

Wellington Park Calendar of Events - November

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Activities are subject to change</p>		<p>Please refer to your weekly runner for the most up-to-date events.</p>			<p>1 8:30 am DP Pool Volleyball 9:15 am Exercise (AL2FL) 10:00 am Outing to Coffee Concert. 10:15 am FS Senior-cise 11:00-12:00 pm Walgreens/Fresh Market 3:00 pm Mexican Train Dominoes WPS 6:30 pm IH \$1 Bingo</p>	<p>2 7:30 am Outing to ACA Walk Galleria Mall 10:15 am FS Chair EX Class 1:30 pm CA Rummikub 2:30 pm FS Weekend Wii 7:00 pm DT Movie & Popcorn: Pavarotti</p>
<p>3 10:00 am IH Protestant Church Service 10:30 am FS Catholic Communion Service 1:45 pm BW Mah Jongg 2:00 pm AL2FL Movie Matinee 4:00 pm CA Residents' Choice Games 5:00 pm WB First Sunday Social</p>	<p>4 8:30 am DP Hydro-cise 9:15 am ALFL Chair Exercise and Word Games 9:30-11:00 am Walmart 10:15 am FS Senior-cise 12:45 pm BW Hand & Foot 1:15 pm FS Chair Exercise 1:30-3:00 pm Publix 1:45 pm FS Wii Bowling 2:00 pm Resident Choice Games WPS 7:00 p.m. DT Music Night</p>	<p>5 8:30 am DP Pool Volleyball 9:15 am ALFL Chair Exercise & Finish Lines 9:30am Tai Chi FS 10:00 am ALFL Manicures 10:00 am IH Line Dancing 1:15 pm DP Pool Exercise Program 2:00pm Water Colors with Bunni Miller (ALFL)</p>	<p>6 8:30 pm DP Hydro-cise 9:30 am Bank Run 10:00 am AL2FL Bible Study with Daphney 10:15 am FS Senior-cise 11:30 am IH Lunch & Learn 1:00 pm BW Mah Jongg 1:15 pm FS Chair Exercise 1:45 pm FS Wii Bowling 2:00p.m. WPS Rummikub 3:30 pm IH Community Council</p>	<p>7 9:15am ALFL Chair Exercise and Word Games 10:00 am WPS Donuts & Coffee 1:15 pm DP PEP- Pool Exercise Program 2:00 pm AL2FL Bingo 2:00 pm PDR Current Events Discussion Group 3:00 pm CA Watercolors with Bunni Miller</p>	<p>8 8:30 am DP Pool Volleyball 9:15 am Exercise (AL2FL) 10:15 am FS Senior-cise 11:00-12:00 pm Walgreens/Fresh Market 3:00 pm Mexican Train Dominoes WPS 6:30 pm IH \$1 Bingo</p>	<p>9 10:15 am FS Chair EX Class 1:30 pm CA Rummikub 2:30 pm FS Weekend Wii 7:00 pm DT Movie & Popcorn: The West Part 4</p>
<p>10 10:00 am IH Protestant Church Service 10:30 am FS Catholic Communion Service 1:45 pm BW Mah Jongg 2:00 pm AL2FL Movie Matinee 4:00 pm CA Residents' Choice Games</p>	<p>11 8-9 am CDR Veteran's Day Breakfast 8:30 am DP Hydro-cise 9:15 am ALFL Chair Exercise and Word Games 9:30-11:00 am Walmart 10:15 am FS Senior-cise 12:45 pm BW Hand & Foot 1:15 pm FS Chair Exercise 1:30-3:00 pm Publix 1:45 pm FS Wii Bowling 2:00 pm IH Veteran's Day Program & Veteran Display 7:00 p.m. DT Music Night</p>	<p>12 8:30 am DP Pool Volleyball 9:15 am ALFL Chair Exercise & Finish Lines 9:30am Tai Chi FS 10:00 am ALFL Manicures 10:00 am IH Line Dancing 1:15 pm DP Pool Exercise Program 3:00 pm IH