


# Danberry Calendar of Events– October 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p align="center"><b>BREAST CANCER AWARENESS MONTH</b></p> 		<p align="center">1</p> <p>9:00 AM Pool Volleyball- DP 10:15 AM Chair Yoga w/ Christy – FS 10:30 AM Outreach Program: Samaritans Purse– CA 3:00 PM Pat Patrick Acoustic Performance– IH 3:30 PM Tai Chi– FS Flu Clinic 11:00-1:00 See Newsletter for more info</p>	<p align="center">2</p> <p>9:00 AM Pool Aerobics- DP 9:30 AM Bank Trip 10:15 AM Chair Exercise w/ Christy- FS 11:30 AM Lunch &amp; Learn w/ Personica Health “Wound Care &amp; Services” *Sign-Up*- IH 12:30 AM Movie Outing: Lee Branch “The Forge” *Sign-Up* 1:30 PM Mahjong– BW CR 2:00 PM Chair Volleyball– IH 3:30 PM Wii Bowling– IH 6:00 PM Grab a friend &amp; play Cornhole– IH</p>	<p align="center">3</p> <p>9:00 AM Pool Volleyball-DP 10:15 AM Chair Exercise 2 – FS 1:00 PM Mexican Train Dominoes– CA 1:30 PM Breast Cancer Awareness Walk w/ reception to follow– Atrium 1:30 PM Open Pool Play– DT 3:30 PM Stability Class– FS 6:30 PM Lecture Series: Greek &amp; Roman Technology– DT</p>	<p align="center">4</p> <p>9:00 AM Water Arthritis– DP 10:15 AM Drum Fit– FS 2:00 PM Walgreen’s Trip 2:30 PM Oktoberfest Happy Hour w/ accordionist Kelly Stephenson– IH 3:30 PM Top Half Toning– FS 6:30 PM \$1 Bingo-IH</p>	<p align="center">5</p> <p>10:00 AM Bible Study– IH 10:00 AM Rosary– WP Studio 2:30 PM Open Play Checkers– CA 12:00- 2:00 PM Tailgate Saturday– Bistro</p>
<p align="center">6</p> <p>10:00 AM Protestant Church Service- IH 10:30 AM Catholic Church Service- CA 1:30 PM Tech Support Volunteer Samuel Apartment Visits (1:30-4:00) *Sign-Up for Help* 5:00 PM Sunday Series w/ Bob &amp; Dorothy– DT</p>	<p align="center">7</p> <p>9:00 AM Pool Aerobics-DP 9:30 AM Walmart Trip 10:15 AM ASB– FS 12:30 PM Monday Drama Matinee– IH 1:00 PM Hand &amp; Foot– BW CR 1:00 PM Publix Trip 3:00 PM Kathy O’Conner Piano Performance– IH 3:30 PM Stability Class– FS</p>	<p align="center">8</p> <p>9:00 AM Pool Volleyball- DP 10:15 AM Chair Yoga w/ Christy– FS 10:30 AM Sonshine Singers– IH 1:45 PM Cooking Demo w/ Tremaine “Bananas Foster”– IH 3:00 PM Hand &amp; Paw Doggie Visit– Atrium 3:30 PM Meditation w/ Marcus – IH</p>	<p align="center">9</p> <p>9:00 AM Pool Aerobics- DP 9:30 AM Bank Trip 10:15 AM Chair Exercise w/ Christy- FS 1:30 PM Rook Card Game– WPS 1:30 PM Mahjong– BW CR 1:30 PM Sketch Booking for Dummies– CA 2:00 PM Chair Volleyball– IH 3:00 PM Pumpkin Pie Milkshakes– Bistro 3:30 PM Wii Bowling– IH 