

# Danberry Calendar of Events - October 2018

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

**Black:** Common Area Activities  
**Brown:** Wellington Park Activities  
**Green:** Fitness  
**Purple:** Outings  
**Red:** Special Events

**Key:**  
 BW: Bridgewater Card Room  
 CA: Creative Arts Studio  
 DP: Danberry Pool  
 DT: Danberry Theater  
 FS: Fitness Studio  
 IH: Inverness Hall  
 PDR: Private Dining

WB: Winston's Bistro  
 AL: Assisted Living  
 ALFL: AL First Floor  
 ALGL: AL Garden Level  
 WPS: Wellington Park Studio  
 LIB: Library

Activities are subject to change. Please refer to your weekly runner for the most up-to-date events.

**1**  
 8:30 am DP Hydro-cise  
 9:30-11:00 am Walmart  
 10:15 am FS Senior-cise  
 10:30 am DT Weekly Movie  
 12:45 pm BW Hand & Foot  
 1:15 pm FS Chair Exercise  
 1:30 pm DT Weekly Movie  
 1:30-3:00 pm Publix  
 1:45 pm FS Wii Bowling

**2**  
 8:30 am DP Pool Volleyball  
 9:30 FS Tai Chi  
 10:15 am FS Power of Flexibility  
 1:15 pm DP Pool Exercise Program  
 1:00 pm BW Bridge  
 1:00 pm CA Mexican Train Dominoes  
 1:30 pm CA Stitchers Group  
 2:00 pm PDR Book Review with North Shelby Library  
 6:45 pm BW Bridge Group

**3**  
 8:30 pm DP Hydro-cise  
 9:30 am Bank Run  
 10:15 am FS Senior-cise  
 1:00 pm BW Mah Jongg  
 1:15 pm FS Chair Exercise  
 1:30 pm IH Catholic Mass with Father Culotta  
 1:45 pm FS Wii Bowling  
 3:30 pm IH Community Council  
 6:30 pm IH Pinot & Paint Class

**4**  
 9:30 FS Balance Class  
 10:00 am WB Donuts & Coffee in the Bistro  
 1:00 pm BW Iphone 6 Class—"Getting Started"  
 1:15 pm DP PEP- Pool Exercise Program  
 3:00 pm PDR Current Events Discussion Group  
 7:00 pm DTR Night School

**5**  
 8:30 am DP Pool Volleyball  
 10:15 am FS Senior-cise  
 11:00-12:00 pm Walgreens/ Fresh Market  
 2:00 pm CA Quiddler  
 6:30 pm IH \$1 Bingo

**6**  
 10:15 am FS Chair EX Class  
 1:30 pm CA Rummikub  
 2:00 pm CA Quiddler Card Game  
 2:30 pm FS Weekend Wii  
 7:00 pm DTR Movie & Popcorn:  
*THE ITALIAN JOB*

**7**  
 10:00 am IH Protestant Church Service  
 10:30 am FS Catholic Communion Service  
 2:00 pm WP (2nd Floor) Movie Matinee  
 3:00 pm BW Bridge Group  
 4:00 pm CA Residents' Choice Games

**8**  
 8:30 am DP Hydro-cise  
 9:30-11:00 am Walmart  
 10:15 am FS Senior-cise  
 10:30 am DT Weekly Movie  
 12:45 pm BW Hand & Foot  
 1:15 pm FS Chair Exercise  
 1:30 pm DT Weekly Movie  
 1:30-3:00 pm Winn Dixie  
 1:45 pm FS Wii Bowling  
 3:00 pm Books to You

**9**  
 8:30 am DP Pool Volleyball  
 9:30 FS Tai Chi  
 10:15 am FS Power of Flexibility  
 1:15 pm DP Pool Exercise Program  
 1:00 pm BW Bridge  
 1:00 pm CA Mexican Train Dominoes  
 1:30 pm CA Stitchers Group  
 3:00 pm IH Chair Volleyball  
 4:00 pm Happy Hour—One Man Big Band  
 6:45 pm BW Bridge Group