Red Mountain Theater Abbott & Costello</p>	<p>13 8:30 pm DP Hydro-cise 9:30 am Bank Run 10:00 am AL2FL Bible Study with Daphney 10:00am CA Brookwood Baptist Bible Study 10:15 am FS Senior-cise 1:00 pm BW Mah Jongg 1:15 pm FS Chair Exercise 1:45 pm FS Wii Bowling 2:00p.m. WPS Rummikub 4:00 pm AT Happy Hour with Wayne and Margaret</p>	<p>14 9:15am ALFL Chair Exercise and Word Games 10:00am Music with George Winter 11:00 am Lunch Outing to Cracker Barrel 1:15 pm DP PEP- Pool Exercise Program 2:00 pm AL2FL Bingo 2:00 pm PDR Current Events Discussion Group 2:00-3:00pm AT Hot Chocolate/Dessert Bar 3:00 pm WB Name That Tune</p>	<p>15 8:30 am DP Pool Volleyball 9:00 am Outing to Coffee Concert 9:15 am Exercise (AL2FL) 10:15 am FS Senior-cise 11:00-12:00 pm Walgreens/Fresh Market 3:00 pm Mexican Train Dominoes WPS 4:30-6:00 pm CDR Chef Action 6:30 pm IH \$1 Bingo</p>	<p>16 10:15 am FS Chair EX Class 1:30 pm CA Rummikub 2:30 pm FS Weekend Wii 7:00 pm DT Movie & Popcorn: National Treasure</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>17</p> <p>10:00 am IH Protestant Church Service</p> <p>10:30 am FS Catholic Communion Service</p> <p>1:45 pm BW Mah Jongg</p> <p>2:00 pm AL2FL Movie Matinee</p> <p>4:00 pm CA Residents' Choice Games</p>	<p>18</p> <p>8:30 am DP Hydro-cise</p> <p>9:15 am ALFL Chair Exercise and Word Games</p> <p>9:30-11:00 am Walmart</p> <p>10:15 am FS Senior-cise</p> <p>11:30am IH Lunch & Learn</p> <p>12:45 pm BW Hand & Foot</p> <p>1:15 pm FS Chair Exercise</p> <p>1:30-3:00 pm Publix</p> <p>1:45 pm FS Wii Bowling</p> <p>2:00 pm Resident Choice Games (WPS)</p> <p>7:00 p.m. DT Music Night</p>	<p>19</p> <p>8:30 am DP Pool Volleyball</p> <p>9:15 am ALFL Chair Exercise & Finish Lines</p> <p>9:30am Tai Chi FS</p> <p>10:00 am ALFL Manicures</p> <p>10:00 am IH Line Dancing</p> <p>1:15 pm DP Pool Exercise Program</p> <p>3:00 pm AT Team Trivia</p> <p>4:30 pm Dinner Outing to Satterfield's</p>	<p>20</p> <p>8:30 pm DP Hydro-cise</p> <p>9:30 am Bank Run</p> <p>10:00 am AL2FL Bible Study with Daphney</p> <p>10:15 am FS Senior-cise</p> <p>1:00 pm BW Mah Jongg</p> <p>1:00 pm Outing to Galleria Mall</p> <p>1:15 pm FS Chair Exercise</p> <p>1:45 pm FS Wii Bowling</p> <p>2:00p.m. WPS Rummikub</p>	<p>21</p> <p>9:15am ALFL Chair Exercise and Word Games</p> <p>10:30 am IH Shades Mtn Choir</p> <p>11:30am PDR Dine in lunch</p> <p>1:15 pm DP PEP- Pool Exercise Program</p> <p>2:00 pm AL2FL Bingo</p> <p>2:00 pm PDR Current Events Discussion Group</p> <p>2:30 pm BW Book Club Discussion Group</p>	<p>22</p> <p>8:30 am DP Pool Volleyball</p> <p>9:15 am Exercise (AL2FL)</p> <p>10:15 am FS Senior-cise</p> <p>11:00-12:00 pm Walgreens/ Fresh Market</p> <p>1:00 pm FS Bocce Golf Tournament</p> <p>3:00 pm Mexican Train Dominoes WPS</p> <p>4:30-6:00pm CDR Italian Dinner Buffet</p> <p>6:30 pm IH \$1 Bingo</p>	<p>23</p> <p>9:00 am FS Bocce Golf Tournament</p> <p>10:15 am FS Chair EX Class</p> <p>1:30 pm CA Rummikub</p> <p>2:30 pm FS Weekend Wii</p> <p>7:00 pm DT Movie & Popcorn: The West Part 5</p>
