## Wellington Park Calendar of Events—December 2019

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 am IH Protestant Church Service 10:30 am FS Catholic Communion Service 1:45 pm BW Mah Jongg 2:00 pm AL2FL Movie Matinee 4:00 pm CA Residents' Choice Games	8:30 am DP Hydro-cise 9:15 am ALFL Chair Exercise and Word Games 9:30-11:00 am Walmart 10:15 am FS Senior-cise 12:45 pm BW Hand & Foot 1:15 pm FS Chair Exercise 1:30-3:00 pm Winn Dixie 1:45 pm FS Wii Bowling 3:00 pm Rummikub WPS 7:00 p.m. DT Music Night	8:30 am DP Pool Volleyball 9:15 am ALFL Chair Exercise & Finish Lines 10:00 am ALFL Manicures 9:30am Tai Chi FS 10:00 am IH Line Dancing 1:15 pm DP Pool Exercise Program 2:00pm Hot Chocolate & Music with Wayne & Margret (ALFL)	4 8:30 pm DP Hydro-cise 9:30 am Bank Run 10:00 pm AL2FL Bible Study with Daphney 10:15 am FS Senior-cise 1:00 pm BW Mah Jongg 1:15 pm FS Chair Exercise 1:45 pm FS Wii Bowling 2:00p.m. WPS Rummikub	9:15am ALFL Chair Exercise and Word Games 10:00 am IH Holiday Market- place & Open House 1:15 pm DP PEP- Pool Exercise Program 2:00 pm AL2FL Bingo 2:00 pm PDR Current Events Discussion Group 6:30 pm IH Danberry Play- ers Performance	6 8:30 am DP Pool Volleyball 9:15 am Exercise (AL2FL) 10:15 am FS Senior-cise 11:00-12:00 pm Walgreens/ Fresh Market 3:00 pm IH Danberry Players Performance 6:30 pm IH \$1 Bingo	7 10:15 am FS Chair EX Class 1:30 pm CA Rummikub 2:30 pm FS Weekend Wii 7:00 pm DT Movie & Popcorn: The Shop Around the Corner
8 10:00 am IH Protestant Church Service 10:30 am FS Catholic Communion Service 1:45 pm BW Mah Jongg 2:00 pm AL2FL Movie Matinee 2:00 pm IH UAB Tau Beta Sigma Music Performance 4:00 pm CA Residents' Choice Games 5:00 pm WB First Sunday Social	9 8:30 am DP Hydro-cise 9:15 am ALFL Chair Exercise and Word Games 9:30-11:00 am Walmart 10:15 am FS Senior-cise 12:45 pm BW Hand & Foot 1:15 pm FS Chair Exercise 1:30-3:00 pm Publix 1:45 pm FS Wii Bowling 3:00 pm Rummikub WPS 4:30 pm AT Oak Mtn Jazz Band performs 7:00 p.m. DT Music Night	10 8:30 am DP Pool Volleyball 9:15 am ALFL Chair Exercise & Finish Lines 10:00 am ALFL Manicures 9:30am Tai Chi FS 10:00 am IH Line Dancing 1:15 pm DP Pool Exercise Program 3:00 pm IH Chair Volleyball 6:30 pm AT Al Mahan performs	11 8:30 pm DP Hydro-cise 9:30 am Bank Run 10:00 pm AL2FL Bible Study with Daphney 10:15 am FS Senior-cise 1:00 pm BW Mah Jongg 1:15 pm FS Chair Exercise 1:45 pm FS Wii Bowling 2:00p.m. WPS Rummikub 2:00 p.m. WPS Mobility Central	9:15am ALFL Chair Exercise and Word Games 1:15 pm DP PEP– Pool Exercise Program 2:00 pm Water Colors with Bunni Miller (ALFL) 2:00 pm PDR Current Events Discussion Group 3:00pm Hand & Paw Visit 5:15 pm Outing to Shadrack's Christmas Wonderland.	13 8:30 am DP Pool Volleyball 9:15 am Exercise (AL2FL) 10:15 am FS Senior-cise 11:00-12:00 pm Walgreens/ Fresh Market 1:30 pm IH Shalom Hand- bells 6:30 pm IH \$1 Bingo	14 10:15 am FS Chair EX Class 1:30 pm CA Rummikub 2:30 pm FS Weekend Wii 7:00 pm DT Movie & Popcorn: Meet Me in St. Louis
15 10:00 am IH Protestant Church Service 10:30 am FS Catholic Communion Service 1:45 pm BW Mah Jongg 2:00 pm AL2FL Movie Matinee 4:00 pm CA Residents' Choice Games	16 8:30 am DP Hydro-cise 9:15 am ALFL Chair Exercise and Word Games 9:30-11:00 am Walmart 10:15 am FS Senior-cise 12:45 pm BW Hand & Foot 1:15 pm FS Chair Exercise 1:30-3:00 pm Winn Dixie 1:45 pm FS Wii Bowling 3:00 pm AT Flute/Harp Concert 7:00 p.m. DT Music Night	17 8:30 am DP Pool Volleyball 9:15 am ALFL Chair Exercise & Finish Lines 10:00 am ALFL Manicures 9:30am Tai Chi FS 10:00 am IH Line Dancing 1:15 pm DP Pool Exercise Program 1:30pm Movie & Popcorn in Anna's Office 3:45 pm IH Books To You 5:15pm Dinner Outing to Gianmarco's	18 8:30 pm DP Hydro-cise 9:30 am Bank Run 10:00 pm AL2FL Bible Study with Daphney 10:15 am FS Senior-cise 1:00 pm BW Mah Jongg 1:15 pm FS Chair Exercise 1:45 pm FS Wii Bowling 2:30 pm IH Employee Appreciation Fund Check Presentation 3:30pm AT Holiday Party with Santa	19 10:00am Music with George Winter (ALFL) 1:15 pm DP PEP- Pool Exercise Program 1:30pm CA Mass St. Mark's 2:00 pm AL2FL Bingo 2:00 pm PDR Current Events Discussion Group 2:30 pm BW Book Club Discussion Group 3:00 pm WB Name That Tune 6:00pm AT Christmas Carolers	20 8:30 am DP Pool Volleyball 9:15 am Exercise (AL2FL) 10:30 am IH Classical Guitar performance with Mr. Fondren 10:15 am FS Senior-cise 11:00-12:00 pm Walgreens/ Fresh Market 3:00 pm Mexican Train Dominoes WPS 6:30 pm IH \$1 Bingo	21 10:15 am FS Chair EX Class 1:30 pm CA Rummikub 2:30 pm FS Weekend Wii 7:00 pm DT Movie & Popcorn: We're No Angels