6:00 PM Grab a friend &amp; play Cornhole– IH</p>	<p align="center">10</p> <p>9:00 AM Pool Volleyball-DP 10:15 AM Chair Exercise 2 – FS 10:30 AM Winn Schepps Banjo Performance– IH 1:00 PM UNO– CA 1:30 PM Open Pool Play– DT 2:00 PM Sara Mason &amp; Guest Perform– IH 3:30 PM Stability Class– FS 6:30 PM Lecture Series: Greek &amp; Roman Technology– DT</p>	<p align="center">11</p> <p>9:00 AM Water Arthritis– DP 10:00 AM Outing: Danberry Tours Outing: Birmingham Zoo *Sign-Up* 10:15 AM Drum Fit– FS 2:00 PM Walgreen’s Trip 2:30 PM Ultimate Team Trivia– Bistro 3:30 PM Top Half Toning– FS 6:30 PM \$1 Bingo-IH</p>	<p align="center">12</p> <p>10:00 AM Bible Study– IH 10:00 AM Rosary– WP Studio 2:30 PM Open Play Checkers– CA 12:00– 2:00 PM Tailgate Saturday– Bistro</p>
<p align="center">13</p> <p>10:00AM Protestant Church Service- IH 10:30AM Catholic Church Service- CA 1:30 PM Tech Support Volunteer Samuel Apartment Visits (1:30-4:00) *Sign-Up for Help* 2:30 PM Julia Ivey’s Piano Performance– IH 5:00 PM Sunday Series w/ Bob &amp; Dorothy– DT</p>	<p align="center">14</p> <p>9:00 AM Pool Aerobics-DP 9:30 AM Walmart Trip 10:15 AM ASB– FS 1:00 PM Hand &amp; Foot– BW CR 1:00 PM Publix Trip 2:00 PM Navy Birthday Celebration– IH 3:30 PM Activity Planning Meeting– PDR 3:30 PM Stability Class– FS</p>	<p align="center">15</p> <p>9:00 AM Pool Volleyball- DP 10:15 AM Chair Yoga w/ Christy– FS 10:30 AM Outreach Program: Samaritan’s Purse– CA 1:30 PM Prize Bingo– IH 3:30 PM Community Council – IH 3:30 PM Tai Chis– FS</p>	<p align="center">16</p> <p>9:00 AM Pool Aerobics- DP 9:30 AM Bank Trip 10:15 AM Chair Exercise w/ Christy- FS 10:30 AM 2 Cousins &amp; a Guitar– IH 1:30 PM Dollar Tree Trip 1:30 PM Mahjong– BW CR 2:00 PM Chair Volleyball– IH 3:30 PM Wii Bowling- IH 4:30 PM Dinner Outing: Bistro 218 *Sign-Up*</p>	<p align="center">17</p> <p>9:00 AM Pool Volleyball-DP 10:15 AM Chair Exercise 2– FS 1:00 PM Scrabble– CA 1:30 PM Open Pool Play– DT 2:30 PM Book Club– BW CR 3:00 PM Jeopardy w/ Bob Lewis &amp; Ruth– WPS 3:30 PM Stability Class– FS 6:30 PM Lecture Series: Greek &amp; Roman Technology– DT</p>	<p align="center">18</p> <p>9:00 AM Water Arthritis– DP 10:15 AM Drum Fit– FS 10:30 AM Lunch Outing: Paw-Paw Patch *Sign-Up* 2:00 PM Walgreen’s Trip 3:00 PM Pictionary w/ Sandy Greene– Bistro 3:30 PM Top Half Toning– FS 6:30 PM \$1 Bingo-IH</p>	<p align="center">19</p> <p>10:00 AM Bible Study– IH 10:00 AM Rosary– WP Studio 2:30 PM Open Play Checkers– CA 12:00 –2:00 PM Tailgate Saturday– Bistro</p>