<p>24</p> <p>10:00 am IH Protestant Church Service</p> <p>10:30 am FS Catholic Communion Service</p> <p>1:45 pm BW Mah Jongg</p> <p>2:00 pm AL2FL Movie Matinee</p> <p>4:00 pm CA Residents' Choice Games</p>	<p>25</p> <p>8:30 am DP Hydro-cise</p> <p>9:00 am IH UAB Eye Screenings</p> <p>9:15 am ALFL Chair Exercise and Word Games</p> <p>9:30-11:00 am Walmart</p> <p>10:15 am FS Senior-cise</p> <p>12:45 pm BW Hand & Foot</p> <p>1:15 pm FS Chair Exercise</p> <p>1:30-3:00 pm Publix</p> <p>1:45 pm FS Wii Bowling</p> <p>2:00 pm Resident Choice Games WPS</p> <p>3:00 pm IH Chair Volleyball</p> <p>7:00 p.m. DT Music Night</p>	<p>26</p> <p>8:30 am DP Pool Volleyball</p> <p>9:15 am ALFL Chair Exercise & Finish Lines</p> <p>9:30am Tai Chi FS</p> <p>10:00 am ALFL Manicures</p> <p>10:00 am IH Line Dancing</p> <p>1:15 pm DP Pool Exercise Program</p> <p>1:30pm Movie & Popcorn on 2nd Floor</p>	<p>27</p> <p>8:30 pm DP Hydro-cise</p> <p>9:30 am Bank Run</p> <p>10:00 am AL2FL Bible Study with Daphney</p> <p>10:00am CA Brookwood Baptist Bible Study</p> <p>10:15 am FS Senior-cise</p> <p>11:30 am IH Lunch & Learn</p> <p>1:00 pm BW Mah Jongg</p> <p>1:15 pm FS Chair Exercise</p> <p>1:45 pm FS Wii Bowling</p> <p>2:00p.m. WPS Rummikub</p> <p>2:00 pm Outing to Dollar</p>	<p>28</p> <p>Happy Thanksgiving!</p> <p>8:00 am WB Macy's Thanksgiving Day Parade on NBC</p> <p>11:30 am Thanksgiving Meal (Reservations Required)</p> <p>7:00 pm DTR Holiday Movie: Planes, Train</p>	<p>29</p> <p>8:30 am DP Pool Volleyball</p> <p>10:15 am FS Senior-cise</p> <p>11:00-12:00 pm Walgreens/ Fresh Market</p> <p>2:00 pm Resident Choice Games WPS</p> <p>6:30 pm IH \$1 Bingo</p>	<p>30</p> <p>10:15 am FS Chair EX Class</p> <p>1:30 pm CA Rummikub</p> <p>2:30 pm FS Weekend Wii</p> <p>7:00 pm DT Movie & Popcorn: National Treasure Book of Secrets</p> <p><i>TIME TBD—IRON BOWL in the BISTRO</i></p>
<p>Activities are subject to change.</p>		<p>Please refer to your weekly runner for the most up-to-date events.</p>	<p>Black: Common Area Activities</p> <p>Blue: Wellington Park</p> <p>Green: Fitness</p> <p>Purple: Outings</p> <p>Red: Special Events</p>	<p>Key:</p> <p>AT: Atrium</p> <p>BW: Bridgewater Card Room</p> <p>CA: Creative Arts Studio</p> <p>DP: Danberry Pool</p> <p>DT: Danberry Theater</p> <p>FS: Fitness Studio</p> <p>IH: Inverness Hall</p>	<p>PDR: Private Dining</p> <p>WB: Winston's Bistro</p> <p>ALFL: AL First Floor</p> <p>AL2FL: AL Second Floor</p> <p>WPS: Wellington Park Studio</p> <p>LIB: Library</p>	