## Wellington Park Calendar of Events - December 2019

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 am IH Protestant Church Service 10:30 am FS Catholic Communion Service 1:45 pm BW Mah Jongg 2:00 pm AL2FL Movie Matinee 4:00 pm CA Residents' Choice Games	8:30 am DP Hydro-cise 9:30-11:00 am Walmart 10:15 am FS Senior-cise 12:45 pm BW Hand & Foot 1:15 pm FS Chair Exercise 1:30-3:00 pm Publix 1:45 pm FS Wii Bowling 3:00 pm IH Chair Volleyball 7:00 p.m. DT Music Night	8:30 am DP Pool Volleyball Resident– led 10:00 am IH Line Dancing 1:15 pm DP Pool Exercise Program– Resident Led 1:45 pm FS Wii Bowling	25 Merry Christmas!  11:30 - 2:00 pm CDR Holiday Buffet 1:45 pm FS Wii Bowling 7:00 pm IH Evening Movie "White Christmas"	9:15am ALFL Chair Exercise and Word Games 9:30 am FS Chair Exercise Video 1:15 pm DP PEP- Pool Exercise Program Resident Led 2:00 pm AL2FL Bingo 2:00 pm PDR Current Events Discussion Group	9:15 am Exercise (AL2FL) 10:15 am Exercise Video (FS) 11:00-12:00 pm Walgreens/ Fresh Market 3:00 pm Mexican Train Dominoes WPS 6:30 pm IH \$1 Bingo	28 10:15 am FS Chair EX Class 1:30 pm CA Rummikub 2:30 pm FS Weekend Wii 7:00 pm DT Movie & Popcorn: The Miracle Season
29 10:00 am IH Protestant Church Service 10:30 am FS Catholic Communion Service 1:45 pm BW Mah Jongg 2:00 pm AL2FL Movie Matinee 4:00 pm CA Residents' Choice Games	30 8:30 am DP Hydro-cise 9:15 am ALFL Chair Exercise and Word Games 9:30-11:00 am Walmart 10:15 am FS Senior-cise 12:45 pm BW Hand & Foot 1:15 pm FS Chair Exercise 1:30-3:00 pm Winn Dixie 1:45 pm FS Wii Bowling 3:00 pm Resident Choice Games WPS 7:00 p.m. DT Music Night	31 8:30 am Exercise Video (FS) 9:15 am ALFL Chair Exercise & Finish Lines 10:00 am ALFL Manicures 10:00 am IH Line Dancing 1:15 pm Exercise Video (FS) 3:00 pm New Year's Eve Happy Hour with Susan Lawrence (AT)	Key: Black: Common Area Activities Blue: Wellington Park Green: Fitness Purple: Outings Red: Special Events	Key: AT: Atrium BW: Bridgewater Card Room CA: Creative Arts Studio DP: Danberry Pool DT: Danberry Theater FS: Fitness Studio IH: Inverness Hall	Key: PDR: Private Dining WB: Winston's Bistro ALFL: AL First Floor AL2FL: AL Second Floor WPS: Wellington Park Studio LIB: Library	Activities are subject to change.  Please refer to your weekly runner for the most up-to-date