**10**  
 8:30 pm DP Hydro-cise  
 9:30 am Bank Run  
 10:00 am CA Bible Study  
 10:15 am FS Senior-cise  
 1:00 pm BW Mah Jongg  
 1:00 pm CA Mobility Central  
 1:15 pm FS Chair Exercise  
 1:45 pm FS Wii Bowling  
 3:00 pm WB Team Trivia

**11**  
 9:30 FS Balance Class  
 11:30 am Lunch Group Depart for Logan's Roadhouse  
 1:00 pm BW Iphone 6 Class—"Getting Started"  
 1:15 pm DP PEP- Pool Exercise Program  
 3:00 pm PDR Current Events Discussion Group  
 6:30 Danberry Players Performance  
 7:00 pm DTR Night School

**12**  
 8:30 am DP Pool Volleyball  
 10:15 am FS Senior-cise  
 11:00-12:00 pm Walgreens/ Fresh Market  
 2:00 pm CA Quiddler  
 2:00 Danberry Players Matinee  
 6:30 pm IH \$1 Bingo  
 4:30 pm Outdoor Dining

**13**  
 10:15 am FS Chair EX Class  
 1:30 pm CA Rummikub  
 2:00 pm CA Quiddler Card Game  
 2:30 pm FS Weekend Wii  
 7:00 pm DTR Movie & Popcorn:  
 45 YEARS

