p>1:30 PM Just Dance w/ Christy (1F)</p> <p>2:30 PM Piano w/ Kathy O'Connor (IH)</p> <p>3:30 PM Danberry Dollar Redemption (WP Studio)</p>	<p>31</p> <p>9:00 AM Pool Arthritis (DP)</p> <p>10:00 AM Comedic Skits (2F)</p> <p>1:30 PM Candy Bingo w/ Sydney (2F)</p> <p>10:45 AM Lunch Outing: PF Chang's *SIGN-UP REQUIRED*</p> <p>2:00 PM Walgreens/Fresh Market Trip</p> <p>2:30 PM Strength & Balancing (1F)</p> <p>2:30 PM Employee Mashed</p>	

Events that require Sign Up:

- 03/03—Outing: Coffee Concert
- 03/10—Lunch Outing: Cracker Barrel *
- 03/15—Outing: Dolores Hydock Presents “ In Laws & Outlaws Family Stories”
- 03/22—12:00 PM Assisted Living March Luncheon (1F)
- 03/29—Assisted Living March Luncheon
- 03/31—Lunch Outing: PF Chang's

*The Sign-Up Binder is Located in the Wellington Park

Studio*



Attention:

Calendars are subject to change.
Please refer to your weekly runners for the most up to date information.