# Danberry Calendar of Events - October 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p style="text-align: center;">20</p> <p>10:00 AM Protestant Church Service- IH</p> <p>10:30 AM Catholic Church Service- CA</p> <p>1:30 PM Tech Support Volunteer Samuel Apartment Visits (1:30-4:00) *Sign-Up for Help*</p> <p>3:00 PM Blake Webber Performs- IH</p> <p>5:00 PM Sunday Series w/ Bob &amp; Dorothy-DT</p>	<p style="text-align: center;">21</p> <p>9:00 AM Pool Aerobics- DP</p> <p>9:30 AM Walmart Trip</p> <p>10:15 AM ASB- FS</p> <p>1:00 PM Hand &amp; Foot- BW CR</p> <p>1:00 PM Publix Trip</p> <p>3:00 PM Happy 15th Anniversary to Danberry w/ The Alexanders- IH</p> <p>3:30 PM Stability Class- FS</p>	<p style="text-align: center;">22</p> <p>8:30 AM Donuts &amp; Coffee- Bistro</p> <p>9:00 AM Pool Volleyball- DP</p> <p>10:00 AM Aveda School Facials &amp; Hand Massages *Sign-Up* (10:00-1:00)- IH</p> <p>10:15 AM Chair Yoga w/ Christy- FS</p> <p>2:30 PM Games on the Patio- FS</p> <p>3:00 PM Select Rehab Virtuesense Testing- IH</p> <p>3:30 PM Tai Chi- FS</p>	<p style="text-align: center;">23</p> <p>9:00 AM Pool Aerobics - DP</p> <p>9:30 AM Bank Trip</p> <p>10:15 AM Chair Exercise w/ DVD- FS</p> <p>1:30 PM Sketch Booking for Dummies- CA</p> <p>1:30 PM Aldi Shopping Trip</p> <p>1:30 PM Mahjong- BW CR</p> <p>2:00 PM Chair Volleyball- IH</p> <p>3:30 PM Wii Bowling- FS</p> <p>6:00 PM Double Oak Mtn 2nd-5th Grade Fall Performance- IH</p>	<p style="text-align: center;">24</p> <p>9:00 AM Pool Volleyball-DP</p> <p>10:15 AM Chair Exercise 2- FS</p> <p>1:00 PM Yahtzee- CA</p> <p>1:30 PM Open Pool Play- DT</p> <p>1:30 PM Bocci Ball Tournament- IH</p> <p>3:30 PM Stability Class- FS</p> <p>6:30 PM Lecture Series: Greek &amp; Roman Technology- DT</p>	<p style="text-align: center;">25</p> <p>9:00 AM Water Arthritis- DP</p> <p>9:45 AM Coffee Concert Outing *Sign-Up</p> <p>10:15 AM Drum Fit- FS</p> <p>10:15 AM Westminister Kindergarten Class Fall Performance- IH</p> <p>2:00 PM Walgreen's Trip</p> <p>3:30 PM Fellowship Friday w/ Christy- FS</p> <p>6:30 PM \$1 Bingo-IH</p> <p style="text-align: center;"><b>Taste of Germany Lunch/Dinner</b></p>	<p style="text-align: center;">26</p> <p>10:00 AM Bible Study- IH</p> <p>10:00 AM Rosary- WP Studio</p> <p>2:30 PM Open Play Checkers- CA</p> <p>2:30 PM Covenant Players- IH</p> <p style="text-align: center;">12:00 2:00 PM Tailgate Saturday- Bistro</p>
<p style="text-align: center;">27</p> <p>10:00 AM Protestant Church Service- IH</p> <p>10:30 AM Catholic Church Service- CA</p> <p>1:30 PM Tech Support Volunteer Samuel Apartment Visits (1:30-4:00) *Sign-Up for Help*</p> <p>5:00 PM Sunday Series w/ Bob &amp; Dorothy- DT</p>	<p style="text-align: center;">28</p> <p>9:00 AM Pool Aerobics- DP</p> <p>9:30 AM Walmart Trip</p> <p>10:15 AM ASB- FS</p> <p>12:30 PM Monday Musical Matinee- IH</p> <p>1:00 PM Hand &amp; Foot- BW CR</p> <p>1:00 PM Publix Trip</p> <p>2:30 PM Baking Club w/ Bobbi &amp; Tremaine: "Pumpkin Bread" *Sign-Up*- CA</p> <p>3:30 PM Stability Class- FS</p>	<p style="text-align: center;">29</p> <p>9:00 AM Pool Volleyball- DP</p> <p>10:15 AM Chair Yoga w/ DVD - FS</p> <p>10:15 AM Fluid Art w/ Christy- CA</p> <p>1:30 PM New Resident Orientation- IH</p> <p>3:00 PM Noodle Hockey- IH</p> <p>3:30 PM Tai Chi- FS</p>	<p style="text-align: center;">30</p> <p>9:00 AM Pool Aerobics - DP</p> <p>9:30 AM Bank Trip</p> <p>10:15 AM Chair Exercise w/ DVD- FS</p> <p>11:00 AM Lunch Outing: Jeff State Bistro V *Sign-Up*</p> <p>1:30 PM Mahjong- BW CR</p> <p>2:00 PM Chair Volleyball- IH</p> <p>3:00 PM October Birthday Celebration- Bistro</p> <p>3:30 PM Wii Bowling- FS</p> <p>6:00 PM Grab a friend &amp; play Cornhole- IH</p>	<p style="text-align: center;">31</p> <p>9:00 AM Pool Volleyball-DP</p> <p>10:15 AM Chair Exercise 2- FS</p> <p>1:00 PM Yahtzee- CA</p> <p>1:30 PM Open Pool Play- DT</p> <p>1:30 PM Employee Costume Contest- Atrium</p> <p>2:30 PM Halloween Party/ Costume Contest- Bistro</p> <p>3:30 PM Stability Class- FS</p> <p>6:30 PM Lecture Series: Greek &amp; Roman Technology- DT</p>		



**Attention:**

Calendars are subject to change.

Please refer to your weekly runners for the most up to date information.

<p><b>CALENDAR COLORS:</b></p> <p>Black: Common Area Activities</p> <p>Green: Fitness</p> <p>Purple: Outings</p> <p>Red: Special Outings/ Events</p>	<p><b>CALENDAR KEY:</b></p> <p>BW CR: Bridgewater Card Room</p> <p>CA: Creative Arts Studio</p> <p>DP: Danberry Pool</p> <p>FS: Fitness Studio</p> <p>IH: Inverness Hall</p> <p>WPS- Wellington Park Studio (AL)</p> <p>DT: Danberry Theater</p>
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