# Danberry Calendar of Events - October 2018



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>14</b> 10:00 am IH Protestant Church Service 10:30 am FS Catholic Communion Service 2:00 pm WP (2nd Floor) Movie Matinee 3:00 pm BW Bridge Group 4:00 pm CA Residents' Choice Games	<b>15</b> 8:30 am DP Hydro-cise 9:30-11:00 am Walmart 10:15 am FS Senior-cise 10:30 am DT Weekly Movie 12:45 pm BW Hand & Foot 1:15 pm FS Chair Exercise 1:30 pm DT Weekly Movie 1:30-3:00 pm Publix 1:45 pm FS Wii Bowling	<b>16</b> 8:30 am DP Pool Volleyball 9:30 am FS Tai Chi 10:15 am FS Power of Flexibility 1:15 pm DP Pool Exercise 1:00 pm BW Bridge 1:00 pm CA Mexican Train Dominoes 1:30 pm CA Stitches Group 3:00 pm IH Chair Soccer 4:00 pm Happy Hour with Mike and Sheila 6:45 pm BW Bridge Group	<b>17</b> 8:30 pm DP Hydro-cise 9:30 am Bank Run 10:15 am FS Senior-cise 1:00 pm BW Mah Jongg 1:15 pm FS Chair Exercise 1:45 pm FS Wii Bowling 2:00 pm Depart for Dollar Tree	<b>18</b> 9:30 am FS Balance Class 10:00 am CA Parkinson's Support Group 1:00 pm BW Iphone 6 Class—"Getting Started" 1:15 pm DP PEP—Pool Exercise Program 2:30 pm BW Book Club Discussion Group 3:00 pm PDR Current Events Discussion Group 7:00 pm DTR Night School	<b>19</b> 8:30 am DP Pool Volleyball 10:15 am FS Senior-cise 11:00-12:00 pm Walgreens/ Fresh Market 2:00 pm CA Quiddler 3:00 pm WB Name That Tune with George Winter 6:30 pm IH \$1 Bingo	<b>20</b> 10:15 am FS Chair EX Class 1:30 pm CA Rummikub 2:00 pm CA Quiddler Card Game 2:30 pm FS Weekend Wii 7:00 pm DTR Movie & Popcorn: <i>VICTORIA &amp; ADUL</i>
<b>21</b> 10:00 am IH Protestant Church Service 10:30 am FS Catholic Communion Service 2:00 pm WP (2nd Floor) Movie Matinee 3:00 pm BW Bridge Group 4:00 pm CA Residents' Choice Games	<b>22</b> 8:30 am DP Hydro-cise 9:30-11:00 am Walmart 10:15 am FS Senior-cise 10:30 am DT Weekly Movie 12:45 pm BW Hand & Foot 1:15 pm FS Chair Exercise 1:30 pm DT Weekly Movie 1:30-3:00 pm Winn Dixie 1:45 pm FS Wii Bowling	<b>23</b> 8:30 am DP Pool Volleyball 9:30 am FS Tai Chi 10:15 am FS Power of Flexibility 1:15 pm DP Pool Exercise Program 1:00 pm BW Bridge 1:00 pm CA Mexican Train Dominoes 1:30 pm CA Stitches Group 4:30 pm Dinner Group Departs for Saltgrass 6:45 pm BW Bridge Group	<b>24</b> 8:30 pm DP Hydro-cise 9:30 am Bank Run 10:00 am CA Bible Study 10:15 am FS Senior-cise 11:30 am IH Lunch & Learn with Brookwood Bone and Joint Health 1:00 pm BW Mah Jong 1:15 pm FS Chair Exercise 1:45 pm FS Wii Bowling 3:30 pm WB October Birthday Celebrations 6:30 pm Double Oak Mtn Children's Group	<b>25</b> 9:30 am FS Balance Class 9:30 am Shopping Trip—Leeds Outlet Mall 1:00 pm BW Iphone 6 Class—"Getting Started" 1:15 pm DP PEP—Pool Exercise Program 3:00 pm PDR Current Events Discussion Group 7:00 pm DTR Night School	<b>26</b> 8:30 am DP Pool Volleyball 10:15 am FS Senior-cise 11:00-12:00 pm Walgreens/ Fresh Market 2:00 pm CA Quiddler 6:30 pm IH \$1 Bingo	<b>27</b> 10:15 am FS Chair EX Class 1:30 pm CA Rummikub 2:00 pm CA Quiddler Card Game 2:30 pm FS Weekend Wii 7:00 pm DTR Movie & Popcorn: <i>THE STRAIGHT STORY</i>
<b>28</b> 10:00 am IH Protestant Church Service 10:30 am FS Catholic Communion Service 2:00 pm WP (2nd Floor) Movie Matinee 3:00 pm BW Bridge Group 4:00 pm CA Residents' Choice Games	<b>29</b> 8:30 am DP Hydro-cise 9am—12 pm UAB Eye Screenings 9:30-11:00 am Walmart 10:15 am FS Senior-cise 10:30 am DT Weekly Movie 12:45 pm BW Hand & Foot 1:15 pm FS Chair Exercise 1:30 pm DT Weekly Movie 1:30-3:00 pm Publix 1:45 pm FS Wii Bowling	<b>30</b> 8:30 am DP Pool Volleyball 9:30 am FS Tai Chi 10:15 am FS Power of Flexibility 1:15 pm DP Pool Exercise Program 1:00 pm BW Bridge 1:00 pm CA Mexican Train Dominoes 1:30 pm CA Stitches Group 3:00 pm IH Chair Volleyball 6:45 pm BW Bridge Group	<b>31</b> <u><b>HAPPY HALLOWEEN</b></u> 8:30 pm DP Hydro-cise 9:30 am Bank Run 10:15 am FS Senior-cise 1:00 pm BW Mah Jong 1:15 pm FS Chair Exercise 1:45 pm FS Wii Bowling 3:00 Halloween Happy Hour & Costume Contest	<b>Key:</b> BW: Bridgewater Card Room CA: Creative Arts Studio DP: Danberry Pool DT: Danberry Theater FS: Fitness Studio IH: Inverness Hall PDR: Private Dining		WB: Winston's Bistro AL: Assisted Living ALFL: AL First Floor ALGL: AL Garden Level WPS: Wellington Park Studio LIB: Library AT: Atrium